

# **Community Bulletin**

**October 25th, 2021** 

#### Dear Shrewsbury Families,

Please note the following announcements and information related to various events or activities that may be of interest to you and your children. Announcements from non-school sources are passed on as a courtesy if they meet the requirements of the <u>School Committee policy</u>.

#### **School District Items**

- 1. Please Note Destination Imagination
- 2. Save the Date SHS Robotics Farmers Market & Holiday Craft Fair, November 20th
- 3. Save the Date SEPAC General Meeting, November 4th (New)
- 4. Please Note SAT Prep Course, Classes Begin November 1st
- 5. Please Note Cafeteria Help Wanted (New)
- 6. Please Note Congratulations to the SHS Crew Team (New)
- 7. Please Note Search for Shrewsbury Public Schools Alumni (New)

### **Community Items**

- 1. Please Note Shrewsbury Parks & Recreation Fall Offerings
- 2. Please Note Shrewsbury Public Library October Events for Tweens & Teens
- 3. Save the Date Shrewsbury Public Library Events (New)
- 4. Please Note Shrewsbury Bear Hunt (New)
- 5. Save the Date Turkey Trot for the Memory, November 25th (New)
- 6. Please Note Cards for Veterans
- 7. Save the Date Troop 4 Annual Pumpkin Carving Event, October 28th
- 8. Save the Date Shrewsbury Historical Society Presentation, October 27th

## **Youth Athletics and Activities**

- 1. Please Note Central Mass Revolution "Bruins Academy Learn to Play Hockey"
- 2. Please Note St. Mary's Parish Boys Basketball Registration, Closes October 31st

#### **School District Items**

## 1. Please Note – Destination Imagination

Welcome to the "in-person" season of Destination Imagination at Shrewsbury Public Schools! Student/team registration is now open for the 2021-2022 season. More Information about the program can be found on our <u>website</u>. Click <u>here</u> to view the DI parent information session recording.

The cost is \$75 per student (\$50 for students whose parents help manage or appraise the team). Please note that this fee is in addition to the school activity fee, which is \$50 for Sherwood Middle School, \$75 for Oak Middle School, and \$100 for Shrewsbury High School. This fee is only required once and covers all activities for the year. We do not want the fee to be a barrier to participation; if your child wants to participate but you are in financial need, please contact Central Office Administrative Assistant Blake Stewart at <a href="mailto:bstewart@shrewsbury.k12.ma.us">bstewart@shrewsbury.k12.ma.us</a> (all inquiries will be confidential).

#### 2. Save the Date – SHS Robotics Farmers Market & Holiday Craft Fair, November 20th

The SHS Robotics Apple Pie Fundraiser is back and so is the Winter Farmers Market and Holiday Craft Fair! This event will be held inside Oak Middle School gym (masks required) on Saturday, November 20th from 2:00 p.m. to 5:30 p.m. Save the date and apply to be a vendor for locally-made foods and handmade crafts and services. Spaces are limited, so don't wait. Proceeds from the \$30 vendor fees will be donated to SHS Robotics Club. For more information, see the flyer, contact Missy at <a href="mailto:o1545farmermarket@gmail.com">o1545farmermarket@gmail.com</a>, or fill out the vendor application.

### 3. Save the Date – SEPAC General Meeting, November 4th (New)

Please join us at our November General Meeting on Thursday, November 4th from 6:30 to 8:00 p.m. at the Beal School Media Center. We will welcome Kenzie Chin, M.S.Ed., Ed.M., an Educational Specialist with the Department of Elementary and Secondary Education, to discuss the Tiered Focused Monitoring (TFM) review process. This review happens every three years and involves select policies, procedures, student records, and building facilities to see if districts and schools are in compliance with, or following, the state and federal laws and regulations for special education and civil rights. This process allows the Office of Public School Monitoring (PSM) to provide districts and schools with support and technical assistance to further benefit students. Kenzie will present information about the TFM process and take member questions.

# 4. Please Note - SAT Prep Course, Classes Begin November 1st

The Shrewsbury High School Fall SAT Prep Course will be offered once again through Shrewsbury High School. Classes will begin on Monday, November 1st and run through Monday, December 6th. Classes will meet remotely on Mondays from 5:30 to 8:00 p.m. for a total of six night sessions. Test-taking strategies will be emphasized in this class. Class size will be kept small, allowing for a great deal of individual attention. Enrollment is strictly on a first-come first-served basis. The course is open to juniors and seniors.

