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| Monday | Tuesday | | Wednesday | Thursday | Friday | |
|  |  |  | C:\Users\bnichols\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.MSO\3A13D9E8.tmp |  | **11/1**  **Chicken Nuggets**  **\*Vegetarian Wrap /Baked Chips**  Mashed Potato  Broccoli with Cheese Sauce  Dipping Sauces  Pears |  |
| **4**  **Burger Bar and Toppings**  **\*Veggie Burger**  Baked Fries  Garlic Green Beans  Carrot Sticks and Hummus  Peaches | **5**  **Popcorn Chicken Bowl**  **Toasted Italian Sub with Baked Chips**  Mashed Potato  Corn  Gravy  Carrot Sticks and Ranch Dip  Wheat Roll  Sliced Pears | | **6**  **\* Monti's Pizza**  **Chef's Choice**  Baked Sweet Potato Fries  Peas  Tossed Salad  Strawberries | **7**  **Chicken Penne Casserole**  **Italian Sub with**  **Baked Chips**  Steamed Broccoli  Caesar Salad  Roll  Watermelon | ***8***  **\*Italian Grill Cheese**  **Toasted Meatball Sub**  Macaroni Salad  Tomato Soup  Mixed Fruit | |
| **11**  **No School** | **12**  **No School** | | **13**  **\* Manti's Pizza**  **Cubano Sandwich**  Baked Fries  Green Beans  Caesar Salad  Strawberries | **14**  **Chicken Nuggets**  **Grilled Chicken BLT Sub**  Mashed Potato  Hummus and Celery Sticks  Steamed Carrots  Mixed Berries | **15**  **Breakfast for Lunch( Eggs,\* Bacon, French Toast Sticks and Hash Browns)**  Turkey Cheese Sub with Goldfish  Carrot Sticks and Ranch  Yogurt  Mixed Fruit | |
| **18**  **Chicken Patty**  **\*Garden Burger**  Baked Fries  Steamed Broccoli  Garden Salad  Apples | **19**  **Caesar Salad Bar\***  **Chicken Patty Sandwich with**  **Baked Chips**  Broccoli  Garlic Knot Roll  Apple Sauce Cups | | **20**  **\* Monti's Pizza**  **Chef's Choice**  Baked Fries  Peas  Celery Sticks and Ranch  Tossed Salad  Strawberries | **21**  **\*Mozzarella Sticks with**  **Marinara Sauce**  **Buffalo Chicken Patty Sandwich**  Baked Spiral Fries  Corn  Roll  Pears | **22**  **Pasta with Meat or Marinara Sauce\***  **Toasted Meatball Sub**  Macaroni Salad  Tomato Soup  Caesar Salad  Mixed Fruit | |
| **25**  **Twin Dogs**  **\*Garden Burger**  Baked Fries  Baked Maple Beans  Mixed Fruit | **26**  **\*Macaroni and Cheese Bar**  **Chicken Patty Sandwich**  Steamed Broccoli  Garden Salad  Fresh Apples | | **27**  **No School** | **28**  **No School** | **29**  **No School** | |
| **Lunch $3.50**  **Reduced Lunch$.40**  **Milk/Bottled Water/Juice $.70**  **Check - Food Service News Letter for monthly promos**  <http://schools.shrewsburyma.gov/foodsvc/index.cfm>  Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens. | | | ***All Lunches include: 1 Milk, 1 Juice, Grains, Protein Selections and Fruit and Vegetable Bars. Additionally Served Daily: \*Peanut Butter Sandwiches, Assorted Sandwiches, \*Breakfast Bags (Cereal, Muffin or Bagel, Yogurt and Fruit) Assorted Grab and Go Meals and Daily Meal Specials.*** | | ***C:\Users\bnichols\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.MSO\E1124341.tmp*** | |

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