



Department of Nursing
Report to School Committee
November 15, 2017



Department of Nursing

- * Parker Rd Preschool: Kristin Stewich, BSN, RN, NCSN
- * Beal School: Ann Lambert, MSN, RN
- * Coolidge School: Katie Zimmermann, BSN, RN, NCSN
- * Floral St School: Sandy Sorenson, BSN, RN
- * Paton School: Lisa Smith, BSN, RN, NCSN
- * Spring St School: Becky Carle, BSN, RN



Department of Nursing

- * Sherwood Middle School: Kristin Franger, BSN, RN, NCSN
Linda Berard, BSN, RN
- * Oak Middle School: Lisa Arteca, BSN, RN
TBD 0.4 FTE
- * Shrewsbury High School: Pam Johnson, BSN, RN, NCSN
Brenda Filiere, BSN, RN, NCSN
- * Director of Nursing: Noelle Freeman, BSN, RN, NCSN
- * Administrative Assistant: Sheila Dallarosa
- * School Physician: Timothy Gibson, MD

Shrewsbury Students and Staff 2016-17 School Year

Students	Staff
5,960	814

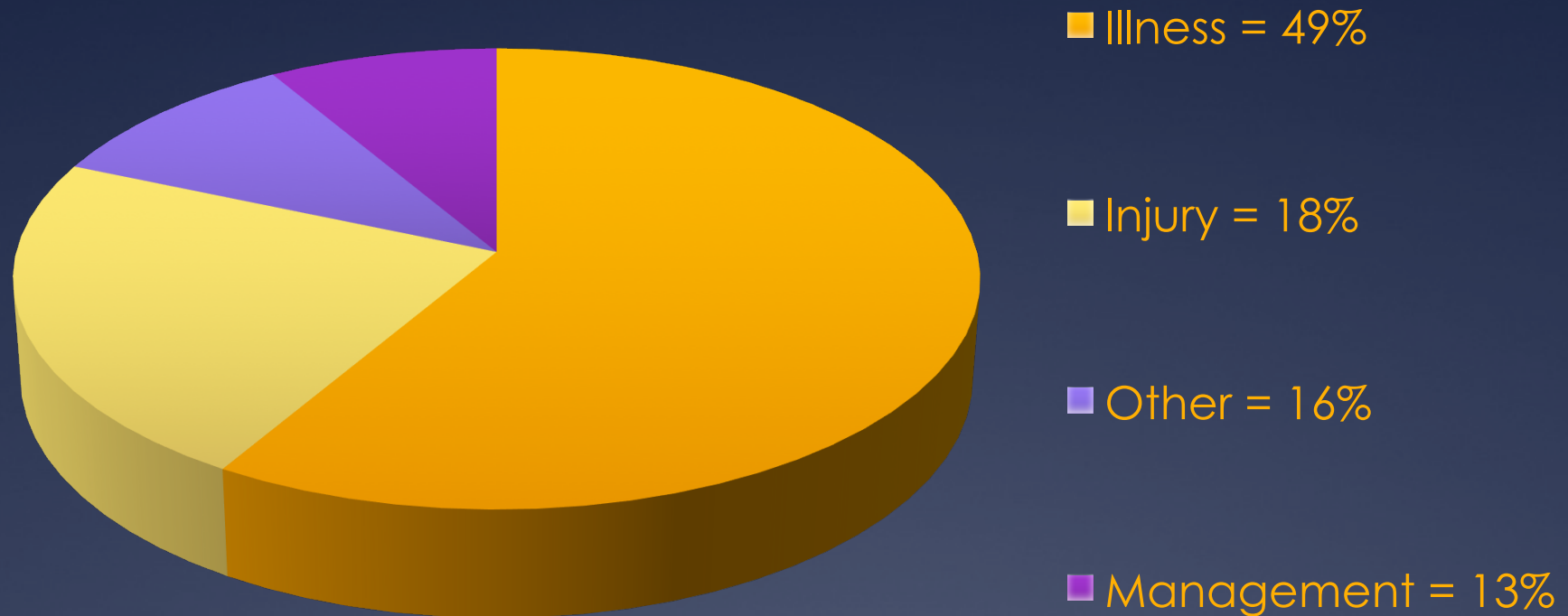


Total visits = 64,863

Students = 63,677

Staff = 1,184

Student Visits to the Nurse



Following a visit to the nurse, 94% of students return to class and learning

MA DPH Recommended School Nurse to Student Ratios

The recommended school nurse to student ratio is 1.0 fulltime equivalent (FTE) certified nurse in each building with 250 to 500 students. In buildings with more than 500 students, there should be 0.1 FTE for each additional 50 students.

Current SPS School Nurse to Student Ratios

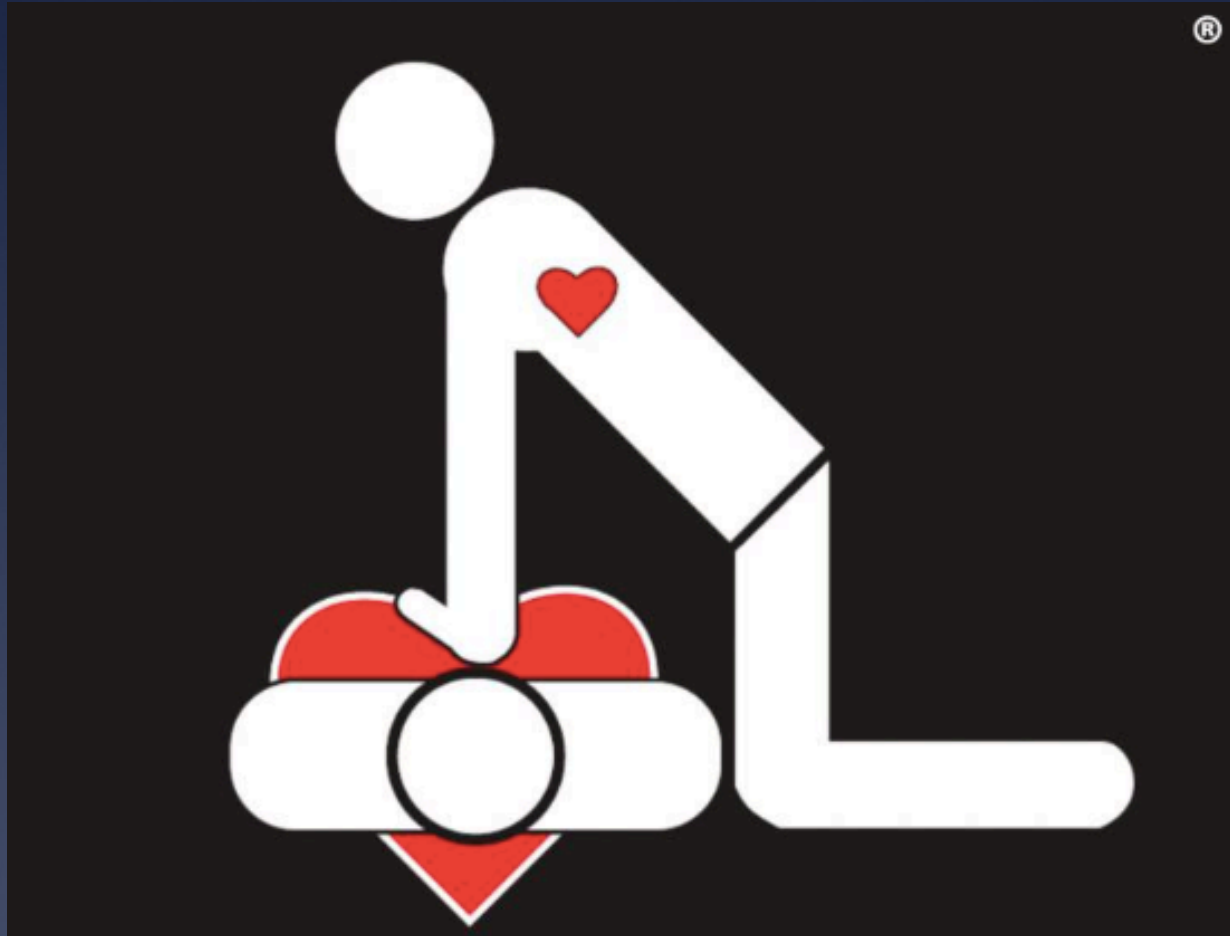
School	Nurse FTE's	Enrollment	FTE's if at DPH Recommended Ratios
SHS	2	1832	3.6
OMS	1.4	1009	2.0
SMS	1.4	967	2.0
Coolidge	1.0	413	1.0
Floral	1.0	750	1.5
Paton	1.0	342	1.0
Spring	1.0	358	1.0
Beal	1.0	309	1.0
Parker	1.0	236	1.0