Students will also take two full-length SAT exams, which provides reinforcement for skills taught during the course and test-taking experience. The cost of the program is \$220 for Shrewsbury residents and \$250 for non-Shrewsbury residents. This class will run only if there is sufficient demand. Additional information and registration forms are located at SHS in Mrs. Monopoli's office on the third floor, the School Counseling office, or can be downloaded from the SHS School Counseling webpage (under "College Related Testing" on the SHS website). Please contact Jen Williams if you have any questions at <a href="mailto:jawilliams@shrewsbury.k12.ma.us">jawilliams@shrewsbury.k12.ma.us</a> or (508) 841-8810.

#### 5. Please Note – Cafeteria Help Wanted (New)

The Shrewsbury Food Service is looking for part time employees and substitutes to work in the school cafeterias. Days and hours are flexible. Duties include: Prepping food, setting up serving lines, serving students, breakdown, and clean-up. Lunch and refreshments are provided. Please click <u>here</u> to obtain an employment application.

Please forward this application to the Food Service Department C/O Shrewsbury High School, 64 Holden Street, Shrewsbury MA 01545 or email to <a href="https://hdo.com/hdoyle@shrewsbury.k12.ma.us">hdoyle@shrewsbury.k12.ma.us</a>. For questions, please call Heidi Doyle, Tuesday-Thursday, at (508) 841-8855.

### 6. Please Note – Congratulations to the SHS Crew Team (New)

Congratulations to the Shrewsbury High School Crew Team! The Girls' 1V and Boys' 1V (varsity) boats competed in the Head of the Charles Regatta (HOCR) on Sunday, October 24th. The HOCR is the largest 3-day regatta in the world and consists of a head race in which boats depart at 15-second intervals from the BU Boathouse and race 3 miles upstream on a challenging course filled with bends and bridges before finishing past the Eliot Bridge in Brighton. Also, a huge thank you to Coach Hastings in his final season, and to Coach White and Coach McGuinn for all the hard work and preparation!

### 7. Please Note – Search for Shrewsbury Public Schools Alumni (New)

The Shrewsbury Public Schools would like to reconnect with all of the alumni currently living in Shrewsbury. If this is you, please complete this very <u>short survey</u> and tell us a little more about yourself.

Over the past few years, we have been actively engaging with the alumni we have already reconnected with. During the early days of the pandemic, we invited our high school students into discussions with SHS alumni who volunteered to meet and speak with students for an hour about their chosen career and life choices. During the 2020-21 school year, we again had alumni to "return to the classroom" to speak to elementary students on a specific subject suggested by the teacher.

Your experiences as a student in SPS will help us enhance the educational, career, and life experiences of the next generation. Even if you can't volunteer right now, or you went to Shrewsbury schools for only part of your school career, please still reconnect. THANK YOU for helping our students!

## **Community Items**

## 1. Please Note – Shrewsbury Parks & Recreation Fall Offerings

<u>Fall Online Registration</u> - Currently accepting registration for some of our fall programs. New programs will be added throughout October/November based on space availability. Pre-registration is required for all Parks & Recreation programs. Space is limited.

Youth Basketball League - We are still accepting limited registrations for leagues: Boys 3rd & 4th, Girls 3rd & 4th, Boys 5th & 6th, Girls 5th & 6th, Boys 7th & 8th, Girls 7th-9th, and NEW this year Boys 9th-12th league. Games are played at the Oak & Sherwood Middle Schools on Saturdays with one weeknight assigned for a team practice. Cost is \$135.

<u>Tiny Tykes Basketball Program</u> - Thursday evenings starting December 2nd for 1st and 2nd graders at Sherwood Middle School Gym. Cost is \$88.

Men's Pickup Basketball - Wednesdays starting November 3rd at Oak Middle School Gym. Cost is \$30.

<u>Adult Co-Ed Volleyball</u> - Intermediate on Mondays, Advanced on Tuesdays, and Recreational on Thursdays. Visit our website for fees, times, dates, and schedules.

<u>Visit our new website!</u> <u>shrewsburyma.myrec.com</u> Old accounts do not work in the new system. Please build a new household and we can approve it for you.

## 2. Please Note – Shrewsbury Public Library October Events for Tweens & Teens

We have some great SPOOOOKY (and non-spooky) events for tweens and teens happening in October at the Library!

