

# **Community Bulletin**

December 4th, 2023

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the <u>School Committee policy</u>.

#### REMINDER - Early Release Day on Tuesday, December 5, 2023

Please be reminded that all Shrewsbury Public Schools are following an early release schedule on Tuesday, December 5, 2023, so that faculty may participate in professional development. Please see the <u>dismissal schedule</u> and view the <u>2023-2024 school year calendar</u>.

#### **School District Items**

- 1. Please Note Annual Seasons of Gratitude and Giving for the Shrewsbury Public Schools Community (New)
- 2. Please Note Shrewsbury High School Popcorn Fundraiser (New)
- 3. Save the Date Shrewsbury Public Schools Art Exhibit/Reception, December 7 (New)
- 4. Please Note Shrewsbury High School Alumni Association Grants (New)
- 5. Please Note Shrewsbury High School DECA Club in Need of Volunteers (New)
- 6. Save the Date Kids' Night Out, December 9th (New)
- 7. Please Note Friday Lunch and Learn Sessions for Shrewsbury High School Students (New)
- 8. Please Note New Jobs for Students Posted
- 9. Save the Date Winter Pop Up Market at Maple & Main, December 7th

# **Community Items**

- 1. Save the Date First Day Hike 2024, January 1st (New)
- 2. Please Note Spelling Bee Workshop (New)
- 3. Please Note Tufts "Adventures in Veterinary Medicine" Program (New)
- 4. Please Note Shrewsbury Public Library Events (New)
- 5. Please Note Shrewsbury Public Library Events for Tweens & Teens
- 6. Please Note Shrewsbury Parks & Recreation Programs (New)

- 7. Please Note Shrewsbury Historical Society Events
- 8. Please Note Shrewsbury Youth and Family Services Annual Appeal
- 9. Please Note Shrewsbury Youth and Family Services Holiday Support Group

#### **Youth Athletics and Activities**

- 1. Please Note Shrewsbury Youth Soccer Spring 2024 Season
- 2. Please Note Shrewsbury Youth Lacrosse Spring Registration Now Open

#### **School District Items**

# 1. Please Note – Annual Seasons of Gratitude and Giving for the Shrewsbury Public Schools Community (New)

During this season of gratitude and giving, Shrewsbury Public Schools (SPS) is seeking donations of the gift cards listed below (denominations of \$50 or less, please) to provide support to SPS families in need. In addition to the giving opportunities currently underway at individual schools across the district, we invite community members to contribute to this fund to further these efforts and support our students and families.

- Uber
- Visa
- Mastercard
- Target
- Walmart
- Gas cards
- Amazon
- Grocery Stores:
  - Market Basket
  - Price Chopper
  - o Shaw's
  - Stop & Shop
  - o Wegmans
  - Aldi's

Gift card donations can be dropped off to the school secretary in the main office at your child's school by Friday, December 8th. Community members who do not have children in our schools are invited to bring donations to the Shrewsbury School Department Office at the Shrewsbury Town Hall, 100 Maple Avenue.

Finally, we invite parents and caretakers to let us know if your children and family are in need of support and ask that you please complete <u>this</u> brief form. If you have any questions, please contact Ms. Felicitie Boisvert, Shrewsbury Public Schools District Social Worker at <a href="mailto:fboisvert@shrewsbury.k12.ma.us">fboisvert@shrewsbury.k12.ma.us</a> or 508-841-5303. Thank you for your time and consideration.

#### 2. Please Note – Shrewsbury High School Popcorn Fundraiser (New)

The Shrewsbury High School Senior Class is excited to announce our second annual popcorn fundraiser. We will once again be selling popcorn online with DoubleGood. These bags of popcorn would make great holiday gifts for your family and friends, or a host/hostess gift for all those holiday parties. Please help us reach our goal of selling \$5,000 worth of popcorn by either purchasing popcorn for yourself, or by sharing the link with friends and family members.

With DoubleGood, you can buy directly from the website, and order delicious gourmet popcorn that gets delivered right to your home. All proceeds go towards funding the upcoming events for the Senior class.

The <u>website</u> is now open (12/3 5pm) through 5pm on Thursday, December 7th. Thank you for your support of the Class or 2024, and we hope you enjoy the delicious popcorn! Please share the link below with friends, family, neighbors, and more!

