

**Shrewsbury High School
Athletic Report
2017-18**



**Presented to the School Committee
November 14, 2018**

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Jason Costa, Athletic Director**

Overview of 2017-18

Philosophy

The Shrewsbury High School Athletic program is governed by the Massachusetts Interscholastic Athletic Association (MIAA) and subscribes to the value the association places on the importance of athletics in students' social and emotional development. We adhere to the MIAA Educational Athletics Committee's belief that:

"Interscholastic athletic competition is an extension of the classroom and an educational activity that provides outstanding opportunities to teach life lessons. Through participation in such programs, young people learn values and skills that help prepare them for the future. Leadership, goal setting, teamwork, decision making, perseverance, integrity, sacrifice, healthy competition and overcoming adversity are inherent in the interscholastic athletic framework and also support the academic mission of schools. Student-athletes earn the privilege to participate by succeeding academically, and the resulting positive outcomes continue far beyond graduation. Athletic programming exists to prepare young men and women for the next level of life, not the next level of athletics. Wins are achieved through athletics by developing successful athletes and teams, but more importantly, wins are achieved through the educational experience by developing successful and responsible students, leaders and community members."

Programming

Shrewsbury High School continues to offer a diverse range of sports for the student body averaging 444 athletes per season. The Athletic Department supports 34 different sports, which account for 58 teams and approximately 800 contests played this past year. In 2017-2018, our coaching staff was comprised of 71 positions and 39 volunteer coaches at the high school level.

SHS has continued to offer and support the Unified Track program for a fifth year and Unified Basketball for the third year. The Unified sports programming allows students with and without disabilities to participate on the same team. During the 17-18 school year the Unified Track team fielded a team of 25-30 participants, while the Unified Basketball team fielded a team of approximately 25 members. Both teams competed against other Central Massachusetts high schools. The overarching goal of Unified Sports is to allow students access to athletic programming, while developing understanding and camaraderie. Central Massachusetts has been a leader in this space and currently there are 17 schools in the Midland-Wachusett League that offer Unified sports. It is important to note the first two years of SHS Unified Track program were subsidized by the Massachusetts Special Olympics. Since the expiration of the grant, the Athletics Department and the Special Education Department have partnered to share the cost of this programming, and have additionally relied upon strong community donations to support the continued funding of the program.

Our middle school program consists of two sports: boys' and girls' cross-country and boys' and girls' basketball. There are currently 7 coaches between the two sports, 5 coaches for cross country and 2 coaches for basketball. These two sports provide athletic opportunities for approximately 150 students. The boys' and girls' cross country fielded a total of about 125 students and the basketball program had approximately 26 participants. Lastly, it should be noted we have expanded the athletic program at OMS during the 2018-19 school year and have implemented field hockey, baseball and softball. We are looking forward to sharing this information in next year's report.

Highlights

The Athletic Department provided the same scope of programming in our 12th year with athletic fees. This was made possible by combined financial support from the school budget as well as the SHS Boosters Association, Friends of Shrewsbury Crew, various organizations and the sponsorship program. The community support for athletics continues to be strong. Highlights from this past year include:

- 28 out of 31 teams qualified for postseason play
- League Championships
 - Football
 - Boys' Cross Country
 - Girls' Ice Hockey
 - Boys' Ice Hockey
 - Boys' Indoor Track
 - Girls' Tennis
 - Boys' Tennis
- District Finalist
 - Softball
 - Girls' Tennis
- State Champions
 - Boys' Ice Hockey

II. Teams, Seasons, Levels and Contests

During the 2017-2018 school year, Shrewsbury High School offered a total of 34 competitive sports to the student body. There were 58 teams that participated at various levels of play ranging from freshman level to varsity level and athletes competed in over 800 contests throughout the school year. Our coaching staff totaled 71 positions paid through the appropriated budget with an additional 33 volunteer coaches. The Athletic Department moved the trainer position to a full-time school position for the 2017-18 school year. As you can see (below) SHS currently offers three freshmen athletic teams.

