

Community Bulletin

November 20th, 2023

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the <u>School Committee policy</u>.

School District Items

- 1. Please Note Career Exploration at Olympus Surgical Technologies Register by November 21st (New)
- 2. Please Note New Jobs for Students Posted (New)
- 3. Please Note Annual Seasons of Gratitude and Giving for the Shrewsbury Public Schools Community (New)
- 4. Save the Date Winter Pop Up Market at Maple & Main, December 7th (New)
- 5. Please Note The Paper Store's "Gift of Giving" to Benefit Shrewsbury Public Schools (New)
- 6. Please Note Free & Reduced Price Program Fees Application
- 7. Please Note Cafeteria Help Wanted
- 8. Please Note Destination Imagination
- 9. Save the Date Shrewsbury High School Athletic Boosters Fundraiser, December 3rd

Community Items

- 1. Please Note Shrewsbury Public Library Events (New)
- 2. Please Note Shrewsbury Public Library Events for Tweens & Teens (New)
- 3. Please Note Shrewsbury Parks & Recreation Programs (New)
- 4. Please Note Shrewsbury Historical Society Events (New)
- 5. Save the Date Friends of the Shrewsbury Public Library Annual Open House, December 2nd (New)
- 6. Please Note Shrewsbury Youth and Family Services Annual Appeal (New)
- 7. Please Note Shrewsbury Youth and Family Services Holiday Support Group
- 8. Save the Date Shrewsbury Yuletide Market and Light the Common, December 2nd
- 9. Save the Date Turkey Trot for the Memory, November 23rd

Youth Athletics and Activities

- 1. Please Note Shrewsbury Youth Soccer Spring 2024 Season
- 2. Please Note Shrewsbury Youth Lacrosse Spring Registration Now Open

School District Items

1. Please Note – Career Exploration at Olympus Surgical Technologies – Register by November 21st (New)

Do you have a high school student interested in Biology, Biomedical, Engineering, Software Engineering or Marketing? Olympus Surgical Technologies in Westboro, MA is providing a STEM Day for sophomore, junior and senior students on December 5th, 11am-4pm (an early release day). STEM Day includes hands-on experiences and meeting employees in Research & Technology Development - Laser, Software Engineering, Marketing, Biomedical Engineering and more. Lunch is included and transportation will be provided. Olympus develops, manufactures and services surgical devices. This was a very popular event last Spring! See here for more information about Olympus. Registration and a SIGNED PERMISSION SLIP are REQUIRED and must be returned to Mrs. Sena at the SHS MAIN OFFICE BY NOVEMBER 21st. See registration and permission slip here. Students who attended Olympus STEM Day in April are not eligible for this event. If you have any questions, please contact kkeohane@shrewsbury.k12.ma.us. Thank you.

2. Please Note – New Jobs for Students Posted (New)

If your high school student missed the Job Fair on November 16th, or if you have a student who is interested in a part-time job, please visit the <u>Jobs for Students</u> site. There are many employers looking for student help, including jobs for 14 years and older. All employers from the Job Fair are listed on this site and are still taking job applications. See <u>here</u> for a list of employers who were at the Job Fair.

3. Please Note – Annual Seasons of Gratitude and Giving for the Shrewsbury Public Schools Community (New)

During this season of gratitude and giving, Shrewsbury Public Schools (SPS) is seeking donations of the gift cards listed below (denominations of \$50 or less, please) to provide support to SPS families in need. In addition to the giving opportunities currently underway at individual

schools across the district, we invite community members to contribute to this fund to further these efforts and support our students and families.

- Uber
- Visa
- Mastercard
- Target
- Walmart
- Gas cards
- Amazon
- Grocery Stores:
 - Market Basket
 - Price Chopper
 - o Shaw's
 - Stop & Shop
 - Wegmans
 - Aldi's

Gift card donations can be dropped off to the school secretary in the main office at your child's school by Friday, December 8th. Community members who do not have children in our schools are invited to bring donations to the Shrewsbury School Department Office at the Shrewsbury Town Hall, 100 Maple Avenue.