# 3. Save the Date – Shrewsbury Public Schools Art Exhibit/Reception, December 7 (New)

Showcased art was created by students in grades K-4. A reception to recognize students will be held on Thursday, December 7th from 4:30 pm - 5:30 pm at Shrewsbury Federal Credit Union (489 Boston Turnpike). The exhibit will run during business hours through January 2nd.

### 4. Please Note – Shrewsbury High School Alumni Association Grants (New)

The Shrewsbury High School Alumni Association has awarded grants to student groups, classes, and organizations each year since 1994. Applications for this school year are being accepted through December 31. The grant program relies on contributions from alumni and friends. For information on how to donate, see <a href="https://www.shrewsburyalumni.org">https://www.shrewsburyalumni.org</a>. Details on applying for a grant can be found <a href="https://www.shrewsburyalumni.org">https://www.shrewsburyalumni.org</a>.

# 5. Please Note – Shrewsbury High School DECA Club in Need of Volunteers (New)

Shrewsbury High School's DECA (Distributive Education Clubs of America) Team is busily preparing for its first of the season DECA competition on Wednesday, January 11th and

Thursday, January 12th, and is actively seeking members of our community to volunteer as judges - for one day or two! DECA prepares emerging leaders and entrepreneurs for careers in marketing, finance, hospitality, and management in high schools and colleges around the globe.

Shrewsbury's DECA student membership has increased from 60 student members last year to over 200 this year! Please read the information below and sign up to help if you are interested and able. Be sure to select <u>Shrewsbury - Jason Andreola</u> on the form to confirm that you are representing our district!

Judges can volunteer for either day (Wednesday or Thursday) or on both days. Judges are needed to:

- Read papers before the January 10th competitions
- Evaluate written and roleplay presentations on the day of the event

Contact Judge Coordinator Edward O'Connor at <a href="mailto:oconnor@pathfindertech.org">oconnor@pathfindertech.org</a> with any questions. Click <a href="mailto:here">here</a> to learn about what a DECA judge does and click <a href="mailto:here">here</a> to sign up. Thank you for your consideration!

# 6. Save the Date – Kids' Night Out, December 9th (New)

Shrewsbury High School Student Council is hosting a fun night just for kids! On December 9th, part of SHS will be open to children ages 5-12 to play games, watch movies, do arts and crafts, and grab dinner. SHS students are volunteering as "Big Brothers and Sisters" for the evening, running the events and activities from 6-9pm. Pizza, snacks, and drinks will be available for purchase. The cost is \$25 per child with discounts for multi-child families. Adult supervision will also be provided by SHS staff members. Entrance to the event will be at the Gym Entrance of Shrewsbury High School. Admittance will open at 6pm. Registration is limited so make sure to register today.

Please contact Connor Duffy (<u>ccduff25@students.shrewsbury.k12.ma.us</u>) with questions. Please note no medical personnel will be on duty during Kids' Night Out. In case of any emergency, parents and medical services will be contacted.

# 7. Please Note – Friday Lunch and Learn Sessions for Shrewsbury High School Students (New)

Do you have a student interested in Conservation, the Environment, Birding or volunteering/working for <a href="Memoricorps">Americorps</a>? This week, on December 8th, the Lunch and Learn guest speaker is Kaleigh Keohane, an SHS alum from the class of 2015. After graduating from SHS, Kaleigh went to UMass Amherst for Natural Resource Conservation and Journalism. She pursued a career in field conservation, traveling across the country studying birds for the

National Park Service and Mass Audubon. She transitioned to trail work and now manages volunteer events for the city of Boulder. She has done AmeriCorps National Service and believes it's a great entry point for people looking to get into conservation, with or without a college degree. Registration is required and students can register here.

Shrewsbury High School students now have the opportunity to interact with and learn from alumni and community partners during lunches on Fridays throughout the school year. Groups of up to eight students are invited to meet with invited guests during each of the four, 20-minute lunch periods. These events are specifically structured to create a casual and interactive environment where students gain insights into various career paths and connect with professionals from different fields, while having opportunities to ask questions and interact.