Sports Offered/Levels of competition (Varsity, Junior Varsity, and Freshmen)

Fall Season

Boys' Sports

Football (V, JV, FR)
Soccer (V, JV)
Golf-Coed (V, JV)
Cross Country (V)
Crew (V, Novice)

Girls' Sports

Cheering (V, JV)
Soccer (V, JV)
Golf-Coed (V, JV)
Cross Country (V)
Crew (V, Novice)
Field Hockey (V, JV)
Volleyball (V, JV)

Winter Season

Boys' Sports

Basketball (V, JV, FR)
Swimming-Coed (V)
Track (V)
Ice Hockey (V, JV)
Skiing-Coed (V)

Girls' Sports

Basketball (V, JV)
Swimming-Coed (V)
Track (V)
Ice Hockey (V)
Skiing-Coed (V)
Gymnastics (V)
Cheering (V)

Spring Season

Boys' Sports

Track (V)
Tennis (V)
Baseball (V, JV)
Crew (V, Novice)
Lacrosse (V, JV)

Girls' Sports

Track (V)
Tennis (V)
Softball (V, JV)
Crew (V, Novice)
Lacrosse (V, JV)

III. Comparative Data Information Sheet

Programming and Participation

The following tables show a five-year overview of programming and participation. (**Note:** numbers in brackets indicate the number of girls on a co-ed team.)

Number of sports offered: 13-14 14-15 15-16 16-17 17-18

Boys	15	15	15	15	15
Girls	19	19	19	19	19

Number of teams offered:

Boys	26	26	26	26	26
Girls	31	31	31	31	30

Number of athletes per season:

Fall	461 (+11)	477 (+16)	483 (+6)	504(+21)	511(+7)
Winter	295 (-30)	348 (+53)	378 (+30)	376(-2)	364(-12)
Spring	<u>398 (+14)</u>	<u>430 (+32)</u>	<u>421 (-9)</u>	<u>437(+16)</u>	<u>458(+21)</u>
Total	1154 (-5)	1255 (+101)	1282 (+27)	1317(+35)	1333(+16)

Number of one, two, and three sport athletes:

One-sport athletes	425 students	Girls (195)	Boys (230)
Two-sport athletes	274 students	Girls (121)	Boys (153)
Three-sport athletes	120 students	Girls (59)	Boys (61)
Total number of athletes -	819 students	Girls (375)	Boys (444)

819 student-athletes represents **45%** of the Shrewsbury High School's population.

Participation of athletes by sport: 13-14 14-15 15-16 16-17 17-18

Football - Boys	100	87	100	102	117
Fall Crew - Boys	43	50	46	47	43
Fall Crew - Girls	50	39	42	46	43
Soccer - Boys	44	45	40	45	44
Soccer - Girls	47	50	39	46	43
X-Country - Boys	36	41	46	54	50
X-Country - Girls	24	35	36	34	43
Golf - Co-Ed	20 [2]	17 [1]	18 [1]	20	20[2]
Fall Cheering - Girls	21	29	34	27	23
Field Hockey - Girls	34	40	38	40	40
Volleyball - Girls	40	43	43	43	43

Basketball - Boys	40	37	37	41	38
Basketball - Girls	38	29	29	38	21
Indoor Track – Boys	47	87	81	79	98
Indoor Track - Girls	37	53	72	66	64
Swimming - Co-Ed	8 [14]	8 [14]	15 [16]	13[23]	9[23]
Ice Hockey - Boys	44	44	42	44	44
Ice Hockey – Girls	21	17	21	22	22
Skiing - Co-Ed	6 [9]	5 [9]	6 [10]	4[16]	1[16]
Gymnastics - Girls	10	17	15	15	11
Winter Cheering	21	28	34	15	17
Spring Track - Boys	87	92	86	104	119
Spring Track - Girls	61	71	76	81	75
Tennis – Boys	13	10	10	9	16
Tennis – Girls	11	15	16	14	17
Baseball – Boys	35	36	33	35	37
Softball – Girls	28	30	32	27	25
Lacrosse - Boys	39	41	42	45	40
Lacrosse – Girls	37	40	38	44	38
Spring Crew – Boys	44	53	47	37	43
Spring Crew – Girls	43	42	41	41	48

Number of Athletes by grade/total athletes by season

	<u>Grade 9</u>	<u>Grade 10</u>	<u>Grade 11</u>	<u>Grade 12</u>	<u>TOTAL</u>
B. Crew	13	17	3	10	43
G. Crew	10	17	8	8	43
Football	31	33	34	19	117
B. X-Country	3	14	14	19	50
G. X-Country	9	6	10	18	43
Field Hockey	9	15	6	10	40
Cheerleading	2	5	6	10	23
Golf	5	11	3	3	22
Volleyball	15	18	8	2	43
B. Soccer	11	17	10	6	44
G. Soccer	<u>14</u>	<u>6</u>	<u>11</u>	<u>12</u>	<u>43</u>
	122	159	113	117	511

