



Community Bulletin

October 11th, 2022

Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the [School Committee policy](#).

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Community Items

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School District Items

1. [Save the Date](#) – Kids' Night Out, October 15th **(New)**

Shrewsbury High School Student Council is hosting a fun night just for kids! On October 15th, part of Shrewsbury High School will be open to children ages 5-12 to play games, watch movies, do arts and crafts, and grab dinner. Shrewsbury High School students are volunteering

as "big brothers and sisters" for the evening, running the events and activities from 6:00 to 9:00 p.m. Pizza, snacks, and drinks will be available for purchase. The cost is \$25 per child with discounts for multi-child families. Adult supervision will also be provided by Shrewsbury High School staff members. Entrance to the event will be at the Gym Entrance of Shrewsbury High School. Registration/admittance will open at 5:45 p.m. Registration is limited, so make sure to [sign up](#) today.

Please contact Connor Duffy at ccduff25@students.shrewsbury.k12.ma.us with questions. Please note that no medical personnel will be on duty during Kids' Night Out. In case of any emergency, parents and medical services will be contacted.

2. Please Note – Parents and Caregivers of SHS Students - Please Respond

To expand our efforts to provide job shadowing, internship and real-life experiences for students at Shrewsbury High School, we are asking for your comments. The SHS School to Career Leadership Team is seeking student and parent/caretaker feedback regarding school to career programming. Additionally, we will use your feedback to increase opportunities for students during the SHS Career and Trade Fair in early February. Please share your feedback through [this link](#). Thank you for your ongoing support of our students!

Community Items

1. Please Note – Shrewsbury Public Library Events (New)

Goodbye OverDrive . . . Hello Libby!

Do you currently use OverDrive to access ebooks and audiobooks? Are you worried about making the switch to Libby? Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab to get help with the transition! This program is intended for current OverDrive users. Registration is required; please visit [our events calendar](#). Dates include:
Thursday, October 20th, at 3:00 p.m.
Thursday, November 10th at 5:30 p.m.
Monday, December 5th at 6:00 p.m.

50+ Job Seekers Virtual Networking Group

The Massachusetts Library Collaborative's 50+ Job Seekers Group meets on the 1st and 3rd Wednesdays of the month (October 5th & 19th), from 9:30 to 11:30 a.m. on Zoom. If you are unemployed and actively looking, underemployed, seeking a new career direction, or re-entering the job market after a gap, this networking group program is perfect for you! Remember, 85% of jobs are found through networking!

Each meeting features a new topic and includes activities such as presentations, hands-on workshops, guest speakers, access to hiring managers, small group breakout rooms to network, and 1-on-1 coaching guidance. Find the list of topics and registration [here](#). The October meetings will focus on LinkedIn. This group is sponsored by a partnership between the public libraries in Andover, Billerica, Chelmsford, Danvers, North Andover, Shrewsbury, Tewksbury, Westford, and Wilmington.

Get Started with Libby

Want access to ebooks, audiobooks, magazines, and more, anytime and anywhere? You can with Libby! Bring your device and join the Shrewsbury Public Library for a class in our Learning Lab to get set up and familiar with the Libby app! The class will be held on Wednesdays, October 12th, November 2nd, and December 7th at 6:00 p.m. This program is intended for first-time Libby users. If you currently use OverDrive, check out our other program, "Goodbye OverDrive... Hello Libby!" Registration is required; please visit our [events calendar](#).

Detox Your Mind Through Meditation

Join the Shrewsbury Public Library and Gaurav Singh, long-time meditator, for this virtual meditation workshop on Thursday, October 13th at 7:00 p.m. Many of us tend to our physical well-being, but there is an important aspect of ourselves that we ignore: the health of our mind. The modern world is a stressful place and many factors can negatively impact our daily lives. By befriending our mind, we can wipe the slate clean, detoxify our negative thought patterns, and calm the body. In this workshop, attendees will learn how to implement a simple yet very powerful meditation technique that can be life changing. Gaurav has led many meditation workshops and retreats which has enabled him to speak firsthand about the role of meditation in enhancing the daily lives of busy people. This event will take place virtually on Zoom; please [register to attend](#).

Author Talk: Cheryl Melody Baskin

On Tuesday, October 18th at 7:00 p.m., award-winning author Cheryl Melody Baskin will present two of her award-winning motivational self-help books, *Peace Dreamer: A Journey of Hope in Bad Times and Good* and its sister book, *Heart-Dreamer: Stepping into Life, Love, Creativity and Dreams - No Matter What*.

[Cheryl Melody Baskin](#) is an award-winning author of four books. In addition to being an author, she is a singer, recording artist, composer, performing artist, intuitive life coach, peace educator, motivational speaker, and music educator for young children. In her presentation, Melody (her preferred first name) shares her specific reasons for authoring each book, reads meaningful sections, shares samples of poetry and songs woven within each book, and warmly invites your interactive participation. This event will take place in person at the Shrewsbury Public Library; please register to attend [here](#).

