



Community Bulletin

October 24th, 2022

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

School District Items

1. [Save the Date](#) – Shrewsbury High School Fall Play, *Gossamer*, November 4th & 5th **(New)**
2. [Save the Date](#) – Shrewsbury Education Foundation Trivia Night, November 5th
3. [Save the Date](#) – SEPAC Textile Collection Fundraiser, October 29th

Community Items

1. [Save the Date](#) – Turkey Trot for the Memory, November 24th **(New)**
2. [Save the Date](#) – SYFS Youth Mental Health First Aid Training, November 5th **(New)**
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4. [Save the Date](#) – BSA Troop 7114 Game Night and Meet & Greet, October 28th **(New)**
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Youth Athletics and Activities

1. [Please Note](#) – Shrewsbury Youth Lacrosse “Learn to Play” Clinic **(New)**

2. **Please Note** – Worcester Volleyball Club **(New)**
 3. **Please Note** – Take Charge Hoops One Day Fall Basketball Clinic
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School District Items

1. **Save the Date – Shrewsbury High School Fall Play, *Gossamer*, November 4th & 5th (New)**

The Shrewsbury High School Performing Arts Department is excited to present *Gossamer*. Where do dreams come from? What stealthy nighttime messengers are the guardians of our most deeply hidden hopes and our half-forgotten fears? Drawing on her rich imagination, two-time Newbery winner Lois Lowry confronts these questions and explores the conflicts between the gentle bits and pieces of the past that come to life in dreams, and the darker horrors that find their form in nightmares. This haunting story tiptoes between reality and the imagination. We follow two people - a lonely woman and an angry boy - facing their own pasts. On their journey, they discover what they can be to one another, renewed by the strength that comes from tiny, caring creatures they will never see.

Gossamer runs on November 4th and 5th at 7:00 p.m. Tickets will be sold at the door only for \$15 for adults and \$10 for students and senior citizens. For more information or questions, please contact theatre@shrewsbury.k12.ma.us.

2. **Save the Date – Shrewsbury Education Foundation Trivia Night, November 5th**

The Shrewsbury Education Foundation (SEF) is excited to announce the in-person return of its annual Trivia Night. The SEF Trivia Night will be held on Saturday, November 5th at 6:30 p.m. at the Borgatti Bar at Whole Foods in Shrewsbury. This event will be hosted by Hank Stolz of Radio Worcester. The cost to participate is \$20 per person with a team maximum of 4 people. All proceeds benefit the Shrewsbury Education Foundation, an all-volunteer organization that raises money to fund grants which put resources and programs directly into classrooms.

[Click here](#) to register your team today. For more information on SEF Trivia Night and to learn more about the Shrewsbury Education Foundation, visit SEFgrants.org.

3. **Save the Date – SEPAC Textile Collection Fundraiser, October 29th**

Shrewsbury Special Education Parent Advisory Council (SEPAC) will be holding a textile recycling fundraising drive in collaboration with the Epilepsy Foundation on Saturday, October

29th from 10:00 a.m. to 1:00 p.m. at Sherwood Middle School. Funds raised will be used to provide workshops, speakers, social events and more for parents and guardians of students receiving special education services. We will collect bags of textiles including clothing, outerwear, pocketbooks/backpacks, table linens, towels, bedding and more. Please contact us at shrewsbury.sepac@gmail.com with any questions or if you'd like to schedule a pick-up.

Community Items

1. Save the Date – Turkey Trot for the Memory, November 24th (New)

Preparations are underway for the 11th running of the Turkey Trot for the Memory and we can't wait to see you! On Thanksgiving morning at 8:00 a.m., we will gather with friends and family on the Shrewsbury Town Common to show support for those who've been impacted by Alzheimer's disease and to raise funds to support patient care, caregiver support, and research. Please join us for the 2-mile or 5-mile race, fun run, or walk.

We are grateful to our presenting sponsor, Shrewsbury Federal Credit Union, and to the First Congregational Church for generously welcoming us back year after year despite the fact that we've grown exponentially! This event would not be possible without the Church, our sponsors, volunteers, and you!

Registration is live - [click here](#) to sign up early and get a t-shirt. See you at the starting line on Thanksgiving morning!