SHS Percentage of Participants by Grade Level

Fall %	24%	31%	22%	23%	100%
(Athletes grade/total athletes)					
	<u>Grade 9</u>	<u>Grade 10</u>	<u>Grade 11</u>	<u>Grade 12</u>	<u>TOTAL</u>
B. Basketball	14	14	4	6	38
G. Basketball	11	7	2	1	21
B. Ice Hockey	13	13	10	8	44
G. Ice Hockey	6	5	6	5	22
B. Ski	0	0	0	1	1
G. Ski	3	7	2	4	16
B. Swim	1	2	3	3	9

G. Swim	6	7	7	3	23
Cheerleading	3	6	5	3	17
G. Track	17	18	24	5	64
B. Track	18	23	31	26	98
Gymnastics	5	1	2	3	11
	97	103	96	68	364

**SHS Percentage of
Participants by Grade Level**

Winter %	27%	28%	26%	19%	100%
(Athletes grade/total athletes)					

	<u>Grade 9</u>	<u>Grade 10</u>	<u>Grade 11</u>	<u>Grade 12</u>	<u>TOTAL</u>
B. Lacrosse	9	15	7	9	40
G. Lacrosse	8	15	8	7	38
Baseball	7	14	10	6	37
Softball	9	9	6	1	25
G. Tennis	3	5	4	5	17
B. Tennis	7	6	2	1	16
B. Track	21	50	33	15	119
G. Track	26	19	27	3	75
B. Crew	14	14	4	11	43
G. Crew	<u>16</u>	<u>19</u>	<u>9</u>	<u>4</u>	<u>48</u>
	120	166	110	62	458

**SHS Percentage of
Participants by Grade Level**

Spring %	26%	36%	24%	14%	100%
(Athletes grade/total athletes)					

	<u>Grade 9</u>	<u>Grade 10</u>	<u>Grade 11</u>	<u>Grade 12</u>	<u>TOTAL</u>
2017-18	339	428	319	247	1333
%	25%	32%	24%	19%	100%

% of Athletes by Season & grade

(# of Athletes by grade/Class enrollment)

		Fall	Winter	Spring
	Total enrollment	Total Student Athlete and %		
Class of 2021	451	122=27%	97=22%	120=27%
Class of 2020	513	159=31%	103=20%	166=32%
Class of 2019	429	113=26%	96=22%	110=26%
Class of 2018	439	117=27%	68=15%	62=14%

Team records by sport

	<u>13-14</u>	<u>14-15</u>	<u>15-16</u>	<u>16-17</u>	<u>17-18</u>
Golf	14-4	13-5	11-6	10-10	13-6-1
Football	9-3	6-5	4-7	9-4	9-2
Fall Crew- Boys	Top 50%	Top 50%	Top 25%	Top 25%	Top 25%
Fall Crew - Girls	Top 25%	Top 25%	Top 25%	Top 25%	Top 25%
Soccer - Boys	8-9-2	15-4-1	4-6-9	11-4-4	8-7-5

