



2016 - 2017 Concussion Report
November 15, 2017

Concussion Overview

COGNITIVE

Feeling Mentally Foggy Feeling Mentally Slowed Down
Difficulty Concentrating Forgetful of Recent Information
Difficulty Remembering Confused About Recent Events
Repeats Questions Answers Questions Slowly

PHYSICAL

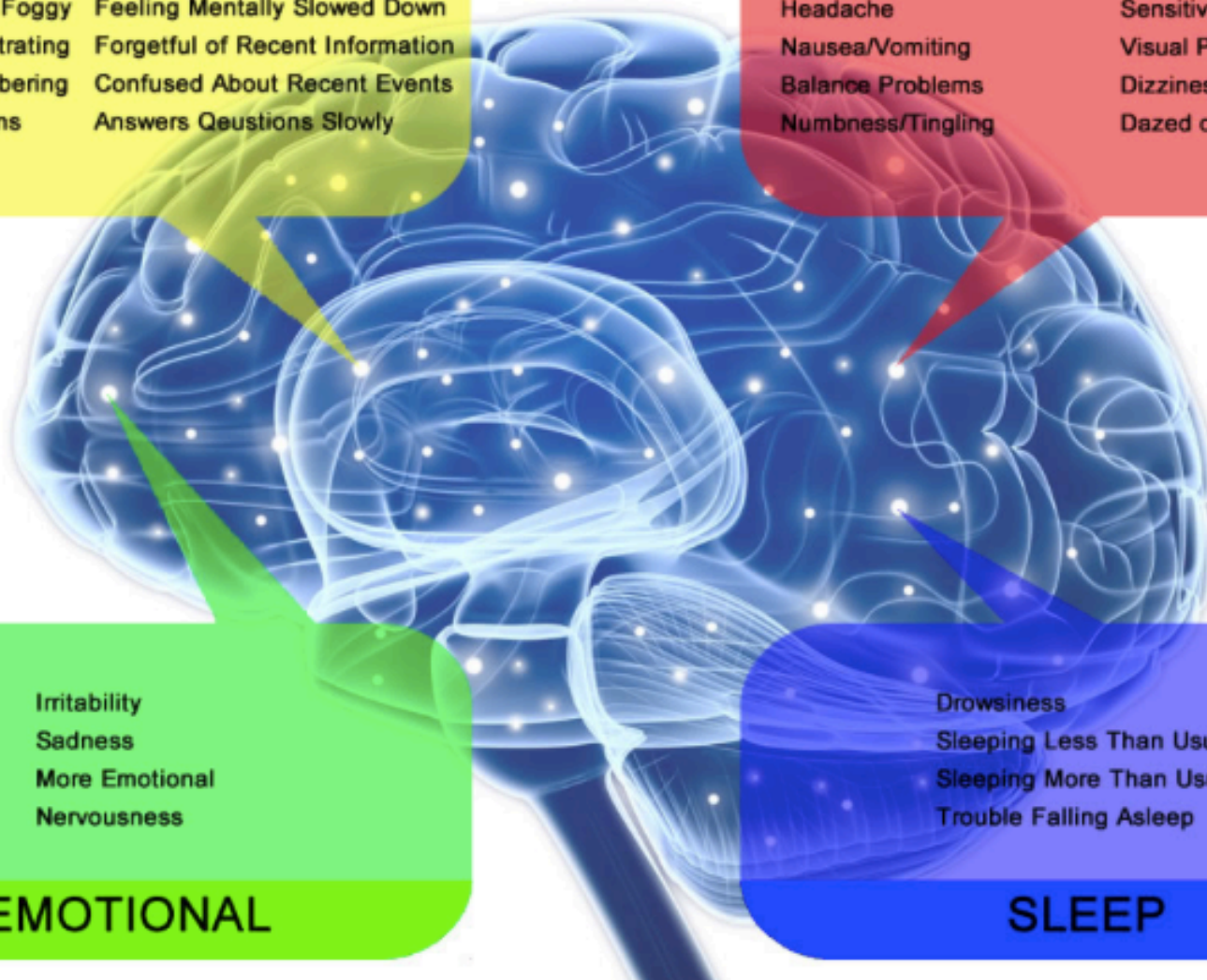
Headache Sensitivity to Light/Noise
Nausea/Vomiting Visual Problems
Balance Problems Dizziness
Numbness/Tingling Dazed or Stunned

Irritability
Sadness
More Emotional
Nervousness

EMOTIONAL

Drowsiness
Sleeping Less Than Usual
Sleeping More Than Usual
Trouble Falling Asleep

