

# **Community Bulletin**

September 11th, 2023

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the <u>School Committee policy</u>.

#### **School District Items**

- 1. Please Note Jobs for Students
- 2. Please Note Cafeteria Help Wanted
- 3. Please Note New Street Address for Shrewsbury High School
- 4. Please Note Shrewsbury Public Schools Offers Meals at No Cost for Students
- 5. Save the Date Music Drive by the Shrewsbury Schools Music/Theater Association, September 23rd

#### **Community Items**

- 1. Save the Date Shrewsbury Historical Society Events (New)
- 2. Please Note Shrewsbury Public Library Events (New)
- 3. Please Note Shrewsbury Public Library Events for Children (New)
- 4. Please Note Shrewsbury Parks & Recreation Programs (New)
- 5. Save the Date Shrewsbury Multicultural Festival, November 4th
- 6. Please Note Scarecrows on the Common, September 18th–October 20th
- 7. Save the Date SELCO Community Open House, October 6th
- 8. Save the Date Annual Reliant Foundation 5K, September 30th
- 9. Please Note Volunteers Needed for Spirit of Shrewsbury, September 23rd & 24th
- 10. Save the Date Spirit of Shrewsbury Fall Festival & Shrewsbury Got Talent, September 23rd
- 12. Save the Date Saint Mary's Church Family Festival, September 15th-17th
- 12. Save the Date Community Locker Room: Kids Playing It Forward, Sports Gear and Equipment Collection, September 16th & 17th
- 13. Save the Date India Society of Worcester Cultural and Language School Open House, September 17th

#### **Youth Athletics and Activities**

- 1. Please Note Shrewsbury Colonials Amateur Baseball Club
- 2. Please Note Shrewsbury Youth Lacrosse Fall Clinic Powered by Scoops Lacrosse
- 3. Please Note Shrewsbury Little League Girls Softball Fall Registration

### **School District Items**

#### 1. Please Note – Jobs for Students

Do you have a business who is looking to hire this fall? Shrewsbury youth are eager to work! Please complete <a href="this form">this form</a> to provide information about available positions in your company or business. Information will be posted to our highly popular and frequently visited <a href="Jobs for Students site">Jobs for Students site</a>, and you will receive an invitation to attend the SHS Job Fair in November (details TBD).

Do you have a high school student looking for an after-school or summer job? We have many local businesses looking for student employees, listed on our new <u>Jobs for Students site!</u> Every job listing contains a brief job description, instructions for how to apply for the job, and the contact person. It is the student's responsibility to connect with the employer and to apply for the job personally. This list is updated frequently, with the newest jobs listed first. Please note that if your student is under 18, they must <u>apply for a work permit</u>. Instructions for how to apply for a permit are also on the <u>Jobs for Students page</u>.

Questions? Please email <a href="mailto:kkeohane@shrewsbury.k12.ma.us">kkeohane@shrewsbury.k12.ma.us</a>. Thank you for supporting our students!

# 2. Please Note – Cafeteria Help Wanted

The Shrewsbury Food Service is looking for part-time employees, full-time employees, and substitutes to work in the school cafeterias. Days and hours are flexible. Duties include preparing food, setting up serving lines, serving students, and breakdown and clean-up. Lunch and refreshments are provided.

Please click <u>here</u> to obtain an employment application. Please forward this application to the Food Service Department C/O Shrewsbury High School, 75 Cypress Avenue, Shrewsbury MA 01545 or email to Heidi Doyle at <a href="https://hdoyle@shrewsbury.k12.ma.us">hdoyle@shrewsbury.k12.ma.us</a>. If you have any questions, please call Heidi Doyle at (508) 841-8855.

### 3. Please Note - New Street Address for Shrewsbury High School

At the May 2023 Annual Town Meeting, a change of address was approved for Shrewsbury High School, changing it from 64 Holden Street to 75 Cypress Avenue.

There are multiple reasons for making this change, including future possibility of road repairs receiving state funding and ability for the Shrewsbury Police Department to enforce moving violations on public roadways. Previously, the stretch of roadway from Holden Street to the building was considered a "driveway" and now it is a public road.