Soccer - Girls	8-8-4	6-10-2	2-13-3	8-8-4	5-11-2
X-Country - Boys	5-1	5-1	4-2	3-3	5-1
X-Country - Girls	2-3	2-3	6-2	2-3	3-2
Field Hockey	16-4-2	10-9-2	4-10-4	10-4-5	14-5-2
Volleyball	13-8	15-6	15-7	18-5	17-4
Basketball - Boys	5-15	11-10	11-10	9-11	9-11
Basketball - Girls	14-8	8-12	5-15	3-17	7-13
Indoor Track - Boys	5-2	5-1	3-2	4-0	4-1
Indoor Track - Girls	5-1	4-1	4-1	3-1	3-2
Swimming	2-8	5-5	6-5	7-13	11-13
Ice Hockey-Boys	21-2-1	17-5	18-2-1	23-0-1	18-2-2
Ice-Hockey-Girls	13-7-3	13-6-3	11-6-4	18-3	20-1-1
Skiing-Boys	14-26	25-15	28-4	9-41	0-55
Skiing-Girls	32-13	30-9-1	29-7	40-5	22-14
Gymnastics	12-0	15-0	14-1	8-2	2-6
Spring Track - Boys	4-3	6-0	4-2	4-1	4-0
Spring Track - Girls	4-3	4-2	5-2	2-2	3-3
Tennis - Boys	12-6	9-8	12-7	14-5	14-5
Tennis - Girls	17-4	13-3	16-3	18-5	16-3
Baseball	12-9	16-7	15-7	14-8	13-8
Softball	13-9	13-9	15-7	14-8	18-5
Spring Crew - Boys	Top 50%	Top 50%	Top 25%	Top 25%	Top 10%
Spring Crew - Girls	Top 25%	Top 25%	Top 25%	Top 25%	Top 10%
Lacrosse - Boys	20-5	16-6	8-12	14-8	13-9
Lacrosse - Girls	15-7	8-12	8-12	14-8	16-7

Numbers of student-athletes selected to All-Stars

	<u>13-14</u>	<u>14-15</u>	<u>15-16</u>	<u>16-17</u>	<u>17-18</u>
League / Conference [MVP's]	99 [4]	90 [2]	60 [2]	75	98 [4]
T&G/Player of the year	58	25	19	33[5]	49 [1]
Central Mass	20	22	14	30	29
All-State	5	6	1	4	5
All-New England	3	1	1	0	0
All-American	4	1	0	1	1

2017-18 Championship Teams

Fall

- Football Midland-Wachusett League "A" Champions
- Boys' Cross-Country Midland-Wachusett League "A" Champions

Winter

- Girls' Ice Hockey CMASS League Champions
- Boys' Ice Hockey Massachusetts State Champions
Central Massachusetts Champions
Quinn Conference Champions
- Boys Indoor Track Midland-Wachusett League "A" Champions

Spring

- Girls' Tennis Midland-Wachusett League "A" Champions
- Boys' Tennis Midland-Wachusett League "A" Champions
- Boys' Outdoor Track Midland-Wachusett League "A" Champions

Class of 2018 Collegiate Participants

- 3 members (2 male and 1 female) of Class of 2018 signed National Letters of Intent (NLI) to participate in NCAA athletics. The student-athletes signed NLIs in the following sports: lacrosse (2) and field hockey.
- Additionally, 10 student-athletes from the Class of 2018 reported that they would participate in NCAA athletics for the 2018-2019 school year.

2018 Coaching Staff and Team Captains

Fall

Football:

Head Coach:	John Aloisi
Assistant Coach:	Ian Butterfield
	Lee Diamantopoulos
	Zach Hertel-Therrien
	Bruce Pinto
	Timothy Laramee
	Kristian Jackson
Volunteer Coaches:	Matthew Sturgis
	Arnold Pinto
	Mark Ellis
Captains:	Christopher Campbell
	Drew Campanale

Girls Soccer:

Head Coach:	Craig Von Wielligh
Assistant Coach:	Colleen Hall
Volunteer Coach:	Roy Pederson
Captains:	Kathryn Cawley
	Anna Lizotte
	Sophie Rocco

Boys Soccer:

Head Coach:	Matt Wheeler
Assistant Coach:	Michael Carpentier
Volunteer Coach:	Neil Belanger
Captains:	Alex Purple
	Alex Maiorano

Field Hockey:

Head Coach:	Paula Toti
Assistant Coach:	Andrea DiTerrlizzi
Volunteer Coach:	Greta Gray
Captains:	Lillian McManus
	Kylian Kelly
	Erin Considine

Volleyball:

Head Coach:	Richard Harrington
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Assistant Coach:	John Shapazian
	Brittany McNally
Volunteer Coach:	Andrew Moran
Captains:	Caitlyn Reidl
	Cameron Gill
	Anna Zerwas

Boys Cross Country:-

Head Coach:	Jim Smith
Assistant Coach:	Ryan McCaffrey
Volunteer Coach:	Kurt Gustafson
Captains:	Andrew Kaye
	Mark O'Connor
	Jack Tepper

Girls Cross Country:-

Head Coach:	Lisa Danielson
Captains:	Maura McNamara
	Lauren Yuen

Boys Crew:

