



# Community Bulletin

June 13th, 2022

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Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

## School District Items

1. [Please Note](#) – 2022-2023 Parker Road Preschool Openings **(New)**
2. [Please Note](#) – Leave a Note of Thanks **(New)**
3. [Please Note](#) – Summer Enrichment Classes
4. [Please Note](#) – Kindergarten Summer Fun Program
5. [Save the Date](#) – SHS Athletics Boosters Leo M. Murray Jr. Golf Classic, June 24th

## Community Items

1. [Please Note](#) – “Summer Eats” Free Meals for Kids & Teens **(New)**
2. [Please Note](#) – Shrewsbury Public Library Events **(New)**
3. [Please Note](#) – Y.A.H.O.O. Volunteer Opportunity for Students **(New)**
4. [Please Note](#) – COVID-19 Test Us Research Study **(New)**
5. [Save the Date](#) – Boy Scout Troop 114 Bottle & Can Drive, June 18th **(New)**
6. [Save the Date](#) – Shrewsbury Historical Society Event, June 22nd **(New)**
7. [Save the Date](#) – Shrewsbury Public Library Event
8. [Please Note](#) – Shrewsbury Community Fridge
9. [Please Note](#) – India Society of Worcester Summer Programs
10. [Please Note](#) – Shrewsbury Parks & Recreation Crew Rowing
11. [Please Note](#) – Shrewsbury Parks & Recreation Summer Playground
12. [Please Note](#) – Shrewsbury Youth Development Focus Groups
13. [Please Note](#) – Shrewsbury Farmers Market
14. [Please Note](#) – Shrewsbury Youth and Family Services Summer Programming

## Youth Athletics and Activities

1. [Please Note](#) – Shrewsbury Little League Summer Softball

2. [Please Note](#) – Central Mass Cross Country Clinics
  3. [Please Note](#) – “Take Charge Hoops” Summer Basketball Clinic
  4. [Please Note](#) – Shrewsbury Little League “Buddy Volunteers”
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### **School District Items**

#### **1. [Please Note](#) – 2022-2023 Parker Road Preschool Openings (New)**

Are you looking for a fantastic preschool program for your 3 or 4 year old child for the 2022-2023 school year? Parker Road Preschool, Shrewsbury's integrated preschool, has availability for the 4-day afternoon session (Monday through Thursday) and a very short waitlist for the 5-day morning session. Please visit the [Shrewsbury Public Schools registration website](#) for more information about our program. If you are interested in joining our waitlists, please click on the orange banner labeled "[2022-2023 Preschool Waitlist](#)" to add your child to the waitlist. We look forward to welcoming you to our Parker Road family!

#### **2. [Please Note](#) – Leave a Note of Thanks (New)**

As you say goodbye to the 2021-2022 school year and perhaps to Shrewsbury Public Schools, consider saying a final “thank you” to those who helped your student thrive and grow throughout the challenges of the past few years, as well as throughout their elementary, middle, and high school years.

[Click here](#) to send a message to any teacher, coach, administrator, or group and leave a donation of any size to the Colonial Fund. Or [click here](#) to download a form to send in a written note and check. Either way, your note will be forwarded to the person you are honoring and your donation will go towards funding innovation, creativity, and projects that these same teachers have brought forward to promote excellence in our schools. The [Shrewsbury Public Schools Colonial Fund](#) has been supporting innovative programs since 2013 and the list of exceptional projects supported this year can be found [here](#).

Please contact us at [development@shrewsbury.k12.ma.us](mailto:development@shrewsbury.k12.ma.us) with any questions. We truly appreciate your support and hope you have a wonderful summer!

#### **3. [Please Note](#) – Summer Enrichment Classes**

Shrewsbury Public Schools is offering a small selection of afternoon enrichment classes in July and August to all current Shrewsbury Public Schools students entering grades 1-9. These

classes were originally open only to students who are also invited to participate in Summer Academy classes in the morning; remaining spots in these classes are now open to all students who will be in grades 1-9 in the Shrewsbury Public Schools next fall. Spaces are limited, and will be filled on a first-come, first-served basis.

Location: Maj. Howard W. Beal School

Schedule: Monday-Thursday, 12:00 to 3:00 p.m.

Dates: July 18-21, July 25-28, Aug 1-4, Aug 8-11

Cost: Classes are discounted for all participants, and each class costs \$40/week.

