

Shrewsbury High School **Athletics Report** **2017**



Go Colonials!!!



Programming

- Average 439 athletes per season
- 34 different sports
- 60 teams
- Approximately 700 contests
- Coaching staff
 - 70 positions at the high school level
 - 32 volunteer coaches

Programming

- Unified Sports
 - Unified Track program - 4th year- 25 student athletes
 - Unified Basketball - 2nd year - 15 student athletes
 - Athletic Department and Special Education Department have partnered to share the cost
 - Additionally relied upon strong community donations to support the continued funding of the program

Our Middle School Program

- Boys'/girls' cross-country had approximately 125 student-runners participate, competing in a 6-meet schedule
 - 5 coaches
- Boys'/girls' basketball averaging about 13 players/team and competing in a 16-game schedule
 - 2 coaches

2016-2017

Participants by Season and Sport

Fall Season

Boys

Football (102)

Soccer (45)

Golf-Coed (19)

*Cross Country (54)**

Crew (47)

Girls

Cheerleading (27)

Soccer (46)

Golf-Coed (1)

*Cross Country (34)**

Crew (46)

Field Hockey (40)

Volleyball (43)

*Middle School not included

2016-2017

Participants by Season and Sport

Winter Season

Boys

Basketball (41)

Indoor Track (79)

Ice Hockey (44)

Swimming (13)

Alpine Ski (4)

Girls

Basketball (38)

Indoor Track (66)

Ice Hockey (22)

Swimming (23)

Alpine Ski (16)

Gymnastics (15)

Cheerleading (15)

2016-2017

Participants by Season and Sport

Spring Season

Boys

Baseball (35)

Outdoor Track (104)

Lacrosse (45)

Tennis (9)

Crew (37)

Girls

Softball (27)

Outdoor Track (81)

Lacrosse (44)

Tennis (14)

Crew (41)

Student-Athlete Successes 2016-17

League/Conference All-Stars

75

Telegram & Gazette All-Stars

33

Telegram & Gazette Player of the Year

5

Central Massachusetts All-Stars

30

All-State Team

4

All- American

1

SHS Colonial Award 2016-17



Matthew Ward
2016-2017
Outstanding Male
Athlete
Ice Hockey, Lacrosse



Delaney Couture
2016-2017
Outstanding Female
Athlete
Field Hockey, Ice Hockey,
Lacrosse



Championship Teams 2016-2017

League/Conference Champions



Cheerleading
Football
Gymnastics
Girls' Ice Hockey
Boys' Ice Hockey
Boys' Indoor Track
Girls' Tennis



District Finalists

Cheerleading
Girls' Tennis



District Champions

Football
Ice Hockey

State Finalists

Football

State Champions

Ice Hockey



Class of 2017 Collegiate Participants

- 5 members (5 male) of Class of 2017 signed a National Letter of Intent (NLI) to participate in NCAA athletics. The student-athletes signed NLI in the following sports: football, lacrosse, and baseball.
- Additionally, 8 student-athletes from the Class of 2017 reported that they would participate in NCAA athletics for the 2017-2018 school year.

Shrewsbury Colonials

Support Groups

- Shrewsbury High School Boosters Association
- Friends of Shrewsbury Crew



Shrewsbury Colonials

Support Groups

➤ Athletic Sponsorships

*\$20,000 MVP Level Sponsor - Central
One Federal Credit Union*



Athletics Operations Budget FY 16-17

- ***Appropriated Budget-*** School Department appropriated \$405,371 in FY 16-17
- ***Athletic Fee Accounts-*** \$341,114 collected for the 2016-2017 school year
- ***Gate Receipts-*** \$26,854 collected for the 2016-2017 school year (Football, Soccer, Indoor Track, Basketball and Ice Hockey)

Student Leadership

- MIAA Student Ambassador Program
- MIAA Sportsmanship Summit
- SHS Leadership Academy
- SHS Captains Summit
- Athletic Internships

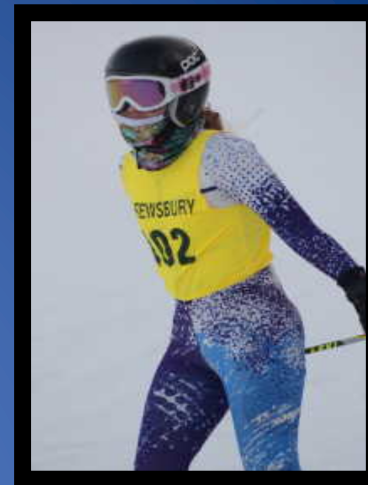


Athletic Medical Services

- SHS Athletic Department works with All-Access Physical Therapy to provide athletic training services to all SHS athletes.
- SHS Athletic Trainer- Walter Hildebrand- Certified Athletic Trainer. Walter is available in the Athletic Training Office each day after school starting at 2pm or at all home contests.
- Dr. Lee Mancini MD, CSCS, CSN- UMASS Memorial Hospital Sports Medicine
 - Board Certified Sports Medicine Physician
 - Certified Strength & Conditioning Specialist
 - Certified Sports Nutritionist
- Dr. Mancini is available in the athletic training office once a week at 2:30pm.

...Future Considerations

- *Expand High School and Middle School Programs-* Consider adding more opportunities for freshmen athletes and middle school athletes.
- *New Uniforms-* Work on developing a regular refurbish or replacement schedule for school uniforms.
- *Improvement to Athletic Facilities-* Partner with booster and community groups, local businesses, and alumni in order to raise \$1 million towards the renovation and improvement of the athletics infrastructure at Shrewsbury High School.



Thank You!

Go Colonials!!!

