

# SCHOOL VACATION



The transition from elementary school to middle school is a dramatic one. Fourth grade girls have lots on their minds: fear of losing old friendships and making new ones, navigating peer pressure and bullying, worrying about fitting in and new academic pressures. At You Go Girl!, girls will learn how to strengthen their self- confidence, manage emotions, and communicate better with friends and family members. There will be plenty of practice in decision making, coping with difficult situations, and problem solving too! They will learn how being healthy and empowering one another will help them become all they are meant to be. They will practice growth mindset, setting goals and thinking about ways to make the most of themselves!

Shrewsbury Youth and Family Services  
222 Maple Avenue (The Higgins Building), Shrewsbury, MA.

February 19 – 22, 2019 9:00 AM – 2:30 PM

April 16 – 19, 2019, 9:00 AM – 2:30 PM

\$150 per session

Registration: <https://give.classy.org/syfsyouogirl>

***Be the girl who fixes another girl's crown without telling the world  
that it was CROOKED!***