#### How to Register

- Visit our registration website <https://shrewsburyma.ce.eleyo.com/>
- In the upper right corner, click "Sign In"
- If you don't have an account, click "Create One Now"
  - Set up your account - when it asks for "Your info" it means the parent, not the student
  - Add your child to your account
  - Add a second parent to the account if applicable
- Click "Explore" or go back to the home screen
- Under the heading "Summer Academy PM enrichment" click "register now"
- There are many courses to choose from each week
- You can sort the classes by date, or by grade to find a class that meets your needs
- Each child can choose one class per week
- After you've added all the classes to your cart, check out and pay
- All payments must be made online, at the time of registration
- Unpaid classes are incomplete registrations and will not be saved in your shopping cart

If you have any questions or need assistance with registration, please contact Karen Isaacson, Director of Extended Learning, at [kisaacson@shrewsbury.k12.ma.us](mailto:kisaacson@shrewsbury.k12.ma.us).

#### **4. Please Note – Kindergarten Summer Fun Program**

The Summer Fun Program is a great way to prepare your child for the start of kindergarten. Students will become familiar with their school building and experience the routines of a typical day in a kindergarten class. They will leave feeling more confident and ready for the first day of school! All preschool students who will be starting kindergarten at Shrewsbury Public Schools in the fall of 2022 are eligible to register. The program will run in each of the five elementary schools, so please register for the location where your child will be attending kindergarten.

Deadline to register: June 17th

Cost: \$100 - Financial aid is available

Dates: Monday, August 15th through Thursday, August 18th

Hours: 9:00 a.m. to 11:30 a.m.

Visit our [website](#) for more information on how to register. Please contact Karen Isaacson, Director of Extended Learning, at [kisaacson@shrewsbury.k12.ma.us](mailto:kisaacson@shrewsbury.k12.ma.us) with any questions. Please note that each class is taught by one of the kindergarten teachers at Shrewsbury Public Schools, but it may not be your child's specific teacher or classroom.

## **5. Save the Date – SHS Athletics Boosters Leo M. Murray Jr. Golf Classic, June 24th**

We are pleased to announce that the annual SHS Athletic Boosters Leo M. Murray Jr. Golf Classic will be held on Friday, June 24th at Juniper Hill Golf Course in Northborough. The money raised from this event will be used to support the needs of all our athletic teams, along with funding two scholarships for graduating seniors. We have sold out early over the past several years, so we encourage you to register quickly.

The cost of the tournament remains \$150 per player, which includes green fees, cart, tournament gift, dinner buffet, and a chance to win a luxury car. You will also be able to buy in to fun tournament contests. Your registration is confirmed upon receipt of electronic payment. Please register at <http://birdeasepro.com/SHSBoosters>. This site will also be used for sponsorship opportunities as well. If it is of interest to you or your business, please take a look. We look forward to you joining us again this year for another exciting day of golf! Thank you in advance for your anticipated support!

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## **Community Items**

### **1. Please Note – “Summer Eats” Free Meals for Kids & Teens (New)**

Summer Eats is a totally free-of-charge program that provides free meals to all kids and teens, ages 18 and under, at locations all across Massachusetts during the summer months. Summer Eats livens up every kid's summer by filling their bellies and filling their days with activities that get them out, up, and moving.

Administered by the Massachusetts Department of Elementary and Secondary Education, Summer Eats sites across the state provide free meals to all kids and teens, no identification or registration required. Caregivers can rest easier knowing meals are off their hands, and use that time and energy to focus on everything else on their to-do list.

Find a Summer Eats meal site through [Project Bread](#) - check back frequently for new and updated site locations and meal service information.

## **2. Please Note – Shrewsbury Public Library Events (New)**

### Meditation as Medication: A Doctor's Perspective

Can meditation improve high blood pressure, anxiety, depression, or pain? If a doctor told you to meditate, would you hesitate? Join the Shrewsbury Public Library and Matthew Raider, MD on Tuesday, June 21st at 7:00 p.m. to learn how meditation can have a profound effect on your life. Dr. Raider is a clinical physician and coordinating director of the Geriatric Teaching Program in Family Medicine at Middlesex Hospital in Connecticut. As a physician and long-time meditator, he has a strong interest in meditation and its relationship to health and disease prevention/treatment. Dr. Raider has lectured extensively on the subject in hospitals and other venues in the U.S. and Canada and recently spoke at the United Nations. He is also a co-author of the best-selling book, "Meditation as Medication for the Soul." This program will take place on Zoom; register to attend [here](#).

