



Community Bulletin

June 21st, 2022

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

School Department at Town Hall Summer Hours

Starting on Tuesday, June 21st, the School Department will follow the Shrewsbury Town Hall's summer hours. The following schedule will be in effect through Friday, August 19th. The School Department will resume regular 8:00 a.m. to 4:30 p.m. daily hours the week of August 22nd.

Monday: 8:00 a.m. to 4:30 p.m.

Tuesday: 8:00 a.m. to **6:30 p.m.**

Wednesday: 8:00 a.m. to 4:30 p.m.

Thursday: 8:00 a.m. to 4:30 p.m.

Friday: 8:00 a.m. to **12:00 p.m.**

School District Items

1. [Please Note](#) – 2022-2023 Parker Road Preschool Openings
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Community Items

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Youth Athletics and Activities

1. [Please Note](#) – Shrewsbury Youth Soccer Fall Season **(New)**
2. [Please Note](#) – Football for You with Patriots Alumni **(New)**
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5. [Please Note](#) – “Take Charge Hoops” Summer Basketball Clinic
6. [Please Note](#) – Shrewsbury Little League “Buddy Volunteers”

School District Items

1. [Please Note](#) – 2022-2023 Parker Road Preschool Openings

Are you looking for a fantastic preschool program for your 3 or 4 year old child for the 2022-2023 school year? Parker Road Preschool, Shrewsbury's integrated preschool, has availability for the 4-day afternoon session (Monday through Thursday) and a very short waitlist for the 5-day morning session. Please visit the [Shrewsbury Public Schools registration website](#) for more information about our program. If you are interested in joining our waitlists, please click on the orange banner labeled "[2022-2023 Preschool Waitlist](#)" to add your child to the waitlist. We look forward to welcoming you to our Parker Road family!

2. [Please Note](#) – Leave a Note of Thanks

As you say goodbye to the 2021-2022 school year and perhaps to Shrewsbury Public Schools, consider saying a final “thank you” to those who helped your student thrive and grow throughout the challenges of the past few years, as well as throughout their elementary, middle, and high school years.

[Click here](#) to send a message to any teacher, coach, administrator, or group and leave a donation of any size to the Colonial Fund. Or [click here](#) to download a form to send in a written note and check. Either way, your note will be forwarded to the person you are honoring and your donation will go towards funding innovation, creativity, and projects that these same teachers have brought forward to promote excellence in our schools. The [Shrewsbury Public Schools Colonial Fund](#) has been supporting innovative programs since 2013 and the list of exceptional projects supported this year can be found [here](#).

Please contact us at development@shrewsbury.k12.ma.us with any questions. We truly appreciate your support and hope you have a wonderful summer!

3. Please Note – Summer Enrichment Classes

Shrewsbury Public Schools is offering a small selection of afternoon enrichment classes in July and August to all current Shrewsbury Public Schools students entering grades 1-9. These classes were originally open only to students who are also invited to participate in Summer Academy classes in the morning; remaining spots in these classes are now open to all students who will be in grades 1-9 in the Shrewsbury Public Schools next fall. Spaces are limited, and will be filled on a first-come, first-served basis.

Location: Maj. Howard W. Beal School

Schedule: Monday-Thursday, 12:00 to 3:00 p.m.

Dates: July 18-21, July 25-28, Aug 1-4, Aug 8-11

Cost: Classes are discounted for all participants, and each class costs \$40/week.

How to Register

- Visit our registration website <https://shrewsburyma.ce.eleyo.com/>
- In the upper right corner, click "Sign In"
- If you don't have an account, click "Create One Now"
 - Set up your account - when it asks for "Your info" it means the parent, not the student
 - Add your child to your account
 - Add a second parent to the account if applicable
- Click "Explore" or go back to the home screen
- Under the heading "Summer Academy PM enrichment" click "register now"
- There are many courses to choose from each week
- You can sort the classes by date, or by grade to find a class that meets your needs
- Each child can choose one class per week
- After you've added all the classes to your cart, check out and pay
- All payments must be made online, at the time of registration
- Unpaid classes are incomplete registrations and will not be saved in your shopping cart

If you have any questions or need assistance with registration, please contact Karen Isaacson, Director of Extended Learning, at kisaacson@shrewsbury.k12.ma.us.