The schedule of speakers and student registration for all speakers can be found <a href="here">here</a>. Guest speakers will be added frequently, so check this link weekly. Questions? Contact <a href="here">kkeohane@shrewsbury.k12.ma.us</a>.

#### 8. Please Note – New Jobs for Students Posted

Do you have a student looking for a seasonal or after-school job? If so, please visit the <u>Jobs for Students</u> site. There are many employers looking for student help, including jobs for 14 years and older. All employers from the Job Fair are listed on this site and are still taking job applications. See <u>here</u> for a list of employers who were at the Job Fair.

# 9. Save the Date - Winter Pop Up Market at Maple & Main, December 7th

The Maple & Main (presented by RISE) retail shop will be hosting a Winter Pop Up Market featuring local vendors on Thursday, December 7th, starting at 4:30 p.m. <u>Click here</u> for more information.

# **Community Items**

# 1. Save the Date - First Day Hike 2024, January 1st (New)

The Shrewsbury Trails Committee invites you to start the new year with our annual First Day Hike in Lake Street Park, 10:00 a.m. to 12:00 p.m. on Monday, January 1st. This is an all-ages event and is excellent for the whole family. The local scout troops are eager to show you some of the trails and Trails Committee members can provide color commentary. There will be a warm campfire and hot cocoa and marshmallows to toast. There is nothing like being out in the

fresh air with the whole new year in front of you! Please dress for the weather and be advised that in case of inclement weather we will have to cancel.

# 2. Please Note - Spelling Bee Workshop (New)

Are you fascinated by words and intrigued by the challenge of spelling bees? Join our workshop! Run by a Shrewsbury High School student, this workshop is tailored for students eager to delve into the intricacies of the English language, this workshop offers a comprehensive exploration of words and their components. Participants will emerge with a deep understanding and skill in the craft of spelling bees! All proceeds will go to EKAL, a non-profit organization designed to provide education to underprivileged kids. Please click here for details.

### 3. Please Note - Tufts "Adventures in Veterinary Medicine" Program (New)

Tufts University's <u>Adventures In Veterinary Medicine (AVM)</u> program is expanding for 2024 and applications are open for STEM-oriented 7th and 8th grade students who are interested in working with or studying animals!

Cummings School of Veterinary Medicine at Tufts University is the only vet school in New England and we offer a unique opportunity for middle school learners (as well as <a href="high-school">high-school</a> students) to explore veterinary medicine in a highly interactive and hands-on environment. This spring and summer our North Grafton campus will again offer AVM for 7th and 8th graders.

Each middle school session is a week-long, in-person, full-day, commuter experience led by our faculty and students in our veterinary labs and classrooms - including our new state-of-the-art simulation lab - and on our farm. Students will learn and gain exposure to things like how to suture and palpate, be introduced to handling small and large animals, as well as learn basic animal CPR and ultrasound, AND even practice a variety of skills on our near life-like and animatronic models; the same ones our own students use!

We are eager to welcome students this coming April and June. You can find details, join our mailing list, and access the application <u>here</u>.

# 4. Please Note – Shrewsbury Public Library Events (New)

# 50+ Job Seekers Virtual Networking Group

Come meet new job seekers to expand your network, news, and views with the Massachusetts Library Collaborative's 50+ Job Seekers Group! If you are over 50 and unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this group is perfect for you.

The group meets on Zoom from 9:30 to 11:30 a.m. on first and third Wednesday mornings, with repeat sessions on the same topics offered in the evenings from 6:00 to 8:00 p.m. on second and fourth Wednesday evenings. Registration is required for each session (register <a href="here">here</a> for morning sessions; register <a href="here">here</a> for evening sessions). This group is sponsored by more than 60 Massachusetts public libraries. Find the full list of topics and registration <a href="here">here</a>. This group is sponsored by more than 60 Massachusetts public libraries.

#### SPL Spanish Conversation Club

Are you looking for a casual space in which you can practice your Spanish and learn more about the multiple cultures of those who speak that language? Join the Spanish Conversation Club most Tuesdays at the Shrewsbury Public Library (6:00 p.m. in the Learning Lab on the second floor). No registration required. Visit our <u>events calendar</u> to check dates.