### Women Redefining Wealth

Join the Shrewsbury Public Library and the team from RetirementAdvisers.net on Wednesday, June 22nd at 6:00 p.m. for this informative program on personal finance. They will discuss income challenges faced by all retirees, but will focus particularly on the unique challenges facing women. They'll explain to attendees how to create a retirement income roadmap as well as plan for potential income gaps in retirement. This program will take place at the library; please register to attend [here](#).

### Microadventures in Massachusetts

Join the Shrewsbury Public Library and Alison O'Leary on Thursday, June 23rd at 7:00 p.m. for this fun program on the spectacular scenery, wildlife, and other wonderful opportunities for adventure in Massachusetts. Most of these places are hidden in plain sight in our state parks and accessible nature preserves. Get inspiration for all of your summer day trips and adventures in one program! Learn about opportunities to explore waterfalls, rivers, islands, and abandoned towns; go mountain biking; spot wildlife; and more! Alison O'Leary is a Massachusetts native, longtime journalist, author of several nonfiction history and outdoors books, and an avid outdoor explorer. For more information, visit her website at [www.alisonoleary.com](http://www.alisonoleary.com). Sponsored by the Friends of the Shrewsbury Public Library. This program will take place in person at the library; please register to attend [here](#).

## **3. Please Note – Y.A.H.O.O. Volunteer Opportunity for Students (New)**

Young Adults Helping Out Others (Y.A.H.O.O.) is a volunteer opportunity for students entering into grades 10-12 to help others in their community. Starting this fall, we will be focusing on helping seniors with yard cleanups! For more information, please join us at the Senior Center

for an informational meeting on Monday, June 27th at 9:00 a.m. Refreshments will be served! More information can be found [on this slideshow](#) about the program and [on the program flier](#).

#### **4. Please Note – COVID-19 Test Us Research Study (New)**

COVID-19 Test Us is a research program brought to you by the National Institutes of Health sponsored Rapid Acceleration of Diagnostics initiative. COVID-19 Test Us includes many studies that are helping researchers learn more about COVID-19 tests and how to best use them. If you are interested in participating in a research study, please visit the [COVID-19 Test Us website](#) and see the [participation information flier](#) from UMass Chan Medical School.

#### **5. Save the Date – Boy Scout Troop 114 Bottle & Can Drive, June 18th (New)**

On Saturday, June 18th, Boy Scout Troop 114 will be hosting a bottle and can drive at Shrewsbury Town Hall from 9:00 a.m. to 1:00 p.m. Scouts will be happy to accept your redeemable bottles and cans. Proceeds from the drive will go towards supporting their Scouting activities throughout the year.

#### **6. Save the Date – Shrewsbury Historical Society Event, June 22nd (New)**

Shrewsbury Historical Society presents “Dr. Joseph Warren: The American Revolution’s Lost Hero” by Christian DiSpigna on Wednesday, June 22nd at 7:00 p.m. as a virtual program and taped rebroadcast on Shrewsbury Channels 28 and 328 and online at [www.shrewsburymediaconnection.org](http://www.shrewsburymediaconnection.org).

Dr. Joseph Warren’s resistance activities against what he viewed as oppressive British policies led one British commander to declare that Warren was “the greatest incendiary in all America.” Following Warren’s death at the Battle of Bunker Hill in 1775, his martyrdom quickly overshadowed his contributions to American independence. We will explore Warren’s pivotal role and deconstruct how and why this popular “Founding Grandfather” fell from glory into obscurity.

Christian Di Spigna is the author of *Founding Martyr: The Life and Death of Dr. Joseph Warren, the American Revolution’s Lost Hero*. He is the Executive Director of the Dr. Joseph Warren Foundation and also serves on the Board of the Bunker Hill Monument Foundation.

#### **7. Save the Date – Shrewsbury Public Library Event**

Climate Justice

On Thursday, June 16th at 7:00 p.m. on Zoom, join the Shrewsbury Public Library and Nia Keith, social justice educator and climate activist, as we examine the connection between societal inequities and climate impacts and discuss ways to support the most dynamic climate justice initiatives today, led by youth and People of Color around the world.

Climate change—the number one existential threat to humanity and the planet—is often described as an environmental problem with scientific solutions, but it's more than that. Where do social justice and climate change overlap? And how can we, as concerned community members, fight climate change in a way that is just and equitable for all?

This program is brought to you with federal funds provided by the Institute of Museum and Library Services and administered by the Massachusetts Board of Library Commissioners. Please register to attend [here](#).