1. Please Note – Shrewsbury Public Library Events (New)

Meditation as Medication: A Doctor's Perspective

Can meditation improve high blood pressure, anxiety, depression, or pain? If a doctor told you to meditate, would you hesitate? Join the Shrewsbury Public Library and Matthew Raider, MD on Tuesday, June 21st at 7:00 p.m. to learn how meditation can have a profound effect on your life. Dr. Raider is a clinical physician and coordinating director of the Geriatric Teaching Program in Family Medicine at Middlesex Hospital in Connecticut. As a physician and long-time meditator, he has a strong interest in meditation and its relationship to health and disease prevention/treatment. Dr. Raider has lectured extensively on the subject in hospitals and other venues in the U.S. and Canada and recently spoke at the United Nations. He is also a co-author of the best-selling book, "Meditation as Medication for the Soul." This program will take place on Zoom; register to attend [here](#).

Women Redefining Wealth

Join the Shrewsbury Public Library and the team from RetirementAdvisers.net on Wednesday, June 22nd at 6:00 p.m. for this informative program on personal finance. They will discuss income challenges faced by all retirees, but will focus particularly on the unique challenges facing women. They'll explain to attendees how to create a retirement income roadmap as well as plan for potential income gaps in retirement. This program will take place at the library; please register to attend [here](#).

Microadventures in Massachusetts

Join the Shrewsbury Public Library and Alison O'Leary on Thursday, June 23rd at 7:00 p.m. for this fun program on the spectacular scenery, wildlife, and other wonderful opportunities for adventure in Massachusetts. Most of these places are hidden in plain sight in our state parks and accessible nature preserves. Get inspiration for all of your summer day trips and adventures in one program! Learn about opportunities to explore waterfalls, rivers, islands, and abandoned towns; go mountain biking; spot wildlife; and more! Alison O'Leary is a Massachusetts native, longtime journalist, author of several nonfiction history and outdoors books, and an avid outdoor explorer. For more information, visit her website at www.alisonoleary.com. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please register to attend [here](#).

Beatles for Sale

On Sunday, July 3rd at 6:00 p.m., join Shrewsbury Parks & Recreation and the Shrewsbury Public Library at the Dean Park Bandstand for a concert by Beatles for Sale, the award winning, New England-based tribute band recreating the sounds of the Beatles. This first-rate quartet brings the essence of John, Paul, George, and Ringo to you with passion and attention to detail. The concert is sponsored by Shrewsbury Parks & Recreation and the Friends of the Shrewsbury Public Library and is supported in part by a grant from the Shrewsbury Cultural

Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency. No registration required.

2. Save the Date – Beatles for Sale Concert, July 3rd (New)

Join us for a concert at Dean Park on Sunday, July 3rd from 6:00 to 8:00 p.m. Beatles for Sale is an award-winning New England based Beatles tribute band that recreates the sounds of the Beatles. This first-rate quartet brings the essence of John, Paul, George, and Ringo to you with passion and attention to detail. The concert is sponsored by Shrewsbury Parks & Recreation & Friends of Shrewsbury Library. This concert is supported in part by a grant from the Shrewsbury Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.

There will also be food for sale during the concert. Troop 114 will be cooking on the grill and Kona Ice Truck will be selling snow cones. Bring a blanket or lawn chair to enjoy the show and wear your red, white, and blue. Click [here](#) for more information.

3. Save the Date – Shrewsbury Council on Aging Event, September 22nd (New)

Think ahead with the Shrewsbury Council on Aging Thursday, September 22nd at 6:00 p.m. Residents aged 50-150 are invited to learn about the resources available to them as they reach this new chapter of their life! Please see the [flier](#) for more information.

4. Please Note – “Summer Eats” Free Meals for Kids & Teens

Summer Eats is a totally free-of-charge program that provides free meals to all kids and teens, ages 18 and under, at locations all across Massachusetts during the summer months. Summer Eats livens up every kid’s summer by filling their bellies and filling their days with activities that get them out, up, and moving.

