



Department of Nursing
Report to School Committee
October 7, 2015



Department of Nursing

- * Parker Rd Preschool: Kristin Stewich, BSN, RN, NCSN
- * Beal School: Jill Wensky, BSN, RN, NSCN
- * Coolidge School: Katie Zimmermann, BSN, RN, NCSN
- * Floral St School: Sandy Sorenson, BSN, RN
Stacy Ravindranathan, BSN, RN
Jill Magarro, BSN, RN
- * Paton School: Lisa Smith, BSN, RN, NCSN
- * Spring St School: Becky Carle, BSN, RN



Department of Nursing

- * Sherwood Middle School: Kristin Franger, BSN, RN, NCSN
Linda Berard, BSN, RN
- * Oak Middle School: Lisa Arteca, BSN, RN
Tara Francis, BS, RN
- * Shrewsbury High School: Pam Johnson, BSN, RN, NCSN
Brenda Filiere, BSN, RN
- * Director of Nursing: Noelle Freeman, BSN, RN, NCSN
- * Administrative Assistant: Sheila Dallarosa

Medication

**First Aid
Emergency
Care**

**Comprehensive
School Health
Care Program**

**Mandated
Screenings**

Education

**Emotional
Support**

Shrewsbury Students and Staff 2014/15 School Year

Students	Staff
6,157	861



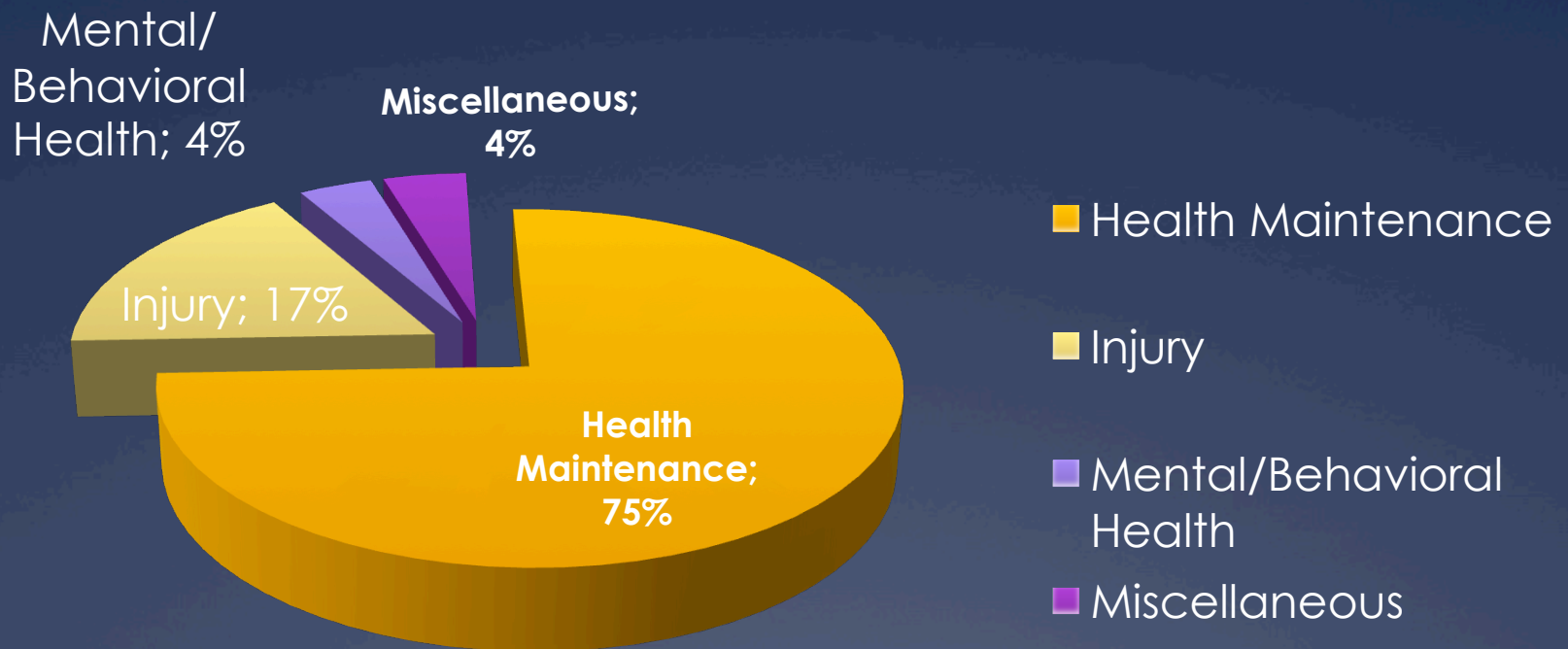
