



LUNCH

FEBRUARY 2024

Shrewsbury High School

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p>Chicken /Vegetarian Caesar Salad and Garlic Bread Stick Buffalo Chicken Patty w /Celery Sticks and Ranch Dip Roast Beef or Vegetarian w/ Herb Spread on Brioche Bread Brunch Bag Spinach Salad Potato Salad Mixed Fruit</p>	<p>2</p> <p>Italian Grill Cheese with Marinara Sauce and Squash Medley Chicken Patty Sandwich w/ Squash Medley Chicken or Vegetarian Salad Wrap Brunch Bag Macaroni Salad Tossed Salad Rolls Oranges</p>
<p>5</p> <p>Buffalo Chicken Dip w/Carrot and Celery Sticks and Chips Veggie Melt Sub w/ Fresh Garlic Green Beans Ham and Swiss or Turkey and Swiss on Wheat Brunch Bag Macaroni Salad Caesar Salad Mixed Fruit</p>	<p>6</p> <p>½ Day Breakfast Served Bagged Lunches</p>	<p>7</p> <p>Monti's Pizza and Steamed Squash Medley Hamburger/Cheeseburger w/ Steamed Squash Medley Buffalo Chicken or Gardenburger Sub Brunch Bag Carrot Sticks and Dip Pasta Salad Spring Mix Salad Apples</p>	<p>8</p> <p>Taco Salad- Beef or Vegetarian Buffalo Chicken Patty Sandwich w Celery Sticks and Hummus Italian or Vegetarian Subs Brunch Bag Steamed Carrots Potato Salad Tossed Salad Peaches</p>	<p>9</p> <p>Orange Chicken, Rice, Oriental Vegetables, Egg Roll and Fortune Cookie Chicken Patty or Black Bean Burger Sandwich w/ Pea Salad Gobbler Sandwich (Turkey, Stuffing, Cranberry Mayo) on Sourdough Brunch Bag Macaroni Salad Celery Sticks and Hummus Pea Salad Garden Salad Pineapple Chunks</p>
<p>12</p> <p>Chicken Parmesan Sub with Fresh Garlic Green Beans Garden Burger with Fresh Garlic Green Beans Turkey and Cheese or Vegetarian Cheese Sub Brunch Bag Tri Bean Salad Pasta Salad Caesar Salad Pears</p>	<p>13</p> <p>Nacho's (Chicken or Bean) w/Toppings Buffalo Chicken Patty/Black Bean Patty w/Carrot Sticks and Blue Cheese Dip Ham and Cheese on a Bulkie Brunch Bag Steamed Carrots Potato Salad Garden Salad Apples</p>	<p>14</p> <p>Monti's Pizza and Steamed Broccoli Hamburger/Cheeseburger/Gardenburger w /Steamed Broccoli Turkey and Swiss or Vegetarian Swiss Sub Brunch Bag Pasta Salad Hummus and Veggies Spring Mix Salad Peaches</p>	<p>15</p> <p>Chicken /Vegetarian Caesar Salad and Garlic Bread Stick Buffalo Chicken Patty w Celery Sticks and Ranch Dip Roast Beef or Vegetarian w/ Herb Spread on Brioche Bread Brunch Bag Spinach Salad Potato Salad Mixed Fruit</p>	<p>16</p> <p>Mozzarella Sticks with Marinara Sauce and Squash Medley Chicken Patty Sandwich w Squash Medley Pesto Chicken or Vegetable Pesto Wrap Brunch Bag Macaroni Salad Tossed Salad Rolls Oranges</p>

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FEBRUARY 2024

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26 Toasted Meatball Sub w/Melted Cheese and Fresh Garlic Green Beans Veggie Melt Sub w/ Fresh Garlic Green Beans Ham and Swiss ,Turkey and Swiss or Vegetarian and Swiss on Wheat Brunch Bag Macaroni Salad Caesar Salad Mixed Fruit	27 Popcorn Chicken Bowl Buffalo Chicken or Gardenburger w Corn Roast Beef, Vegetarian or Tukey/Herb Spread Wrap Brunch Bag Potato Salad Broccoli Salad Tossed Salad Pears	28 Monti's Pizza and Steamed Squash Medley Hamburger/Cheeseburger w /Steamed Squash Medley Buffalo Chicken or Black Bean Patty Sub Brunch Bag Carrot Sticks and Dip Pasta Salad Spring Mix Salad Apples	29 Taco Salad- Beef or Vegetarian Turkey or Tuna Bacon and Cheese Croissant Buffalo Chicken Patty or Gardenburger Sandwich w /Celery Sticks and Hummus Italian Subs Brunch Bag Steamed Carrots Potato Salad Tossed Salad Peaches	3/1 Cheese Burger or Gardenburger and Pea Salad Chicken Patty or Gardenburger Sandwich w Pea Salad Ham and Cheddar Sub Brunch Bag Macaroni Salad Celery Sticks and Hummus Steamed Broccoli Garden Salad Oranges
Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens. Menus are subject to change. Breakfast is served daily.		Brunch Bag Include: A Grain: Bagel, Muffin or Cereal, Milk, Fruit and Protein: Yogurt, Cheese or Hard-Boiled Egg All Lunches Include: Protein, Grain, Milk, Fruit and Vegetable Components		<i>Meals are free for all students through June 30,2024.</i>

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