Finally, we invite parents and caretakers to let us know if your children and family are in need of support and ask that you please complete this brief form by Friday, December 1st. If you have any questions, please contact Ms. Felicitie Boisvert, Shrewsbury Public Schools District Social Worker at fboisvert@shrewsbury.k12.ma.us or 508-841-5303. Thank you for your time and consideration.

4. Save the Date - Winter Pop Up Market at Maple & Main, December 7th (New)

The Maple & Main (presented by RISE) retail shop will be hosting a Winter Pop Up Market featuring local vendors on Thursday, December 7th, starting at 4:30 p.m. <u>Click here</u> for more information.

5. Please Note – The Paper Store's "Gift of Giving" to Benefit Shrewsbury Public Schools (New)

Help support Shrewsbury Public Schools this season at The Paper Store (50A Boston Tpk Rd, Shrewsbury)! Their annual charity event, "Gift of Giving," takes place in-store from November 20th through 26th. When you buy their 2023 Gift of Giving ornament for \$3.99, \$1 is donated to

Shrewsbury Public Schools and you save 20% off your entire purchase during your visit! <u>Click</u> <u>here</u> for more details.

6. Please Note – Free & Reduced Price Program Fees Application

Some students are eligible to receive reduced program fees if their family household meets specific income thresholds. The <u>free and reduced benefit application</u> is used to determine eligibility for reduced program fees.

Although Massachusetts legislature has provided funding to make meals available at no cost to all students during this school year, **families should still complete a benefit application** if they think they might qualify. This provides data for key funding for academic resources and may also connect families to additional benefits. If eligible, students can potentially receive free busing, reduced activity fees, etc. This data will also support the additional funds provided by the Commonwealth for this pilot. For more information about this program, please click here.

All new and returning students must complete a new application each school year. At any time during the school year, families may apply for reduced program fees. Sometimes families experience job or income loss during the year and this is an opportune time to apply. Please click here to apply for the free & reduced program.

If you have questions or need assistance with the application, please contact the Food Service Director using the contact information below:

Beth Nichols

(508) 841-8819

bnichols@shrewsbury.k12.ma.us

7. Please Note - Cafeteria Help Wanted

The Shrewsbury Food Service is looking for part-time employees, full-time employees, and substitutes to work in the school cafeterias. Days and hours are flexible. Duties include: prepping food, setting up serving lines, serving students, and breakdown and clean-up. Lunch and refreshments are provided. Please <u>click here</u> to obtain an employment application.

Please forward this application to the Food Service Department C/O Shrewsbury High School, 65 Cypress Avenue, Shrewsbury, MA 01545 or email to hdoyle@shrewsbury.k12.ma.us. If you have any questions, please call Heidi Doyle at (508) 841-8855.

8. Please Note – Destination Imagination

Welcome to a new season of <u>Destination Imagination</u> at Shrewsbury Public Schools! All Shrewsbury Public Schools students in grades K-12 are eligible to join a team and there is no cost to participate. Registration for students and teams are open until December 1st. We hope you can join us to kick off the 2023-24 Destination Imagination Season!

If you have any questions about the program, contact Rajani Vijayakumar (rvijayakumar@shrewsbury.k12.ma.us).

9. Save the Date - Shrewsbury High School Athletic Boosters Fundraiser, December 3rd

The SHS Athletic Boosters Meat Raffle Fundraiser will be held on Sunday, December 3rd from 1:00 to 4:00 p.m. at 4th and 1 Sports Club in Worcester. Come support our Shrewsbury athletes for a Sunday Funday! If interested in sponsoring a table, please contact Kelly Wharton at kdoherty610@gmail.com. She is our fundraising chair and can provide more details. Thank you in advance for your support.

Community Items

1. Please Note – Shrewsbury Public Library Events

50+ Job Seekers Virtual Networking Group

Come meet new job seekers to expand your network, news, and views with the Massachusetts Library Collaborative's 50+ Job Seekers Group! If you are over 50 and unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this group is perfect for you.

