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| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | C:\Users\bnichols\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.MSO\3A13D9E8.tmp |  | **11/1****Chicken Nuggets****\*Vegetarian Wrap /Baked Chips**Mashed PotatoBroccoli with Cheese SauceDipping SaucesPears |  |
| **4****Burger Bar and Toppings****\*Veggie Burger** Baked FriesGarlic Green BeansCarrot Sticks and HummusPeaches | **5****Popcorn Chicken Bowl****Toasted Italian Sub with Baked Chips**Mashed PotatoCornGravyCarrot Sticks and Ranch DipWheat RollSliced Pears | **6****\* Monti's Pizza** **Chef's Choice**Baked Sweet Potato FriesPeasTossed SaladStrawberries | **7****Chicken Penne Casserole** **Italian Sub with****Baked Chips**Steamed BroccoliCaesar SaladRollWatermelon | ***8*****\*Italian Grill Cheese****Toasted Meatball Sub**Macaroni SaladTomato SoupMixed Fruit |
| **11****No School** | **12****No School**  | **13****\* Manti's Pizza****Cubano Sandwich**Baked FriesGreen BeansCaesar SaladStrawberries | **14****Chicken Nuggets****Grilled Chicken BLT Sub** Mashed Potato Hummus and Celery SticksSteamed CarrotsMixed Berries | **15****Breakfast for Lunch( Eggs,\* Bacon, French Toast Sticks and Hash Browns)**Turkey Cheese Sub with GoldfishCarrot Sticks and RanchYogurtMixed Fruit |
| **18****Chicken Patty** **\*Garden Burger**Baked FriesSteamed BroccoliGarden SaladApples | **19****Caesar Salad Bar\*****Chicken Patty Sandwich with****Baked Chips**Broccoli Garlic Knot RollApple Sauce Cups | **20****\* Monti's Pizza****Chef's Choice**Baked FriesPeasCelery Sticks and RanchTossed SaladStrawberries | **21****\*Mozzarella Sticks with** **Marinara Sauce****Buffalo Chicken Patty Sandwich**Baked Spiral FriesCornRollPears | **22****Pasta with Meat or Marinara Sauce\*****Toasted Meatball Sub**Macaroni SaladTomato SoupCaesar SaladMixed Fruit |
| **25****Twin Dogs****\*Garden Burger**Baked FriesBaked Maple BeansMixed Fruit | **26****\*Macaroni and Cheese Bar****Chicken Patty Sandwich**Steamed BroccoliGarden SaladFresh Apples | **27****No School** | **28****No School** | **29****No School** |
| **Lunch $3.50****Reduced Lunch$.40****Milk/Bottled Water/Juice $.70****Check - Food Service News Letter for monthly promos**<http://schools.shrewsburyma.gov/foodsvc/index.cfm>Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens. | ***All Lunches include: 1 Milk, 1 Juice, Grains, Protein Selections and Fruit and Vegetable Bars. Additionally Served Daily: \*Peanut Butter Sandwiches, Assorted Sandwiches, \*Breakfast Bags (Cereal, Muffin or Bagel, Yogurt and Fruit) Assorted Grab and Go Meals and Daily Meal Specials.*** | ***C:\Users\bnichols\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.MSO\E1124341.tmp*** |

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