#### March 2023

# RISE NEWSLETTER



### Community Adventures

The RISE students got the chance to explore a variety of different things in the community this month.



**99 Restaurant** Students spent time learning and practicing how to order correctly at a restaurant. Then they got the chance to put that into action and went out for lunch at the 99 restaurant.



**Bakery Tour** Student got to take a tour of the Yummy Mummy Baker in Westboro to learn about what it would be like to work there.

"We visited the bakery and saw them cooking" - Jazmine



**YMCA Tour** Students toured the Boroughs YMCA to check out the facility and see if they want to go there in the future.

## **March Madness**

This month was a busy one for RISE students. From community trips to new students, the RISE students have been non stop.

Some of our favorite things have been... Ryan - "Bakery Tour" Jazmine - "Seeing Friends" Zaid - "Going to the mall"

#### **New RISE Student**

The RISE program welcomed a new student to their program this month. Zaid has joined the RISE program and has jumped right into completing internships and exploring the community without any hesitation.

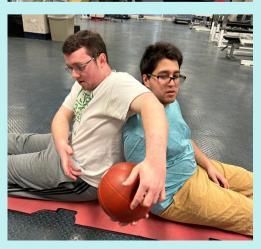


"My two favorite things we did this month were going to the Solomon Pond Mall and Dollar Store" - Zaid

Welcome Zaid!







#### **Vocational Job Spotlight**

Sherwood Library Media Center

Ryan, Jazmine and Zaid have worked hard over the last few weeks cleaning and organizing the Sherwood Middle School Media Center. They have done a little bit of everything in the library including...

> cleaning tables dusting shelves alphabetizing books scanning books



#### Woo Sox

The RISE program continues to develop community partnership in Shrewsbury and the surrounding area. These partnerships provide internship and career exploration opportunities for students. Our most recent partner is the Worcester Red Sox. We are excited to announce some of the RISE students will be starting an internship with them in May.



On Wednesday April 26th the Woo Sox are hosting a Shrewsbury Night at the ball park. At Shrewsbury Night Ryan has been given the honor of throwing out the first pitch on behalf of the RISE Program. Be sure to come by and check it out!

#### It's All About the Practice

Students practiced a variety of skills this month including; ordering at a restaurant, making phone calls, leaving voice mails, and restocking with rotation.

"We practiced making phone calls and leaving messages by leaving a voicemail. " - Zaid

"We had fun going to the 99 restaurant where we practiced ordering from the menu. And I really enjoyed my cheeseburger and fries. " - Ryan

#### **Focus on Independence**

Becoming more independent is a big focus of the RISE program. When appropriate teachers fade back their support and students get to complete tasks by themselves.

Ryan and Zaid got the chance to navigate the Shrewsbury library by themselves for a scavenger hunt.

Jazmine has perfected making oatmeal by herself in the kitchen.