¿Buscas un espacio informal en el que puedas practicar tu Español y aprender más de las múltiples culturas que hablan este idioma? Únete a nuestro club de conversación la mayoría de los martes en la biblioteca pública de Shrewsbury a las 6:00 p.m. en el laboratorio del segundo piso. No es necesario registrarse. Visita nuestro calendario de eventos para verificar citas.

# SPL Spanish Culture Club

The Spanish Culture Club provides an open and casual learning environment outside of the classroom for adults to learn and practice the language as well as to celebrate the cultures of Spanish-speaking countries around the world. This club is not only about learning Spanish, but learning about Hispanic culture: cuisine, idioms, movies, food, and more. The group will meet every other Wednesday at 6:00 p.m. at the Shrewsbury Public Library; no registration required. Visit the library's events calendar to confirm dates (December 13th & 27th).

#### Tech Tuesday: Digital Privacy and Security

Join the Shrewsbury Public Library at 6:00 p.m. in the Learning Lab for Tech Tuesdays! This program is intended for proficient computer users aged 13+ who are familiar with navigating the internet. Laptops will be provided. Space is limited, so <u>registration</u> is required.

#### Inner Peace This Holiday Season Through Meditation

Join the Shrewsbury Public Library on Thursday, December 7th at 7:00 p.m. with Bruce Faithwick, long time meditator, for a virtual presentation as he discusses the extraordinary effect of meditation. He will also present a simple, yet powerful meditation technique that will be explained and practiced during the session. This can enrich one's life and help with seasonal stress.

Bruce Faithwick is a successful business consultant in the software industry with many years of product management and marketing experience. He currently provides workshops and training to groups where he connects meditation and self development to important aspects of our lives.

With over 40 years of meditation experience, he focuses his time on personal development and in helping others. If you have attended one of Bruce's workshops, you know they are special.

This program will take place on Zoom; please <u>register</u> to attend.

#### Alex Minasian Trio - Jazz Concert

Join the Shrewsbury Public Library on Thursday, December 7th at 7:00 p.m. for an evening with the Alex Minasian Jazz Trio. Their selections will honor the legends of jazz music as well as music from the Great American Songbook. Pianist Alex Minasian has performed in famous jazz rooms.

With two degrees from NYU, Alex Minasian has, at a remarkably young age, established himself as a versatile pianist, educator, and impresario. As a pianist, Alex has studied with some of the greatest pianists in jazz history and shared the stage with jazz legends. Alex has also headlined jazz celebrations. Minasian, Disterheft, a veteran drummer Steve Williams (Shirley Horn), formed the Hanky Panky Trio to honor Hank Jones and was featured in the Netflix show, Orange Is The New Black.

This program will take place in person at the library; please register to attend.

# Putin's War: His Motives, Claims, and Lies

Join the Shrewsbury Public Library on Tuesday, December 12th at 7:00 p.m. with Dmitri Yakovlev, a Muscovite who supports Ukraine's freedom.

You will hear the story of Putin's rise to power, learn facts about Russian propaganda and politics, and will be able to ask questions. Dmitri is COO and co-founder of a local high-tech company, who works with a web development team in Ukraine. In 1991, Dmitri spent two nights on the barricades in Moscow streets standing up for democracy. He is a citizen of Russia and the US, with family in the US, Russia, and Ukraine. Dmitri was in Moscow on the day Putin started the war and saw the reaction of Muscovites: the unrest, the protests, the panic, the ugly support for Putin and his war.

This program will take place in person at the library; please register to attend.

#### Gentle Candlelight Yoga with Aromatherapy

Join the Shrewsbury Public Library on Thursday, December 14th, January 22nd and February 22nd at 7:00 p.m. as well as Saturday, February 10th at 2:00 p.m. with Georgia Johnson for a gentle yoga class. Flow with movements to nourish the body, mind and soul in slow-paced postures, ending with a meditation. Candlelight and aromatherapy create a warm ambiance. Reconnect with yourself in a space of serenity and self-care. All levels are welcomed.

Georgia Johnson has been practicing yoga since 2003 and has trained with Revolution Community Yoga and Asheville Yoga Center. Georgia believes in the power of yoga. Her

classes will guide you through mindfulness and postures, at your pace. You will reset, rejuvenate and step calmly into the flow of life.