Administered by the Massachusetts Department of Elementary and Secondary Education, Summer Eats sites across the state provide free meals to all kids and teens, no identification or registration required. Caregivers can rest easier knowing meals are off their hands, and use that time and energy to focus on everything else on their to-do list.

Find a Summer Eats meal site through [Project Bread](#) - check back frequently for new and updated site locations and meal service information.

5. Please Note – Y.A.H.O.O. Volunteer Opportunity for Students

Young Adults Helping Out Others (Y.A.H.O.O.) is a volunteer opportunity for students entering into grades 10-12 to help others in their community. Starting this fall, we will be focusing on helping seniors with yard cleanups! For more information, please join us at the Senior Center for an informational meeting on Monday, June 27th at 9:00 a.m. Refreshments will be served! More information can be found [on this slideshow](#) about the program and [on the program flier](#).

6. Please Note – COVID-19 Test Us Research Study

COVID-19 Test Us is a research program brought to you by the National Institutes of Health sponsored Rapid Acceleration of Diagnostics initiative. COVID-19 Test Us includes many studies that are helping researchers learn more about COVID-19 tests and how to best use them. If you are interested in participating in a research study, please visit the [COVID-19 Test Us website](#) and see the [participation information flier](#) from UMass Chan Medical School.

7. Please Note – Shrewsbury Community Fridge

The Shrewsbury Community Fridge is open now at 98 Maple Avenue, right near the Senior Center! The Shrewsbury Rotary Club and community partners are proud to announce the opening of Shrewsbury's first community fridge, which is a "take what you need, leave what you can" fridge and pantry providing free food to all members of the community. The Shrewsbury Community Fridge is open and accessible 24/7 and includes a variety of fresh and frozen foods in addition to pantry staples. It is up to the entire community to keep the fridge and pantry well-stocked for our neighbors in need. Please visit the fridge if you are facing food insecurity, spread the word to those who can benefit, and donate if you are able. The fridge is managed through a [Facebook group](#) and welcomes new members to contribute to the upkeep and care.

8. Please Note – Shrewsbury Parks & Recreation Crew Rowing

Crew Rowing (Learn to Row) - For grades 8th-12th, four days each session. There are four sessions offered during the weeks of 6/21-6/24 and 7/18-7/22. Choose between the 8:00 a.m. or 11:00 a.m. class. This program is being offered through a partnership with the Regatta Point Community Sailing and Parks & Recreation! Cost is \$225. Currently accepting registrations.

9. Please Note – Shrewsbury Parks & Recreation Summer Playground

We are currently accepting registration for all 6 weeks of Summer Playground this summer, starting on June 27th. Parents have weekly options and AM/PM add-ons to each week! Please

make sure you have an active account in our new system. Click [here](#) for our website. Contact us with any issues at parkrec@shrewsburyma.gov.

10. Please Note – Shrewsbury Youth Development Focus Groups

The Central Massachusetts Regional Public Health Alliance (CMRPHA) is a coalition of five municipalities, including the Town of Shrewsbury, working cooperatively to create and sustain a viable and labor-efficient regional public health district. CMRPHA is currently completing an assessment under the Massachusetts Collaborative for Action, Leadership, and Learning 3 (MassCall3) grant, which is funded by the Massachusetts Department of Health and focuses on using evidence-based strategies to prevent and delay first use of alcohol, tobacco, and marijuana. These funds will support prevention work in Worcester, Shrewsbury, Grafton, and Millbury for the next three years.

As part of the grant's assessment process, CMRPHA has administered a regional youth health survey in each town to examine risky and positive behaviors. They are now starting the next phase of the assessment process, which is conducting focus groups and one-on-one interviews in early June with students in grades 5-12 as well as parents/caregivers.

If you are interested in your child participating in a virtual focus group or one-on-one interview, or if you would like to join the parent/caregiver focus group, you may [click here](#) to register. Please [click here to see the flier](#) for additional information and [click here to view the required consent form](#).

