

COVID-19 Closure Update

A presentation to the School Committee *May 6, 2020*



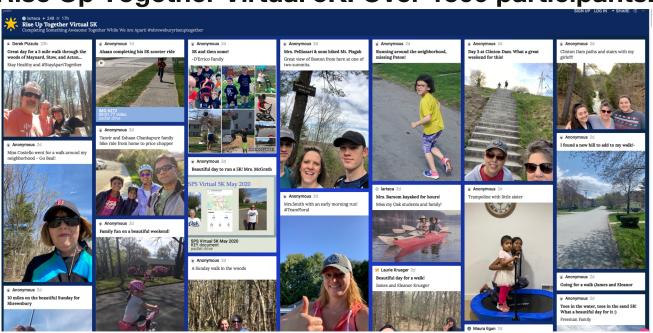
Key Messages

- 1) The **health & well-being** of students, families, & staff is **priority #1**.
- This is an extraordinary time in history, and everyone in our community has a collective responsibility to respond to this challenge.
- 3) Even though our schools are closed, we continue to support our students, families, and staff from a distance and empower continued student learning.



Community Well-Being

Rise Up Together Virtual 5K: Over 1500 participants!





Community Well-Being

Fitness Challenge

Would like to invite you to support the



Shrewsbury High School Physical Education Staff

TOTAL MINUTES LOGGED = 56,560



By logging a combined

2,020,000 minutes

Of physical activity between May 4th and May 31st.

Department of School Nursing Update

1. May is Mental Health Awareness Month





2. Governor Baker's order to wear face masks

The extraordinary situation

we are in is difficult

for everyone!

Shout out to the KIDS.

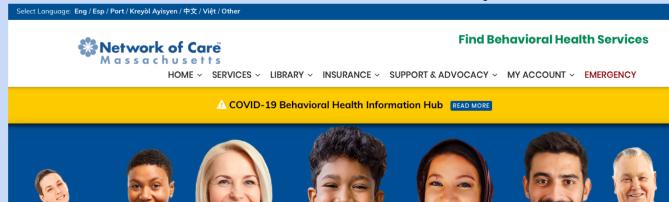
Everyone is applauding everyone but our children. These little heroes have stayed indoors more than they've ever known in their lives. Their whole worlds have literally been turned upside down. All these rules they've never known. A life they couldn't have imagined. All the things they love like sports, being with friends, going to school, or just being kids have all been taken away from them. Adults talking about others becoming unwell, news reporting death after death. Our poor children's minds must be racing. Every day they get up and carry on despite all that's going on. So here's to our little heroes: today, tomorrow, forever.



Reach out to your school nurses and counselors for support!

There are resources to help!

massachusetts.networkofcare.org



mass211.org



or dial 211

Text C2T to 741741



mass211.org/call2talk or crisistextline.org

It's Okay to SUCIDE Talk About

Thoughts of giving up and suicide can be frightening. Not taking these kinds of thoughts seriously can have devastating outcomes.

Suicide is the 2nd leading cause of death of people who die by for people ages suicide have a 10-34 diagnosed mental



The overall suicide rate has increased 31% since 2001



Suicide is the 10th leading cause of death in the U.S.

Suicide is NOT the answer.

If you start thinking about suicide, seek help. Call or text a crisis line or a trusted friend.



Make an appointment with a health care

professional to talk about what you're thinking or how

you're feeling.

of a mental health condition

HIGH RISK POPULATIONS

75% of all people who die by suicide are male



health condition

of people who die by

experienced symptoms

Lesbian, gay and bisexual youth are four times more likely to attempt suicide than straight youth

Transgender people are 12 times more likely to attempt suicide than the general population



If you are concerned about suicide and don't know what to do, call the National Suicide Prevention Lifeline at 1-800-273-8255.

Suicidal thoughts are a symptom, just like any other they can be treated. and they can improve over time





Don't be afraid to reach out if you need help!

NATIONAL

LIFELINE™

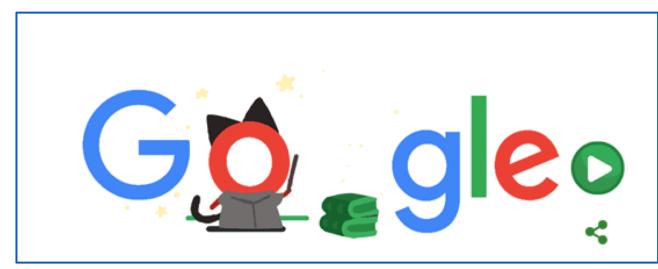
I-800-273-TALK www.suicidepreventionlifeline.org

Governor Baker's order to wear face masks

- Effective beginning today, May 6
- At all times when in places where 6 feet distance can not be maintained
- All people over age 2, unless medical condition that prevents
- All workers and customers of essential businesses
- Discouraged from wearing medical grade masks
- More details at mass.gov/news/wear-amask-in-public

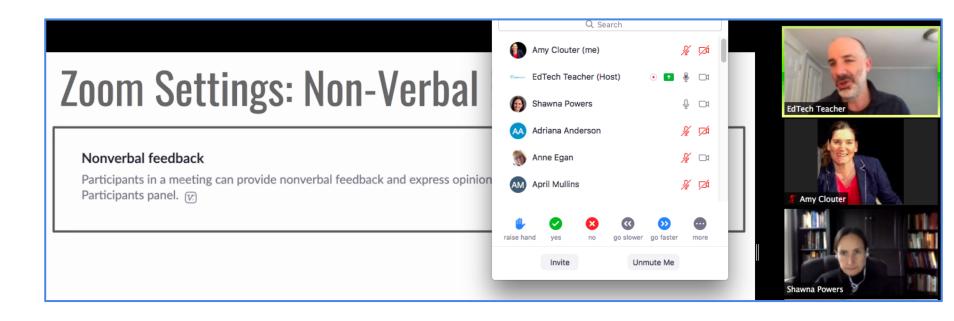


THANK YOU.