Total visits = 60,366

Students = 59,195

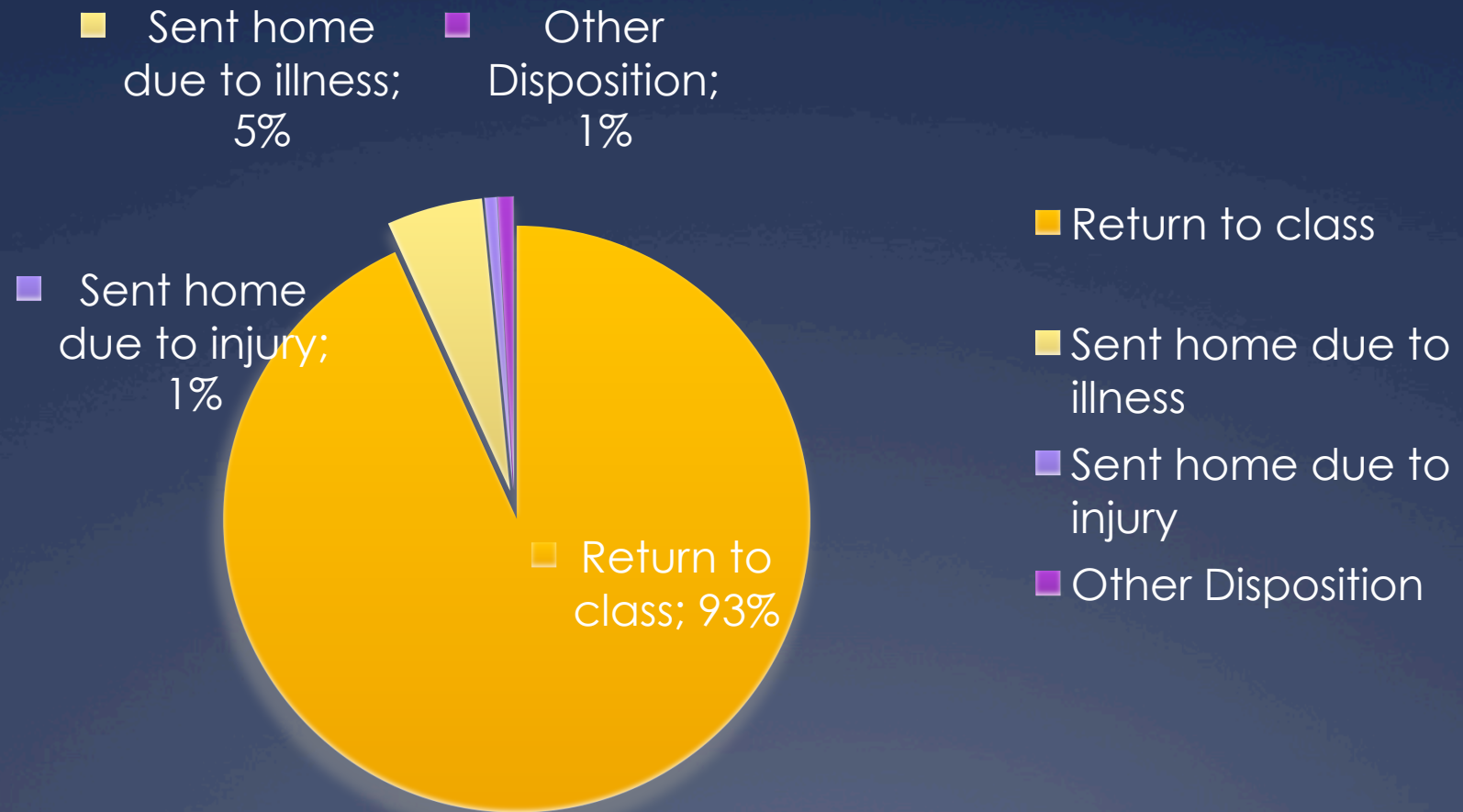
Staff = 1,171

Student Visits to the Nurse

Student Encounters



Following a visit to the nurse



School Nurses in Action

- * Preschool
 - * Taking Root at Parker Rd Preschool
- * Elementary Schools
 - * A Visit from the Dentist
 - * Healthy Habits in the Classroom
- * Middle Schools
 - * Strategies for Building Emotional Resilience
- * High School
 - * Fostering Independence in Senior Students with Diabetes

Taking Root at Parker Road

Project Leader: Kristin Stewich, BSN, RN, NCSN



Building raised beds...



Taking Root at Parker Road



Completed beds...

Taking Root at Parker Road



Tomatoes picked just last week!!

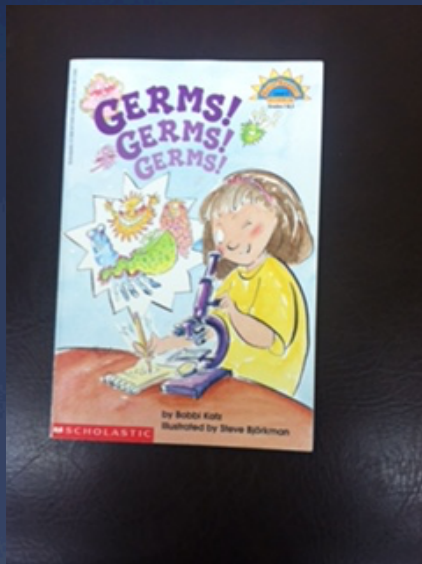
Healthy Habits in the Classroom



Classroom presentations by Becky Carle, BSN, RN; Lisa Smith, BSN, RN, NCSN; Sandy Sorenson, BSN, RN; Jill Wensky, BSN, RN, NCSN; and Katie Zimmermann, BSN, RN, NCSN



Healthy Habits in the Classroom



Healthy Habits in the Classroom



