



# What's Next?

Massachusetts Rehabilitation Commission

We're in the business of possibility at the Massachusetts Rehabilitation Commission (MRC), and NextGen Careers is a new initiative to help young adults (ages 18-30) to explore the world of work.

NextGen-ers will learn to advocate for themselves, gain self-confidence, and become self-sufficient on their career path. Whether you're interested in a certificate program, on-the-job training, apprenticeship, or an internship in Science, Technology, Engineering, Math (STEM), NextGen will pair you with a team of dedicated experts in counseling, benefits, and peer support that will be behind you every step of the way.

## New Skills

At the initiative's core are the skills that will help you grow your career and confidence overall. The program isn't just focused on employment— NextGen-ers build confidence themselves and being able to communicate their needs.



### SELF-CAPACITY

you'll gain confidence in your ability to perform a job



### SELF-ADVOCACY

you'll have the ability to direct your own life



### SELF-REALIZATION

you'll understand your strengths and limitations



### SELF-SUFFICIENCY

you'll be able to do your work and explore independence



### NEXT STEP IS YOURS!

Learn more at [mass.gov/nextgencareers](http://mass.gov/nextgencareers)

## Our Team of Champions

Our team is made up of mentors, counselors, benefits advisors, and employment specialists to help NextGen-ers find a career path that best fits them. A dedicated team will coach you to build confidence in yourself, in whichever field you'd like to pursue.

## Where We Work

We meet you where you're at. The program currently serves individuals in the Boston, Roxbury, Braintree, Lawrence, Lowell, Springfield, and Worcester areas.

### NextGen Locations

1. Boston (HQ Office)
2. Worcester
3. Braintree
4. Lawrence
5. Lowell
6. Springfield
7. Roxbury

