

America's dinner tables have been negatively impacted by COVID-19 and food insecurity among children has skyrocketed. These concerns are further compounded by shifting home and work priorities often heavily shouldered by the heads of households.

Lasagna Love is a nationwide grassroots movement of kindness that aims to positively impact communities by connecting neighbors with neighbors through homemade meal delivery.

You may have heard about Lasagna Love recently on TV. It is a group of civic-minded neighbors pitching in to provide a free homemade lasagna dinner to anyone in need. Whether it's lost income, staying home because of the pandemic, or just too much stress and anxiety in your life, you can request a free meal made by a caring person in your neighborhood. One meal isn't going to change the world, but it's a nice way to change your day.

To request a free meal, please follow the simple directions at <u>lasagnalove.org/request</u>.

We would like to help with a meal to take some of the pressure off. One meal isn't going to change the world, but it may change someone's day. Sometimes it's the little things that make a big difference.

ALL DELIVERIES ARE CONTACT FREE, completely confidential, and delivered to your door.

Lasagna Love is a movement of kindness that aims to positively impact communities by connecting neighbors with neighbors through homemade meal delivery. These are challenging times for everyone, and we would like to help with a meal to take some of the pressure off. To request a free meal, please follow the directions at lasagnalove.org/request.

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