

# **Community Bulletin**

July 6th, 2022

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the <u>School Committee policy</u>.

#### **School Department at Town Hall Summer Hours**

Starting on Tuesday, June 21st, the School Department will follow the Shrewsbury Town Hall's summer hours. The following schedule will be in effect through Friday, August 19th. The School Department will resume regular 8:00 a.m. to 4:30 p.m. daily hours the week of August 22nd.

Monday: 8:00 a.m. to 4:30 p.m. <u>Tuesday</u>: 8:00 a.m. to **6:30 p.m.** <u>Wednesday</u>: 8:00 a.m. to 4:30 p.m. <u>Thursday</u>: 8:00 a.m. to 4:30 p.m. <u>Friday</u>: 8:00 a.m. to **12:00 p.m.** 

#### **School District Items**

- 1. Please Note Destination Imagination Coordinator Job (New)
- 2. Please Note 2022-2023 Parker Road Preschool Openings
- 3. Please Note Summer Enrichment Classes

## **Community Items**

- 1. Please Note Shrewsbury Public Library Events (New)
- 2. Please Note Infant Formula Shortage Resources (New)
- 3. Please Note SELCO Treasure Hunt & Raffle (New)
- 4. Save the Date Shrewsbury Council on Aging Event, September 22nd
- 5. Please Note "Summer Eats" Free Meals for Kids & Teens
- 6. Please Note Shrewsbury Community Fridge

- 7. Please Note Shrewsbury Parks & Recreation Crew Rowing
- 8. Please Note Shrewsbury Parks & Recreation Summer Playground

#### **Youth Athletics and Activities**

- 1. Please Note Shrewsbury Youth Soccer Fall Season
- 2. Please Note Football for You with Patriots Alumni
- 3. Please Note Central Mass Cross Country Clinics
- 4. Please Note "Take Charge Hoops" Summer Basketball Clinic

#### **School District Items**

## 1. Please Note – Destination Imagination Coordinator Job (New)

Shrewsbury Public Schools is currently accepting applications for a coordinator for the Destination Imagination program. The coordinator will be responsible for overseeing the entire program including teams, team managers, volunteers, meetings, challenges, and competitions. Stipend payment is \$2,903. We are accepting applications until Monday, July 18th. Please see the <a href="SchoolSpring listing">SchoolSpring listing</a> for more information and to apply.

#### 2. Please Note – 2022-2023 Parker Road Preschool Openings

Are you looking for a fantastic preschool program for your 3 or 4 year old child for the 2022-2023 school year? Parker Road Preschool, Shrewsbury's integrated preschool, has availability for the 4-day afternoon session (Monday through Thursday) and a very short waitlist for the 5-day morning session. Please visit the Shrewsbury Public Schools registration website for more information about our program. If you are interested in joining our waitlists, please click on the orange banner labeled "2022-2023 Preschool Waitlist" to add your child to the waitlist. We look forward to welcoming you to our Parker Road family!

#### 3. Please Note - Summer Enrichment Classes

Shrewsbury Public Schools is offering a small selection of afternoon enrichment classes in July and August to all current Shrewsbury Public Schools students entering grades 1-9. These classes were originally open only to students who are also invited to participate in Summer Academy classes in the morning; remaining spots in these classes are now open to all students who will be in grades 1-9 in the Shrewsbury Public Schools next fall. Spaces are limited, and will be filled on a first-come, first-served basis.

Location: Maj. Howard W. Beal School

Schedule: Monday-Thursday, 12:00 to 3:00 p.m. Dates: July 18-21, July 25-28, Aug 1-4, Aug 8-11

Cost: Classes are discounted for all participants, and each class costs \$40/week.

## How to Register

- Visit our registration website <a href="https://shrewsburyma.ce.eleyo.com/">https://shrewsburyma.ce.eleyo.com/</a>
- In the upper right corner, click "Sign In"
- If you don't have an account, click "Create One Now"
  - Set up your account when it asks for "Your info" it means the parent, not the student
  - Add your child to your account
  - Add a second parent to the account if applicable
- Click "Explore" or go back to the home screen
- Under the heading "Summer Academy PM enrichment" click "register now"
- There are many courses to choose from each week
- You can sort the classes by date, or by grade to find a class that meets your needs
- Each child can choose one class per week
- After you've added all the classes to your cart, check out and pay
- All payments must be made online, at the time of registration
- Unpaid classes are incomplete registrations and will not be saved in your shopping cart

If you have any questions or need assistance with registration, please contact Karen Isaacson, Director of Extended Learning, at <a href="mailto:kisaacson@shrewsbury.k12.ma.us">kisaacson@shrewsbury.k12.ma.us</a>.

