LUNCH

JANUARY 2022

Shrewsbury Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
3 Monti's Pizza Turkey and Cheese on a Roll w/Goldfish Pasta Salad Carrot Sticks and Hummus Fruit	4 Hot Dog Vegetable Cheese Quesadilla Baked Fries Peas Brunch Bag Fruit	5 Grilled Cheese Sandwich Turkey and Cheese Sub/ Pretzels Broccoli Cuts and Dip Pasta Salad Fruit	6 Cheese Burger or Garden Burger Ham and Cheese on a Roll Baked Fries Corn Orange Wedges	7 Meat Ball Sub w/Melted Cheese Brunch Bag Tossed Salad Green Beans Apple
10 Monti's Pizza Tuna Salad Roll Up/Pretzels Steamed Broccoli Garden Salad Fruit	11 Chicken Nuggets Brunch Bag Baked Fries Roll Corn Fruit	12 Mozzarella Sticks/Marinara Sauce Ham and Cheese Sandwich on a Roll/Pretzels Roll Green Beans Orange Wedges	13 Chicken Patty or Garden Burger Brunch Bag Baked Fries Carrot Sticks and Hummus Apples	14 Pasta w Meat or Marinara Sauce Turkey and Cheese Roll Up/Baked Chips Peas Roll Fruit
17 No School MLK Day	18 Baked Macaroni and Cheese Brunch Bag Peas Roll Garden Salad Fruit	19 Grilled Cheese Sandwich Turkey and Cheese Sub/ Pretzels Broccoli Cuts and Dip Pasta Salad Fruit	20 Cheese Burger or Garden Burger Tuna Salad Roll Up/Pretzels Baked Fries Corn Orange Wedges	21 Meat Ball Sub w/Melted Cheese Vegetable Cheese Quesadilla Tossed Salad Green Beans Apple

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24 Monti's Pizza Tuna Salad Roll Up/Pretzels Steamed Broccoli Garden Salad Fruit	25 Chicken Nuggets Brunch Bag Baked Fries Roll Corn Fruit	26 Mozzarella Sticks/Marinara Sauce Ham and Cheese Sandwich on a Roll/Pretzels Roll Green Beans Orange Wedges	27 Chicken Patty or Garden Burger Brunch Bag Baked Fries Carrot Sticks and Hummus Apples	28 Pasta w Meat or Marinara Sauce Turkey and Cheese Sub/Baked Chips Peas Roll Fruit
31 Monti's Pizza Turkey and Cheese on a Roll w/Goldfish Pasta Salad Carrot Sticks and Hummus Fruit				
Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens. **Menus are subject to change.**		Brunch Bag Include: A Grain: Bagel, Muffin or Cereal, Milk, Fruit and Protein: Yogurt , Cheese or Hard Boiled Egg All Lunches Include: Protein ,Grain ,Milk, Fruit and Vegetable Components		***Meals are free for all students through June 30,2022***

USDA is an equal opportunity provider and employer