



SYHA is dedicated to bringing the joy of hockey and learn-to-play access to as many families as possible. We do this each year through various learn-to-play programs and partnerships that build upon each other and afford families various levels of commitment and innovative ways to get players involved. We are excited to announce our Shrewsbury Youth Hockey Learn-to-play-Hockey programs for 2016-2017

### **SHREWSBURY HOUSE LEAGUE WINTER**

Shrewsbury's 'House League' is the Shrewsbury Youth Hockey Association (SYHA) Learn-to-Play-Hockey program. This program teaches basic hockey skills to children ages 4 to 8. The program includes skating, hockey skills instruction and hockey games. No prior skating or hockey experience is required, however full hockey gear is required. Our coaches are a mix of certified youth hockey coaches and parents who volunteer their time, hockey knowledge and experience. The House League plays cross ice hockey and uses USA Hockey ADM on ice instruction and drills. Players receive a new hockey jersey and are aligned in House teams that play each other and practice together.

SYHA House League ***starts up immediately after the Little Bruins Program*** and many of our Little Bruins players roll right into our House League program and most of our House League players move on to the Shrewsbury Youth Hockey teams and play competitive hockey for years. Most of our parents/players sign up to develop their skating and hockey skills over the full season (Nov-Mar) following their introduction through the Little Bruins

Complete Shrewsbury House League Hockey program details can be found at <http://www.syha.net>

#### **HOUSE LEAGUE WINTER -- Runs after House League Fall and Little Bruins -- November through March**

*For any new players to hockey ages 4-8, may have USA hockey registered or played House previously*

Registration: SYHA House League 2016-2017 Hockey season is open to all Shrewsbury town residents as well as and select surrounding towns and is open now at [www.syha.net](http://www.syha.net)

Dates /Times: (16 weeks): Saturdays at 8-9 a.m. and Sundays at 8:30-9:30 a.m. (Total of 32hrs): 16 weeks of skating and hockey skill development following USA Hockey's ADM (Athletic Development Model) and will include weekly cross ice hockey games

Location: Buffone Skating Rink, Lake Avenue Worcester

Cost: \$375 – a full hockey season, team jersey, trophy ceremony, full hockey equipment is required!