- Monday, October 25th Spooky Storytime in the Cemetery 6:30 p.m. at Mountain View Cemetery. Grades 5-12. Register <u>here</u>.
- Wednesday, October 27th Dr Frankenstein's Toy Lab 3:30 p.m. in Meeting Room A.
  Grades 5-12. Register <a href="here">here</a>.
- Saturday, October 30th ASL Signing Rocks! 3:00 p.m. on Zoom. All ages. Register here.
- Fridays Each Friday after school we'll have a different game or activity! Drop in for guessing games, puzzles, board games and more.

Check our online calendar for more details and registration!

# 3. Save the Date – Shrewsbury Public Library Events (New)

<u>The Color of Law: A Forgotten History of How Our Government Segregated America, November 16th</u>

In this virtual discussion on Tuesday, November 16th at 7:00 p.m., acclaimed author Richard Rothstein will explain how residential segregation was created in the mid-twentieth century by racially explicit and unconstitutional government policies that openly subsidized whites-only suburbanization in which African Americans were prohibited from participating. His lecture will educate attendees on the history of these policies so they can be prepared to undertake the national conversation necessary to remedy the unconstitutional racial landscape. Click <a href="here">here</a> to see the flyer. Register to attend <a href="here">here</a>.

Sponsored by the Friends of the Shrewsbury Public Library, the Shrewsbury Rotary Club, A Better Shrewsbury, The Needham Diversity Initiative, the Needham Rotary Club, the Grafton Public Library, the Hopkinton Public Library, the Westborough Public Library, and the Southborough Public Library.

# Intermittent Fasting for Beginners at the Shrewsbury Public Library, November 16th

On Tuesday, November 16th at 7:00 p.m., Dr. Donald Pelto will introduce the topic of intermittent fasting, a popular weight control technique seen frequently in the media. He will explain why it works, what the health benefits are, who should and should not attempt this type

of fasting, and how it works for weight loss and helping to control diabetes. Dr. Pelto will share examples from his patients who have had success with intermittent fasting, as well as typical fasting schedules and tips to make it easier. This is an in-person event at the Shrewsbury Public Library; please register <a href="here">here</a>.

## "Battleground" Documentary Virtual Film Screening and Live Q&A, November 9th

Join the Shrewsbury Public Library on Tuesday, November 9th for a virtual screening of the documentary film Battleground, followed by a live Q&A with the film's creators.

The film explores the state of American democracy as seen through the eyes of two opposing grassroots political leaders. Tom Carroll is a Trump delegate and a Tea Party Chairman. Greg Edwards is a Black pastor and a progressive leader supported by Bernie Sanders. When their paths collide, we realize that they have much more in common than meets the eye. They come together to provide a framework for us to begin to heal our divide in America.

Battleground is an antidote to the media echo chamber effect, which is marked by passion, but is often devoid of understanding. Register to attend <a href="https://example.com/here">here</a>. Sponsored by the Friends of the Shrewsbury Public Library.

## 4. Please Note – Shrewsbury Bear Hunt (New)

Join the Council on Aging's #ShrewsburyBearHunt in November! Find all ten signs around Shrewsbury by November 30th and be entered to win a prize. Seniors, kids, Shrewsbury residents or not, everyone is encouraged to participate!

Prizes Levels:

Level One: Shrewsbury Senior (60+)

Level Two: Shrewsbury Resident (59 and Under) Level Three: Non-Shrewsbury Resident (Any Age)

Signs will be up at 10 locations around town starting on November 1st. Tell the Senior Center what bear you found at each location and be entered to win a prize. Prize drawing will be on December 8th.

Use the QR code on each sign to enter! Every sign has a unique QR code that links to an online form to send us your name and contact info. Each form also has some fun bonus content related to its bear! Let us know what signs you found on social media using #ShrewsburyBearHunt. Click here for more information.

# 5. Save the Date – Turkey Trot for the Memory, November 25th (New)

GET READY! Lace up your sneakers for the 10th running of the Turkey Trot for the Memory! Preparations are underway and we couldn't be more excited to be back!

On Thanksgiving morning at 8:00 a.m., we will once again gather on the Shrewsbury Town Common to support all those who've been touched by Alzheimer's disease and to raise funds for the MA/NH chapter of the Alzheimer's Association. You are welcome to race, trot, or walk the 2-mile or 5-mile courses. Please <u>register</u> and join us!