# 4. Please Note - Shrewsbury Public Schools Offers Meals at No Cost for Students

Shrewsbury Public Schools will be participating in the National School Lunch Program and the School Breakfast Program. As part of this program, Shrewsbury Public Schools will offer healthy meals every school day. The Massachusetts legislature has provided funding to make meals available at no cost to all students during the school year 2023-2024, regardless of household income. However, families should still complete a Meal Benefit Application as this provides data for key funding for academic resources and may also connect families to additional benefits. This data will also support the additional funds provided by the Commonwealth for this pilot. For more information about this program, please click here.

# 5. Save the Date – Music Drive by the Shrewsbury Schools Music/Theater Association, September 23rd

Please save the date for the 68th annual Music Drive, taking place the morning of Saturday, September 23rd. All high school theater and music students should plan to participate in this one-time, four-hour event to sell season concert tickets in our neighborhoods and help raise funds for our theater and music departments. This one event alone earns as much as \$16,000 for use by our performing arts directors and teachers, and we need full community support to accomplish this!

We are in great need of adult drivers! Each year we need 40 to 50 parents to help drive the students out on their routes. It is a tremendous task to find enough drivers to help us in this event. Please consider helping this year! Visit <a href="mayssma.com">myssma.com</a> to learn more and volunteer to drive!

# 1. Save the Date – Shrewsbury Historical Society Events (New)

#### Mountain View Cemetery Historic Tours

Please join us on Saturday, September 30th for tours of the Historic section of Mountain View Cemetery in Shrewsbury. There are 2 time slots to choose from. The first tour begins at 6:30 p.m. and the second begins at 7:45 p.m. This tour is coordinated and presented by First Congregational Church of Shrewsbury in celebration of our 300th anniversary, in conjunction with the Shrewsbury Historical Society. All speakers are from First Congregational Church. A light reception will follow. This event is free and open to the entire community. Registration is necessary so that we can plan ahead for the reception. The tour will consist of seven gravestones in the historic corner of the cemetery. Tour guides and speakers will be dressed in period attire. Your way will be lit by luminaries and lanterns. Tours last approximately one hour. Please plan to join us for an evening of fun, education, and fellowship. Plan to meet in the Church parking lot to begin your tour. Please use this Sign-up Genius link to register. Rain date is Saturday, October 14th.

<u>"Churches of Shrewsbury. Massachusetts: Past and Present. 1723-2023"</u> by Bill Whitehead on Wednesday, September 27th at 7:00 p.m. at First Congregational Church. This presentation contains many interesting facts about the churches of Shrewsbury past and present. Mr. Whitehead is a member of the First Congregational Church. Free and open to the public; refreshments provided.

Shrewsbury Historical Society presents two special events at the 1830 Brick School during the Spirit of Shrewsbury Fall Festival on Saturday, September 23rd:

"A Walk Through Shrewsbury's Past: Images from the 30's through the 70's" by Henry Grampietro, 10:00 to 11:00 a.m. This is a roundtable discussion of the book which contains photographs of events or happenings residents of Shrewsbury would have witnessed or read about from the 1930's to the early 70's. It contains pictures of sports, old ads, real estate values from the 1940's, former SHS faculty members, and elementary school class photos from the 1950's. Being a lifelong resident of town, Mr. Grampietro felt it would be fun for the older people in town to reflect on and for the newer residents to have a look into our town's past. This is his third publication.

<u>"Shrewsbury Historical Society Museum's Exhibit of Artifacts Related to the First Congregational Church"</u> – Join any time from 10:00 a.m. until 12:00 p.m. The Shrewsbury Historical Society Curator will highlight artifacts in the Museum related to Shrewsbury's First Congregational Church, including a pulpit, Bible stand, wooden rosette and finial from the sounding board, and a wooden clock hand. Artifacts related to Rev. Joseph Sumner and the Sumner family will also be featured.