Be a Healthy Hero! Healthy Habits in the Classroom A Lesson Plan

Grade level: Kindergarten – 3rd Grade

Duration: Approximately 60 minutes

Materials:

- Spray bottle
- Cleaning cloth/cleaning wipe
- Paint (recommendation: green)
- Desk
- Images of germs and “Good for Sharing”/“Not for Sharing” items (see attached images)
- Signs to introduce vocabulary (Good for Sharing, Not for Sharing, Germs)

Preparation:

Dilute paint with water in spray bottle.

Lesson:

A. Introduction: What are Germs? (10 minutes)

Strategies for Building Resilience



Facilitated by Kristin Franger, BSN, RN,
NCSN and Noelle Freeman, BSN, RN, NCSN
in collaboration with Kristin Minio, LMHC,
and Jenni Lencioni, LMHC OMS School
Adjustment Counselors



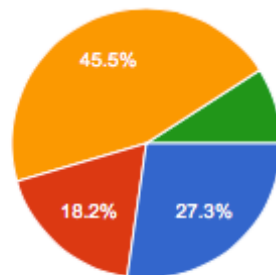
Strategies for Building Resilience



~ a sensor clips to the student's ear and is used with an iPad app

~ student simply breathes along with the pulsing circle in order to regulate breathing

How helpful have you found the Inner Balance app when you are having a difficult time at school?