2. Please Note – Shrewsbury Public Library Events for Children (New)

Trick-or-Treat Storywalk - Saturday, October 29th, 10:30 to 11:30 a.m.

Join the Children's Librarians at Lake Street Park (430 Lake Street) for Halloween fun! Come in costume, read the story along the path, and trick-or-treat for candy! While supplies last.

Wake Up with Wimpy - Tuesday, October 25th, 6:00 to 7:30 a.m.

It's time to Wake Up with Wimpy! Celebrate the release of the latest Diary of a Wimpy Kid book, Diper Overlöde, with fun and games at the Library. Each attendee will also receive a copy of Diper Overlöde to take home. This event is open to kids in grades 3-7. This event consists of a series of identical 15-minute sessions from 6:00 to 7:30 a.m. This is a very popular program, so this year the registration will be done through a lottery system. [Click here](#) to enter your family into the raffle starting at 9:00 a.m. on October 11th. Winners will be notified of their time slot on Wednesday, October 19th. This program has been graciously sponsored by the Shrewsbury Federal Credit Union.

Alchemy and Storytelling: A Chat With Author George Jreije - Monday, October 24th, 5:30 to 6:30 p.m.

Come and chat with George Jreije, the author of *Shad Hadid and the Alchemists of Alexandria*, one of the most anticipated releases of the fall. George will dive into alchemy, his new novel, and how kids can apply the lessons of alchemy to tell exciting stories. There will also be a book signing for those interested. [Registration](#) is preferred, but drop-ins may be allowed to participate if space allows. Geared towards 3rd-7th graders.

Birds! Birds! Birds! - Saturday, October 22nd, 2 p.m.

Come meet a variety of birds and learn all about their adaptations! [Registration](#) is required. For children in Grades K-5th.

Fun Lab! - Thursdays at 4 p.m.

Geared towards kids in grades 2-5, this weekly themed program will range from painting, to building with Legos, to making popcorn, and more! Check out our [e-calendar](#) for details and to register.

3. Please Note – Shrewsbury Public Library Events for Tweens & Teens (New)

We have some great events for tweens and teens happening in October at the Library!

- Friday, October 14th - Friday Afternoon Movie - 3:00 p.m. in Meeting Room B. Grades 5-12. No registration necessary. Celebrate the end of the week by relaxing with a movie and snacks!
- Monday, October 17th - Read the Rainbow Book Group - 7:00 p.m. in Meeting Room B. Grades 7-12. Registration required. Who should join this book group? Anyone in

grades 7-12 who wants to increase their awareness and understanding of LGBTQ+ issues! Copies of A Queer History of the United States for Young People can be collected from the Main Desk. Snacks will be provided!

- Monday, October 17th - Teen Advisory Meeting - 8:00 p.m. in the Teen Room. Grades 5-12. Registration required. Join us to meet some new people, eat snacks, and help us make our Teen Room (and library) THE BEST! Earn volunteer hours for attending and participating.
- Wednesday, October 19th - LED Paper Circuits - 3:30 p.m. in Meeting Room A. Grades 5-12. Registration required. Combine STEM skills with a fun craft - we're making LED paper circuits! Master the simple, series, and parallel circuit and then let your imagination be your guide.
- Friday, October 21st - Friday Afternoon Videogames - 3:00 p.m. in Meeting Room B. Grades 5-12. No registration necessary. We'll have some of the most popular multiplayer games for the Nintendo Switch, like Super Smash Bros, Mario Party, and Overcooked. Show up ready to play or just watch your friends!
- Monday, October 24th - Scary Stories in the Cemetery - 6:30 p.m. at Mountain View Cemetery. Grades 5-12. Registration required. Time for scary stories! We'll meet behind the First Congregational Church and walk amongst the graves, then settle in for some chilling tales in the dark. We'll bring cider and cookies, you bring a blanket to sit on.
- Friday, October 28th - Friday Crafternoon - 3:00 p.m. in Meeting Room B. Grades 5-12. No registration necessary. You made it through another week of school! Try a fun craft or activity that will change each month. No crafting experience (or talent) necessary, just try it out! This month's craft will be a glowing Spooky Terrarium.

Check our [digital calendar](#) and [online calendar](#) for more details and registration!

4. Please Note – Shrewsbury Parks & Recreation Fall Programs (New)

Fall Online Registration - Currently accepting registration for fall programs listed below. Additional programs will be added throughout October/November. Pre-registration is required for all of the Parks & Recreation programs. Space is limited.

Kids Test Kitchen! - For kids ages 7 and up. Each virtual class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance (as needed), we'll work together virtually to slice, dice, peel, measure, and cook until we have each prepared the finished dish. This virtual experience gives students the unique opportunity to immediately share their work with family! Six Tuesdays starting November 4th from 5:30 to 6:30 p.m. Cost is \$82.

Restaurant Ready Workshop - Grades 2-7 on Monday, October 17th from 6:15 to 7:15 p.m. at Sherwood Middle School Cafeteria. Cost is \$50.

