

Shrewsbury Public Schools

Invites
All Parents

Parenting Strategies 2021: 7 classes

All Classes are an hour long on Tuesday evenings.

<u>Dates</u>	<u>Topics</u>
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<u>Tues. March 2nd</u>	<u>Biosocial Theory & Validation</u>
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<u>Tues. March 9th</u>	<u>Neurobiology of Emotion</u>
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<u>Tues. March 6th</u>	<u>Anxiety</u>
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<u>Tues. March 23rd</u>	<u>ABC's of Behavior</u>
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<u>Tues. March 30th</u>	<u>Changing Behavior is Always Possible</u>
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<u>Tues. April 6th</u>	<u>Unplugged: How to Decrease Effects of Social Media</u>
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<u>Tuesday April 13th</u>	<u>Power of Resiliency</u>
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All classes are from 6pm-7pm. Attendance at all 7 classes is encouraged.

Class Co-Leaders:

Dr. Kim Kusiak, MD is a Child and Adolescent Psychiatrist who has been practicing for 28 years. She has been a consultant to area school districts since 2010, including Shrewsbury Public Schools.

Daryl Rynning, MS Ed., BCBA, LABA has been working as a Special Education teacher and Board Certified and Licensed Behavior Analyst with students and families, teachers and administrators since 1989. She is currently one of the District Clinical Coordinators, servicing all 9 schools.

Amy Wallace, LCSW has been an adjustment counselor in Shrewsbury for the past 6 years. She holds masters degrees in special education and social work. Currently, she is the Clinical Coordinator of the BRYT program at Sherwood Middle School.

Sign up!

Please use the following Google Form link to sign up by February 26th:

<https://docs.google.com/forms/d/1XvpXFOZAqhNfc2q3W9CjeF-dr9Op-eGolcT8U7AlBmQ/edit>

This will be a Zoom Class. You will get a link to the class the day before it starts. This class will not be recorded.