Questions? Email <a href="mailto:shrewsburyhistory@townisp.com">shrewsburyhistory@townisp.com</a>.

#### 2. Please Note – Shrewsbury Public Library Events (New)

# 50+ Job Seekers Virtual Networking Group

Come meet new job seekers to expand your network, news, and views with the Massachusetts Library Collaborative's 50+ Job Seekers Group! If you are over 50 and unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this group is perfect for you.

The group meets on Zoom from 9:30 to 11:30 a.m. on first and third Wednesday mornings, with repeat sessions on the same topics offered in the evenings from 6:00 to 8:00 p.m. on second and fourth Wednesday evenings. Registration is required for each session (register <a href="here">here</a> for morning sessions; register <a href="here">here</a> for evening sessions). This group is sponsored by more than 60 Massachusetts public libraries. Find the full list of topics and registration <a href="here">here</a>. This group is sponsored by more than 60 Massachusetts public libraries.

#### SPL Spanish Conversation Club

Are you looking for a casual space in which you can practice your Spanish and learn more about the multiple cultures of those who speak that language? Join the Spanish Conversation Club most Tuesdays at the Shrewsbury Public Library (6:00 p.m. in the Learning Lab on the second floor). No registration required. Visit our <u>events calendar</u> to check dates.

¿Buscas un espacio informal en el que puedas practicar tu Español y aprender más de las múltiples culturas que hablan este idioma? Únete a nuestro club de conversación la mayoría de los martes en la biblioteca pública de Shrewsbury a las 6:00 p.m. en el laboratorio del segundo piso. No es necesario registrarse. Visita nuestro calendario de eventos para verificar citas.

#### SPL Spanish Culture Club

The Spanish Culture Club provides an open and casual learning environment outside of the classroom to promote learning and practicing the language as well as to celebrate the cultures of Spanish-speaking countries around the world. This club is not only about learning Spanish, but learning about Hispanic culture: cuisine, idioms, movies, food, and more. The group will meet every other Wednesday at 6:00 p.m. at the Shrewsbury Public Library; no registration required. Upcoming dates: September 20th.

#### Tech Tuesday: Digital Privacy and Security

Join the Shrewsbury Public Library at 6:00 p.m. in the Learning Lab for Tech Tuesdays! This program is intended for proficient computer users aged 13+ who are familiar with navigating the internet. Laptops will be provided. Space is limited, so <u>registration</u> is required.

# Wood Burning Workshop

Join the Shrewsbury Public Library on Tuesday, September 12th at 12:00 p.m. with local woodworker Frank St. Pierre for a workshop on wood burning. Participants will learn how to transfer designs to small (1/8 in.) plywood stock in various shapes and sizes using carbon paper. The design is then burned onto the wood using a special tool. The tool can be compared to a large pen or pencil with a hot tip, which is used to trace the design onto the wood. Because of the heated tip, each participant will be required to sign a liability waiver before participating. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please register to attend.

## The Sacco and Vanzetti Case: An Enduring Lesson

Join the Shrewsbury Public Library on Wednesday, September 13th at 7:00 p.m. with attorney Thomas J. Carey, Jr. for a talk on the trial of Nicola Sacco and Bartolomeo Vanzetti, one of the most widely publicized cases in Massachusetts history. The two were convicted of the murder of two men during a robbery and executed in 1927, despite widespread concerns that the trial had been unfair. The Sacco and Vanzetti case has long been considered a blot on the reputation of the judicial system. What lessons can be learned from looking back at the Sacco-Vanzetti case nearly a century later? Was it unique to its own era, or could something similar happen again today? This program will take place in person at the library; please register to attend.

# Guide to Downsizing: Presented by RightSized Living

Join the Shrewsbury Public Library on Thursday, September 14th at 3:30 p.m. to hear from an expert on all aspects of downsizing. Find out why to downsize and tips to make downsizing simpler. Learn techniques to make it easier when moving or simply just minimizing. Stress less, live more! This program will take place in person at the library; please <u>register</u> to attend.