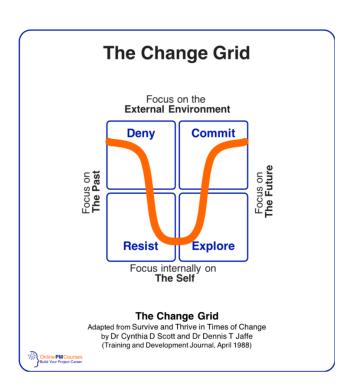


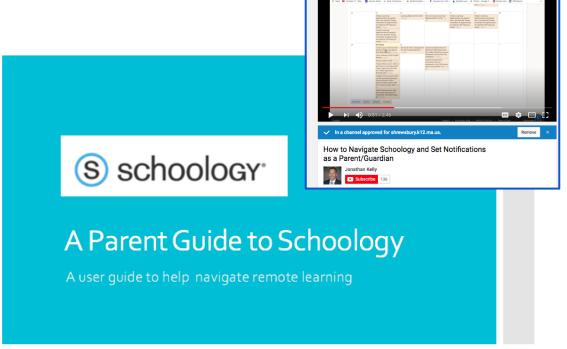


Professional Development for Staff

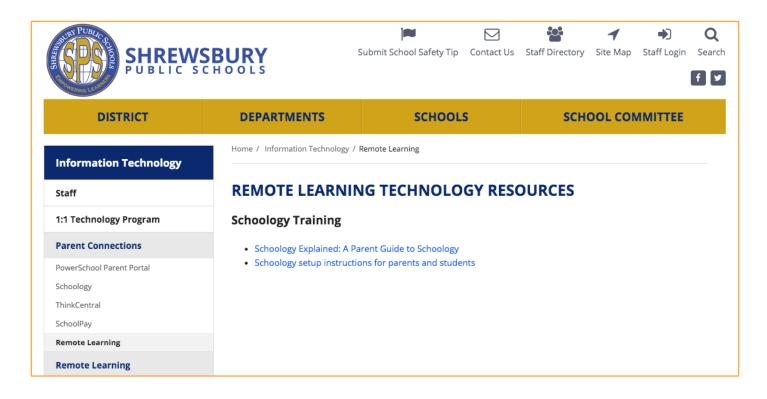


Professional Development for Parents & Families





Remote Learning page



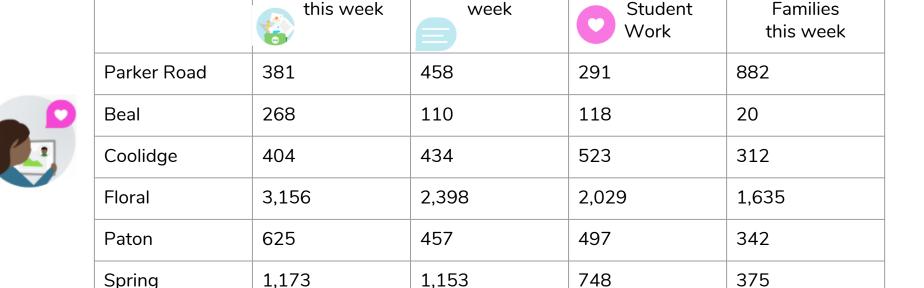
Using Technology to Engage & Empower

School



Likes of

Visits by

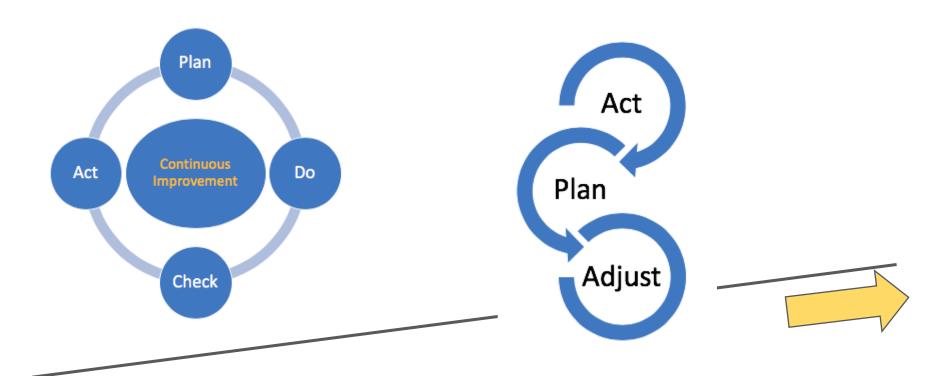


Comments this

SeeSaw Usage: district statistics April 27- May 4th

New Items

Small Tweaks, Big Impact



Gratitude & Appreciation