2. Save the Date – SYFS Youth Mental Health First Aid Training, November 5th (New)

Shrewsbury Youth and Family Services will be teaching a Mental Health First Aid class for interested members of our local communities. The class will teach you how to identify, understand, and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18. The class will be held on Saturday, November 5th at the SAC building from 9:00 a.m. to 4:00 p.m. The class is free of charge and breakfast and lunch will be provided courtesy of Celebrate Zoe's Life Fund and Andrea Castinetti Realty. Space is limited, so please register now by emailing arogers@townisp.com. [Click here](#) for more details.

3. Save the Date – Medication Take Back, October 29th (New)

Bring in expired or unused medications for safe and proper disposal at the Shrewsbury Senior Center (98 Maple Avenue) on Saturday, October 29th from 10:00 a.m. to 2:00 p.m. This drive is

sponsored by the City of Worcester Division of Public Health, lead agency of the Central MA Regional Public Health Alliance. Please [click here](#) to see the flier.

4. [Save the Date](#) – BSA Troop 7114 Game Night and Meet & Greet, October 28th (New)

Girls in 5th grade through high school and their families are invited to come meet BSA Troop 7114 for a game night and chance to learn about the troop. This free event includes snacks and a fun evening of lively games with our current scouts. We will meet in the Teen Room on the top floor of the First Congregational Church on the common from 6:30 to 8:30 p.m. A parent/guardian must stay.

Troop 7114 is the Shrewsbury-based Scouts BSA Troop exclusively for girls offering an action-packed set of adventure and leadership opportunities for girls ages 11-17 in Shrewsbury and surrounding communities. The Troop program includes weekly troop meetings, monthly campouts, regular community service projects, and annual summer camp and high adventure trips. For more information, contact Troop7114leadership@gmail.com.

5. [Save the Date](#) – Scout Bottle and Can Drive, November 5th (New)

On Saturday, November 5th, Scout Troops 114 and 7114 along with Cub Scout Pack 114 will be hosting a bottle and can drive at Shrewsbury Town Hall from 9:00 a.m. to 1:00 p.m. Scouts will be happy to accept your redeemable bottles and cans. Proceeds from the drive will go towards supporting their scouting activities throughout the year.

6. [Please Note](#) – MassDEP Mattress Recycling (New)

As of November 1st per MassDEP, mattresses will no longer be available at the curb and mixed with waste. MassDEP is requiring that mattresses will be recycled. The Town of Shrewsbury will have a mattress dumpster at 211 South Street where residents can drop off their mattresses or/and boxsprings after payment and scheduling is done at DPW. Mattresses will be recycled by Green Mattress Company. Please see the [flier](#) for more information.

7. [Please Note](#) – Shrewsbury Public Library Events (New)

Feasting from the New England Seaside

Join the Shrewsbury Public Library with chef Liz Barbour of [The Creative Feast](#) on Wednesday, October 26th at 7:00 p.m. for this recipe workshop. The beautiful shorelines of New England offer an amazing variety of fresh seafood. During class, Liz will share her tips on buying, storing, and preparing seafood at home and demonstrate two recipes that you and your family

will love. Sponsored by the Friends of the Shrewsbury Public Library. This event will take place virtually on Zoom; please [register to attend](#).

Halloween Harvest

Join the Shrewsbury Public Library with Davis Bates on Thursday, October 27th at 7:00 p.m. for this wonderful way to celebrate the harvest season, Halloween, and New England regional culture. The program will include stories and songs designed to entertain, educate, and create a feeling of community, while encouraging a connection to and an awareness of the seasons and folk traditions of a variety of cultures from the region and around the world. The audience will sing harvest songs and ghost songs and hear true-life ghost stories and tales about other spirits and shape-shifters. The seasonal sing-alongs are often accompanied by spoons, limberjack, and other percussion instruments. Funded in part by a grant from the Shrewsbury Cultural Council, a local agency supported by the Massachusetts Cultural Council. This event will take place in person at the library; please [register to attend](#).

Goodbye OverDrive . . . Hello Libby!

Do you currently use OverDrive to access ebooks and audiobooks? Are you worried about making the switch to Libby? Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab to get help with the transition! This program is intended for current OverDrive users. Registration is required; please visit [our events calendar](#). Dates include:

Thursday, November 10th at 5:30 p.m.

Monday, December 5th at 6:00 p.m.

Get Started with Libby

Want access to ebooks, audiobooks, magazines, and more, anytime and anywhere? You can with Libby! Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab to get set up and familiar with the Libby app! Dates include:

Wednesday, November 2nd at 6:00 p.m.

