



Community Bulletin

January 3rd, 2022

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

Community Items

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Community Items

1. **[Please Note](#) – Shrewsbury Parks & Recreation Offerings**

Winter Online Registration - Currently accepting registration for some of the Winter programs. New programs will be added throughout January based on space availability. Pre-registration is required for all of the Parks & Recreation programs. Space is limited.

Kids Test Kitchen! - For kids ages 7 and up. Each virtual class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance (as needed), we'll work together virtually to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual experience gives students the unique opportunity to immediately share their work with family! Six Thursdays starting January 6th from 5:30-6:30 p.m. Cost is \$82.

Social Skills Workshop - Grades 2nd-7th on Saturday, January 15th from 11:45 a.m. to 1:15 p.m. at Oak Middle School Cafe. Cost is \$55.

Dining Etiquette Workshop - Grades 2nd-7th on Saturday, January 15th from 10:00-11:30 a.m. at Oak Middle School Cafe. Cost is \$60.

Children's Conversation Skills Workshop - Grades 2nd-7th on Saturday, January 15th from 6:30-7:30 p.m. at Sherwood Middle School Cafe. Cost is \$45.

Restaurant Ready Workshop - Grades 2nd-7th on Thursday, February 3rd from 6:30-7:30 p.m. at Sherwood Middle School Cafe. Cost is \$45.

Home Safety - Ages 9 and up, Saturday, January 22nd from 9:30 a.m. to 12:00 p.m. at Oak Middle School Cafe. Cost is \$37.

Babysitting Course - Grades 6th-8th on Thursdays, January 20th & 27th from 4:00-6:30 p.m. at Oak Middle School Cafe. Cost is \$57.

Tai Chi - Wednesdays starting January 5th from 5:30-6:30 p.m. Cost is \$48 for 8 classes for residents.

Men's Pickup Basketball - Wednesdays starting January 16th at Oak Middle School Gym. Cost is \$30.

Adult Co-Ed Volleyball - Intermediate on Mondays, Advance on Tuesdays, and Recreational on Thursdays. Visit our website for fees, times, dates and schedules.

Adult Pickleball - Mondays or Thursdays from 7:45-9:30 p.m. Visit our website for fees, dates, and schedules.

Visit our new website! shrewsburyma.myrec.com Old accounts do not work in the new system. Please build a new household and we can approve it for you.

2. Please Note – Shrewsbury Public Library Events (New)

Understanding Your Cat Presentation at the Library

UPDATE: This event has been moved from in person to online. Everyone loves a good cat video... But what if your cat isn't acting quite as cute as the ones you see on the internet? Are you tired of your cat thinking "outside the box"? Living with a hardcore shredder (and we don't mean snowboarding!)? And when it comes to your multi-cat household – why can't they all just get along? Meet Dr. Rachel Geller, certified cat behaviorist. She'll answer all of these questions and more in her fun, informative presentation on Saturday, January 8th at 2:30 p.m. on Zoom, offered through the Shrewsbury Public Library. 100% of Dr. Geller's book sales on the day of the event will be donated to [Willy's Kitty Angels Rescue](#). Please register to attend [here](#). Please [click here](#) to see the flyer for this event.

Finding Inner Peace and Calmness Through Meditation

Join Eileen Carlotto, long-time meditator with 35 years of experience, for a deep and engaging two-part virtual meditation workshop offered through the Shrewsbury Public Library. Part 1 will be held on Tuesday, January 11th at 7:00 p.m. on Zoom; Part 2 of the workshop will be held the following week, on Tuesday, January 18th at 7:00 p.m., also on Zoom. During this workshop, Eileen will talk about the journey of finding lasting peace, happiness, and a greater sense of well-being. She will share a simple technique of spiritual meditation that can help achieve a lasting state of peace and happiness found through no other experience, demonstrating how, in the middle of a jam-packed, daily schedule, you can integrate your meditation practice into your own busy life. Please register separately for each date by visiting the library's [event calendar](#). Please [click here](#) to see the flyer for this event.

WooSox '22

Join the Shrewsbury Public Library and the Worcester Red Sox Community Relations team for a fun discussion of the ballpark's move, the 2021 season, and the exciting developments to look forward to in 2022! This program is in-person at the library at 7:00 p.m. on Thursday, January 13th. Please register to attend [here](#). Please [click here](#) to see the flyer for this event.

To see the Shrewsbury Public Library January 2022 adult events flyer, please [click here](#).

3. Please Note – Town of Shrewsbury Scholarships

Applications are now available for the 2022 Town of Shrewsbury scholarships. These scholarships are awarded to deserving residents of Shrewsbury who are seniors at any high school. Awards are based on financial need, character, community service, and academic achievement. The Scholarship Fund was instituted by Town Meeting vote in May 1995. In 2021, twenty-five \$500.00 scholarships were awarded to students who were furthering their education at accredited institutions of higher learning.

