



TAKE CHARGE HOOPS SUMMER BASKETBALL CLINIC

The Shrewsbury High School Boys Varsity Basketball Coaches, Adrian Machado, Gerry Nowosacki will be sponsoring a 4 FULL-day basketball clinic. The focus will be on individual skills through the use of time-oriented drill stations.

Our Philosophy: *"Good competitive skills influence values for a good student athlete, and hard work promotes success."*

Goal: *To learn, relearn and execute the fundamentals of basketball to enhance one's skills to be a better player and team mate.*

*** THE PROGRAM IS FOR BOYS AND GIRLS IN GRADES 3rd THROUGH 12th ***

Where: Shrewsbury High School Field House

When: MONDAY through THURSDAY (6/26/17 - 6/29/17)

Time: Daily sessions will run from sign in at 9:00 am, and program From 9:30 AM to 3 PM

Cost: Total cost of the program will be \$175

The clinic will be conducted using groups based on grade level and gender where appropriate. **Coaches Machado and Nowosacki** will coordinate all activities with the support and assistance of former players and High School coaches that have distinguished themselves in our communities. It is with their expertise and experience that instruction and guidance will be provided.

The daily routine will consist of:

- ➡ Warm up techniques and conditioning
- ➡ Drill stations for skill development
- ➡ Group instruction and demonstrations for individual and team strategies

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NAME: _____ M____ F____ AGE: _____ GRADE: _____

ADDRESS: _____ TELEPHONE: _____ E-Mail: _____

I, Parent/Guardian agree by enrolling my son/daughter that he/she is physically and mentally able to participate in all of the clinic activities. In case of a medical emergency and I cannot be reached, I hereby give permission to the staff to pursue emergency medical services to secure appropriate medical treatment for my child. I understand that my medical insurance is expected to cover my child for injuries.

Name of your Medical Insurance Company: _____

Signed: _____ Date: _____
Parent/guardian

TUITION: \$ 175 (\$ 10.00 reduced rate for siblings)
Mail checks to: TAKE CHARGE HOOPS
21 Shepard Lane
Shrewsbury, MA. 01545

CHECKS PAYABLE TO: TAKE CHARGE HOOPS
Questions? Contact
Gerry Nowosacki
508-842-6014 or gym21rat@aol.com