



# Community Bulletin

October 3rd, 2022

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Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

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## School District Items

### **1. Please Note – National School Lunch and Breakfast Program (New)**

Shrewsbury Public Schools participates in the National School Lunch Program and the School Breakfast Program. As part of this program, Shrewsbury Public Schools will offer healthy meals every school day. The Massachusetts legislature has provided funding to make meals available at no cost to all students during the 2022-2023 school year, regardless of household income. However, families should still complete a Meal Benefit Application as this provides data for key funding for academic resources and may also connect families to additional benefits. This data will also support the additional funds provided by the Commonwealth for this pilot.

Qualifications for children to receive free or reduced price meals include: belonging to a household whose income is at or below the Federal Income Eligibility Guidelines, belonging to a household that receives public assistance, or if the child is homeless, migrant, runaway, foster, or participates in a Head Start or Even Start pre-K program. For additional information about income eligibility and the free or reduced-price meal program, please [click here](#).

### **2. Please Note – Employment Opportunity - Crossing Guard (New)**

Do you enjoy working with children? Are you a morning person? Do you love the outdoors? If so, please consider applying for the Crossing Guard position at Calvin Coolidge Elementary School!

We are interested in candidates who are invested in the achievement, equity, and access of all learners in and beyond the classroom. Interested candidates please send a cover letter, resume, and three professional references, including one from a direct supervisor or evaluator to Lindsey Stasiowski, HR Manager, at [lstasiowski@shrewsbury.k12.ma.us](mailto:lstasiowski@shrewsbury.k12.ma.us) or apply via [SchoolSpring](#).

### **3. Please Note – Parents and Caregivers of SHS Students - Please Respond (New)**

To expand our efforts to provide job shadowing, internship and real-life experiences for students at Shrewsbury High School, we are asking for your comments. The SHS School to Career Leadership Team is seeking student and parent/caretaker feedback regarding school to career programming. Additionally, we will use your feedback to increase opportunities for students during the SHS Career and Trade Fair in early February. Please share your feedback through [this link](#). Thank you for your ongoing support of our students!

### **4. Please Note – William James College INTERFACE Referral Service**

The Shrewsbury Public Schools, in partnership with the Town of Shrewsbury, is pleased to announce our partnership with William James College INTERFACE Referral Service. The William James INTERFACE Referral Service is an outpatient mental health resource and referral helpline available Monday through Friday from 9:00 a.m. to 5:00 p.m. to assist residents and public school students in Shrewsbury and other subscribing communities to access outpatient mental health service referrals. What makes this service unique is that they do not provide merely a list of providers, but rather matched referrals to outpatient mental health professionals and practices who best meet the caller's needs, insurance or fee requirement, specialty request, and availability. Additionally, here is a link to a [YouTube video](#) about INTERFACE, as well as a [flier](#) with what to expect when you reach out to INTERFACE.

## **5. Please Note – SAT Prep Course**

The Shrewsbury High School Spring SAT Prep Course will be offered once again through Shrewsbury High School. The course will begin the week of October 25th and run through the week of December 13th. Classes will meet remotely on Tuesdays from 5:30 p.m. to 8:00 p.m. for a total of seven night sessions.

Test taking strategies will be emphasized in this class. Class size will be kept small, allowing for a great deal of individual attention. Enrollment is strictly on a first-come first-served basis; the course is open to juniors and seniors. Students will also take two in person, full-length SAT exams, which provides reinforcement for skills taught during the course and test-taking experience.

The cost of the program is \$220 for Shrewsbury residents and \$250 for non-Shrewsbury residents. This class will run only if there is sufficient demand. Additional information and registration forms are located at Shrewsbury High School in Mrs. Monopoli's office on the third floor, the School Counseling office, or can be downloaded from the [Shrewsbury High School School Counseling webpage](#). Please contact Jen Lundsten if you have any questions at [jalundsten@shrewsbury.k12.ma.us](mailto:jalundsten@shrewsbury.k12.ma.us) or (508) 841-8810.

## **6. Please Note – Employment Opportunity - Daily Substitutes**

Keep calm and Substitute! Shrewsbury Public Schools is currently seeking daily substitutes for the 2022-2023 school year.

Being a substitute is a great opportunity and a perfect fit for those who are changing careers, just entering the workforce, or for individuals who are seeking a flexible work schedule. We also hire many of our regular paraprofessional positions and long-term substitute teachers from our daily substitutes. This is a great entry position to be considered for full-time employment.