#### **8. Please Note – Shrewsbury Community Fridge**

The Shrewsbury Community Fridge is open now at 98 Maple Avenue, right near the Senior Center! The Shrewsbury Rotary Club and community partners are proud to announce the opening of Shrewsbury's first community fridge, which is a "take what you need, leave what you can" fridge and pantry providing free food to all members of the community. The Shrewsbury Community Fridge is open and accessible 24/7 and includes a variety of fresh and frozen foods in addition to pantry staples. It is up to the entire community to keep the fridge and pantry well-stocked for our neighbors in need. Please visit the fridge if you are facing food insecurity, spread the word to those who can benefit, and donate if you are able. The fridge is managed through a [Facebook group](#) and welcomes new members to contribute to the upkeep and care.

#### **9. Please Note – India Society of Worcester Summer Programs**

India Society of Worcester is starting a series of different classes by our volunteers this summer. Subjects range from 3D Printing Workshop for grades 1 and up (adults are welcome as well), SAT Math classes for 7th, 8th and 9th graders, Python, Spanish, Speech, and more. We are also hosting a free Sanskrit family workshop in July. Classes will be held in person or online at India Center, 152 Main Street, Shrewsbury. Please email [tutoring@iswonline.org](mailto:tutoring@iswonline.org) for more information.

#### **10. Please Note – Shrewsbury Parks & Recreation Crew Rowing**

Crew Rowing (Learn to Row) - For grades 8th-12th, four days each session. There are four sessions offered during the weeks of 6/21-6/24 and 7/18-7/22 . Choose between the 8:00 a.m.



or 11:00 a.m. class. This program is being offered through a partnership with the Regatta Point Community Sailing and Parks & Recreation! Cost is \$225. Currently accepting registrations.

#### **11. Please Note – Shrewsbury Parks & Recreation Summer Playground**

We are currently accepting registration for all 6 weeks of Summer Playground this summer, starting on June 27th. Parents have weekly options and AM/PM add-ons to each week! Please make sure you have an active account in our new system. Click [here](#) for our website. Contact us with any issues at [parkrec@shrewsburyma.gov](mailto:parkrec@shrewsburyma.gov).

#### **12. Please Note – Shrewsbury Youth Development Focus Groups**

The Central Massachusetts Regional Public Health Alliance (CMRPHA) is a coalition of five municipalities, including the Town of Shrewsbury, working cooperatively to create and sustain a viable and labor-efficient regional public health district. CMRPHA is currently completing an assessment under the Massachusetts Collaborative for Action, Leadership, and Learning 3 (MassCall3) grant, which is funded by the Massachusetts Department of Health and focuses on using evidence-based strategies to prevent and delay first use of alcohol, tobacco, and marijuana. These funds will support prevention work in Worcester, Shrewsbury, Grafton, and Millbury for the next three years.

As part of the grant's assessment process, CMRPHA has administered a regional youth health survey in each town to examine risky and positive behaviors. They are now starting the next phase of the assessment process, which is conducting focus groups and one-on-one interviews in early June with students in grades 5-12 as well as parents/caregivers.

If you are interested in your child participating in a virtual focus group or one-on-one interview, or if you would like to join the parent/caregiver focus group, you may [click here](#) to register. Please [click here to see the flier](#) for additional information and [click here to view the required consent form](#).

#### **13. Please Note – Shrewsbury Farmers Market**

The Shrewsbury Farmers Market will begin on June 15th and will run every Wednesday through September 21st from 2:30 to 6:30 p.m. The market will be located at 98 Maple Avenue in the Senior Center parking lot and will feature over 25 vendors selling vegetables, fruits, baked goods, honey, jams, meats, eggs, soap, sauces, spreads, crafts, and more. WIC and SNAP are accepted by farm vendors and kids activities are back this year.



It takes a village to put on a farmers market and we need the help of volunteers. Many people in the past have used their volunteer experience with the farmers market on job or college applications. Please use the [Sign-Up Genius](#) if you are interested in volunteering. If you have any questions, please contact Missy at [melisahollenback@hotmail.com](mailto:melisahollenback@hotmail.com).

