Dear Parents

Shrewsbury Public Schools participates in the National School Lunch and Breakfast Program . As part of this program, Shrewsbury Public Schools offers healthy meals to students every school day. Meals will be available to all students at no charge this year, regardless of household income through June 30,2023. Students must take the required meal components to get a free meal. A free breakfast must include a milk, fruit and grain . A free lunch must include 3 of these 5 meals components(Protein, Milk, Grain, Fruit and Vegetable) and one component must be a fruit or vegetable. Students must take the required meal components to get a free meal. Students will receive 1 free breakfast and 1 free lunch daily. Students will be charged if they take a second lunch or breakfast.

This year breakfast will be served at all the schools in the district. Additionally a-la-carte items will be offered in the cafeterias. Students can use funds on their Meal Magic accounts or pay with cash for a-la-carte items.

Parents should fill out the online free and reduced meal application <u>https://shrewsbury.familyportal.cloud/</u> to qualify for free or reduced fees for other school programs: bussing, extended day etc.

Sincerely Beth Nichols Food Service Director <u>bnichols@shrewsbury.k12.ma.us</u>