# **Community Items**

#### 1. Please Note – Shrewsbury Public Library Events (New)

#### Meditation for Dealing with the Stress of Modern Life

Join the Shrewsbury Public Library and long-time meditator Arlene Samsel on Thursday, July 7th at 7:00 p.m. for this powerful virtual workshop. The ancient tradition of meditation has become even more valuable in our modern times. People still face a great deal of turmoil in their private lives and in the world. Meditation can be used to cope with the challenges of everyday life and reduce stress. There are many benefits that come from meditation on physical, emotional, and spiritual levels. During this engaging workshop, you will learn a simple, time-tested technique! Arlene Samsel has been meditating for 25 years and has given many meditation workshops and retreats, enabling her to speak firsthand about the crucial role of meditation in enhancing the daily lives of busy people. This program will take place on Zoom; please register to attend <a href="here">here</a>.

## Homeless Shelter Secrets: The Hidden World of Homelessness

Have you ever wondered about what it's like to be homeless? Ryan Dowd has spent most of his life working in homeless shelters. Now he travels the world training law enforcement, nonprofits, libraries, and curious individuals. Join Ryan with the Shrewsbury Public Library on Thursday, July 14th at 7:00 p.m. for this virtual workshop, which will help you understand homelessness better than 99.9% of people.

Presenter Ryan Dowd has spent most of his career as Executive Director of a large homeless shelter near Chicago. In addition, he trains organizations around the on how to use empathy-driven enforcement with homeless individuals. This program is brought to you with federal funds provided by the Institute of Museum and Library Services and administered by the Massachusetts Board of Library Commissioners. This program will take place on Zoom; please register to attend <a href="https://executive.com/hemosphase/">hemosphase/</a> to attend <a href="https://executive.com/hemos

#### Hit the Bus Concert

On Tuesday, July 19th at 6:00 p.m., join Shrewsbury Parks & Recreation and the Shrewsbury Public Library at the Dean Park Bandstand (805 Main Street in Shrewsbury) for a concert by Hit the Bus. The band plays an eclectic mix of music ranging from the 50s through today's hits. Hit The Bus plays the music people want to hear, dance, and party to! Rain Date: Thursday, July 21st. Sponsored by Shrewsbury Parks & Recreation and the Friends of Shrewsbury Library. No registration required.

## <u>Ukulele with Julie for adults</u>

Want to try an instrument that's fun and easy to play? Join the Shrewsbury Public Library with Julie Stepanek on Thursday, July 21st at 7:00 p.m. as she shows the fundamentals of ukulele playing. You'll learn how to tune, strum, and read chords. After a short lesson, you'll be able to play songs! No experience necessary. Bring your own ukulele or borrow one of hers. Sponsored by the Friends of the Shrewsbury Public Library. This program will take place at the library; please register to attend <a href="https://example.com/here/beauty-state-library">https://example.com/here/beauty-state-library</a>.

## 2. Please Note – Infant Formula Shortage Resources (New)

The Central MA Regional Public Health Alliance (CMRPHA) in conjunction with several partners have developed a resource in English and Spanish for families during the formula shortage. It includes tips, guidance, and links for those seeking assistance. Please <u>click here</u> to view the resource.

If you are struggling to find formula, please contact the Worcester Family Resource Center of YOU Inc., an affiliate of Seven Hills Foundation, at (508) 796-1411 or 20 Cedar Street, Worcester MA 01609. They are collecting information on where local supplies are as they become available.

#### 3. Please Note – SELCO Treasure Hunt & Raffle (New)

"Electrify Everything" is a fun and educational summer activity for the whole family and sponsored by SELCO. Complete the treasure hunt and enter a drawing to win prizes. See more information here.

## 4. Save the Date - Shrewsbury Council on Aging Event, September 22nd

Think ahead with the Shrewsbury Council on Aging Thursday, September 22nd at 6:00 p.m. Residents aged 50-150 are invited to learn about the resources available to them as they reach this new chapter of their life! Please see the flier for more information.

#### 5. Please Note – "Summer Eats" Free Meals for Kids & Teens

Summer Eats is a totally free-of-charge program that provides free meals to all kids and teens, ages 18 and under, at locations all across Massachusetts during the summer months. Summer Eats livens up every kid's summer by filling their bellies and filling their days with activities that get them out, up, and moving.

Administered by the Massachusetts Department of Elementary and Secondary Education, Summer Eats sites across the state provide free meals to all kids and teens, no identification or registration required. Caregivers can rest easier knowing meals are off their hands, and use that time and energy to focus on everything else on their to-do list.