The Daily Substitute rate is \$100/day. If you are looking to join a dynamic school district and positively impact students' academic and creative successes, apply today! We are interested in candidates who are invested in the achievement, equity, and access of all learners in and beyond the classroom. Please [click here](#) to apply.

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## **Community Items**

### **1. Please Note – Shrewsbury Public Library Events (New)**

#### Goodbye OverDrive . . . Hello Libby!

Do you currently use OverDrive to access ebooks and audiobooks? Are you worried about making the switch to Libby? Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab to get help with the transition! This program is intended for current OverDrive users. Registration is required; please visit [our events calendar](#). Dates include:

Thursday, October 20th, at 3:00 p.m.

Thursday, November 10th at 5:30 p.m.

Monday, December 5th at 6:00 p.m.

#### Halloween Hauntings

Join the Shrewsbury Public Library on Monday, October 3rd at 7:00 p.m. for a live performance of two American tales of suspense, "The Shadows on the Wall" and "The House That Was Not," in which professional actress Michèle LaRue portrays eight very different characters. Both were written in the days of ominously flickering candles and kerosene lamps, but more than one hundred years later, they're even scarier!

In the wake of a sudden mysterious death, "The Shadows on the Wall" gathers four siblings in a familiar but threatening New England parlor. "The House That Was Not" lures an unsuspecting new bride across the Nebraska prairie. Authored by Mary E. Wilkins Freeman (1903) and Elia Wilkinson Peattie (1898), respectively, these tales evoke the America of a century ago, enthralling audiences today. This event will take place in person at the library; please [register to attend](#).

#### The Music of West Africa

Join the Shrewsbury Public Library on Tuesday, October 4th at 7:00 p.m. for a performance and educational demonstration by Sean Gaskell on the kora, an ancient 21-stringed harp from West Africa. He will feature traditional songs that are the heart and soul of the kora's musical repertoire.

The kora is traditionally played by oral historians known as Griots, often called Jalis or Jelis. Many songs tell stories of war, hardship, love, and loss, all while presenting the history and

fabric of Mande society of which the instrument originates. Visits to Brikama, Gambia, and West Africa provided Gaskell the opportunity to study the kora under the instruction of Moriba Kuyateh and his father, the late Malamini Jobarteh. This event will take place in person at the library; please [register to attend](#).

#### 50+ Job Seekers Virtual Networking Group

The Massachusetts Library Collaborative's 50+ Job Seekers Group meets on the 1st and 3rd Wednesdays of the month (October 5th & 19th), from 9:30 to 11:30 a.m. on Zoom. If you are unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this networking group program is perfect for you! Remember, 85% of jobs are found through networking!

Each meeting features a new topic and includes activities such as presentations, hands-on workshops, guest speakers, access to hiring managers, small group breakout rooms to network, and 1-on-1 coaching guidance. Find the list of topics and registration [here](#). The October meetings will focus on LinkedIn. This group is sponsored by a partnership between the public libraries in Andover, Billerica, Chelmsford, Danvers, North Andover, Shrewsbury, Tewksbury, Westford, and Wilmington.

#### Get Started with Libby

Want access to ebooks, audiobooks, magazines, and more, anytime and anywhere? You can with Libby! Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab to get set up and familiar with the Libby app! The class will be held on Wednesdays, October 12th, November 2nd, and December 7th at 6:00 p.m. This program is intended for first-time Libby users. If you currently use OverDrive, check out our other program, "Goodbye OverDrive... Hello Libby!" Registration is required; please visit our [events calendar](#).

#### Detox Your Mind Through Meditation

Join the Shrewsbury Public Library and Gaurav Singh, long-time meditator, for this virtual meditation workshop on Thursday, October 13th at 7:00 p.m. Many of us tend to our physical well-being, but there is an important aspect of ourselves that we ignore: the health of our mind. The modern world is a stressful place and many factors can negatively impact our daily lives. By befriending our mind, we can wipe the slate clean, detoxify our negative thought patterns, and calm the body. In this workshop, attendees will learn how to implement a simple yet very powerful meditation technique that can be life changing. Gaurav has led many meditation workshops and retreats which has enabled him to speak firsthand about the role of meditation in enhancing the daily lives of busy people. This event will take place virtually on Zoom; please [register to attend](#).

## **2. Please Note – Shrewsbury Public Library Events for Tweens & Teens (New)**

We have some great events for tweens and teens happening in October at the Library!