Head Coach:	Stephen Moriarty
Assistant Coach:	Christopher Noble
Captains:	Owen Lyons
	Benjamin George
	Collin Hay
	Andrew Beaton

Girls Crew:

Head Coach:	Matthew Hastings
Assistant Coach:	Lauren Guba
Captains:	Emily Brann
	Meaghan Campbell
	Caitlin Kean
	Jessica Miksis

Cheerleading:

Head Coach:	Matthew Holdridge
Assistant Coach:	Emily Chaves
Volunteer Coach:	Kerri Smith
Captains:	Julia Grocer
	Gabrielle Troisi
	Kailey Salmu
	Taylor Greene

Golf:

Head Coach:	Jack Gale
JV Golf:	Brett Malbouef
Captains:	Charles Kang
	Cam Mullen

Winter

Boys Basketball:

Head Coach:	Adrian Machado
JV Coach:	Lee Diamantopoulos
Freshmen Coach:	Mark Williams
Volunteer Coach:	Gerry Nowacski
Volunteer Coach:	Robert Ashton
Volunteer Coach:	Jose Cruz
Volunteer Coach:	Eric Bates
Volunteer Coach:	Ryan Connor
Captains:	John West
	Sam Mack

Girls Basketball:

Head Coach:	Erin Largess
Assistant Coach:	Nathan Skermont
JV Coach:	Annemarie Duggan
Volunteer Coach:	Tiffani Grillo
Volunteer Coach:	Ken Largess
Volunteer Coach:	Steve Maxson
Volunteer Coach:	Erica Paquette
Volunteer Coach:	Rachel Pineda
Captains:	Julia Keenan
	Casey Taitel

Boys and Girls Swimming:

Head Coach:	Leandra Manos
Captains	Alexandra Pisano-Stratton
	Kaitlyn Madden
	Emily Hickey
	John "Jake" Godwin

Boys and Girls Skiing:

Head Coach:	John Shapazian
Volunteer Coach:	Rob Murner
Captains:	Caitlin Mooney
	Lauren Arpino

Cheerleading:

Head Coach:	Matthew Holdridge
Assistant Coach:	Emily Chaves
Volunteer Coach:	Kerry Smith
Captains:	Taylor Smith
	Danielle Lynch
	Shayla Walsh

Boys Ice Hockey:

Head Coach:	Stephen Turnblom
Assistant Coach:	Richard Grant
JV Coach:	Todd Cooksey
Volunteer Coach:	Anthony Vincequere
Volunteer Coach:	Nathan Lavner

Captain: Anthony Quinlivan
Liam Quinlivan
Assistant Captain: Conall Persichino
Jack Tepper

Girls Ice Hockey:

Head Coach: Frank Panarelli
Assistant Coach: Raymond Monroe
Volunteer Coach: Nick Panarelli
Volunteer Coach: Joseph Joubert
Captains: Karli DeSouza
Kylian Kelly
Assistant Captain: Lillian McManus
Delaney Couture

Boys Track:

Head Coach: Kurt Gustafson
Assistant Coach: Mike Besaw
Volunteer Coach: Gary Dodakian
Captains: Andrew Kaye
Christopher Matthews
Joseph Young

Girls Track:

Head Coach: Wendy Marshall
Assistant Coach: Zach Hertel-Therrien
Volunteer Coach: Martha Ordone
Captains: Maura McNamara
Lauren King

Gymnastics:

Head Coach: Heather Fulginiti
Assistant Coach: Jocelyn Christopher
Captains: Paige McNally

Middle School Basketball:

Boys Coach: Daniel Waite
Volunteer Coach: Matt Amdur
Girls Coach: Jennifer Dufault

Spring

Baseball:

Head Coach: Lee Diamantopoulos
Assistant Coach: Dean Diamantopoulos
JV Coach: Stephen Arey
Volunteer Coach: Tim Beaudette
Volunteer Coach: Josh Desai
Volunteer Coach: Eric Bates
Captains: Patrick Shaughnessy
Drew Campanale

Girls Softball:

Head Coach	Jamie Millett
Assistant Coach:	James LeMay
JV Coach:	Kathryn "Myer" Robbins
Volunteer Coach:	Kaitlin (Andrews) Walker
Captains:	Molly O'Neill
	Oliva DiGirolamo
	Samantha Hallice

Girls and Boys Tennis:

Head Coach:	Josh Handy
Volunteer Coach:	Chris Elliot
Captains:	Ethan He
	Rahul Razdan
	Snigdha Kalathur
	Ahana Mukhopadhyay

Boys Track:

Head Coach:	Ian Butterfield
Assistant Coach:	Michael Besaw
Assistant Coach:	Kurt Gustafson
Volunteer Coach:	Gary Dodakian
Volunteer Coach:	Jim Tylock
Captains:	Andrew Kaye
	Joseph Young
	Dasani Prideaux

Girls Track:

Head Coach:	Wendy Marshall
Assistant Coach:	Zach Hertel-Thierrien
Assistant Coach:	Brian Kelly
Volunteer Coach:	Jim Tylock
Captains:	<i>No Captains</i>

Boys Crew:

Head Coach-	Steven Moriarty
Assistant Coach-	Christopher Nobles
Captains:	John Godwin
	Collin Hay
	Owen Lyons
	Benjamin George
	Andrew Beaton

Girls Crew:

Head Coach-	Matthew Hastings
Assistant Coach:	Lauren Guba
Captains:	Meaghan Campbell
	Caitlin Kean

Boys Lacrosse:

Head Coach:	Nate Skermont
JV Coach:	John Shapazian
Volunteer Coach:	Matthew Greenberg
Captains:	Christopher Campbell

Girls Lacrosse:

Head Coach:	Alicia Tinsley
JV Coach-:	Caitlin Early
Volunteer Coach:	Michael Tinsley
Captains:	Kylian Kelly Allie Hogan Lauren King

IV. Athletic Administration and Support Groups

Athletic Administration

- **Middle School Program** Last year, Oak Middle School provided cross-country in the fall for both boys and girls. Both teams had a successful season and had approximately 125 runners participating in the program and competed in a 6-meet schedule. During the winter season, basketball was offered for boys and girls with each team averaging 26 athletes. Both basketball teams continue to be very competitive and each competed in a 16-game schedule. The excitement and energy generated on the cross-country course and on the basketball court was outstanding. Lastly, it should be noted that the 2018-19 Athletic Report will reflect the implementation of field hockey, baseball and softball.
- **Coaches' Education** The landscape of coaching high school athletics is becoming more complex as there are numerous mandates to complete prior to coaches working with student-athletes. New coaches are required by the MIAA to complete the state coaches' education course. The course reviews and outlines expectations and responsibilities of being a coach. Coaches also have to complete a concussion course to help assist them in identifying students who may have suffered a concussion. Lastly, all coaches are required to be certified in CPR, First Aid and AED. The addition of these mandates has added to the complexity of managing the Athletic Department. The training is important in helping coaches support our student-athletes, however the trainings create additional logistics of managing requirements, coordinating and offering programming, and has increased the financial burden of coaches and the athletic department paying for the trainings.
- **Athletic Internship** SHS offers student internships in the athletic program throughout the school year. Students can be assigned to assist the athletic director, work with an individual team as manager/statistician, or work with the athletic trainer to develop a baseline understanding of sports medicine. Three students received 2.5 credits per semester for their work while three other students volunteered time during their schedule. Internships have provided outstanding opportunities for students to investigate and experience working in an Athletic Department. During the 2017-18 school year, there were a total 7 students participating in the Athletic Internship program.
- **Student Leadership** Each year the athletic department works to promote and develop student leaders in our community. The athletic director works in close partnership with the MIAA, school administration, school counseling department, and the coaching staff to provide opportunities for student-athletes to develop their leadership capacity. Below is a list of events that students attend with the Athletic Director.