Home Safety - Ages 9 and up on Saturday, December 3rd from 9:30 a.m. to 12:00 p.m. at Oak Middle School Cafeteria. Cost is \$37.

Babysitting Course - For grades 6-8 on Thursdays, November 3rd and November 10th from 4:00 to 6:30 p.m. at Oak Middle School Cafe. Cost is \$57.

Children's Conversation Skills Workshop - Grades 2-7 on Monday, October 17th from 7:20 to 8:20 p.m. at Sherwood Middle School Cafeteria. Cost is \$50.

Dodgeball - Mondays starting October 17th at Sherwood Middle School from 6:15 to 7:15 p.m.

Preschool/Tots Activities - Now accepting registration for Bitty Basketball, All Sports, Baseball, and Lil Dragons Karate.

Visit our website! shrewsburyma.myrec.com Create a new account if you have not done so within the past year.

5. Please Note – Shrewsbury Parks & Recreation Basketball Programs (New)

Currently accepting registration for all of the basketball programs! [Shrewsbury Parks & Rec Program Registration](#)

Youth Basketball League - Registration is open for leagues by grade: boys 3rd & 4th, girls 3rd & 4th, boys 5th & 6th, girls 5th & 6th, boys 7th & 8th, girls 7th-9th, and boy's 9th-12th. Games are played at Oak and Sherwood Middle Schools on Saturdays with one weeknight assigned for a team practice. Cost is \$150.

Tiny Tykes Basketball - Registration is open for Thursday night classes for 1st and 2nd graders starting December 15th at Sherwood Middle School. Cost is \$84.

6. Save the Date – Fire Department Open House, October 15th (New)

The Shrewsbury Fire Department is hosting an open house on Saturday, October 15th from 11:00 a.m. to 3:00 p.m. Stop by the fire station at 11 Church Road to meet a firefighter and enjoy free pizza and a bouncy house! The fire trucks will be on display and an appearance by Sparky, our mascot, is scheduled.

7. Save the Date – Shrewsbury Historical Society Presentation, October 26th

Shrewsbury Historical Society presents "Trailblazers by Timing-Activists by Choice" by Lynne McKenney Lydick on Wednesday, October 26th at 7:00 p.m. at the Shrewsbury Historical Society (17 Church Road). This program is supported, in part, by a grant from the Shrewsbury Cultural Council, a local agency supported by the Massachusetts Cultural Council.

Join Lynne McKenney Lydick as she takes us back to the days before 1920 and the passage of the 19th Amendment. The fight for the right to vote started decades before, with women fighting on all fronts for their equality. Based on excerpts from letters, speeches and newspaper articles of the day, we hear some of the women in their own words as they worked tirelessly to earn the vote and other rights for women. Actor Lynne McKenney Lydick has performed with the Worcester Women's History Project and at schools, libraries and historical societies throughout the community. She was the recipient of the YWCA's Katharine F. Erskine Award for Arts and Culture.

8. [Save the Date](#) – Boy Scout Troop 4 Annual Pumpkin Carving Event, October 27th

Come join us for the Troop 4 Annual Pumpkin Carving Event on Thursday, October 27th at 7:00 p.m. at American Legion Ray Stone Post (2 School Street). This event is open to any boys 5th grade and older who are interested in learning more about Troop 4 and Boy Scouts. Parents are required to stay; siblings are welcome.

This is a free event. Pumpkins, carving tools, and treats will be provided. Come find out why our scouting program can benefit your son and learn about all the exciting activities we participate in! For more information about Troop 4, please visit our [website](#). Please RSVP to our membership chairs Andrea and Wendy at recruiting@troop4shrewsbury.org.

9. [Please Note](#) – Shrewsbury Youth & Family Services Groups

Enrollment is now open for our NEW 6-week Social Emotional Learning group for children in third and fourth grade, as well as fifth and sixth grade! This will also be an opportunity to engage with peers and foster new friendships. These groups are facilitated by a Master's level clinician and a Master's level intern.

Social emotional learning has been shown to increase academic success, positive social behavior, and confidence, as well as decrease emotional distress. These groups are designed to support children in identifying, understanding, and managing emotional experiences, developing skills to establish and maintain positive relationships, and learning and practicing skills to communicate successfully with others. Developing these skills now will better prepare adolescents to navigate school, friendships, family, and other road bumps life may throw at them!

Social Emotional Learning Group for Grades 3rd and 4th

The six week session begins on Tuesday, November 1st and all sessions will be held on Tuesdays from 4:00 to 5:00 p.m. For questions and registration, email ARobinson@syfs-ma.org. Please note that we will not be able to accept new group members after the second session.

Social Emotional Learning Group for Grades 5th and 6th

The six session group begins on Thursday, November 3rd and all sessions will be held on Thursdays from 4:00 to 5:00 p.m. For questions and registration, email ARobinson@syfs-ma.org. Please note: we will not be able to accept new group members after the second session.
