

Hello All,

Thank you for your interest in the Shrewsbury AAU Colonials program. 2018 will be the second season for the Colonials 12U "Super Division" team and we are excited about the following plans:

- Play in the EBL (Eastern Baseball League) in 2018
- Games will be double headers on either Saturday or Sunday between late March to early June
- Our schedule will allow for 25 to 30 games during the regular season. Home field in Shrewsbury
- The team will fund/play in at least 1 tournament, location to be determined
- Once-a-week indoor practices will begin in early January at a local baseball facility (planning on Hit Quarters at Shrewsbury Athletic Club)
- Hitting and pitching instructors will work with the players during the offseason training program
- A dedicated night of hitting / cross-training at Peak Fitness on Plantation Street in Worcester

The Colonials are a non-profit, volunteer organization for the sole purpose of developing local baseball player's skills, abilities, teamwork, and love of the game. The emphasis is teaching and reinforcing fundamentals from an offense, defense and overall baseball perspective.

- ➤ Hit & run
- Leading, stealing and proper base running
- Working counts to an offensive advantage for both hitting and base running
- Proper balance and technique for infield and outfield
- > Cutoffs from both the infield and outfield perspective
- ➤ Pickoffs and coverages of all bases
- > Fielding bunts, double plays
- ➤ Handling adversity
- Practice and game decorum

We will be able to set this schedule, provide some unique developmental "Hit Fit" cross training sessions, with uniform, apparel and helmet for approximately \$1,400 per player. Please know every dollar is being spent on behalf of the boys as this is a non-profit initiative. Our program allows the boys to play in a highly competitive environment with **little to no interference to the town Little League games.**

If your son wishes to tryout in late July, please connect with us using the contact information below. Players will be evaluated for available roster spots and notified of results shortly thereafter.

Regards,

Chris Marques (508) 579-2537 chris.marques@allscripts.com



Shrewsbury Colonials 12U AAU Baseball Program

2018 Tryout Registration and Waiver Form

July 30, 2017 @ 5:00pm North Shore Field, Shrewsbury

Player Name		
Mailing Address		
Town	State	Zip
Date of Birth/		
Email(s)		
Telephone: Home (_	
Cell (
Parent/Guardian Name(s)		
Position #1 Position #1	_ Bat: Rt Lt Both	Throw: Rt Lt
Waiver of Liability, Release, Assumption of Risk & I The Participant and/or participant's parent('s)/guardian(with participating in this program/tryout. The parent/guardian of the above listed player, hereby a Colonials' program/tryouts. Also, I hereby release, independ any of its directors, officers, coaches, agents, affiliate claim by or on behalf of the participant as a result of participant care prescribed by a medical doctor, EMT or nu	es, sponsors, and associate ticipation in the program.	participation in "Shrewsbury urmless "Shrewsbury Colonials' ed personnel against any legal I also give my consent for all
Parent/Legal Guardian Signature I	Date	

"It's hard to beat a person who never gives up!"—Babe Ruth

Send completed registration to Chris Marques (preferred by email):