

## Shrewsbury Public Schools

Joseph M. Sawyer, Ed.D. Superintendent

September 26, 2018

To: School Committee

Re: Bullying Prevention and Intervention – Annual Report

The Bullying Prevention and Intervention Policy adopted in December 2010 indicates that the superintendent or a designee shall report annually to the School Committee regarding the frequency of bullying behaviors during the prior school year and to update the Committee regarding steps being taken in the schools to minimize such behaviors while promoting the continuous improvement of learning environments. This report satisfies this policy requirement.

## Frequency of bullying behaviors

It is important to note that, in order for behavior to be deemed "bullying," it must involve *repeated* behaviors that cause physical and/or emotional harm. Therefore, only situations that meet this standard are reported as "bullying." There are, of course, many times where students do not treat each other according to our school communities' expectations, but these are usually not scenarios where the same aggressor repeatedly acts inappropriately towards the same target, thereby qualifying as "bullying."

There were no incidences of defined bullying at the preschool level and the middle school level, three instances at the elementary level, and one at the high school level. The following tables provide statistics for grades K-12 for the 2017-2018 school year and, for comparison, the statistics for the previous year. You will see that the statistics are very similar, and continue to show very low rates of bullying overall.

2017-2018	Allegations of Bullying	Qualifying as Bullying	Aggressors	Targets
Elementary Level	7	3	3	3
Middle Level	10	0	0	0
High School Level	9	1	1	1
Total	26	4	4	4

2016-2017	Allegations of Bullying	Qualifying as Aggressors Bullying		Targets
Elementary Level	12	5	6	5
Middle Level	3	2	2	3
High School Level	6	0	0	0
Total	21	7	8	8

The following table shows the type of incidents and locations that were documented as bullying in the past year (some incidents were included in more than one category).

2017-2018	Verbal	Physical	Cyber	At School	Outside School
Elementary Level	3	0	0	3	0
Middle Level	0	0	0	0	0
High School Level	1	0	1	1	0

Again, it is important to note that these statistics refer to situations <u>defined</u> as bullying. There were certainly many more instances of problematic behavior that were addressed, but that did not qualify under the definition of being repeated between the same aggressor(s) and target(s).

Actions that are taken by school administrators to resolve situations of bullying and problem behavior generally may include conferences with the children involved and their parents; loss of privileges; assigned seating in class or on the bus; and other typical disciplinary actions. For the most serious cases, changes of the aggressor's class

assignment or schedule, in-school or out-of-school suspensions given to the aggressor(s), and "safety plans" created to ensure the actions were not repeated towards the target are additional steps that may be taken.

## Ongoing work to minimize bullying

The very small number of situations that qualified as "bullying" can be viewed as very positive data regarding our schools' cultures and climates and how students treat one another. As always, it remains important for our school communities to continue to reinforce expectations regarding respectful behavior, as well as to help promote a climate where students are willing to share concerning behaviors with a trusted adult.

While instances of "bullying" are rare, there is still a clear need to work to improve the social and emotional environments in our schools. As you know from our report last year on our strategic goal for social and emotional environments, we have a disconnect where teachers and parents feel that those environments are healthier than middle and elementary students do overall. We will be looking at elements of social emotional learning (SEL) during our upcoming strategic planning work this fall as we seek to find ways to make our schools stronger in these domains, which should also minimize bullying.

I look forward to answering any questions you have on this topic.