# Learn a Simple Technique to Find Peace in a Chaotic World

Join the Shrewsbury Public Library on Thursday, September 14th at 7:00 p.m. with long-time meditator Dave Buck for this engaging workshop and short meditation sitting. Come learn a simple yet profound meditation technique which is the key to inner peace and tranquility. Whether we are students, still in the work-a-day world, or living an active retirement, stresses and strains are a common feature of everyday living. Meditation can help us relax and rise above the stress of life. Our problems do not disappear, but meditation helps to smooth out the rough patches. We begin to see with a new perspective that is positive and life affirming. This program will take place virtually on Zoom; please register to attend.

#### Naomi Westwater Concert

Join the Shrewsbury Public Library on Monday, September 18th at 7:00 p.m. for a night of music, song, and ritual with Naomi Westwater (they/she). Naomi is a queer, Black-multiracial singer-songwriter from Massachusetts. Their work combines folk music, poetry, and spirituality. Their hope is that through ritual and storytelling, they can aid nature in the end of capitalism and the return of community, creativity, and collective joy.

Naomi holds a Master of Music in Contemporary Performance and Production from Berklee College of Music, and is a part of The Club Passim Folk Collective. She was nominated for a 2021 and 2022 Boston Music Award for best singer-songwriter, and has been featured in Under The Radar, WBUR, Vanyaland, WGBH, Allston Pudding, and The Bluegrass Situation.

This program will take place in person at the library; please <u>register</u> to attend.

## Ukraine War and Vladimir Putin: Consequences Expected and Unintended

Join the Shrewsbury Public Library on Tuesday, September 19th at 7:00 p.m. for a presentation on the causes of the Ukraine war, examining the consequences for Ukraine, Russia, and the rest of the world. Some of the potential consequences beyond death and destruction are millions of people slipping into poverty, a worldwide food shortage, and a worldwide recession. The corruption in both countries' leadership is discussed. Both governments and their lack of transparency prevent the true consequences of the war being known. The role of the United States is questioned – is it fighting a third-party war? Presenter Henry Quinlan has over 36 years of experience dealing with the Soviet Union/Russia. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please register to attend.

# She Can Do It: Real/'Reel' Women & Midcentury Mysteries

Join the Shrewsbury Public Library on Thursday, September 21st at 7:00 p.m. with local suspense authors Janet Raye Stevens and Sharon Healy-Yang for an engaging, multi-media event revealing some intriguing inspirations for creating a mystery set circa WWII. Using film clips, anecdotes, and excerpts from their books, Sharon and Janet will talk about 1940s women in real as well as 'reel' life and how these smart, stylish, and wise-cracking gals in books and film inspired their own 1940s-set mysteries. If you love mysteries, movies, and lots of banter, don't miss it! This program will take place in person at the library; please register to attend.

#### Sourdough Starter Workshop with Sourdough Brandon

Join the Shrewsbury Public Library on Saturday, September 23rd at 2:00 p.m. to learn how to make, maintain, and store a sourdough starter from an expert sourdough baker and food blogger. You'll leave with many tips and tricks on how to keep your sourdough starter active, what to make with your starter, and even leave with some free sourdough starter! Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please register to attend.

#### 3. Please Note – Shrewsbury Public Library Events for Children (New)

We have some great events for children happening in September at the Library!

Friday, September 1st through Saturday, September 30th - <u>Banned Books Reading</u>
<u>Challenge</u> - For kids ages 5-12. Reading is empowering! Learn about new perspectives

and celebrate the freedom to read with books that have been challenged or banned throughout the years. Log your reading to earn badges throughout the challenge. Read any book and log it through Beanstack. Each book you log will award you a raffle ticket to enter to win your own copy of a banned book. Register <a href="here">here</a>.