Find a Summer Eats meal site through <u>Project Bread</u> - check back frequently for new and updated site locations and meal service information.

# 6. Please Note – Shrewsbury Community Fridge

The Shrewsbury Community Fridge is open now at 98 Maple Avenue, right near the Senior Center! The Shrewsbury Rotary Club and community partners are proud to announce the opening of Shrewsbury's first community fridge, which is a "take what you need, leave what you can" fridge and pantry providing free food to all members of the community. The Shrewsbury Community Fridge is open and accessible 24/7 and includes a variety of fresh and frozen foods in addition to pantry staples. It is up to the entire community to keep the fridge and pantry well-stocked for our neighbors in need. Please visit the fridge if you are facing food insecurity, spread the word to those who can benefit, and donate if you are able. The fridge is managed through a Facebook group and welcomes new members to contribute to the upkeep and care.

#### 7. Please Note – Shrewsbury Parks & Recreation Crew Rowing

<u>Crew Rowing (Learn to Row)</u> - For grades 8th-12th, four days each session. There are four sessions offered during the week of 7/18-7/22. Choose between the 8:00 a.m. or 11:00 a.m. class. This program is being offered through a partnership with the Regatta Point Community Sailing and Parks & Recreation! Cost is \$225. Currently accepting registrations.

## 8. Please Note - Shrewsbury Parks & Recreation Summer Playground

We are currently accepting registration for all 6 weeks of Summer Playground this summer, starting on June 27th. Parents have weekly options and AM/PM add-ons to each week! Please make sure you have an active account in our new system. Click <a href="here">here</a> for our website. Contact us with any issues at <a href="mailto:parkrec@shrewsburyma.gov">parkrec@shrewsburyma.gov</a>.

## **Youth Athletics and Activities**

#### 1. Please Note - Shrewsbury Youth Soccer Fall Season

Registration is now open for the fall season for all Shrewsbury Youth Soccer age groups (pre-kindergarten through grade 12). Our travel games are currently scheduled to start on September 10th and our in-town games on September 19th, with practices starting 1-2 weeks before. Click <a href="here">here</a> to register.

We have migrated our registration system to Sports Connect. Some important points for registration:

- If you do not currently have a Sports Connect account, you will have to create one and add each of the players you would like to register for the fall.
- You do not have to upload a birth certificate.
- If you are ordering a travel uniform, please be sure to select the corresponding fee buttons under Additional Registration Information.
- The Fan Wear Clothing Store that Sports Connect forces you into at the end of the registration process, much like an amusement park where you are dropped into the souvenir shop at the end of the ride, does not offer travel uniforms. Travel uniforms have to be selected at the top of the registration form.

#### 2. Please Note - Football for You with Patriots Alumni

"Football for You" is a unique 2-hour, free non-contact clinic that stresses leadership, teamwork, and commitment to over 200 young athletes ages 9-14. Each clinic is coached by Patriots Alumni in conjunction with local high school staff. Returning this year for parents and guardians are three optional 15-minute information sessions that will address sportsmanship and nutrition education.

The clinic is coming to Shrewsbury at St. John's High School on Wednesday, July 27th. Please see the <u>flier</u> for additional information about the clinic and visit the <u>website</u> for registration information.

## 3. Please Note - Central Mass Cross Country Clinics

In its sixth consecutive year, the Central Mass Cross Country Clinics provides young aspiring harriers in the central mass community the opportunity to train in a group setting, learn from collegiate coaches, and hear from guest speakers including Olympic athletes and professional coaches. The clinics begin on July 17th and operate bi-weekly through August 17th. The clinics are open to any and all boys and girls ages 12-18. Limited spots are available on a first come, first serve basis. More information and registration can be found at <a href="https://www.cmassxcc.com">www.cmassxcc.com</a>.

# 4. Please Note - "Take Charge Hoops" Summer Basketball Clinic

The Shrewsbury High School Boys Varsity Basketball Coaches, Adrian Machado and Gerry Nowosacki, will be sponsoring a 4-day summer basketball clinic. The focus will be on individual skills through the use of time-oriented drill stations. The clinic will be conducted using groups based on grade level and gender where appropriate. Coaches Machado and Nowosacki will coordinate all activities with the support and assistance of College players and Area High School Coaches who will demonstrate and provide instruction.

This program is for boys and girls in grades 3rd through 8th and will take place from July 11th through July 14th, 8:30 a.m. to 1:00 p.m. at Shrewsbury High School. The cost for the program is \$150 per student. Please click here for the registration form.