Youth Athletics and Activities

1. Please Note – Shrewsbury Youth Soccer Fall Season (New)

Registration is now open for the fall season for all Shrewsbury Youth Soccer age groups (pre-kindergarten through grade 12). Our travel games are currently scheduled to start on September 10th and our in-town games on September 19th, with practices starting 1-2 weeks before. Click [here](#) to register.

We have migrated our registration system to Sports Connect. Some important points for registration:

- If you do not currently have a Sports Connect account, you will have to create one and add each of the players you would like to register for the fall.
- You do not have to upload a birth certificate.

- If you are ordering a travel uniform, please be sure to select the corresponding fee buttons under Additional Registration Information.
- The Fan Wear Clothing Store that Sports Connect forces you into at the end of the registration process, much like an amusement park where you are dropped into the souvenir shop at the end of the ride, does not offer travel uniforms. Travel uniforms have to be selected at the top of the registration form.

2. Please Note – Football for You with Patriots Alumni (New)

“Football for You” is a unique 2-hour, free non-contact clinic that stresses leadership, teamwork, and commitment to over 200 young athletes ages 9-14. Each clinic is coached by Patriots Alumni in conjunction with local high school staff. Returning this year for parents and guardians are three optional 15-minute information sessions that will address sportsmanship and nutrition education.

The clinic is coming to Shrewsbury at St. John’s High School on Wednesday, July 27th. Please see the [flier](#) for additional information about the clinic and visit the [website](#) for registration information.

3. Please Note – Shrewsbury Little League Summer Softball

Pick-Up Softball League

Calling all middle school and high school softball players! Want to play some pick-up softball under the lights? Join the new Shrewsbury Pick-Up League. Can't commit to a whole season? Come when you want. Games will rotate on weeknights and there will be some Sunday night games. Bring a friend or a whole team! Eat pizza and play some pick-up softball (teams will be picked evenly before each game and players rotate during the game to play every position). Registration is required and will open on June 5th at <https://shrewsburylittleleaguema.com>.

4. Please Note – Central Mass Cross Country Clinics

In its sixth consecutive year, the Central Mass Cross Country Clinics provides young aspiring harriers in the central mass community the opportunity to train in a group setting, learn from collegiate coaches, and hear from guest speakers including Olympic athletes and professional coaches. The clinics begin on July 17th and operate bi-weekly through August 17th. The clinics are open to any and all boys and girls ages 12-18. Limited spots are available on a first come, first serve basis. More information and registration can be found at www.cmassxcc.com.

5. Please Note – “Take Charge Hoops” Summer Basketball Clinic

The Shrewsbury High School Boys Varsity Basketball Coaches, Adrian Machado and Gerry Nowosacki, will be sponsoring a 4-day summer basketball clinic. The focus will be on individual skills through the use of time-oriented drill stations. The clinic will be conducted using groups based on grade level and gender where appropriate. Coaches Machado and Nowosacki will coordinate all activities with the support and assistance of College players and Area High School Coaches who will demonstrate and provide instruction.

This program is for boys and girls in grades 3rd through 8th and will take place from July 11th through July 14th, 8:30 a.m. to 1:00 p.m. at Shrewsbury High School. The cost for the program is \$150 per student. Please [click here](#) for the registration form.

6. Please Note – Shrewsbury Little League “Buddy Volunteers”

The Shrewsbury Little League Challenger Baseball team is looking for Buddy Volunteers. This is an adaptive baseball program for individuals with physical and intellectual challenges that rely on Buddy Volunteers. The role of a Buddy is to assist the Challenger players in the areas of batting, base running, catching, and throwing as needed during practices and the games to assure their safety.

Requirements for Buddies:

- Buddy volunteers should be grades 8 or above
- Buddy volunteers are needed for this program at a 1:1 ratio
- We ask that buddies commit to coming to each practice and game
- We rely heavily on email for communication for this program
- Volunteers must possess a lot of patience
- No prior experience is necessary

Practices are on Tuesdays from 5:30 to 7:30 p.m. on the Upper Dean Softball Field. Games are on Saturdays from 9:00 a.m. to 12:00 p.m. either in Shrewsbury, Northborough, Westborough, or Grafton. If you are interested or know someone who would be interested in volunteering, please get in touch with Chip Collins at shrewsburychallenger@gmail.com.