Students who are interested in applying for a scholarship may obtain applications at the Shrewsbury High School Guidance Office or other high school guidance offices in the

surrounding area, or at the Board of Selectmen's Office. Applications can be downloaded at the Town of Shrewsbury website at [2022 Scholarship Application](#).

Completed applications must be received by the Board of Selectmen's office no later than 4:00 pm on Thursday, March 10, 2022. Additional information is included in the application.

For additional information regarding the Town of Shrewsbury Scholarship Fund, please see the [newsflash on the Town website](#).

4. Please Note – New BSA Troop for Girls

We are pleased to announce the formation of Troop 7114, a new Shrewsbury-based Scouts BSA Troop exclusively for girls. Troop 7114 offers an action-packed set of adventure and leadership opportunities for girls ages 11-17 in Shrewsbury and surrounding communities. The Troop program includes weekly troop meetings, monthly campouts, regular community service projects, and annual summer camp and high adventure trips.

Troop 7114 will be hosting an information session and open house on Saturday, January 8th, from 2:00 - 4:00 p.m. at the First Congregational Church in Shrewsbury Center. Please stop by to learn more about the Scouts BSA Program, meet the experienced BSA adult leaders, see our vast array of camping gear, and hear about the exciting adventures our Troop has planned for 2022. For more information, contact troop7114leadership@gmail.com and visit t7114shrewsbury.wordpress.com.

5. Please Note – SYFS LeadHERship Vacation Camps

Welcome to LeadHERship Camp (formerly You Go, Girl), one of Shrewsbury Youth and Family Services' most popular programs. This program focuses on the concerns, hopes, dreams, and goals of 4th grade girls by discussing the important changes they are experiencing during this critical time in their lives. They will learn how to strengthen their self-confidence, manage emotions, and communicate better with friends and family members. There will be plenty of practice in decision-making and problem-solving, too! They will learn how being healthy will help them become the person they are meant to be. We have included ways to stay drug-free and help others stay drug-free. Finally, they will practice setting goals and thinking about ways to make the most of themselves!

This program will run during the February and April vacation weeks, Tuesday-Friday, 9:00 a.m. to 2:30 p.m. at the First Congregational Church.

Mid-Winter Session: February 22-25

Spring Session: April 19-22

Cost: \$150.00 per session

Registration: <https://give.classy.org/LeadHership2022>

Be the girl who fixes another girl's crown without telling the world that it was crooked!

Youth Athletics and Activities

1. Please Note – Shrewsbury Youth Soccer Spring 2022 Season

The goal of SYS is to create and foster a positive and fun-filled environment for players, coaches, officials and parents. The program strives to maintain the highest standard of skill and sportsmanship, developing and training players, coaches, and referees for all levels of competition and offering a program that encourages and supports the participation of all abilities. The season is scheduled to start in April and run through to early June. Registration is open to all age groups from pre-kindergarten through grade 12. Click [here](#) to register.

2. Please Note – Central Mass Revolution Hockey

Looking to get your kiddo out on the ice for hockey? If so, visit www.RevsHockey.com for registration for our "Learn to Play Hockey House League" with Central Mass Revolution (Shrewsbury youth hockey and Starhawks youth hockey). See our [flyer](#) for all of the details. Go REVS!

3. Please Note – Shrewsbury Youth Lacrosse Spring 2022 Registration Open

Registration for the 2022 Spring lacrosse season is now open for Shrewsbury boys in 1st through 8th grades. As always, Shrewsbury Youth Lacrosse (SYL) encourages players of any ability to join us for an exciting new season of lacrosse. See [flyer](#) for more information and go to our [website](#) to find out more about our organization, the game, and how to register to play with us this spring.

Questions? Email us at shrewsburylax@gmail.com or find us on [Facebook](#) and [Instagram](#). Come join us for the fastest game on two feet!

4. Please Note – Shrewsbury Little League Baseball

Registration is now open for the Spring 2022 Shrewsbury Little League baseball season! Join the tradition and sign up now! Players 5-years-old to 12-years-old can register [here](#). Team assignments for all divisions will be sent out in the spring. Registered ball players in AAA (9- and 10-year-olds) and Majors (11- and 12-year-olds) will be invited to an indoor player evaluation this February - please be on the lookout for more information.

5. Please Note – Shrewsbury Little League Softball

Register now for the Spring 2022 Shrewsbury Little League softball season! Join the tradition of learning the game of softball in a competitive and fun program. Players preschool through high school age can register [here](#). No prior playing experience is necessary. The season runs from April–June and team assignments will be sent out in the spring. Players will be invited to an indoor evaluation on January 29th at The Bancroft School. The Pitching Clinic registration is also now open.
