



# Community Bulletin

March 28th, 2022

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Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

## School District Items

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## Community Items

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## School District Items

### **1. Please Note – Community Forum: Student Well-Being and Mental Health Webinar** (New)

Please join us on Tuesday, March 29th at 7:00 p.m. for a webinar about the ongoing mental health challenges students and families are currently experiencing in our community and across the country with Co-Founder and Associate Director of the Riverside Trauma Center, Mr. James McCauley. During this webinar, Mr. McCauley will share his assessment and perspectives on the current state of adolescent mental health. He will also share risk factors for self-injurious behavior and suicide, provide advice and strategies for families on how to have conversations with students about their mental health, and share the resources and supports that are available in our community. Families can access the webinar [here](#).

### **2. Please Note – SHS Career Exploration Program Searches for Local Partnerships**

The following is a request from Dr. Jane Lizotte, Acting Principal of Walter J. Paton Elementary School and Assistant Superintendent for Community Partnerships and Well-Being:

Shrewsbury High School students are seeking opportunities to engage in career exploration through job shadowing and internship opportunities during the upcoming spring and summer months, in addition to the April Vacation week. The new SHS Career Exploration Program endeavors to partner with local businesses and community organizations by providing students with learning experiences in fields and occupations in which students are interested in learning more. Coordinators of this innovative program include SHS Director of School Counseling, Ms. Angie Flynn, School Counselor, Mr. Sean Russell, and Orchestra and General Music Teacher, Ms. Kate Mercadante. The coordinators are working diligently to provide career exploration opportunities to juniors at SHS, and are actively pursuing community members and SHS alumni who are willing to partner with students, staff, and families. Over 260 students in the junior class have expressed interest in these job shadowing and internship experiences. Please help if you can!

If you have any questions and/or are seeking additional information, please reach out to Ms. Angie Flynn ([aflynn@shrewsbury.k12.ma.us](mailto:aflynn@shrewsbury.k12.ma.us)), Ms. Kate Mercadante ([kmercadante@shrewsbury.k12.ma.us](mailto:kmercadante@shrewsbury.k12.ma.us)), and/or Mr. Sean Russell ([srussell@shrewsbury.k12.ma.us](mailto:srussell@shrewsbury.k12.ma.us)). Thank you for your consideration!

### **3. Please Note – Current Openings in the Extended Day Program**

The Extended School Care program has immediate openings in the before and after school programs for students attending Beal, Coolidge, Floral, Paton, Spring, and Sherwood.

Extended day offers a structured enrichment program led by experienced, professional staff. Students can choose from a variety of planned activities each day including art, gym games, dramatic play, outdoor play, and many special projects and clubs. Students in grades 1-6 also have a period of quiet homework time. A snack and drink are provided each day. The program is located in each of the school cafeterias and students go directly to the program at school dismissal. There is no transportation for Extended Day. Parents must pick up their child no later than 6:00 p.m. The before school programs at the elementary schools open at 7:00 a.m. and parents may drop off anytime between 7:00 a.m. and 8:15 a.m. Our staff will ensure students get to class at the start of the school day.

Students enrolled during the current school year are guaranteed a spot in next year's program. Additional information, including tuition rates, can be found on our [website](#). Please contact Karen Isaacson, Director of Extended Learning, at [kisaacson@shrewsbury.k12.ma.us](mailto:kisaacson@shrewsbury.k12.ma.us) if you are interested in enrolling your child for the remainder of the 2021-2022 school year.

#### **4. Please Note – 2022-2023 Kindergarten Registration Now Open**

Dear parents and caregivers: New kindergarten student registration for the 2022-2023 school year is now open. If you plan to enroll your child in kindergarten for next year, please complete the online student registration process by April 1st. You can access the registration link [here](#).

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### **Community Items**

#### **1. Please Note – Participate in the Town of Shrewsbury Strategic Planning Process (New)**

What services would you like the Town to provide that you don't have access to? What does the Town do well? What are three things you love about Shrewsbury and are true today about Shrewsbury that you hope will still be true in 10 years? What would you like to know more about? How do you like to receive information from the Town? Let us know through [GetInvolvedShrewsbury.com](http://GetInvolvedShrewsbury.com), an interactive feedback website that community members can use to participate in the Shrewsbury Strategic Planning Process!

#### **2. Please Note – Shrewsbury Parks & Recreation Offerings**

Online Registration - Currently accepting registration for programs listed. New programs will be added throughout March/April based on space availability. Pre-registration is required for all of the parks & recreation programs. Space is limited.

Youth Flag Football - Wednesday evenings starting June 22nd at Sherwood field. Cost is \$65.

Youth Summer Tennis Sessions - Visit our website for fees, times, dates, and schedules. Classes start the week of June 20th.

Youth Summer Basketball League - Tuesday evenings starting June 21st at Shrewsbury High School Gym. Cost is \$74.

Junior Golf Spring/Summer - Visit our website for fees, times, dates, and schedules.