The group meets on Zoom from 9:30 to 11:30 a.m. on first and third Wednesday mornings, with repeat sessions on the same topics offered in the evenings from 6:00 to 8:00 p.m. on second and fourth Wednesday evenings. Registration is required for each session (register here for morning sessions; register here for evening sessions). This group is sponsored by more than 60 Massachusetts public libraries. Find the full list of topics and registration here. This group is sponsored by more than 60 Massachusetts public libraries.

SPL Spanish Conversation Club

Are you looking for a casual space in which you can practice your Spanish and learn more about the multiple cultures of those who speak that language? Join the Spanish Conversation Club most Tuesdays at the Shrewsbury Public Library (6:00 p.m. in the Learning Lab on the second floor). No registration required. Visit our <u>events calendar</u> to check dates.

¿Buscas un espacio informal en el que puedas practicar tu Español y aprender más de las múltiples culturas que hablan este idioma? Únete a nuestro club de conversación la mayoría de los martes en la biblioteca pública de Shrewsbury a las 6:00 p.m. en el laboratorio del segundo piso. No es necesario registrarse. Visita nuestro calendario de eventos para verificar citas.

SPL Spanish Culture Club

The Spanish Culture Club provides an open and casual learning environment outside of the classroom to promote learning and practicing the language as well as to celebrate the cultures of Spanish-speaking countries around the world. This club is not only about learning Spanish, but learning about Hispanic culture: cuisine, idioms, movies, food, and more. The group will meet every other Wednesday at 6:00 p.m. at the Shrewsbury Public Library; no registration required.

Tech Tuesday: Digital Privacy and Security

Join the Shrewsbury Public Library at 6:00 p.m. in the Learning Lab for Tech Tuesdays! This program is intended for proficient computer users aged 13+ who are familiar with navigating the internet. Laptops will be provided. Space is limited, so <u>registration</u> is required.

Zumba at the library

Join the Shrewsbury Public Library for Zumba®, an interval-style dance fitness party that combines low-intensity and high-intensity moves. Burn lots of calories while moving to the rhythm with Latin-inspired dance moves. The best part of it all is that it doesn't even feel like exercise! Dance fitness classes aren't just great for cardiovascular health, but also tone muscles and improve balance and flexibility. Zumba instructor Johanny Pineyro will lead this engaging class beginning at 6:00 p.m. No registration required; Wednesday, November 29th.

SPL November Movie Matinee: The Batman

Join the Shrewsbury Public Library for our Movie Matinee! A different film will be screened monthly in person at the library on a Saturday at 2:00 p.m. No registration required.

On November 25th, come enjoy a screening of The Batman (2022; Rated PG-13): "When a sadistic serial killer begins murdering key political figures in Gotham, Batman is forced to investigate the city's hidden corruption and question his family's involvement."

2. Please Note – Shrewsbury Public Library Events for Tweens & Teens

We have some great events for tweens and teens happening in November at the Library!

Please remember that program attendees in grades 5-6 must be accompanied to the library by a parent/parent's representative who will remain in the building during the program and rejoin the attendee at the conclusion of the program.

- Wednesday, November 1st-Thursday, November 30th Scavenger Hunt in the Teen Room. Grades 5-12. No registration necessary. Try our monthly Scavenger Hunt! Find all the hidden items and you're entered to win a fun prize. This month's prizes are a photorealistic tortilla throw blanket and a bag of candy!
- Monday, November 20th Teen Advisory Meeting 8:00 p.m. in the Teen Room. Grades 5-12. Registration required. What is Teen Advisory? It's a way for you to connect with the library and make your voice heard. It's a chance to see your ideas and opinions come to life. It's an easy way to earn volunteer credit by attending monthly meetings. Join us to meet some new people, eat snacks, and help us make our Teen Room (and library) THE BEST!

Check our <u>digital calendar</u> and <u>online calendar</u> for more details and registration!

