

# LUNCH

***MARCH 2024***

## Shrewsbury High School

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Cheese Burger or Gardenburger and Pea Salad Chicken Patty Sandwich w/ Pea Salad Ham and Cheddar or Vegetarian Sub Brunch Bag Macaroni Salad Celery Sticks and Hummus Steamed Broccoli Garden Salad Oranges</p>
<p>4</p> <p>Italian Grill Cheese with Marinara Sauce and Squash Medley Chicken Patty Sandwich w/ Squash Medley Chicken or Vegetarian Salad Wrap Brunch Bag Macaroni Salad Tossed Salad Rolls Oranges</p>	<p>5</p> <p>½ Day Breakfast served Bagged Lunches To Go</p>	<p>6</p> <p>Monti's Pizza and Steamed Broccoli Hamburger/Cheeseburger w /Steamed Broccoli Turkey and Swiss or Vegetarian and Swiss Sub Brunch Bag Pasta Salad Hummus and Veggies Spring Mix Salad Peaches</p>	<p>7</p> <p>Chicken /Vegetarian Caesar Salad and Garlic Bread Stick Buffalo Chicken Patty w Celery Sticks and Ranch Dip Roast Beef or Vegetarian w/ Herb Spread on Brioche Bread Brunch Bag Spinach Salad Potato Salad Mixed Fruit</p>	<p>8</p> <p>Mozzarella Sticks with Marinara Sauce and Squash Medley Chicken Patty Sandwich w Squash Medley Chicken Salad or Vegetarian Wrap Brunch Bag Macaroni Salad Tossed Salad Rolls Oranges</p>
<p>11</p> <p>Toasted Meatball Sub w/Melted Cheese and Fresh Garlic Green Beans Veggie Melt Sub w/ Fresh Garlic Green Beans Ham and Swiss or Turkey and Swiss on Wheat Brunch Bag Macaroni Salad Caesar Salad Mixed Fruit</p>	<p>12</p> <p>Popcorn Chicken Bowl Buffalo Chicken or Gardenburger w Corn Tukey or Vegetarian Herb Spread Wrap Brunch Bag Potato Salad Broccoli Salad Tossed Salad Pears</p>	<p>13</p> <p>Monti's Pizza and Steamed Squash Medley Hamburger/Cheeseburger w Steamed Squash Medley Buffalo Chicken or Gardenburger Sub Brunch Bag Carrot Sticks and Dip Pasta Salad Spring Mix Salad Apples</p>	<p>14</p> <p>Taco Salad- Beef or Vegetarian Turkey or Tuna Bacon and Cheese Croissant Buffalo Chicken Patty Sandwich w Celery Sticks and Hummus Italian or Vegetarian Subs Brunch Bag Steamed Carrots Potato Salad Tossed Salad Peaches</p>	<p>15</p> <p>Cheese Burger or Gardenburger and Pea Salad Chicken Patty Sandwich w Pea Salad Ham and Cheddar or Vegetarian and Cheddar Sub Brunch Bag Macaroni Salad Celery Sticks and Hummus Steamed Broccoli Garden Salad Oranges</p>

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<p>18</p> <p>Chicken Parmesan Sub with Fresh Garlic Green Beans Garden Burger with Fresh Garlic Green Beans Turkey and Cheese or vegetarian and Cheese Sub Brunch Bag Tri Bean Salad Pasta Salad Caesar Salad Pears</p>	<p>19</p> <p>Nacho's Beef, Chicken or Bean w/Toppings Buffalo Chicken Patty w/Carrot Sticks and Blue Cheese Dip Ham and Cheese or Vegetarian Wrap Brunch Bag Steamed Carrots Potato Salad Garden Salad Apples</p>	<p>20</p> <p>Monti's Pizza and Steamed Broccoli Hamburger/Cheeseburger w Steamed Broccoli Turkey and Swiss or Vegetarian and Swiss Sub Brunch Bag Pasta Salad Hummus and Veggies Spring Mix Salad Peaches</p>	<p>21</p> <p>Chicken /Vegetarian Caesar Salad and Garlic Bread Stick Buffalo Chicken Patty w Celery Sticks and Ranch Dip Roast Beef or Vegetarian w/ Herb Spread on Brioche Bread Brunch Bag Spinach Salad Potato Salad Mixed Fruit</p>	<p>22</p> <p>Orange Chicken, Rice, Oriental Vegetables, Egg Roll /Dipping Sauce and Fortune Cookie Black Bean Burger w/ Pea Salad Turkey and Swiss or Sub Macaroni Salad Celery Sticks and Hummus Pea Salad Garden Salad Pineapple Chunks</p>
<p>25</p> <p>Nacho's (Beef or Bean) w/Toppings Buffalo Chicken Patty or Gardenburger w/Carrot Sticks and Blue Cheese Dip Popcorn Chicken Wrap Brunch Bag Steamed Carrots Potato Salad Garden Salad Apples</p>	<p>26</p> <p>Pasta w/Meat or Marinara Sauce/ Steamed Zucchini Chicken Patty w/ Potato Salad Hummus Veggie Wrap Brunch Bag Garden Salad Garlic Stick Berry Cups</p>	<p>27</p> <p>Monti's Pizza w/ Fresh Mixed Vegetables Hamburger/Cheeseburger w/Fresh Mixed Vegetables Turkey and Cheese or Vegetarian and Cheese on Wheat Brunch Bag Spring Mix Salad Pasta Salad Tri Bean Salad Pears</p>	<p>28</p> <p>Taco Salad- Beef or Vegetarian Turkey or Tuna Bacon and Cheese Croissant Buffalo Chicken Patty Sandwich w Celery Sticks and Hummus Italian or Vegetarian Subs Brunch Bag Steamed Carrots Potato Salad Tossed Salad Peaches</p>	<p>29</p> <p>Chicken Fajita or Vegetable Bomb w/ Pea Salad Chicken Patty or Gardenburger Sandwich w /Pea Salad Ham and Cheddar or Vegetarian and Cheddar Sub Brunch Bag Macaroni Salad Celery Sticks and Hummus Steamed Broccoli Garden Salad Oranges</p>
<p>Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens.</p> <p><b>Menus are subject to change.</b></p> <p><b>Breakfast is served daily.</b></p>		<p>Brunch Bag Include: A Grain: Bagel, Muffin or Cereal, Milk, Fruit and Protein: Yogurt, Cheese or Hard-Boiled Egg</p> <p>All Lunches Include: Protein, Grain, Milk, Fruit and Vegetable Components</p>		<p><b><i>Meals are free for all students through June 30,2024.</i></b></p>

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