Wednesday, December 7th at 6:00 p.m.

This program is intended for first-time Libby users. If you currently use OverDrive, check out our other program, "Goodbye OverDrive . . . Hello Libby!" Registration is required; please visit our [events calendar](#).

Meditation for a More Balanced Life

Join the Shrewsbury Public Library with long-time meditator Ajili Hodari, Esq. for this powerful program on Thursday, November 3rd at 7:00 p.m. on Zoom. People all over the world are tuning into meditation to help them lead a more peaceful and healthy lifestyle. Scientific studies have proven that the practice of meditation provides a deep relaxation to the body that helps reduce stress and tension. Meditation is the key to a more balanced life. Learn a simple and natural method of meditation that will help enhance your life. This event will take place virtually on Zoom; please register to attend [here](#).

Human Library® Event

Join the Shrewsbury Public Library on Saturday, November 5th from 9:00 a.m. to 1:00 p.m. for a Human Library® event. The mission of the Human Library® is to create a platform for inclusive and appreciative conversation, presenting community members (Readers) with opportunities to talk to real people (Books) who represent groups in society that face prejudice, stigma, discrimination, or taboo. The Human Library® provides a space where difficult questions are expected, appreciated, and answered so you can look past stigma and learn about how someone else lives: Unjudge someone. This event will take place in person at the library and will be drop-in; Readers are welcome to stop by anytime before 12:30 p.m. to check out a Book for half an hour.

8. Please Note – Shrewsbury Parks & Recreation Fall Programs

Fall Online Registration - Currently accepting registration for fall programs listed below. Additional programs will be added throughout October/November. Pre-registration is required for all of the Parks & Recreation programs. Space is limited.

Kids Test Kitchen! - For kids ages 7 and up. Each virtual class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance (as needed), we'll work together virtually to slice, dice, peel, measure, and cook until we have each prepared the finished dish. This virtual experience gives students the unique opportunity to immediately share their work with family! Six Tuesdays starting November 4th from 5:30 to 6:30 p.m. Cost is \$82.

Home Safety - Ages 9 and up on Saturday, December 3rd from 9:30 a.m. to 12:00 p.m. at Oak Middle School Cafeteria. Cost is \$37.

Babysitting Course - For grades 6-8 on Thursdays, December 1st and December 8th from 4:00 to 6:30 p.m. at Oak Middle School Cafe. Cost is \$57.

Preschool/Tots Activities - Now accepting registration for Bitty Basketball, All Sports, Baseball, and Lil Dragons Karate.

Visit our website! shrewsburyma.myrec.com Create a new account if you have not done so within the past year.

9. Please Note – Shrewsbury Parks & Recreation Basketball Programs

Currently accepting registration for all of the basketball programs! [Shrewsbury Parks & Rec Program Registration](#)

Youth Basketball League - Registration is open for leagues by grade: boys 3rd & 4th, girls 3rd & 4th, boys 5th & 6th, girls 5th & 6th, boys 7th & 8th, girls 7th-9th, and boy's 9th-12th. Games are played at Oak and Sherwood Middle Schools on Saturdays with one weeknight assigned for a team practice. Cost is \$150 (limited space at this time). Coaches are needed to help expand the league.

Tiny Tykes Basketball - Registration is open for Thursday night classes for 1st and 2nd graders starting December 15th at Sherwood Middle School. Cost is \$84.

10. Please Note – Shrewsbury Public Library Events for Children

Trick-or-Treat Storywalk - Saturday, October 29th, 10:30 to 11:30 a.m.

Join the Children's Librarians at Lake Street Park (430 Lake Street) for Halloween fun! Come in costume, read the story along the path, and trick-or-treat for candy! While supplies last.

Wake Up with Wimpy - Tuesday, October 25th, 6:00 to 7:30 a.m.

It's time to Wake Up with Wimpy! Celebrate the release of the latest Diary of a Wimpy Kid book, *Diper Overlöde*, with fun and games at the Library. Each attendee will also receive a copy of *Diper Overlöde* to take home. This event is open to kids in grades 3-7. This event consists of a series of identical 15-minute sessions from 6:00 to 7:30 a.m. This is a very popular program, so this year the registration will be done through a lottery system. [Click here](#) to enter your family into the raffle starting at 9:00 a.m. on October 11th. Winners will be notified of their time slot on Wednesday, October 19th. This program has been graciously sponsored by the Shrewsbury Federal Credit Union.