3. Please Note – Shrewsbury Parks & Recreation Programs (New)

Pre-registration is required for all of the Parks & Recreation programs. Space is limited. Visit our <u>website</u> for more information and registration and follow us on Facebook or Instagram for updates and photos!

Shrewsbury Playground Survey

If you have not already done so, please complete the Playground Survey! Passed as a CPA project at Town Meeting in May of 2023, a formal playground assessment for the Town is currently underway. At this time, we would like to invite you to share your feedback regarding the playgrounds here in Shrewsbury. Please click here to complete the survey.

Paint Night

Friday, December 8, 6:30-8:00 pm at the Senior Center, \$35/person

An Instructor from Canvas N' Cup will lead us through creating a winter themed masterpiece on canvas. This activity is appropriate for ages 8 and up, families welcome! Children under age 14 must have a parent/caregiver present. Cost is per person and includes all materials.

Winter Program Guide

The Shrewsbury Rec Winter 2024 Program Guide is now available for viewing! Click <u>here</u> to check it out! Winter Program Registration will open on Wednesday, November 29 at 10 am.

Our Adaptive Program Meeting is rescheduled for Wednesday, Nov 29, 2023, beginning at 6:30 pm at the Senior Center. If you are interested in exploring how we can all work together to improve our adaptive program offerings and inclusion practices to support community members of all ages with disabilities in recreation programs, please join us!

Please <u>click here</u> for the Parks & Recreation website.

4. Please Note – Shrewsbury Historical Society Events (New)

Shrewsbury Historical Society Upcoming Programs

- December 2, 2023: Yuletide Market 3:00-4:30, "All Aboard, Encore! Model Holiday Train Exhibit and Penny Candy Sale"
 - Enjoy the festive holiday themed Lionel O Gauge Model Train! Featuring old fashioned penny candy. Prepackaged bags of penny candy: 10 pieces for 10 cents, while supplies last.
- December 13, 2023: "125th Anniversary Celebration of the Shrewsbury Historical Society "by Erik Larson, President
 - The Shrewsbury Historical Society was established in 1898, and has remained a
 vibrant organization for over 125 years! Come view some of the oldest
 Shrewsbury artifacts in our collection, learn how the Society started, and hear
 about how the Society continues to preserve historic resources, provide outreach
 and serve our community.
- January 24, 2024: "Shrewsbury Charitable Society "by Tom Kelleher
- February 28, 2024: "Hebert Candies, Past to Present: Creation of the Candy Mansion" by Paul Smith (at Hebert Candy Mansion)
- March 27, 2024: "Needle & Thread: The Art and Skill of Clothing an Early 19th-Century Family" by Rebecca Beall
- April 24, 2024: "Spectacle and Substance: Tracking a Tale of Victorian America" by April Jones Price
- May 22, 2024: Annual Meeting and "Having Fun: Wish You Were Here: Historical Society Game Night!" by Erik Larson, President

Mission Statement

The Shrewsbury Historical Society was organized on January 7, 1898, and incorporated on June 23, 1902. The purpose of the Society shall be to keep alive and increase interest in the history of the Town of Shrewsbury; to collect and preserve items of special value, traditions, and curiosities; to encourage general public interest in its work; and to maintain such personal properties and real estate that may come under the control of the Society.

5. Save the Date – Friends of the Shrewsbury Public Library Annual Open House, December 2nd (New)

Friends of the Shrewsbury Public Library present our Annual Holiday Open House. Join us Saturday, December 2nd from 10 am to 1 pm. This is a holiday favorite with fun for all ages. Activities include winter holiday crafts for kids, holiday magnet making, dreidel playing, holiday tattoos, holiday scavenger hunt, holiday card making, plus a special story time with Santa from 12 to 1 p.m. This event is free and open to the public.

6. Please Note – Shrewsbury Youth and Family Services Annual Appeal (New)

In 2021, a national study revealed that 44% of adolescents had experienced persistent sadness or hopelessness in the prior year, and nearly 20% seriously considered attempting suicide. The US Surgeon General released a public health advisory regarding youth mental health as a result. Similarly, mental health issues in older adults continue to be underestimated and brushed off as a "normal part of aging." Currently, two-thirds of seniors with mental health problems do not get the treatment they need.

