



**TAKE CHARGE HOOPS
2018 SUMMER BASKETBALL CLINIC**

The Shrewsbury High School Boys Varsity Basketball Coaches, Adrian Machado, Gerry Nowosacki will be sponsoring a 4-day basketball clinic. The focus will be on individual skills through the use of time oriented drill stations. It's essential to sign up early due to time constraints and space.

*** THE PROGRAM IS FOR BOYS AND GIRLS IN GRADES 3rd THROUGH 12TH ***

Where: Shrewsbury High School Field House

When: **MONDAY thru THURSDAY (6/25 thru 6/28/2018)**

Time: Daily sessions will run from sign in at 9:30 and program ***From 10:00 AM to 3 PM***

Cost: Total cost of the program will be \$ 180. **(GROUP RATES AVAILABLE)**

Our Philosophy: *"Good competitive skills influence values for a good student athlete, and hard work promotes success."*

The clinic will be conducted using groups based on grade level, skill and gender where appropriate. **Coaches Machado and Nowosacki** will coordinate all activities with the support and assistance of former High School players. Associated College Players and **Area High School Coaches** will guide, demonstrate and provide instruction to meet learning expectations.

The daily routine will consist of:

- **Warm up techniques and conditioning**
- **Drill stations for skill development**
- **Group instruction and demonstrations for individual and team strategies**
Afternoon Group and Team challenges

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NAME: _____ **M**____ **F**____ **AGE:** _____ **GRADE:** _____

ADDRESS: _____ **TELEPHONE:** _____ **E-Mail:** _____

I, Parent/Guardian agree by enrolling my son/daughter that he/she is physically and mentally able to participate in all of the clinic activities. In case of a medical emergency and I cannot be reached, I hereby give permission to the staff to pursue emergency medical services to secure appropriate medical treatment for my child. I understand that my medical insurance is expected to cover my child for injuries.

Name of your Medical Insurance Company: _____

Signed: _____ **Date:** _____
Parent/guardian

TUITION: \$ 180 with Sibling \$5 deduction Small/Large group rates. On line Registration.
CHECKS PAYABLE TO: **TAKE CHARGE HOOPS.** (Take Charge Basketball. Com)

Mail checks to: **TAKE CHARGE HOOPS**
21 Shepard Lane
Shrewsbury, MA. 01545

Questions? Contact
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