- **SHS Captains Workshop:** Each summer the captains of each sport are required to attend a 4-hour leadership workshop at SHS. The workshop reviews expectations for captains, conducts team-building activities, helps develop student-leader communication with coaches and teammates, and captains participate in scenarios and simulations that require thinking quickly and critically when faced with a dilemma.
- **MIAA programming:** The athletic director provides opportunities for students to attend the following programming sponsored by the MIAA and typically accompanies student-athletes to these events.
 - Student Ambassador, Midland-Wachusett League
 - Sportsmanship Summit, Gillette Stadium
 - National Women in Sports Day, Gillette Stadium
- **Evaluation of Coaches** All head coaches are evaluated annually by the athletic director. Coaches are required to fill out a reflection sheet and then meet with the athletic director at the conclusion of the season. The athletic director then completes and shares the written evaluation with the head coach. Head coaches evaluate the performance of assistant coaches and share their findings with the athletic director.
- **Coordinate and Manage Visits of College Recruitment** Numerous college recruiters contact the athletic department to schedule meetings with student-athletes. The athletic director manages all recruiting visits with student-athletes. Coaches and/or the athletic director attend meetings with students and college/university representatives.
- **Pre-season meetings** Prior to the start of each season, student-athletes and their families are required to attend a pre-season meeting with the athletic director (three per year). The meetings last approximately 45 minutes and review the expectations for student-athletes and their parents. Additionally, the athletic trainer conducts concussion education and the procedures utilized in the event of an injury. Coaches meet with individual programs to go over program expectations with parents and athletes.
- **Awards Night** The athletic department introduced a new format for recognizing athletic achievement. The Athletic Department participated in the annual SHS Awards Night held in May sponsored by the SHS Guidance Department. The ceremony recognizes the achievements of each team and outstanding individual accomplishments along with presenting departmental awards. The entire coaching staff, athletes and parents were encouraged to attend and all award winners were notified to be present for the event. The new format was result of all SHS athletic teams having their own end of the season banquets where teams were recognized for their season's achievements and individual accomplishments.

Support Groups

- **Shrewsbury High School Athletic Boosters Association** This past year has been very active for our parent-run SHS Athletic Boosters Association. Their primary functions are to raise funds to support athletic programming, foster overall spirit for SHS sports teams, organize parent volunteers to provide support for contests, provide post-contest refreshments for athletes, and help coordinate end of the season banquets for individual teams to bring formal closure to their season. The Athletic Boosters Association has provided funding for replacement uniforms and equipment. The athletic program is very appreciative for the parental support it receives. The athletic department will continue to partner and work with the dedicated parent volunteers to help support and maintain a quality athletic program.

The SHS Athletic Boosters Association held monthly meetings during the year. The 2017-18 school year marked the tenth year in which all athletic teams at SHS became members of the Boosters Association. One of their primary functions is to raise money to help provide student-athletes equipment and materials not covered through the appropriated budget. They continue to provide funding for uniforms, equipment, senior scholarships, athletic fee scholarships, athletic awards, and other athletic needs by holding three major fundraisers each year. In the fall, the annual “Gold Card” fundraiser brings in approximately \$40,000. Between the Boosters’ seasonal fundraisers, the annual golf tournament, and hosting USA Gymnastics events, the group was able to assist with provisions needed to maintain an athletic program and initiated and provided funds for the construction of a newly installed turf field.

- **Corporate Donations/Sponsorships** Last year the athletic department received a \$20,000 donation from Central One Federal Credit Union. The donation was used to supplement funds that were cut during previous budget cycles. As a result, Shrewsbury High School was able to maintain its complete program of offerings for student athletes. 2017-18 brought forth a very aggressive \$1.8 million dollar campaign that was completed in March 2018 and allowed SHS to proceed forward on the installation of a new synthetic field and track for SHS. Central One Federal Credit Union has also generously donated \$750,000 and the David J. Adams Family donated \$250,000 towards the Turf Field project at SHS that enabled the project to move forward on the start of the project.
- **Friends of Shrewsbury Crew (FOSC)** Financial need and increased participation led to a need for an additional source of funding for the crew program. FOSC purchases specific pieces of equipment, including costly shells. FOSC conducted a “Fund the Fleet” program with the support of the Athletic Department and the SHS Boosters Association to buy two new team boats for boys and girls crew teams for fall of 2018. The athletic program is very appreciative of all that the Friends of Shrewsbury Crew does to benefit athletes in the crew program.

V. Athletic Financials 2017-18

Fees 2017-18

The fall of 2017 marked the twelfth year of athletic fees. The fee structure and registration process were explained at Parent/Athlete Nights, which are held at the beginning of each season. Athletes and parents were informed that all fees, medical and permission forms are due to the athletic department on a specified date. There were seven athletes who were unable to pay the athletic fee due to hardships. The Boosters Association and private donations sponsored these students. The athletic department used an on-line payment in the form of *SchoolPay* located in the Parent Portal of *PowerSchool*. Total Athletic Fees collected for the 2017-18 school year was \$331,809.