Masks will be required during indoor registration and bib pickup at the First Congregational Church, but no masks will be required outdoors. We are following all public health protocols related to COVID-19.

#### 6. Please Note - Cards for Veterans

Shrewsbury Parks & Recreation is <u>collecting homemade cards for Veterans</u>. Cards can be colorful and full of joy, but please no glitter or paint. Please drop off your card(s) by November 5th to the Town Hall DPW Office or drop them in the mail box in front of town hall, attn: Parks & Recreation. Cards will be distributed for Veterans Day to local veterans.

# 7. Save the Date - Troop 4 Annual Pumpkin Carving Event, October 28th

If you would like to learn about Troop 4 Boy Scouts and all of the exciting activities, events, and adventures that we have to offer, please join us for our Annual Pumpkin Carving Event on Thursday, October 28th at 7:00 p.m. at Ray Stone Post. This is a free event. Pumpkins, carving tools, and treats will be provided! Please see the <u>flyer</u> and RSVP to recruiting@troop4shrewsbury.org.

## 8. Save the Date – Shrewsbury Historical Society Presentation, October 27th

Shrewsbury Historical Society presents "Doctor Edward Austin Flynt: Physician of the American Revolutionary War" by Donald Pottle on Wednesday, October 27th at 7:00 p.m. This virtual program will also be available as a taped rebroadcast on Shrewsbury Channels 28 and 328 and available on demand online at <a href="www.shrewsburymediaconnection.org">www.shrewsburymediaconnection.org</a>. For any questions, please email <a href="mailto:shrewsburyhistory@townisp.com">shrewsburyhistory@townisp.com</a>.

About the Program: Doctor Edward Flint served as a physician in the Continental Army under General Artemas Ward, who was second in command to General George Washington. Edward Flint (1733-1818) apprenticed to Dr. Simon Tufts in the "Art of Physics and Chirurgery" in

Grafton, Massachusetts. Most notably, Dr. Flint periodically treated sick and wounded soldiers during the American Revolutionary War from 1775 to 1783. "Dr. Flynt" variously demonstrates 18th century tooth extraction, blood-letting, leeching, cranial trepanning, leg amputation, musket ball removal, cataract couching, snake bite treatment, pain management, pharmacological preparations, smallpox vaccination, and several other medical practices of the period.

About the Presenter: Donald Pottle is a fifty-year veteran of education from Shrewsbury High School and Schepens Eye Research Institute (Boston, MA). He portrays, in the first person, "Dr. Edward Austin Flynt," a generic physician of the American Revolutionary War. To date, Don, as Dr. Edward Austin Flynt, has presented his first-person generic 18th century colonial medicine re-enactments to more than fifty audiences, including Historical and Medical Societies throughout Worcester County.

# **Youth Athletics and Activities**

# 1. Please Note – Central Mass Revolution "Bruins Academy Learn to Play Hockey"

Central Mass Revolution is pleased to once again partner with the Boston Bruins offering the Bruins Academy Learn to Play Hockey. Registration is filling up quickly! Receive over \$500 worth of hockey equipment and 4 on-ice sessions. Registration, dates, cost, and more can be found at <a href="https://www.revshockey.com">www.revshockey.com</a>. Please see the <a href="flyer">flyer</a> for more information. Visit us on <a href="facebook">Facebook</a>, too!

# 2. Please Note - St. Mary's Parish Boys Basketball Registration, Closes October 31st

St. Mary's Parish Boys Basketball is now accepting registrations for the upcoming 2021-2022 season (click <a href="here">here</a> for the form). The team is open to boys in grades 5 through 8 with two divisions (5th & 6th grades and 7th & 8th grades). It is first-come first-served, so be sure to get it in soon.

The cost is \$175 which covers gym time for both practices and games as well as a jersey with the player's name on it. Practices will be on Friday nights at either Oak or Sherwood and games on Saturday or Sunday.

It is a no-cut league, but we do have an evaluation process to make sure we build teams evenly. We are targeting evaluations in early November and for games to begin on November 27th and run through February.

We are looking for coaches and new board members, so if anyone is interested in either option, please be sure to check it off on the registration or contact us. The deadline to register is October 31st. Contact <a href="mailto:stmarysbball01545@gmail.com">stmarysbball01545@gmail.com</a> for additional information or check us out on <a href="mailto:Facebook">Facebook</a>.