This program will take place in person at the library; please <u>register</u> to attend.

# Steeped in Secrecy Boston Tea Party Talk

Join the Shrewsbury Public Library on Saturday, December 16th at 1:45 p.m. for this hybrid program to watch the Zoom presentation with tea and biscuits, celebrating the 250th anniversary of the Boston Tea Party! All ages are welcome. The story of tea has always been infused with intrigue. On the 250th anniversary of the Boston Tea Party, learn about the brewing political problems tea presented in its history with Claire Evans. Then, author, genealogist, librarian, and former UK resident Debra Dudek examines the history of the Boston Tea Party's most famous partiers (and phonies), as well as how to trace participants through lineage societies and historical groups.

This hybrid program will take place in person at the library; please register to attend.

To register for ONLY the virtual presentation at 2:00 p.m., click here.

# 5. Please Note – Shrewsbury Public Library Events for Tweens & Teens

We have some great events for tweens and teens happening in December at the Library!

Please remember that program attendees in grades 5-6 must be accompanied to the library by a parent/parent's representative who will remain in the building during the program and rejoin the attendee at the conclusion of the program.

- Friday, December 1st-Sunday, December 31st Scavenger Hunt in the Teen Room.
   Grades 5-12. No registration necessary. Try our monthly Scavenger Hunt! Find all the hidden items and you're entered to win a fun prize. This month's prize is a cute kitty mug with a hot chocolate set!
- Monday, December 4th DIY Spa Kits for Teens 5:30 p.m. in Meeting Room A. Grades 5-12. Registration required. It's always a good time to treat yourself well! Join us and learn how to make an all-natural face wash, toner, and clay mask. Participants will take home the products they make to use or give as a gift! Presented by the Burncoat Center for Arts and Wellness.
- Tuesday, December 5th Root Robots with WPI 1:00 p.m. in Meeting Room A. Grades 7-9. <u>Registration</u> required. Let's go robots! Students from WPI will give a short presentation on robotics, then participants will get to work on a hands-on activity with Root Robots.
- Wednesday, December 6th Introduction to Metal Casting 7:00 p.m. in Meeting Room
   A. Grades 5-12. Registration required. Learn about the art of metal casting through a

brief introduction to the various methods used throughout the ages and observe a demonstration done with pewter. Participants will be given the opportunity to safely pour pewter ornaments or finger rings and will be left with the information needed to pursue their own metal casting projects safely with tools available in their own kitchens. This class is being presented by The Jazz Robot Studios.

- Friday, December 8th Friday Movie 3:30 p.m. in Meeting Room B. Grades 5-12. No registration necessary. Celebrate the end of the week by relaxing with a movie and snacks! Movie TBD, stop by the Teen Office if you have a good suggestion.
- Tuesday, December 12th Great for Gifting: Mason Jar Cookies 3:00 p.m. in Meeting Room A. All ages. No registration necessary. Need a gift that shows you care? Drop in for our series Great for Gifting! At this workshop we'll make Mason Jar Cookie sets. We'll provide all the ingredients you need to make delicious cookie mixes in a charming mason jar, complete with instructions. We'll have a few varieties to choose from, like classic chocolate chip and cowboy cookies or the more adventurous lemon crispies. Give it as a gift or treat yourself to something nice! Also in this series: Jasmine Hot Compresses on December 20th. Younger children may require adult assistance).
- Tuesday, December 12th Choose Your Own Adventure Book Club 6:00 p.m. in the Children's Program Room. Grades 4-6. <u>Registration</u> required. We'll be reading out loud one book from the Choose Your Own Adventure® series at each meeting and everyone will help decide which path we will take. Participants will receive an Adventurer's Passport to collect badges, and raffle tickets for each club meeting they attend. FREE PIZZA!
- Thursday, December 14th Teen Writing Club 7:00 p.m. in the Teen Room. Grades 5-12. Registration required. Writers and aspiring writers are invited to join this new club for teens. Bring a work in progress or try something new. Over the course of the hour we'll write, brainstorm, work with prompts, and enjoy snacks. Writers of all skill and experience levels welcome we're here to have fun! This club will meet on the second Thursday of each month during the school year
- Friday, December 15th Friday Snack Craft 3:30 p.m. in Meeting Room B. Grades
   5-12. No registration necessary. What's more fun than food? School is over come hang out and create something delicious. A new seasonal snack creation each month! Those with food allergies should please exercise caution.
- Monday, December 18th Teen Advisory Meeting 8:00 p.m. in the Teen Room. Grades 5-12. Registration required. What is Teen Advisory? It's a way for you to connect with the library and make your voice heard. It's a chance to see your ideas and opinions come to life. It's an easy way to earn volunteer credit by attending monthly meetings. Join us to meet some new people, eat snacks, and help us make our Teen Room (and library) THE BEST!
- Wednesday, December 20th Great for Gifting: Jasmine Hot Compresses 3:00 p.m. in Meeting Room A. All ages. No registration necessary. Need a gift that shows you care? Drop in for our series Great for Gifting! At this workshop we'll make Jasmine Hot Compresses. Participants will create handmade hot compresses with a soothing scent great for chilly winter days. Younger children may require adult assistance).

