

RISE NEWSLETTER

"WE ARE THE RISE PROGRAM"



November was filled with lots of fun and exciting new activities, adventures and recipes. We visited the police station and got to sit in the car and play with the sirens. We visited the gym at the high school and tried new exercises. We also cooked a lot of new recipes such as fancy grilled cheese, quesadillas, hot dog, and chocolate cream pie.

RISE Students were invited to meet up with other 18-22 programs in the area. They made bracelets with Algonquin and had friends-giving with Marlborough.



SPECIAL PROJECTS

This month the RISE students did a lot of special projects including...

- 1) Making flowers for unified basketball senior game
- 2) Making muffins for education department
- 3) Sorting food for Parker Rd food drive and restocking the community fridge

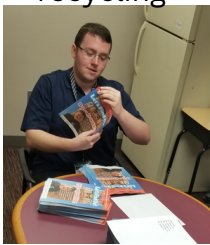


INTERNSHIPS

Each week the RISE students partake in internships at the various schools in the district where they do a variety of different tasks to help out the schools and build their work skills.

Floral St.

Work in office, deliver mail, collect recycling



Paton

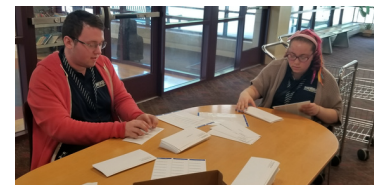
Plan activities for kids to do at recess



Sherwood

Middle School.

Help in the office, help classrooms, clean cafeteria, work in Andy's Closet



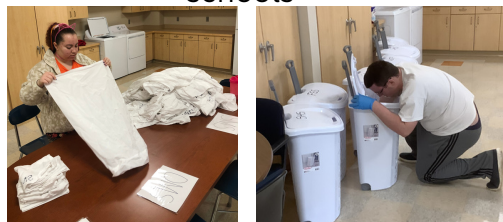
Coolidge

Help kids in the cafeteria



Nursing Laundry

Collect, wash and deliver laundry for the nurses at 7 schools



High School

Cafeteria

Wrap cookies, clean fruit, stock snacks and drinks



FAVORITE THINGS

This month there were a lot of things we loved doing.

Jazmine

My 2 favorite things we did this month were...

- 1) going to the police station
- 2) going to friendsgiving and seeing Hasan.

Ryan

My 2 favorite things we did this month were...

- 1) celebrate friendsgiving
- 2) use the yoga ball in the weightroom.



STUDENT ACCOMPLISHMENTS

Jazmine: Trying new exercises in the gym.



Ryan: Learning to cook new things for lunch

