

## **Shrewsbury Boys Youth Lacrosse: Fall 2018 Learn to Play Clinic**

Shrewsbury Youth Lacrosse (SYL) is excited to offer a fall lacrosse clinic for beginner players who want to learn about the fastest game on 2 feet! The clinic is free, but registration is required for new players. Parents and players come join us to learn about our Spring sport and to try your hand at throwing and catching the lacrosse ball. We will teach the basics and review the equipment required to play. The clinic will be run by SYL coaches, players and alumni. The clinic is designed for those interested in trying lacrosse, and *ALL current players* who want some stick-time (and maybe a scrimmage!) Note: Lacrosse equipment not required, but if you have it please bring it. SYL will have equipment available for attendees to use.

**Who:** Clinic is open to boys in 1<sup>st</sup> through 6<sup>th</sup> grade.

When: Sunday October 21st, 10am-12pm

Where: Lake Street Park (452 Lake Street behind Scandinavian Athletic Club)

**Registration:** Online registration is available now at:

http://shrewsburyyouthlacrosse.uslaxteams.com/Registration/Default.asp?org=ShrewsburyYouthLacrosse

Lacrosse is a Spring sport. We begin indoor practices in February, practice outdoor in March, and play our games outside, Sundays in April and May. **Kids love playing "lax" and parents enjoy watching.** 

## Catch the excitement!

- Games are fast, 40 minutes of action (no 2+ hour, slow moving youth games)
- Every player touches the ball, every game (Nobody plays "right field")
- He WILL break a sweat!
- Learning TEAMWORK is paramount to a player's success
- Playing Lacrosse is FUN. Watching Lacrosse is FUN
- Lacrosse is played at practically every HS in Massachusetts, and is rapidly growing outside
  of New England (and did we mention, it's FUN)

## Please join us!

**Questions?** Send your questions to <a href="mailto:ShrewsburyLax@gmail.com">ShrewsburyLax@gmail.com</a> and/or visit us online at: <a href="mailto:shrewsburyyouthlacrosse.uslaxteams.com/">shrewsburyyouthlacrosse.uslaxteams.com/</a>