- Friday, December 22nd Friday Trivia 3:30 p.m. in Meeting Room B. Grades 5-12. No registration necessary. Drop in for trivia fun! We'll do trivia lightning rounds - try one or stay for the whole game!
- Thursday-Friday, December 28th-29th December Vacation Escape Rooms Various times in Meeting Room B. Grades 5-12. Registration required. Are you feeling clever, bold, sneaky, curious, adventurous? Come try our December Vacation Escape Room! Designed in collaboration with our Teen Advisory, these Escape Rooms will test your wits and your teamwork. Sessions will run on Thursday, December 28th at 11:00 am and 2:00 pm and Friday, December 29th at 10:00 am and 3:00 pm. Escape Room sessions will last approximately 30-45 minutes. Please sign up for ONLY ONE session or waitlist. Each participant must sign up individually. Each session has room for 6 participants coordinate with your friends! Sessions may be canceled if there are an insufficient number of participants registered.

Check our <u>digital calendar</u> and <u>online calendar</u> for more details and registration!

# 6. Please Note – Shrewsbury Parks & Recreation Programs (New)

Pre-registration is required for all of the Parks & Recreation programs. Space is limited. Visit our <u>website</u> for more information and registration and follow us on Facebook or Instagram for updates and photos!

# Shrewsbury Playground Survey

If you have not already done so, please complete the Playground Survey! Passed as a CPA project at Town Meeting in May of 2023, a formal playground assessment for the Town is currently underway. At this time, we would like to invite you to share your feedback regarding the playgrounds here in Shrewsbury. Please <u>click here</u> to complete the survey.

#### Winter Program Guide

Registration is now open for winter programs! Click here to check it out!

#### Paint Night

Friday, December 8, 6:30-8:00 pm at the Senior Center, \$35/person

An Instructor from Canvas N' Cup will lead us through creating a winter themed masterpiece on canvas. This activity is appropriate for ages 8 and up, families welcome! Children under age 14 must have a parent/caregiver present. Cost is per person and includes all materials.

# Adaptive Holiday Gift "Crafternoon"

Sunday, December 10, 1-3 pm at the Senior Center, \$25/person

If you are trying to think about possible gifts to give loved ones for the upcoming holiday season, look no further! Shrewsbury Recreation is hosting an afternoon where you can come craft,

creating gifts for those on your holiday list! This program is designed for people with diverse abilities who may need additional support.

We will be making snowman tealight ornaments, hot chocolate mason jar gifts, sugar cookie mason jar gifts and terracotta snowman decorations!

#### Kids Night Out

The first Friday of each Month, 6:30-9 pm at Beal, Ages 6-10, \$35/date
Drop your kids with us for an evening of games, crafts and fun while you shop or dine without your littles or having to find a sitter!

#### February Break Camps

Minds In Motion STEM Programs - Tuesday 2/20-Friday 2/23 Chemical Creations for ages 6-10, 9am- Noon CSI for ages 7-11, 12:30-3:30 pm

Please <u>click here</u> for the Parks & Recreation website.