District Updates

Tourniquet Training



District Updates



38 additional staff members across the district were certified in American Heart Association Heartsaver CPR and AED skills

District Wide Updates

Stock Epinephrine



Epinephrine auto-injectors are now stocked in all Health Offices in the district, giving parents the option to not send their own supply in to school

Approximately **80%** of families have opted not to send their own supply this year

District Updates



- Screening quickly assesses the severity of substance use and identifies the appropriate level of treatment
- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change
- Referral to treatment provides those identified as needing more extensive treatment with access to specialty care

(SAMHSA, 2014)

The CRAFFT-II Screening Interview

Begin: "I'm going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential."

PART A: DURING THE PAST 12 MONTHS, ON HOW MANY DAYS DID YOU...

1	Drink more than a few sips of beer, wine, or any drink containing alcohol?	<input type="text"/>	PUT 0 IF NO USE
2	Use any marijuana (for example, pot, weed, or hash) or "synthetic marijuana" (for example "K2" or "Spice")?	<input type="text"/>	PUT 0 IF NO USE
3	Take a prescription medication or pill that was NOT prescribed to you or MORE than was prescribed to you (for example, prescription pain pills or ADHD medications)?	<input type="text"/>	PUT 0 IF NO USE
4	Use anything else to get high? (for example, other illegal drugs, over-the-counter medications, and things that you sniff or "huff")?	<input type="text"/>	PUT 0 IF NO USE

If **no days** of use, **ask the CAR question only, then STOP.**



If **any days** of use, **ASK ALL CRAFFT ?s BELOW.**

PART B: CRAFFT QUESTIONS

1	Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?	<input type="text"/>	<input type="text"/>	YES	NO
2	Do you ever use alcohol or drugs to RELAX , feel better about yourself, or fit in?	<input type="text"/>	<input type="text"/>	YES	NO
3	Do you ever use alcohol or drugs while you are by yourself, or ALONE ?	<input type="text"/>	<input type="text"/>	YES	NO
4	Do you ever FORGET things you did while using alcohol or drugs?	<input type="text"/>	<input type="text"/>	YES	NO
5	Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?	<input type="text"/>	<input type="text"/>	YES	NO
6	Have you ever gotten into TROUBLE while you were using alcohol or drugs?	<input type="text"/>	<input type="text"/>	YES	NO

***Two or more YES answers suggest a serious problem and need for further assessment. See back for further instructions**

SCAPE

Shrewsbury Coalition for Addiction Prevention and Education



Nationally renowned speaker and expert, Dr. Ruth Potee will discuss brain development and teen risk taking, including alcohol and substance use.

**Thursday November 16, 2017
6:00 PM Information Tables
7:00 PM – 8:30 PM Dr. Ruth Potee Presentation
Shrewsbury High School Auditorium**

Too often we
underestimate the
power of a touch,
a smile, a kind
word, a listening
ear, an honest
compliment, or
the smallest act of
caring, all of which
have the potential
to turn a life
around...

-Leo
Buscaglia

Thank you!

Questions?