Very helpful	3	27.3%
Somewhat helpful	2	18.2%
Sometimes helpful, sometimes not	5	45.5%
Not helpful	1	9.1%

Strategies for Building Resilience

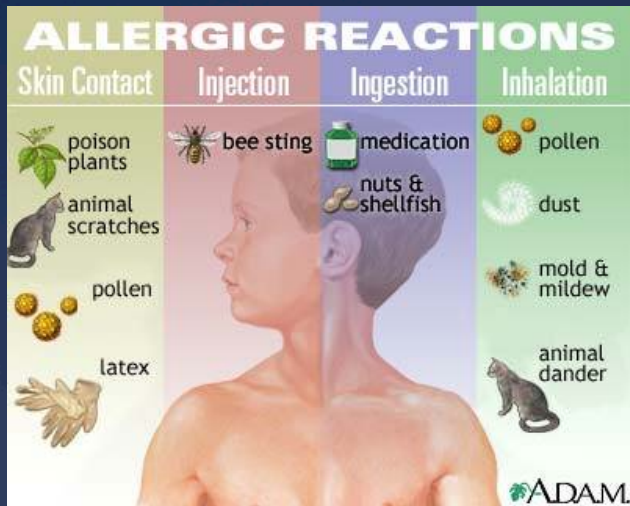


Fostering Independence in Students with Diabetes

Facilitated by Brenda Filiere, BSN, RN and Pam Johnson, BSN, RN, NCSN



Future plans



EpiPen trainings for teaching staff and administrators

~ 296 students have EpiPens in our schools



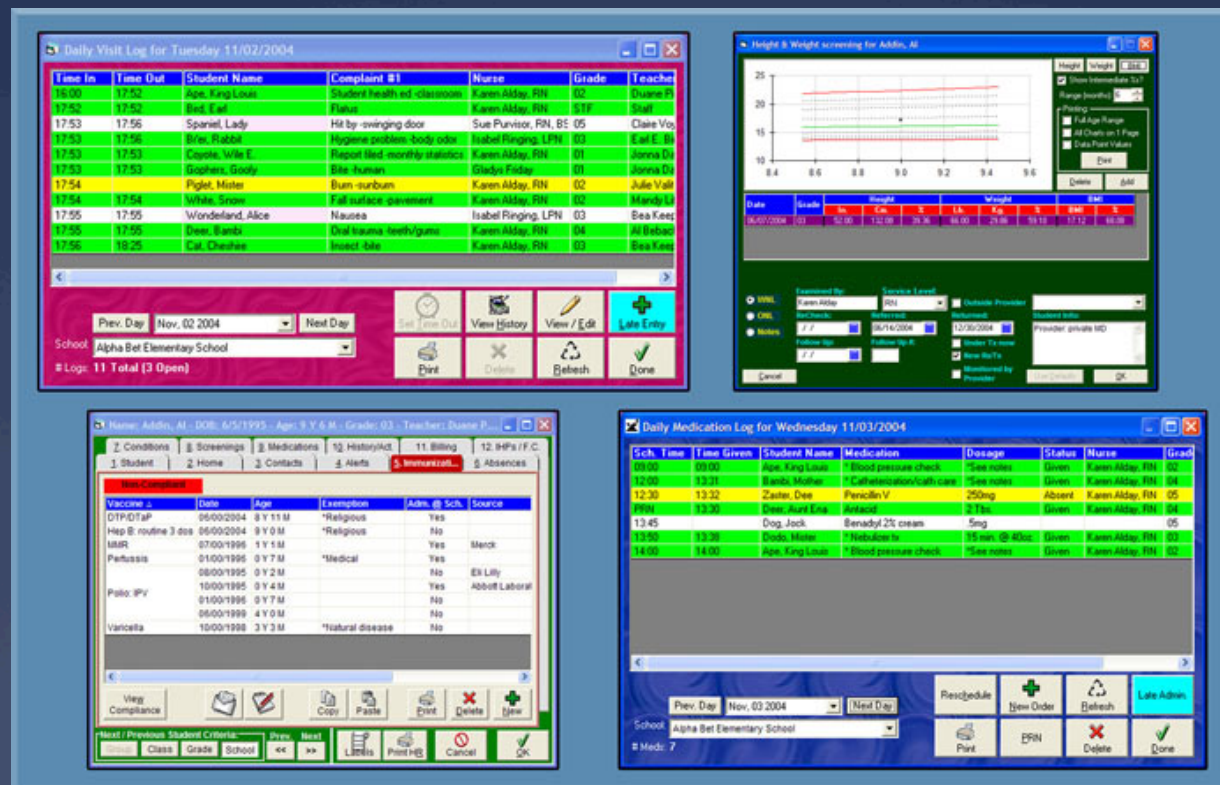
CPR/AED trainings for staff

