



You Go, Girl!

Welcome to You Go, Girl!, one of Shrewsbury Youth and Family Services' most popular programs. This program focuses on the concerns, hopes, dreams and goals of 4th grade girls by discussing the important changes they are experiencing during this critical time in their lives. They will learn how to strengthen their self-confidence, manage emotions, and communicate better with friends and family members. There will be plenty of practice in decision making and problem solving too! They will learn how being healthy will help them become the person they are meant to be. We have included ways to stay drug-free and help others stay drug-free. Finally, they will practice setting goals and thinking about ways to make the most of themselves!

This program will run during the February and April Vacation weeks, Tuesday-Friday, 9:00-2:30 PM at the First Congregational Church.

Mid-Winter Session: February 18-21

Spring Session: April 22-25

Cost: \$150.00 per session

Registration: <https://give.classy.org/You-Go-Girl-2020>

**BE THE GIRL WHO FIXES ANOTHER GIRL'S CROWN
WITHOUT TELLING THE WORLD THAT IT WAS CROOKED!**