- Tuesday, September 12th at 4:30 p.m. <u>High Holiday Storytime</u> Join us at the library for a High Holiday-themed story time including songs, stories, and a craft. This program is geared for kids 2-8. No registration is required; admission tokens will be handed out beginning at 4:00 p.m. and will be available until they run out.
- Monday, September 18th at 6:00 p.m. <u>Buzzz... the Bee is Here Spelling Bee for Kids</u> For kids in grades 3-5. The library is hosting a spelling bee! Participants will be picked through a lottery system. If your child gets in, you will be contacted by September 11th. If you are interested, please send the following information to <u>splkids@cwmars.org</u>: child's name and grade; parent's name, email, and phone number.

Check our online calendar for more details and registration!

# 4. Please Note - Shrewsbury Parks & Recreation Programs (New)

Pre-registration is required for all of the Parks & Recreation programs. Space is limited. Visit our <u>website</u> for more information and registration and follow us on Facebook or Instagram for updates and photos!

# Fall Program Guide

Registration for fall programs and winter youth basketball league is open! Sign up online to grab your spot today!

#### **Farmers Market**

Wednesdays, 2:30 to 6:30 p.m. at the Shrewsbury Senior Center (98 Maple Ave). Last date is September 20th.

#### Food Truck Thursdays

Thursdays, 4:00 to 8:00 p.m. at the Town Hall Lawn through October 12th

#### Freshwater Fishing Clinic

Wednesday, September 27th at 5:00 p.m. at Jordan Pond. No fee, but <u>registration</u> is required.

#### Movie in the Park

Join us at Dean Park for an outdoor family movie night on Friday, September 29th! Bring your chairs, blankets, and picnic dinners. Movie title TBD, start time is 6:30 pm.

#### Truck or Treat!

Big Truck Day meets trick or treating. Costumes and candy plus vehicles and equipment to explore sounds like a fun way to spend the day! Saturday, October 14th from 9:00 a.m. to 12:00 p.m. at Town Hall. Free and open to the public.

Please <u>click here</u> for the Parks & Recreation website.

# 5. Save the Date - Shrewsbury Multicultural Festival, November 4th

Immerse yourself in a rich array of cultures at the first-ever Shrewsbury Multicultural Festival! Embrace diversity through an enchanting blend of artistic expressions, melodic rhythms, global flavors, and time-honored customs. This festival's mission is to cultivate harmony, empathy, and intercultural respect, providing a stage for significant interactions that enhance the tapestry of our local community.

Join us on Saturday, November 4th from 12:00 to 4:00 p.m. at Oak Middle School for Shrewsbury's Multicultural Night! We are requesting community members to help host booths related to games and activities, food (licensed restaurants and businesses only), entertainment, performances, and much more! Please complete <a href="mailto:this survey">this survey</a> no later than September 15th if you are interested in participating.

#### 6. Please Note - Scarecrows on the Common, September 18th-October 20th

For the nineteenth year, the Shrewsbury Garden Club is excited to sponsor Scarecrows on the Common in conjunction with the annual Spirit of Shrewsbury Fall Festival. Shrewsbury residents, businesses, clubs, and organizations are encouraged to create a scarecrow and place it on the Town Common. Dates for the display are September 18th through October 20th. For more information, please go to <a href="https://www.ShrewsburyGardenClub.org">www.ShrewsburyGardenClub.org</a> and click on the Civic Projects link.

#### 7. Save the Date – SELCO Community Open House, October 6th

SELCO will be holding its first Community Open House on Friday, October 6th from 11:00 a.m. to 2:00 p.m. at SELCO's service area at 30 Municipal Drive. Parking will be available at Paton School. This event will feature tours of the Johnson Substation, Touch-A-Truck, kids activities, giveaways, Boston Trolley Dogs food truck, free popcorn, bounce house and inflatable games, information on rebates and incentives such as heat pumps, EVs, weatherization, yard equipment, solar, appliances and more, Electric Vehicle displays, SELCO Stream demo and raffle, green screen fun sponsored by Shrewsbury Media Connection, and more! Click <a href="here">here</a> for the event link and <a href="here">here</a> for the Facebook link.