Alchemy and Storytelling: A Chat With Author George Jreije - Monday, October 24th, 5:30 to 6:30 p.m.

Come and chat with George Jreije, the author of *Shad Hadid and the Alchemists of Alexandria*, one of the most anticipated releases of the fall. George will dive into alchemy, his new novel, and how kids can apply the lessons of alchemy to tell exciting stories. There will also be a book signing for those interested. [Registration](#) is preferred, but drop-ins may be allowed to participate if space allows. Geared towards 3rd-7th graders.

Fun Lab! - Thursdays at 4 p.m.

Geared towards kids in grades 2-5, this weekly themed program will range from painting, to building with Legos, to making popcorn, and more! Check out our [e-calendar](#) for details and to register.

11. Please Note – Shrewsbury Public Library Events for Tweens & Teens

We have some great events for tweens and teens happening in October at the Library!

- Monday, October 24th - Scary Stories in the Cemetery - 6:30 p.m. at Mountain View Cemetery. Grades 5-12. Registration required. Time for scary stories! We'll meet behind the First Congregational Church and walk amongst the graves, then settle in for some chilling tales in the dark. We'll bring cider and cookies, you bring a blanket to sit on.
- Friday, October 28th - Friday Crafternoon - 3:00 p.m. in Meeting Room B. Grades 5-12. No registration necessary. You made it through another week of school! Try a fun craft or activity that will change each month. No crafting experience (or talent) necessary, just try it out! This month's craft will be a glowing Spooky Terrarium.

Check our [digital calendar](#) and [online calendar](#) for more details and registration!

12. Save the Date – Shrewsbury Historical Society Presentation, October 26th

Shrewsbury Historical Society presents “Trailblazers by Timing-Activists by Choice” by Lynne McKenney Lydick on Wednesday, October 26th at 7:00 p.m. at the Shrewsbury Historical Society (17 Church Road). This program is supported, in part, by a grant from the Shrewsbury Cultural Council, a local agency supported by the Massachusetts Cultural Council.

Join Lynne McKenney Lydick as she takes us back to the days before 1920 and the passage of the 19th Amendment. The fight for the right to vote started decades before, with women fighting on all fronts for their equality. Based on excerpts from letters, speeches and newspaper articles of the day, we hear some of the women in their own words as they worked tirelessly to earn the vote and other rights for women. Actor Lynne McKenney Lydick has performed with the Worcester Women’s History Project and at schools, libraries and historical societies throughout the community. She was the recipient of the YWCA's Katharine F. Erskine Award for Arts and Culture.

13. Save the Date – Boy Scout Troop 4 Annual Pumpkin Carving Event, October 27th

Come join us for the Troop 4 Annual Pumpkin Carving Event on Thursday, October 27th at 7:00 p.m. at American Legion Ray Stone Post (2 School Street). This event is open to any boys 5th grade and older who are interested in learning more about Troop 4 and Boy Scouts. Parents are required to stay; siblings are welcome.

This is a free event. Pumpkins, carving tools, and treats will be provided. Come find out why our scouting program can benefit your son and learn about all the exciting activities we participate in! For more information about Troop 4, please visit our [website](#). Please RSVP to our membership chairs Andrea and Wendy at recruiting@troop4shrewsbury.org.

14. Please Note – Shrewsbury Youth & Family Services Groups

Enrollment is now open for our NEW 6-week Social Emotional Learning group for children in third and fourth grade, as well as fifth and sixth grade! This will also be an opportunity to engage with peers and foster new friendships. These groups are facilitated by a Master's level clinician and a Master's level intern.

Social emotional learning has been shown to increase academic success, positive social behavior, and confidence, as well as decrease emotional distress. These groups are designed to support children in identifying, understanding, and managing emotional experiences, developing skills to establish and maintain positive relationships, and learning and practicing skills to communicate successfully with others. Developing these skills now will better prepare adolescents to navigate school, friendships, family, and other road bumps life may throw at them!

Social Emotional Learning Group for Grades 3rd and 4th

The six week session begins on Tuesday, November 1st and all sessions will be held on Tuesdays from 4:00 to 5:00 p.m. For questions and registration, email ARobinson@syfs-ma.org. Please note that we will not be able to accept new group members after the second session.

