

# CROSS COUNTRY



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**SEPTEMBER - OCTOBER**  
**MON - THURS UNTIL 4:15pm ON THE OMS TRACK**

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**Coach  
DeNolf**  
Room 401



**Coach  
Belliveau**  
Room 266



**Coach  
Eldrige**  
Room 106



**Coach  
McCann**

*Cross Country at Oak Middle School is an interscholastic sport. This is a competitive program against other schools that prepares student athletes for the varsity running programs offered at the high school, not a club. Students coming from lower grade running clubs should expect more rigor.*