# 8. Save the Date - Annual Reliant Foundation 5K, September 30th

On Saturday, September 30th, the annual Reliant Foundation 5K road race will be held at Shore Park in Worcester. This certified, chip-timed race attracts hundreds of runners, walkers, and spectators to raise funds in support of community grants for youth mental health and substance use prevention and recovery for people of all ages. The race starts at 9:30 a.m. with race-day registration opening at 8:30 a.m. The event features family-friendly entertainment including music by Cumulus Radio 100 FM The Pike, visits by local sports team mascots, kids' activities, refreshments, and raffles.

Early bird registration rates are available until August 31st. Online registration remains open through September 27th. To register, or for more information, visit the Reliant Foundation website. The race features prizes and awards for individuals of all ages and teams. Runners, walkers, and people of all abilities are welcome. Register by September 5th to be guaranteed a complimentary runner's jersey.

Your support makes it possible for Reliant Foundation's Community Grants Program to fund services throughout the region that boost resources and increase access to mental health and behavioral health services for children and youth; build tools for recovery for individuals struggling to break free from substance use disorder; and fund impactful education and initiatives to battle the stigma and raise awareness around these issues.

#### 9. Please Note - Volunteers Needed for Spirit of Shrewsbury, September 23rd & 24th

The Spirit of Shrewsbury committee is looking for volunteers for Saturday, September 23rd during the Spirit of Shrewsbury weekend. Minimum age is 15. Volunteers will be helping vendors load and unload their equipment and supplies, as well as any other help they need. At least 50 volunteers are needed. Shifts are Saturday, September 23rd from 7:00 to 10:00 a.m. and 2:00 to 3:30 p.m. or Sunday, September 24th from 12:00 to 2:00 p.m. and 2:30 to 3:30 p.m.

To register, complete <u>this form</u> on the Spirit of Shrewsbury website. Volunteers will be given free pizza as well as free vendor giveaways. Please meet volunteer coordinator Shyla Ram at the front desk before beginning your shift. You will receive a SOS Volunteer t-shirt when you sign in. Questions can be directed to Shyla at <u>shyla.ram09@gmail.com</u>. Thank you for supporting the Spirit of Shrewsbury!

# 10. Save the Date – Spirit of Shrewsbury Fall Festival & Shrewsbury Got Talent, September 23rd

The Spirit of Shrewsbury Fall Festival will take place on Saturday, September 23rd at Oak Middle School. There will be many activities for everyone - craft show, exhibition (expo), dog show, pie eating contest, pumpkin creations, activities for kids, Shrewsbury Got Talent competition, food vendors, and more. A parade will be held on Sunday, September 24th. Please visit the Spirit of Shrewsbury website for more details.

Please come and take part in the Shrewsbury Got Talent competition. Children can display their talents, including singing, dancing, acting, juggling, magic, martial arts, playing instruments, standup comedy, doing impressions, and anything else! Solo performances only. Prizes will be awarded to the top three in each age group category. This event is organized jointly by India Society of Worcester and the Spirit of Shrewsbury Fall Festival Committee and will take place on Saturday, September 23rd at 10:00 a.m. at Oak Middle School. <a href="Pre-registration">Pre-registration</a> is required. The registration deadline is September 20th. Information is also available on <a href="India Society">India Society</a> website and <a href="Facebook">Facebook</a>. Click <a href="here">here</a> for the flier.

# 11. Save the Date – Saint Mary's Church Family Festival, September 15th-17th

Saint Mary's Church is excited to announce that our Family Festival is right around the corner on September 15th, 16th, and 17th. We need volunteers like you to help make this event a huge success.

We're in search of volunteers for various roles such as game booths, outdoor food court, and festival maintenance (helping to keep the area clean and safe). No prior experience is necessary. Shift times are available Friday night and Saturday and Sunday during the day and are typically about 2 hours long. Documentation for service hours will be provided if desired.

If you have any questions, please contact Ms. Sulminski at <a href="mailto:stmarysfamilyfestival@gmail.com">stmarysfamilyfestival@gmail.com</a>. Please sign up to volunteer <a href="mailto:here">here</a>.