- Friday, October 14th - Friday Afternoon Movie - 3:00 p.m. in Meeting Room B. Grades 5-12. No registration necessary. Celebrate the end of the week by relaxing with a movie and snacks!
- Monday, October 17th - Read the Rainbow Book Group - 7:00 p.m. in Meeting Room B. Grades 7-12. Registration required. Who should join this book group? Anyone in grades 7-12 who wants to increase their awareness and understanding of LGBTQ+ issues! Copies of A Queer History of the United States for Young People can be collected from the Main Desk. Snacks will be provided!
- Monday, October 17th - Teen Advisory Meeting - 8:00 p.m. in the Teen Room. Grades 5-12. Registration required. Join us to meet some new people, eat snacks, and help us make our Teen Room (and library) THE BEST! Earn volunteer hours for attending and participating.
- Wednesday, October 19th - LED Paper Circuits - 3:30 p.m. in Meeting Room A. Grades 5-12. Registration required. Combine STEM skills with a fun craft - we're making LED paper circuits! Master the simple, series, and parallel circuit and then let your imagination be your guide.
- Friday, October 21st - Friday Afternoon Videogames - 3:00 p.m. in Meeting Room B. Grades 5-12. No registration necessary. We'll have some of the most popular multiplayer games for the Nintendo Switch, like Super Smash Bros, Mario Party, and Overcooked. Show up ready to play or just watch your friends!
- Monday, October 24th - Scary Stories in the Cemetery - 6:30 p.m. at Mountain View Cemetery. Grades 5-12. Registration required. Time for scary stories! We'll meet behind the First Congregational Church and walk amongst the graves, then settle in for some chilling tales in the dark. We'll bring cider and cookies, you bring a blanket to sit on.
- Friday, October 28th - Friday Crafternoon - 3:00 p.m. in Meeting Room B. Grades 5-12. No registration necessary. You made it through another week of school! Try a fun craft or activity that will change each month. No crafting experience (or talent) necessary, just try it out! This month's craft will be a glowing Spooky Terrarium.

Check our [digital calendar](#) and [online calendar](#) for more details and registration!

### **3. Please Note – Shrewsbury Parks & Recreation Dodgeball & Archery (New)**

Fall Online Registration - Currently accepting registration for fall programs listed below. Additional programs will be added throughout October. Pre-registration is required for all of the Parks & Recreation programs. Space is limited.

Dodgeball - Mondays starting October 17th at Sherwood Middle School from 6:15 to 7:15 p.m.

Archery - Thursdays starting October 6th at Floral Street Field from 5:00 to 6:00 p.m.

Preschool/Tots Activities - Now accepting registration for Bitty Basketball, All Sports, Baseball, and Lil Dragons Karate.

Visit our website! [shrewsburyma.myrec.com](http://shrewsburyma.myrec.com) Create a new account if you have not done so within the past year.

#### **4. Please Note – Shrewsbury Parks & Recreation Basketball Programs (New)**

##### [Shrewsbury Parks & Rec Program Registration](#)

Youth Basketball League - Registration is open for leagues by grade: boys 3rd & 4th, girls 3rd & 4th, boys 5th & 6th, girls 5th & 6th, boys 7th & 8th, girls 7th-9th, and boy's 9th-12th. Games are played at Oak and Sherwood Middle Schools on Saturdays with one weeknight assigned for a team practice. Cost is \$150.

Skills & Drill Basketball Clinic - Now accepting registrations for Tuesdays starting October 4th at Sherwood Middle School for 3rd and 4th grade (6:00 to 6:45 p.m.) and 5th and 6th grade (6:45 to 7:30 p.m.). Cost is \$75.

Tiny Tykes Basketball - Registration is open for Thursday night classes for 1st and 2nd graders starting December 15th at Sherwood Middle School. Cost is \$84.

#### **5. Save the Date – Shrewsbury Historical Society Presentation, October 26th (New)**

Shrewsbury Historical Society presents "Trailblazers by Timing-Activists by Choice" by Lynne McKenney Lydick on Wednesday, October 26th at 7:00 p.m. at the Shrewsbury Historical Society (17 Church Road). This program is supported, in part, by a grant from the Shrewsbury Cultural Council, a local agency supported by the Massachusetts Cultural Council.

