



College Application Nuts & Bolts Night 2023

SHS School Counseling Department



SHS School Counselors

- Director: Mrs. Angie Flynn
- Mr. Greg Soboff
- Mr. Frank Flynn
- Mrs. Jammie Lussier
- Mr. Sean Russell
- Ms. Susie Eriole
- Ms. Tammy Yeung
- Mr. Lee Diamantopoulos
- Mrs. Jessica Rice

A-Boulay

Bowley-Early

Earnier-Higgins

Hight-Lingamaria

Lizardo-Nguyen

Nickerson-Romano

Rosenkrantz-Thomas

Tie-Z

SHS School Counseling Communication

- The Counselor Connection: bimonthly newsletter
- Instagram: **shs.schoolcounseling**
- School Counseling Website (Resources)
- Schoology
- Financial Aid Night: Oct. 19th at 6:30
- Parent/Counselor Connection (Grades 9 & 10)

Oct. 13: High School 101

Nov. 3: SCOIR

Feb. 9: Course Selection Process

April 5: Navigating the American College System

SCOIR

- Colleges 'Following'
- College Rep Visits
- Scattergrams
- Letter of Recommendation Request
- Counselor Bio Survey

[Add Top Choices](#)

[Sort: Deadline](#)


Suggested (0)

[Collapse](#)


Plan with your supporters

Receive college suggestions from your Counselors and Parent/Guardian(s)

[Invite a Parent/Guardian](#)

Following (8)

[Add a College](#)

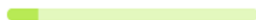

Arkansas Northeastern Co...
Blytheville, AR



Bentley University
Waltham, MA



Scoir


[Start App](#)


Boston College



Applying (0)

[Add a College](#)


Make progress on applications

Let's keep track of those open applications together



Applied (0)

[Add a College](#)

Celebrate your completed applications

Keep tabs on your submitted applications and outcomes

Visits & Deadlines

Filters

- Application Deadlines
- College Visits
 - All Upcoming Visits
 - Visits from My Colleges
 - Only My Registered Visits
- Office Hours

September 2023

19
Tue



Princeton University
Princeton, NJ

Time:
09:00 AM - 10:00 AM

Location:
Career Center



Visits & Deadlines



Surveys



Compare Colleges



Log Out



Tammy Yeung
Junior at Shrewsbury High School

[View Profile](#)



Event is Full



Quinsigamond Community Col...
Worcester, MA

Time:
10:00 AM - 11:00 AM

Location:
Career Center

5 Registered

Open to the following students:
Class of 2023, 2024



Lafayette College

Time:
11:00 AM - 12:00 PM

0 Registered

Open to the following students:

College Admission Trends

Applications have increased

- Total number of applications submitted increased
- Number of college applicants has increased
- Number of students deferred as increased especially for early action applicants
- College waitlists lengthened

Trend will continue to specifically in regular decision round which is why it's important for students to ensure that they have a balanced list of best fit colleges.

Application Process

Research 10-20 schools

Apply to approximately 5-9

- Reach
- Target
- Likely
- Safety

Keep an open mind

Look for the best fit, not necessarily the best brand name

Best Fit = Social, Financial & Academic

Components of the Application Process (Student)

- The Application
 - Common App, School Specific Application
 - Essay
 - Resume
- Standardized Tests-SATs & ACTs
- Letters of Recommendation

Types of Applications

- Common Application
 - 700+ schools accept the Common Application
 - Supplements
- School Specific Applications

**Student submits the application online

SAT/ACT Scores

- What does test optional mean?
- When should a student send their scores?

**We encourage students to speak to their counselor about whether or not to send scores

- Score Choice: gives students the option to choose which scores (by test date) to send to colleges.
- Students are responsible for sending their test scores to colleges, scholarships, NCAA, etc. - SHS are not allowed to send test scores to any organization at any time.