# 12. Save the Date – Community Locker Room: Kids Playing It Forward, Sports Gear and Equipment Collection, September 16th & 17th

Community Locker Room is a local non-profit organization started by a few Shrewsbury moms that collects gently used sports gear and equipment and redistributes it to children and recreation programs in surrounding under-resourced communities.

They will be collecting gear and equipment at the Town Hall in Shrewsbury on: Saturday, September 16th 10:00 AM – 12:00 PM Sunday, September 17th 10:00 AM – 12:00 PM

Being involved in sports has so many benefits for kids and teens. Please help us get these children off the sidelines and into the games by donating your gently used gear and equipment. Please click here for their flier with more information on the Community Locker Room.

# 13. Save the Date – India Society of Worcester Cultural and Language School Open House, September 17th

Registrations for Hindi, Telugu, Tamil, Kannada, Gujarati, Marathi, and online Sanskrit are now open for September – <u>click here</u> for signups. Classes start September 24th or 25th, based on language selected.

Try Indian Cultural and Yoga assembly which will be held on Sundays at 10:30 a.m. and will have a mix of various activities for kids. Conversational-level classes for adults are also offered. Early registrations by September 12th will get you free books. We also want to thank our dedicated teachers, because without them and the staff this would not have been possible. Send an email to <a href="mailtoschoollead@iswonline.org">schoollead@iswonline.org</a> for more information.

Just a reminder, India Center's Free <u>Health Stop</u> since 2005 provides health care and is open to all. It is held on Wednesdays from 6:00 to 8:00 p.m. Services are provided to anyone regardless of their financial, immigration, or insurance status.

Sign up for ISW's free newsletter for all our activities.

# **Youth Athletics and Activities**

#### 1. Please Note - Shrewsbury Colonials Amateur Baseball Club

The Shrewsbury Colonials AAU baseball program is very close to fielding a 12U team for the 2024 season. We are gathering interested candidates. The tryouts are to be determined but are tentatively scheduled for the end of August at North Shore Baseball Field, Parker Road.

Indoor training will begin mid-January into early April, incorporating a complete program with pitching and hitting instruction from qualified instructors. There will be double headers either Saturday or Sunday between early April into early June/July for a 20-25 game schedule, including tournaments. This allows the boys to play in a highly competitive environment while still playing Little League ball, with little interference.

Players will be evaluated for available roster spots and notified of results shortly thereafter. If interested, please fill out the <u>contact form</u>. A registration and waiver form will be sent to you

with more information on the teams. If you have a conflict with the tryout date, we will schedule an additional day/time for a make-up session.

If you are interested in a 12U 2024 team tryout or have any questions about the program, please contact Kevin Martin at <a href="martind1@gmail.com">martind1@gmail.com</a> and Casey Boudreau at <a href="martind1@gmail.com">casey.boudreau22@gmail.com</a>.

# 2. Please Note – Shrewsbury Youth Lacrosse Fall Clinic Powered by Scoops Lacrosse

Starting September 10th, Scoops Lacrosse will be running a 5-week fall lacrosse clinic open to boys and girls ages 3-8 in Shrewsbury. Scoops Clinics are designed for kids who are interested in learning as well as continuing their development of lacrosse. Kids will be broken into different groups based on age and/or skill levels. Most importantly, Scoops Clinics are designed for maximum amounts of fun, confidence building, and pure lacrawsomeness. The only equipment necessary is a lacrosse stick. We are pad-free at Scoops.

Click <u>here</u> to register. Reach out to <u>alison.smith@shrewsburylacrosse.com</u> with any questions!

### 3. Please Note - Shrewsbury Little League Girls Softball Fall Registration

Learn and play softball in a competitive and fun environment. The season runs from September 9th through October 22nd and is open to ages 4-16. No experience necessary. Practices will be held 1-2 times per week after school or on weekends, with one game per week held on weekends. Click <a href="here">here</a> to register. Non-Shrewsbury players are welcome if your town does not offer a fall program. Any questions? Please email us at <a href="here">shrewsburyqsb@gmail.com</a>.