

# LUNCH

***JANUARY 2024***


## Shrewsbury Elementary Schools

| Monday                                                                                                       | Tuesday                                                                                                                    | Wednesday                                                                                                                                                                      | Thursday                                                                                                                        | Friday                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| 1<br>New Year's Day<br>Happy New Year                                                                        | 2<br>Hot Dog (Beef/Pork Combo)<br>Grilled Cheese<br>Corn<br>Baked Beans<br>Tossed Salad<br>Peaches                         | 3<br>Breakfast for Lunch (Mini Pancakes, Scrambled Eggs and Bacon)<br>Toasted Ham and Cheese on a Croissant /Pretzels<br>Steamed Carrots<br>Macaroni Salad<br>Mixed Fruits     | 4<br>Chicken Tenders or Garden Burger<br>Brunch Bag<br>Baked Fries<br>Mixed Vegetables<br>Celery Sticks and Ranch Dip<br>Apples | 5<br>Nachos(Bean or Beef) w/Toppings (Cheese, Salsa, Lettuce, Sour Cream)<br>Brunch Bag<br>Corn<br>Oranges             |
| 8<br>Monti's Pizza<br>Chef's Choice<br>Steamed Broccoli<br>Pasta Salad<br>Carrot Sticks and Hummus<br>Apples | 9<br>½ Day<br>Bagged Lunches To Go                                                                                         | 10<br>Pizza Bites/Marinara Sauce<br>Toasted Ham and Cheese on a Croissant /Pretzels<br>Pasta Salad<br>Green Beans<br>Mixed Fruits                                              | 11<br>Cheeseburger or Gardenburger<br>Brunch Bag<br>Baked Fries<br>Steamed Carrots<br>Garden Salad<br>Orange Wedges             | 12<br>Mozzarella Sticks /Marinara Sauce<br>Chicken Patty/ Chips<br>Mixed Vegetables<br>Tossed Salad<br>Roll<br>Peaches |
| 15<br>Martin Luther King Day<br>No School                                                                    | 16<br>Pasta w/Marinara Sauce and Meatballs<br>Brunch Bag<br>Steamed Green Beans<br>Tossed Salad<br>Garlic Bread<br>Peaches | 17<br>BreakfastSandwich(Egg/Cheese or Egg Cheese and Bacon)<br>Toasted Ham and Cheese on a Croissant /Pretzels<br>Hash Browns<br>Steamed Carrots<br>Macaroni Salad/Mixed Fruit | 18<br>Macaroni and Cheese and Brunch Bag<br>Mixed Vegetables<br>Hummus and Celery Sticks<br>Bread Stick<br>Apples               | 19<br>Chicken Nuggets<br>Grilled Cheese Sandwich<br>Mashed Potatoes<br>Garden Salad<br>Corn<br>Roll<br>Pears           |

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| 22<br>Monti's Pizza<br>Chef's Choice<br>Steamed Broccoli<br>Pasta Salad<br>Carrot Sticks and Hummus<br>Pears                                                                                               | 23<br>Nachos-Bean or Beef<br>w/Toppings (Cheese, Salsa,<br>Lettuce, Sour Cream)<br>Brunch Bag<br>Corn<br>Apples | 24<br>Pizza Bites/Marinara Sauce<br>Toasted Ham and Cheese on a<br>Croissant /Pretzels<br>Roll<br>Pasta Salad<br>Green Beans<br>Mixed Fruits                                                            | 25<br>Cheeseburger or<br>Gardenburger<br>Brunch Bag<br>Baked Fries<br>Steamed Carrots<br>Garden Salad<br>Orange Wedges | 26<br>Mozzarella Sticks /Marinara<br>Sauce<br>Chicken Patty/ Chips<br>Mixed Vegetables<br>Tossed Salad<br>Roll<br>Peaches |
| 29<br>Monti's Pizza<br>Turkey and Cheese on a<br>Roll w/Goldfish<br>Steamed Broccoli<br>Pasta Salad<br>Carrot Sticks and Hummus<br>Apples                                                                  | 30<br>Macaroni and Cheese<br>Brunch Bag<br>Steamed Broccoli<br>Tossed Salad<br>Bread Stick<br>Peaches           | 31<br>Breakfast for Lunch (Mini<br>Pancakes, Scrambled Eggs and<br>Bacon)<br>Toasted Ham and Cheese on a<br>Croissant /Pretzels<br>Steamed Carrots<br>Macaroni Salad/Mixed Fruit                        |                                                                                                                        |                                        |
| Please call the Cafeteria Manager at your child's school if<br>you have questions about food ingredients or allergens.<br><br><b>Menus are subject to change.</b><br><br><b>Breakfast is served daily.</b> |                                                                                                                 | Brunch Bag Include: A Grain: Bagel, Muffin or Cereal, Milk,<br>Fruit and Protein: Yogurt, Cheese or Hard-Boiled Egg<br><br>All Lunches Include: Protein, Grain, Milk, Fruit and Vegetable<br>Components |                                                                                                                        | <b><i>Meals are free<br/>for all students<br/>through June<br/>30,2024.</i></b>                                           |

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