SLEEP



2016 – 2017 Concussion Statistics

SHS Athletes = 11

OMS Athletes = 0

Concussions
occurring during
school* = 10

Concussions
occurring outside
of school
activities** = 60

TOTAL = 81

* Injuries occurred at recess, PE class, etc

** Includes injuries that occurred during athletic activities outside of school, auto accidents, falls at home, etc

Breakdown by SHS Sport

Total SHS sports related
concussions = 11

Basketball, Girls = 3

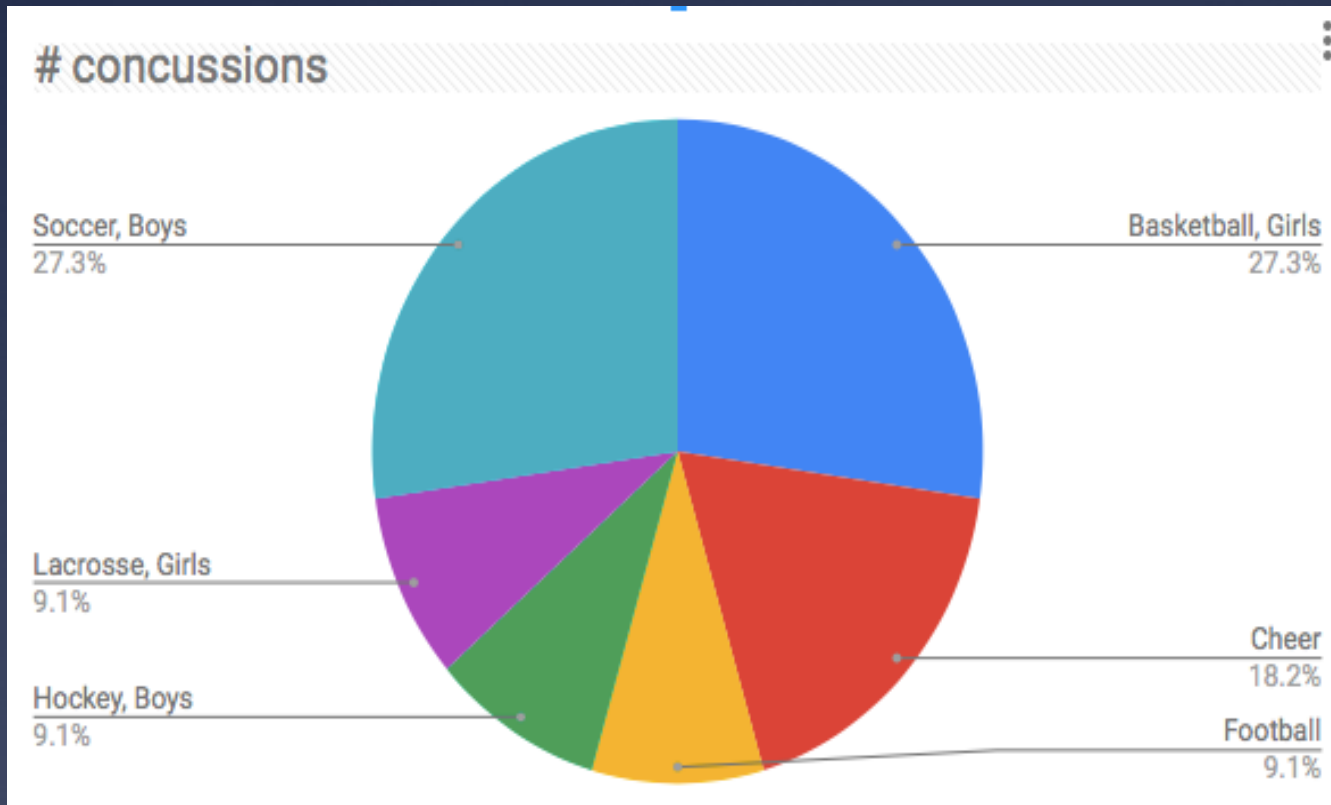
Soccer, Boys = 3

Cheer = 2

Football = 1

Hockey, Boys = 1

Lacrosse, Girls = 1



Concussion Data by Sport

Fall 2011- Spring 2017

	2011-2012	2012-2013	2013-2014	2014-2015	2015-2016	2016 - 17
Baseball	2	0	0	0	0	0
Basketball, Boys	1	2	3	0	2	0
Basketball, Girls	2	2	5	1	0	3
Cheer	5	1	3	2	1	2
Crew, Boys	0	2	0	1	0	0
Crew, Girls	0	1	3	0	1	0
Cross Country, Boys	0	0	0	0	2	0
Cross Country, Girls	0	0	0	0	0	0
Dance	1	0	0	0	0	0
Field Hockey	0	3	2	4	3	0
Football	19	13	16	26	12	1
Gymnastics	0	1	0	1	0	0
Hockey, Boys	1	4	0	2	2	1
Hockey, Girls	1	1	1	1	0	0
Lacrosse, Boys	4	1	1	2	0	0
Lacrosse, Girls	3	3	0	0	1	1
Ski	1	0	0	0	0	0
Soccer, Boys	1	2	2	5	0	3
Soccer, Girls	4	3	3	4	2	0
Softball	1	0	2	1	0	0
Swim, Girls	0	1	0	0	0	0
Track, Girls	4	1	3	0	0	0
Volleyball	2	1	3	0	2	0
TOTAL	52	42	47	50	28	11

Prevention Efforts



Transitions Program at SHS



Thank you!

Questions?