Athletic Fee Totals

Year	Grand Total
2013-14	\$278,425
2014-15	\$315,202
2015-16	\$324,441
2016-17	\$341,114
2017-18	\$331,809

GENERAL FUND APPROPRIATION				
Description	2017 Actual	2018 Original Budget	2018 Actual	2018 Budget V Actual
Athletic Transportation HS	\$ 117,345	\$ 111,650	\$ 119,163	\$ (7,513)
Administration	\$ 104,707	\$ 107,821	\$ 106,801	\$ 1,020
Athletic Trainer	\$ 51,347	\$ 52,000	\$ 57,000	\$ (5,000)
Facility Rental HS	\$ 41,211	\$ 42,000	\$ 46,862	\$ (4,862)
R&M Equipment Athletics	\$ 16,906	\$ 15,300	\$ 18,009	\$ (2,709)
Athletic Uforms & Equip HS	\$ 22,056	\$ 13,362	\$ 13,276	\$ 86
Dues & Memberships	\$ 12,074	\$ 12,750	\$ 12,755	\$ (5)
Athletic Supp & Awards HS	\$ 3,512	\$ 8,322	\$ 7,269	\$ 1,053
Police Details HS	\$ 2,752	\$ 4,500	\$ 5,358	\$ (858)
R&M EquipmenHigh School	\$ -	\$ -	\$ 1,061	\$ (1,061)
Athletic Insurance HS	\$ 3,536	\$ 3,607	\$ 3,536	\$ 71
Conferences HS	\$ 1,371	\$ 1,371	\$ 804	\$ 567
Doctor Fees HS	\$ 600	\$ 1,000	\$ 900	\$ 100
Dues & Memberships HS	\$ 675	\$ -	\$ -	\$ -
Official Fees HS	\$ 27,048	\$ -	\$ 658	\$ (658)
Oil & Fuel	\$ 232	\$ -	\$ -	\$ -
	\$ 405,371	\$ 373,683	\$ 393,452	\$ (19,769)
<i>Additional Appropriation Transfer</i>	\$ -	\$ 19,769	\$ -	\$ -
Total General Fund Expenses	\$ 405,371	\$ 393,452	\$ 393,452	\$ -
ATHLETIC FEE REVOLVING FUND	FY18			
Begin Balance		\$ 43,242		
Net Revenue		\$ 331,809		
Total Available		\$ 375,051		
Expenses:				
Coaching Salaries		\$ 322,073		
Purchase of Services		\$ 17,614		
Athletic Supplies		\$ 6,383		
Other Expenses		\$ 11,680		
Total Expenses		\$ 357,750		
Ending Balance		\$ 17,301		
GATES RECEIPTS REVOLVING FUND	FY18			
Begin Balance		\$ 584		
Net Revenue		\$ 60,338		
Total Available		\$ 60,922		
Expenses:				
Officials and Announcers		\$ 54,981		
Gate Attendants		\$ 3,430		
Other Expenses		\$ 1,443		
Total Expenses		\$ 59,854		
Ending Balance		\$ 1,068		
TOTAL ATHLETIC PROGRAM INVESTMENT		\$ 811,056	All Expenses - All Funds	

VI. Future Considerations

The Shrewsbury High School Athletic program provides significant opportunities for student-athletes and decidedly contributes to our positive school culture. As we reflect upon the program, we have identified areas that need to be considered as we move forward. Below are four areas in need of consideration:

1. Develop a 4-year strategic plan on the replacement of crew shells and equipment.
2. Create a seasonal stipend position for a Site Supervisor/Middle School Assistant Athletic Director.
3. Increase Middle School Athletic Offerings (football and volleyball?).
4. Continue Improvement to Athletic Facilities – continue to partner with booster and community groups, local businesses, and alumni in order to raise funds towards the continued renovation and improvement of the athletics infrastructure at Shrewsbury High School.
5. New Uniforms – continue to build upon line item budget for 2018-19 to replenish uniforms.

VII. Conclusion

The Shrewsbury Athletic Program cultivates social and emotional well-being for our students. By participating in sports, students-athletes learn essential skills that they will use throughout the rest of their lives. Some of the skills include teamwork, responsibility, leadership, and perseverance. We hope to continue to build upon our program and offer the best opportunities to showcase the talent of our student-athletes.