# Shrewsbury High School December 2nd thru December 6th

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| MONDAY<br><br>Station:1-2<br>Station:3-4-5<br>Station: 6-7<br>Station:8-9<br>Grab and Go<br>Sandwiches:<br>Soup: | <br><br>Chicken Patty Sandwich with Caesar Salad<br>"SHS" Mashed Potato Bowl with Corn and Dinner Roll<br>Made to Order Deli<br>Made to Order Taco Salad Bowl<br>Chicken Caesar Salad and Cheese and Cracker Plate<br>All American Sub and Assorted Sandwiches w/ Fruit<br>Minestrone |
| TUESDAY<br>Station:1-2<br>Station:3-4-5<br>Station: 6-7<br>Station:8-9<br>Grab and Go<br>Sandwiches:<br>Soup: | Professional Day No School |
| WEDNESDAY<br>Station:1-2<br>Station:3-4-5<br>Station: 6-7<br>Station:8-9<br>Grab and Go<br>Sandwiches:<br>Soup: | <br>Buffalo Chicken Patty with Celery and Carrot Sticks and Dipping Sauce<br>Italian Grilled Cheese with Marinara Sauce and Green Beans<br>Made to Order Deli<br>Made to Order Taco Salad Bowl<br>Chicken Caesar Salad & Cheese & Cracker Plate<br>All American Sub and Assorted Sandwiches w/ Fruit<br>Mexican Tortilla Soup |
| THURSDAY<br>Station:1-2<br>Station:3-4-5<br>Station6-7<br>Station:8-9<br>Grab and Go<br>Sandwiches:<br>Soup: | <br>Monti's Pizza with Fries and Orange Wedges<br>Western Burger with Fries and Coleslaw<br>Made to Order Deli<br>Made to Order Chicken Caesar Salad<br>Chicken Caesar Salad & Cheese and Cracker Plate<br>All American Sub and Assorted Sandwiches w/ Fruit<br>Broccoli Cheddar Soup |
| FRIDAY<br>Station:1-2<br>Station:3-4-5<br>Station: 6-7<br>Station:8-9<br>Grab and Go<br>Sandwiches:<br>Soup: | <br>Chicken Patty Sandwich with Pasta Salad and Fruit<br>Buffalo Chicken Flat Bread with Salad Bar<br>Made to Order Deli<br>Made to Order Chicken Caesar Salad<br>Chicken Caesar Salad & Cheese and Cracker Plate<br>All American Sub and Assorted Sandwiches and Fruit<br>Clam Chowder |

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| Reduced Lunch$.40<br>Lunch $3.75<br>Cycle 3<br><br>----------<br>USDA Is an equal opportunity provider and employer. | **MEALS INCLUDE: Assorted Milks, (M) FRUIT(F) and VEGETABLE(V) BAR, Assorted Fruits(F), Juices(F) and Vegetables(V), Grains(G) and Proteins(P)**<br>**ALL LUNCHES MUST INCLUDE 3 MEAL COMPONENTS AND 1 OF THE 3 MUST BE A FRUIT(F) OR VEGETABLE (V)**<br>**Black Bean and Veggie Burgers available daily at Deli**<br>**High School menu posted at www.shrewsbury-ma.gov/school**<br>**Email Comments and Suggestions to:**<br>**lphipps@shrewsbury.k12.ma.us**<br>**Please call the cafeteria Manager at your school if you have questions about food ingredients, allergens or gluten free choices**<br>***Additional meals are offered in addition to those on the Menu*** |