#### **14. Please Note – Shrewsbury Youth and Family Services Summer Programming**

##### LeadHERship Camp

Welcome to LeadHERship Camp (formerly You Go, Girl), one of Shrewsbury Youth and Family Services' most popular programs. This program focuses on the concerns, hopes, dreams, and goals of 4th grade girls by discussing the important changes they are experiencing during this critical time in their lives. They will learn how to strengthen their self-confidence, manage emotions, and communicate better with friends and family members. There will be plenty of practice in decision making and problem solving, too! They will learn how being healthy will help them become the person they are meant to be. We have included ways to stay drug-free and help others stay drug-free. Finally, they will practice setting goals and thinking about ways to make the most of themselves! This program will be held Monday-Thursday at the First Congregational Church. Click [here](#) to register.

Session 1: June 27 - June 30

Session 2: July 11 - July 14

Cost: \$150 per session

Classes run from 9:00 a.m. - 2:30 p.m.

##### Harry Potter and the Enchanters Camp

Welcome to Harry Potter and the Enchanters Camp, a program for kids who want to learn about mental health and have a love for the Harry Potter series written by J.K. Rowling. Throughout the Harry Potter books and movie series, the main character Harry Potter expresses negative emotions and identifies tools along the way to help him manage those feelings. This program will allow children to learn about mental health, identify tools and coping skills to help manage fears and worries, challenge negative thoughts and identify positive thinking, and explore hopes and dreams for the future. The program will also include fun activities such as sorting kids in their own Hogwarts house, creating wands, and participating in team building exercises. This program will run Monday-Thursday at the First Congregational Church and welcomes children ages 9-11. Click [here](#) to register.

Session 1: July 11 - July 14

Session 2: July 18 - July 21

Cost: \$100 per session

Classes run from 10:00 a.m. - 2:00 p.m.

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## **Youth Athletics and Activities**

### **1. Please Note – Shrewsbury Little League Summer Softball**

#### **Pick-Up Softball League**

Calling all middle school and high school softball players! Want to play some pick-up softball under the lights? Join the new Shrewsbury Pick-Up League. Can't commit to a whole season? Come when you want. Games will rotate on weeknights and there will be some Sunday night games. Bring a friend or a whole team! Eat pizza and play some pick-up softball (teams will be picked evenly before each game and players rotate during the game to play every position). Registration is required and will open on June 5th at <https://shrewsburylittleleaguema.com>.

### **2. Please Note – Central Mass Cross Country Clinics**

In its sixth consecutive year, the Central Mass Cross Country Clinics provides young aspiring harriers in the central mass community the opportunity to train in a group setting, learn from collegiate coaches, and hear from guest speakers including Olympic athletes and professional coaches. The clinics begin on July 17th and operate bi-weekly through August 17th. The clinics are open to any and all boys and girls ages 12-18. Limited spots are available on a first come, first serve basis. More information and registration can be found at [www.cmassxcc.com](http://www.cmassxcc.com).

### **3. Please Note – “Take Charge Hoops” Summer Basketball Clinic**

The Shrewsbury High School Boys Varsity Basketball Coaches, Adrian Machado and Gerry Nowosacki, will be sponsoring a 4-day summer basketball clinic. The focus will be on individual skills through the use of time-oriented drill stations. The clinic will be conducted using groups based on grade level and gender where appropriate. Coaches Machado and Nowosacki will coordinate all activities with the support and assistance of College players and Area High School Coaches who will demonstrate and provide instruction.

This program is for boys and girls in grades 3rd through 8th and will take place from July 11th through July 14th, 8:30 a.m. to 1:00 p.m. at Shrewsbury High School. The cost for the program is \$150 per student. Please [click here](#) for the registration form.

### **4. Please Note – Shrewsbury Little League “Buddy Volunteers”**

The Shrewsbury Little League Challenger Baseball team is looking for Buddy Volunteers. This is an adaptive baseball program for individuals with physical and intellectual challenges that rely on Buddy Volunteers. The role of a Buddy is to assist the Challenger players in the areas of

batting, base running, catching, and throwing as needed during practices and the games to assure their safety.

Requirements for Buddies:

- Buddy volunteers should be grades 8 or above
- Buddy volunteers are needed for this program at a 1:1 ratio
- We ask that buddies commit to coming to each practice and game
- We rely heavily on email for communication for this program
- Volunteers must possess a lot of patience
- No prior experience is necessary

Practices are on Tuesdays from 5:30 to 7:30 p.m. on the Upper Dean Softball Field. Games are on Saturdays from 9:00 a.m. to 12:00 p.m. either in Shrewsbury, Northborough, Westborough, or Grafton. If you are interested or know someone who would be interested in volunteering, please get in touch with Chip Collins at [shrewsburychallenger@gmail.com](mailto:shrewsburychallenger@gmail.com).

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