Social Emotional Learning Group for Grades 5th and 6th

The six session group begins on Thursday, November 3rd and all sessions will be held on Thursdays from 4:00 to 5:00 p.m. For questions and registration, email ARobinson@syfs-ma.org. Please note: we will not be able to accept new group members after the second session.

15. Save the Date – Shrewsbury Trails Committee Nature Walk, November 4th

The Shrewsbury Trails Committee invites you to enjoy a nature walk with local Mass Audubon Naturalist Martha Gach on Friday, November 4th at 6:00 p.m. Come and enjoy the sights and sounds of a moon-lit evening at Prospect Park. Please dress for weather conditions. The walk is considered to be handicapped-accessible and will be suitable for all but the smallest children. Additional parking is available at the Montessori School. This program has been made possible by a grant from the Shrewsbury Cultural Council; they have our sincerest thanks. For more information, call (508) 523-1621. If the weather is uncooperative, the walk will be canceled.

16. Please Note – India Society of Worcester Fall Offerings

The India Society of Worcester has many fall academic offerings:

3D Printing - ISW is offering workshops for students in grades 1 and up and up to learn all about 3D printing. Adults and beginners are welcome as well. Attendees need their own laptop. Parents are welcome to stay. The workshop will take place on Saturdays at 1:00 p.m., no ISW membership required. Financial help is available if needed.

ISW Innovation Product Development - These hands-on sessions will result in students submitting to two challenges for prize money. They are open to students in grades 5 and up. The classes will be held in-person on Thursdays from 7:00 to 7:30 p.m.

ISW Tutoring Classes - These classes are offered by high school volunteers. Subjects include math, English, Spanish, French, speech, lego & chess, and many more. The tutor and tutee will meet online once a week, one-on-one (no group classes). [Click here](#) for more information.

ISW Language Classes - These classes are in session and enrollment is still open. Please reach out for more information.

Just a reminder, ISW's free [Health Stop](#) has been providing health care since 2005 and is held on Wednesdays from 6:00 to 8:00 p.m. at 152 Main Street, Shrewsbury. Services are provided to anyone regardless of their financial, immigration, or insurance status. Email schoollead@iswonline.org for more information about any of these offerings.

Youth Athletics and Activities

1. Please Note – Shrewsbury Youth Lacrosse “Learn to Play” Clinic (New)

Shrewsbury Youth Lacrosse is hosting a Learn to Play clinic for athletes new to the sport and interested in picking up a stick and learning the basics. The clinic is for boys and girls in grades 1-8. We will also have current SYL parents and board members on hand to do a Q&A session after the event. Sticks and balls will be provided!

Where: SAC Park - 438 Lake Street

When: Sunday, November 6th

Time: 3:00 to 4:15 p.m.

Cost: FREE!

Please register at www.shrewsburylacrosse.com. If you have any questions, please contact Alison Smith at alisonwhitneysmith@gmail.com.

2. Please Note – Worcester Volleyball Club (New)

Worcester Volleyball Club is collaborating with Open Sky Community Services to offer 8-week volleyball programs starting in November. No experience is required to participate! Kids receive an introduction to volleyball, learn from trained coaches, develop skills, and build a passion for the game. Our inclusive club brings kids and young adults (up to age 24) with and without disabilities together providing enriching experiences for all. Our programs provide our community with the opportunity to increase physical activity, create new friendships, develop new skills, increase independence, and experience success. Please see the [flier](#) for more information or visit our [website](#).

3. Please Note – Take Charge Hoops One Day Fall Basketball Clinic

The Shrewsbury High School boys varsity basketball coaches Adrian Machado and Gerry Nowosacki will be sponsoring one Saturday morning basketball clinic for boys and girls in grades 3-12. The focus will be on individual skills to be incorporated within the game/scrimmage process. The daily routine will consist of warm up techniques and conditioning, drill stations for skill development, and group instruction and demonstrations for individual and team strategies.

Where: Shrewsbury High School Field House

When: Saturday, November 12th

Time: Sign-in at 8:30 a.m. and program from 9:00 a.m. to 1:30 p.m.

Cost: \$75 (\$10 discount for siblings)

Please [click here](#) for the complete flier and application. If you have any questions, please contact Gerry Nowosacki at (508) 842-6014 or gym21rat@aol.com.