Teen Interview Prep Workshop - Grades 8-12th on Saturday, March 31st from 6:15 to 7:45 p.m. at Sherwood Middle School Cafeteria. Cost is \$65.

Archery Spring & Summer Sessions - Visit our website for fees, dates, and schedules.

Canvas N Cup Art Classes - Thursdays from 4:30 to 6:00 p.m. at Canvas N Cup starting April 7th. Cost is \$180.

Adult Summer Tennis Sessions - Visit our website for fees, times, dates, and schedules.

Adult Golf Spring/Summer Offerings - Visit our website for fees, times, dates, and schedules.

Adult Rhythm & Ride Spin Classes - Visit our website for fees, times, dates, and schedules.

Visit our website! [shrewsburyma.myrec.com](http://shrewsburyma.myrec.com) Create a new account if you have not done so within the past year.

### **3. Please Note – Shrewsbury Parks & Recreation Summer Playground**

We are currently accepting registration for all 6 weeks of Summer Playground this summer, starting on June 27th. Parents have weekly options and AM/PM add-ons to each week! Please make sure you have an active account in our new system. Click [here](#) for our website. Contact us with any issues at [parkrec@shrewsburyma.gov](mailto:parkrec@shrewsburyma.gov).

### **4. Please Note – Shrewsbury Public Library March Events for Tweens & Teens**

We have tons of great events for tweens and teens happening in March at the Library!

- Wednesday, March [30th](#) - Middle School Improv - 7:30 p.m. in Meeting Room A. Grades 5-8. Register for each session individually.

- Fridays - Each Friday after school we'll have a different game or activity! Drop in for guessing games, puzzles, board games, and more.

Check our [online calendar](#) for more details and registration!

## 5. Please Note – Shrewsbury Public Library March Events

### "Spring Into Reading" Challenge for Kids

Spring Into Reading is Shrewsbury Public Library's newest reading challenge for kids ages 5-14!

To participate in the challenge:

- Create an account through [Beanstack](#) or log into an existing account
- Choose the "Spring Into Reading" challenge
- Log minutes you read
- Earn badges and prizes for hours logged

Please email [splkids@cwmmars.org](mailto:splkids@cwmmars.org) or call (508) 841-8609 x4 if you have any questions!

### DAWNLAND Documentary Screening

On Thursday, March 31st at 7:00 p.m., join the Shrewsbury Public Library for a virtual screening of the feature-length documentary DAWNLAND. The film, which won an Emmy for Outstanding Research in 2018, follows Maine's "truth and reconciliation commission" (TRC) to contemporary Wabanaki communities to witness intimate, sacred moments of truth-telling and healing. With exclusive access to this groundbreaking process and never-before-seen footage, the film reveals the untold narrative of Indigenous child removal in the United States. The film's Learning Director, Dr. Mishy Lesser, will briefly introduce the film and answer questions after the screening. This program is brought to you with federal funds provided by the Institute of Museum and Library Services and administered by the Massachusetts Board of Library Commissioners. Please register to attend [here](#) and click [here](#) for the flyer.

### Jellyfish: How to Pastel Paint

On Monday, April 4th at 7:00 p.m., join the Shrewsbury Public Library for a fun, two-hour virtual workshop with experienced painting instructor Greg Maichack. Greg will guide participants in producing their very own original pastel of a stunning jellyfish. The possibilities are bottomless! Those who sign up will become experts in the exciting practice of blending and utilizing pastel paints, with the emphasis in this workshop on creating jaw-dropping translucency effects in their work! All necessary pastels, pencils, paper, blending materials, and photographic references will be provided, and as always, at the conclusion of the workshop, all participants will get to keep their 12x18 painting. Sponsored by the Friends of the Shrewsbury Public Library. Please register to attend [here](#) and click [here](#) for the flyer.

### The History of Chinese Americans in Massachusetts

On Tuesday, April 5th at 7:00 p.m., join the Shrewsbury Public Library and Michael Liu, a lifelong activist and scholar of the Boston Chinatown community, who will present a talk on the

history of Chinese Americans in Massachusetts and its relationship to anti-Asian attitudes that continue into the present. Dr. Liu is the author of *Forever Struggle: Activism, Identity, and Survival in Boston's Chinatown, 1880–2018* and former senior research associate at the Institute for Asian American Studies at the University of Massachusetts Boston. This event will take place virtually on Zoom. Please register to attend [here](#) and click [here](#) for the flyer.

#### **6. Please Note – SYFS Harry Potter and the Enchanters Camp**

Shrewsbury Youth and Family Services welcomes you to Harry Potter and the Enchanters Camp, a program for kids who want to learn about mental health and have a love for the Harry Potter series written by J.K. Rowling. Throughout the Harry Potter books and movie series, the main character Harry Potter expresses negative emotions and identifies tools along the way to help him manage those feelings. This program will allow children to learn about mental health, identify tools and coping skills to help manage fears and worries, challenge negative thoughts and identify positive thinking, and explore hopes and dreams for the future. The program will also include fun activities such as sorting kids in their own Hogwarts house, creating wands, and participating in team building exercises.