SAT & ACT Dates

- SAT Test Dates:
 - October 7: Deadline passed (at SHS)
 - November 4: Deadline to register-Oct. 5 (at SHS)
 - December 2: Deadline to register-Nov. 2
- ACT Test Dates:
 - October 28: Deadline to register Sept. 22
 - December 9: Deadline to register-Nov. 3

Letters of Recommendations

- Counselor Recommendation
 - Complete Bio Survey in SCOIR
 - Set up appointment with counselor
- Teacher Recommendation
 - Follow the directions of college (1 or 2 letters only)
- Supplemental Recommendations:
 - Caution: does not replace the required counselor or teacher recommendation.
 - Colleges choose what to read
 - Letters from an administrator are not considered a teacher or counselor letter.
- **One Month Rule: Ask for letter at least 1 month prior to first deadline**

Admission Options

NON-RESTRICTIVE APPLICATION PLANS			RESTRICTIVE APPLICATION PLANS	
REGULAR DECISION	ROLLING ADMISSION	EARLY ACTION (EA)	EARLY DECISION (ED)	RESTRICTIVE EARLY ACTION
Students submit an application by a specified date and receive a decision in a clearly stated period of time.	Colleges review applications as they are submitted and render an admissions decisions throughout the admissions cycle.	Students apply early and receive a decision well in advance of the institution's regular response date.	Students make a commitment to a first-choice institution where, if admitted, they will definitely enroll.	Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED, EA, or REA to other institutions.
Non-Binding	Non-Binding	Non-Binding	Binding	Non-Binding

Early Decision

When to apply Early Decision

- Binding agreement between SHS, the family, and the college
- Financial Commitment
- Extreme circumstance to get out of binding agreement

Application Deadlines

- Early Action & Early Decision
 - November 1 or November 15
 - Early Action II: December
- State & Private Regular Decision
 - January 1-Mid April
- California State Universities (UC's)
 - November 30th

SHS Application Procedures

- Counselor Meeting/ Forms
 - School Profile
 - Transcripts
- Parent/Guardian Brag Sheet (in SCOIR)
- Schoology: SHS Students → Resources → School Counseling Folder
- School Counseling Curriculum
 - Conducted in Senior English classes
 - SCOIR and Common App preparations
 - Senior Year timeline

Transcript Request Procedure

- Transcript Request Meeting (Mandatory)
 - Scheduled at least 10 school days before first application deadline
 - \$5 per transcript
 - Forms that need to be completed
 - Transcripts will not be sent until payment is received with yellow payment slip
- Deadlines
 - Nov. 1: Oct. 15
 - Nov. 15: Oct. 31
 - Dec. 1: Nov. 14
 - Jan. 1: Dec. 8
 - Jan. 15: Jan. 3
- Mid Year & Final Transcripts will automatically send first quarter and first semester grades to all colleges on file.
- SHS automatically sends the final transcript to the college the student has chosen in mid June.

Support & Additional Information

- Research support services during college visit to assess if the program is a good “fit”
- Families are required to send their own documentation (IEP & 504) to the college directly during application process
- Students must self identify after arriving at college (even if documentation has been sent) and meet with students services to discuss accommodations.

Roles in the Application Process

Student:

- Schedule an individual appointment with their school counselor
- Register for SATs, ACTs, and send scores
- Obtain letters of recommendation from teachers
- Complete applications, essays, supplements
- Submit applications online

****Counselors are available during all lunches Monday-Thursday in the commons, until Oct. 19.**

.

Roles in the Application Process

Family:

- Talk about options
- Review college choices & deadlines
- Schedule and visit colleges
- Schedule time every week to discuss the process
- Let student lead the process
- FAFSA & CSS Profile (mefa.org/events)

School:

- Counselor & Student meetings to guide and support the process
- Sending transcripts and other school information
- Sending letter of recommendations

Did you know?

Check out the School Counseling Resources in Schoology to learn more about:

- **NCAA Process**
- **Schools with Accessibility Services**
- **Resources for LGBTQ+ Students**
- **Campus Diversity**
- **Pathways for first-generation college students**
- **Scholarships**
- **ROTC Programs**