~ will increase our capacity for emergency response

SNAP Health Center

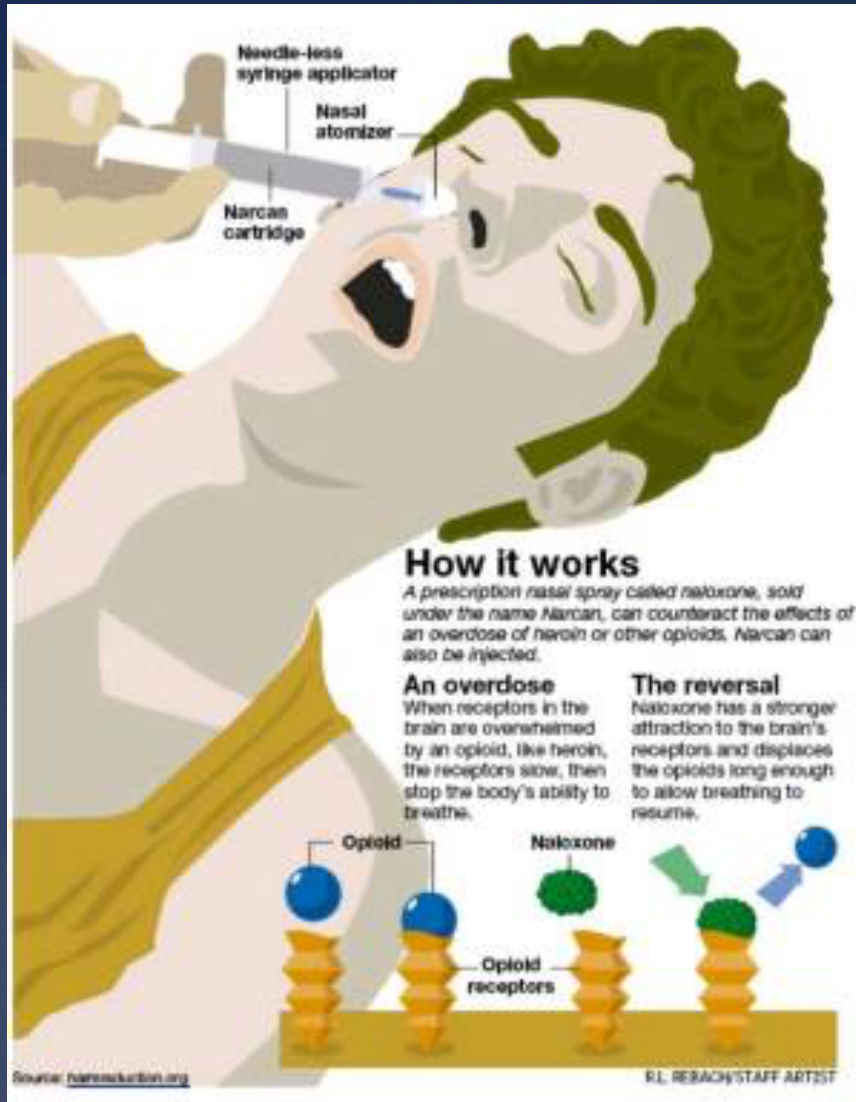


- ~ new electronic health record
- ~ allows for better, more effective record keeping



Narcan (naloxone)

- ~ rescue drug for opioid overdose
- ~ given by intranasal route
- ~ restores breathing in an unresponsive overdose victim



- ~ will not cause harm if given to someone who has not actually overdosed



**KEEP
CALM
AND LET THE
SCHOOL
NURSE
HANDLE IT**

Questions?