This program will run during April vacation week (Tuesday, April 19th through Friday, April 22nd) from 10:00 a.m. to 2:00 p.m. at First Congregational Church in Shrewsbury. This program welcomes children ages 9-11. The cost for the program is \$100 per student. [Click here](#) to register.

#### **7. Please Note – Shrewsbury Rotary Club Community Recycling Event, April 24th**

Gather your junk and join the Rotary Club for an Earth Day electronics recycling fundraiser on Sunday, April 24th from 12:00 to 3:00 p.m. at the Shrewsbury Town Hall. The cost is \$40 per car load and low single-item fees. Just about anything with a cord or made of metal is accepted. For a complete list of accepted items, view the [flyer](#). Contact Beth Casavant with questions at [bethcasavant@gmail.com](mailto:bethcasavant@gmail.com).

#### **8. Please Note – Shrewsbury Historical Society Scholarships, due March 31st**

The Shrewsbury Historical Society is pleased to announce two scholarships for high school seniors who attend school in Shrewsbury and reside in Shrewsbury.

The Shrewsbury Historical Society Stephen Porter Scholarship is awarded to a high school senior in memory of Stephen Porter, a longtime member who was involved in the historic restoration of the District #5 Schoolhouse on the corner of Old Mill Road and West Main Street. This scholarship award is \$500.

The Shrewsbury Historical Society Jean McDonald Graham Scholarship is awarded to a high school senior in memory of Jean Graham, a longtime member dedicated to educating students about local history. This scholarship award is also \$500.

Students who are currently seniors in high school in Shrewsbury, reside here, and anticipate being accepted into a four-year college this spring are invited to apply for the scholarships. Applications and additional requirements can be found online at [shrewsburyhistoricalsociety.org](http://shrewsburyhistoricalsociety.org). Completed applications and support materials are due Thursday, March 31st.

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### **Youth Athletics and Activities**

#### **1. Please Note – Shrewsbury High School Varsity Baseball Blue & Gold Clinic**

The Shrewsbury High School Varsity Baseball Team will be holding its Annual “Blue & Gold Baseball Clinic” on Wednesday, April 20th at the Shrewsbury High School Baseball Field. The clinic is for kids grades 1-8. Attendees will participate in drills and receive instruction from the SHS coaching staff and SHS players. The cost is \$40 and will run from 9:00 to 11:30 a.m. Please click [here](#) for the flyer. For questions and further information, please call Lee Diamantopoulos at (508) 560-2124 or email at [ldiamantopoulos@shrewsbury.k12.ma.us](mailto:ldiamantopoulos@shrewsbury.k12.ma.us).

#### **2. Please Note – Shrewsbury Girls Youth Lacrosse Clinic**

Shrewsbury Girls Youth Lacrosse League is offering a girls youth lacrosse clinic this spring for girls in grades K-4. The clinic is designed to introduce girls to the game of lacrosse and have them learn the fundamentals while developing an understanding of the game. The sessions will progress to scrimmage-like games. The girls will need a stick, goggles, and mouthpiece to participate. The clinic will run over 6 sessions on Sundays, May 1st, 8th, 15th, 22nd, 29th, and June 5th from 3:00 to 4:30 p.m. at the Oak Middle School fields. The cost is \$90 per child. Register at [shrewsburygirlslax.us!](http://shrewsburygirlslax.us!) and contact Breana Hogan at [breanahogan@gmail.com](mailto:breanahogan@gmail.com) with any questions.

#### **3. Please Note – Shrewsbury Youth Football & Cheer**

Shrewsbury Youth Football & Cheer registration is now open. As a member of AYF and Central Mass Youth Football and Cheer Conference (CMYFCC), Shrewsbury American Youth Football and Cheer Organization (SAYFCO) provides an opportunity for all children to participate in a safe, competitively balanced, and organized setting. The lessons and values being instilled

through football and cheer will last a lifetime – lessons like hard work, discipline, commitment, and teamwork. These are the vital character traits we are trying to engrain in the participants that come through our program while making sure each participant is having fun. Click [here](#) for football season details and [here](#) for cheer season details. Please register by May 31st for Shrewsbury American Youth Football & Cheer at [www.SAYFCO.org](http://www.SAYFCO.org) to receive the early registration discount. Contact us at [marketing@sayfco.org](mailto:marketing@sayfco.org) if you have additional questions.

New Flex Flag Football Program for Grades K-1: Flex Flag Football is a growing alternative to full contact football and teaches basic skills and concepts of the game. SAYFCO Flex Flag Football provides boys and girls in grades K-1 a fun and exciting opportunity to engage in light contact (blocking is allowed) and continuous action while learning lessons in teamwork. Flex Football is a variation of flag football that provides young players a "bridge" to tackle football. The SAYFCO program is designed to educate young people about the techniques and skills of youth football while emphasizing participation and sportsmanship. Our team will be competing with towns across Central Mass. Click [here](#) for an overview of the flex program.

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