Please join us to help Shrewsbury Youth and Family Services work towards its mission of strengthening the emotional and social well-being of individuals and families through equitable access to mental health counseling and social services programs.

SYFS is working tirelessly to ensure that people of all ages can access the services they require when the services are needed. SYFS has developed innovative programming to help limit time spent on waitlists and offers support to people when they are hurting. Our staff have expertise in supporting individuals and their families across the lifespan. We are dedicated to forming relationships with our clients and removing barriers to ensure that they continue to grow and live meaningful and fulfilling lives.

Please <u>click here</u> to donate to Shrewsbury Youth and Family Services. Your generosity and support is needed this year to ensure children, youth, families, adults, and seniors receive the services they need to provide them health, hope, happiness and opportunity.

7. Please Note – Shrewsbury Youth and Family Services Holiday Support Group

For many, the holidays are a very challenging time. You are not alone; we are here to support you. SYFS will be offering a weekly, online, support group for individuals struggling during the holiday season. This group is intended for individuals 18 and older.

The holiday support group will meet from November 14 through December 19 on Tuesdays from 2:00 to 2:45 pm. Please <u>click here</u> for the video call link.

Please contact Abigail Westerlind with any questions: 508-845-6932 ext. 403

8. Save the Date - Shrewsbury Yuletide Market and Light the Common, December 2nd

The Annual Yuletide Market and Light the Common will be Saturday, December 2, from 4 to 8 p.m. on the Town Common. It opens at 4 p.m. and at 4:45, 31,000 lights on the Common will be flipped on in a dazzling display!

There'll be new food trucks, more artisanal gifts and vendors, and more fun for all ages. Don't miss this unique opportunity to stroll the festive Town Common, while getting a jump on holiday shopping. Admission is free, but pets are not allowed. For more information and parking locations, <u>click here</u>.

9. Save the Date - Turkey Trot for the Memory, November 23rd

Preparations are underway for the 12th running of the Turkey Trot for the Memory and we can't wait to see you! On Thanksgiving morning at 8:00 a.m., we will gather with friends and family on the Shrewsbury Town Common to show support for those who've been impacted by Alzheimer's disease and to raise funds to support patient care, caregiver support, and research. Please join us for the 2-mile or 5-mile race, fun run, or walk.

We are grateful to our presenting sponsor, Shrewsbury Federal Credit Union, and to the First Congregational Church for generously welcoming us back year after year despite the fact that we've grown exponentially! This event would not be possible without the Church, our sponsors, volunteers, and you!

Registration is live. Click <u>here</u> to learn more about this community event! If you are interested in volunteering, please click <u>here</u>.

We have room for the names of a few additional <u>sponsors on our t-shirts</u> if you are interested in supporting the event in that way. Sponsorships begin at \$350.

Please contact Jane Lizotte at <u>ilizotte2@gmail.com</u> with any questions.

See you at the starting line on Thanksgiving morning!

Youth Athletics and Activities

1. Please Note - Shrewsbury Youth Soccer Spring 2024 Season

Registration is now open for the Spring season for all Shrewsbury Youth Soccer age groups (pre-k through grade 12). Our season is scheduled to start in early April 2024 and will run to the

end of the school year. We have had waiting lists for most age groups in the last few seasons, so register early. Click <u>here</u> to register.

2. Please Note – Shrewsbury Youth Lacrosse Spring Registration Now Open

Registration is now open for the Spring 2024 travel season for all Shrewsbury Youth Lacrosse age groups (girls and boys in grades 1-8). Come out for this fun, fast-paced sport. All experience levels are welcome! The season will run from early April to mid-June, with indoor pre-season practices starting in mid-February. Regular games will be on Sundays with the season culminating in a fun 3-game jamboree. Click here to register! Email us with any questions at info@shrewsburylacrosse.com.