# 7. Please Note - Shrewsbury Historical Society Events

### Shrewsbury Historical Society Upcoming Programs

- December 13, 2023: "125th Anniversary Celebration of the Shrewsbury Historical Society "by Erik Larson, President
  - The Shrewsbury Historical Society was established in 1898, and has remained a
    vibrant organization for over 125 years! Come view some of the oldest
    Shrewsbury artifacts in our collection, learn how the Society started, and hear
    about how the Society continues to preserve historic resources, provide outreach
    and serve our community.
- January 24, 2024: "Shrewsbury Charitable Society "by Tom Kelleher
- February 28, 2024: "Hebert Candies, Past to Present: Creation of the Candy Mansion "by Paul Smith (at Hebert Candy Mansion)
- March 27, 2024: "Needle & Thread: The Art and Skill of Clothing an Early 19th-Century Family" by Rebecca Beall
- April 24, 2024: "Spectacle and Substance: Tracking a Tale of Victorian America" by April Jones Price
- May 22, 2024: Annual Meeting and "Having Fun: Wish You Were Here: Historical Society Game Night!" by Erik Larson, President

#### Mission Statement

The Shrewsbury Historical Society was organized on January 7, 1898, and incorporated on June 23, 1902. The purpose of the Society shall be to keep alive and increase interest in the history of the Town of Shrewsbury; to collect and preserve items of special value, traditions, and

curiosities; to encourage general public interest in its work; and to maintain such personal properties and real estate that may come under the control of the Society.

# 8. Please Note - Shrewsbury Youth and Family Services Annual Appeal

In 2021, a national study revealed that 44% of adolescents had experienced persistent sadness or hopelessness in the prior year, and nearly 20% seriously considered attempting suicide. The US Surgeon General released a public health advisory regarding youth mental health as a result. Similarly, mental health issues in older adults continue to be underestimated and brushed off as a "normal part of aging." Currently, two-thirds of seniors with mental health problems do not get the treatment they need.

Please join us to help Shrewsbury Youth and Family Services work towards its mission of strengthening the emotional and social well-being of individuals and families through equitable access to mental health counseling and social services programs.

SYFS is working tirelessly to ensure that people of all ages can access the services they require when the services are needed. SYFS has developed innovative programming to help limit time spent on waitlists and offers support to people when they are hurting. Our staff have expertise in supporting individuals and their families across the lifespan. We are dedicated to forming relationships with our clients and removing barriers to ensure that they continue to grow and live meaningful and fulfilling lives.

Please <u>click here</u> to donate to Shrewsbury Youth and Family Services. Your generosity and support is needed this year to ensure children, youth, families, adults, and seniors receive the services they need to provide them health, hope, happiness and opportunity.

#### 9. Please Note - Shrewsbury Youth and Family Services Holiday Support Group

For many, the holidays are a very challenging time. You are not alone; we are here to support you. SYFS will be offering a weekly, online, support group for individuals struggling during the holiday season. This group is intended for individuals 18 and older.

The holiday support group will meet from November 14 through December 19 on Tuesdays from 2:00 to 2:45 pm. Please <u>click here</u> for the video call link.

Please contact Abigail Westerlind with any questions: 508-845-6932 ext. 403

# **Youth Athletics and Activities**

# 1. Please Note - Shrewsbury Youth Soccer Spring 2024 Season

Registration is now open for the Spring season for all Shrewsbury Youth Soccer age groups (pre-k through grade 12). Our season is scheduled to start in early April 2024 and will run to the end of the school year. We have had waiting lists for most age groups in the last few seasons, so register early. Click <a href="https://example.com/here">here</a> to register.

# 2. Please Note – Shrewsbury Youth Lacrosse Spring Registration Now Open

Registration is now open for the Spring 2024 travel season for all Shrewsbury Youth Lacrosse age groups (girls and boys in grades 1-8). Come out for this fun, fast-paced sport. All experience levels are welcome! The season will run from early April to mid-June, with indoor pre-season practices starting in mid-February. Regular games will be on Sundays with the season culminating in a fun 3-game jamboree. Click <a href="here">here</a> to register! Email us with any questions at <a href="info@shrewsburylacrosse.com">info@shrewsburylacrosse.com</a>.