Join Lynne McKenney Lydick as she takes us back to the days before 1920 and the passage of the 19th Amendment. The fight for the right to vote started decades before, with women fighting on all fronts for their equality. Based on excerpts from letters, speeches and newspaper articles of the day, we hear some of the women in their own words as they worked tirelessly to earn the vote and other rights for women. Actor Lynne McKenney Lydick has performed with the Worcester Women's History Project and at schools, libraries and historical societies throughout the community. She was the recipient of the YWCA's Katharine F. Erskine Award for Arts and Culture.



**6. Save the Date – Boy Scout Troop 4 Annual Pumpkin Carving Event, October 27th**  
**(New)**

Come join us for the Troop 4 Annual Pumpkin Carving Event on Thursday, October 27th at 7:00 p.m. at American Legion Ray Stone Post (2 School Street). This event is open to any boys 5th grade and older who are interested in learning more about Troop 4 and Boy Scouts. Parents are required to stay; siblings are welcome.

This is a free event. Pumpkins, carving tools, and treats will be provided. Come find out why our scouting program can benefit your son and learn about all the exciting activities we participate in! For more information about Troop 4, please visit our [website](#). Please RSVP to our membership chairs Andrea and Wendy at [recruiting@troop4shrewsbury.org](mailto:recruiting@troop4shrewsbury.org).

**7. Please Note – Shrewsbury Historical Society Awards to First Responders** **(New)**

Each year, as part of its outreach to the community, the Shrewsbury Historical Society presents several awards. The Shrewsbury History Award is given to a person or organization that shows a record of outstanding leadership and service to the town. The 2022 Shrewsbury History Award was presented to the Shrewsbury Police Department and the Shrewsbury Fire Department. The Shrewsbury Historical Society also honors an individual or organization that completed a restoration that is an enduring example of Shrewsbury's historic architecture. Please see photos of the award recipients [here](#). Congratulations to the recipients for their contributions to the community!

**8. Save the Date – Holy Cross Football EBW Classic Offer for SPS Community** **(New)**

Calling all Shrewsbury Public Schools staff, faculty, families, and friends! Join us as the Holy Cross Crusaders take on the Bucknell Bison in the second annual EBW Classic at Polar Park on Saturday, October 8th at 4:00 p.m.

We are excited to welcome Shrewsbury community members with a special offer. Each ticket will come with \$7 of loaded value, valid for use on concessions or merchandise. All elementary and middle school Shrewsbury Public School students, faculty, and staff can benefit from this offer, along with all high school faculty and staff. Due to NCAA compliance, we are unable to offer this to high school students.

Please [click here](#) for additional information and purchasing options. Tickets are limited. Come out to this unique event and support Holy Cross football!

**9. Please Note – Shrewsbury Youth & Family Services Groups**



Enrollment is now open for our NEW 6-week Social Emotional Learning group for children in third and fourth grade, as well as fifth and sixth grade! This will also be an opportunity to engage with peers and foster new friendships. These groups are facilitated by a Master's level clinician and a Master's level intern.

Social emotional learning has been shown to increase academic success, positive social behavior, and confidence, as well as decrease emotional distress. These groups are designed to support children in identifying, understanding, and managing emotional experiences, developing skills to establish and maintain positive relationships, and learning and practicing skills to communicate successfully with others. Developing these skills now will better prepare adolescents to navigate school, friendships, family, and other road bumps life may throw at them!

#### Social Emotional Learning Group for Grades 3rd and 4th

The six week session begins on Tuesday, November 1st and all sessions will be held on Tuesdays from 4:00 to 5:00 p.m. For questions and registration, email [ARobinson@syfs-ma.org](mailto:ARobinson@syfs-ma.org). Please note that we will not be able to accept new group members after the second session.

#### Social Emotional Learning Group for Grades 5th and 6th

The six session group begins on Thursday, November 3rd and all sessions will be held on Thursdays from 4:00 to 5:00 p.m. For questions and registration, email [ARobinson@syfs-ma.org](mailto:ARobinson@syfs-ma.org). Please note: we will not be able to accept new group members after the second session.

### **10. Save the Date – Full Moon Walk, October 8th**

“There is something about the Moon.” To find out what, join the Shrewsbury Trails Committee for a guided walk under the full Hunter's moon on Saturday, October 8th from 7:30 to 8:30 p.m. at Lake Street Park on Lake Street. Chris Williams, local amateur astronomer, will provide a telescope and guidance for close up viewing. Some planets may be visible, too. Meet in the Park's lower parking lot next to the sports field. Rain date is Sunday, October 9th, at the same time. For more information, email the Trails Committee at [trails01545@gmail.com](mailto:trails01545@gmail.com).

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