



## SHS Alumni News

### Join Us on LinkedIn

Since we launched our new alumni program in January, over 200 SHS alums have reached out and joined our new alumni network. We're **THRILLED** to have so many of you reconnect with our schools!

Another way to reconnect is by joining the [Shrewsbury Public Schools Community on LinkedIn](#). We established this community as a place for everyone with ties to Shrewsbury Public Schools - alumni, staff, students, caregivers and town residents - to come together to share information and opportunities.

Please join this SPS community and discover new ways we can all work together.

### In This Issue

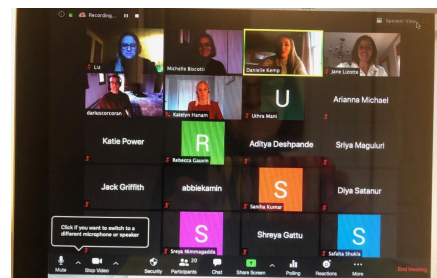
- **New LinkedIn Community**
- **New Alumni Mentor Program Begins**
- **"Rise Up Together" Virtual 5K**

*"The best piece of advice I've received is find a mentor, but also mentor others. You have two hands, so reach up, look for as many mentors as you can to get where you want to go, but never forget that you have another hand, and you have to reach down and lift others up, too."*

~Eric Swalwell

### New Alumni Mentor Program Begins

Thank you to the 26 SHS alumni who said **Yes!** when Dr. Jane Lizotte asked for alumni willing to share their post-high school experiences with current SHS students. During the week of April 20, alumni connected with current students via 14 different Zoom Meetings to share their post high school experiences in college, internships and careers.



More than 60 SHS students participated in these sessions throughout the week, many participating in more than one. This is particularly impressive given that sessions ran on school vacation days and some began as late as 6 and 7pm.

As one student said, *"This was a really helpful session for me with a lot of good information."* Alumni said *"It was wonderful!"*, it was *"...delightful!"* and *"I enjoyed the session overall."*

Visit our [alumni website](#) to learn more about this week. If this program sounds interesting to you, **please join your fellow alums** and sign up to be a mentor today. Email us at [alumni@shrewsbury.k12.ma.us](mailto:alumni@shrewsbury.k12.ma.us).

Your contributions, in whatever way you can make them, have a long-lasting impact on our students, their experiential learning and opening up their world after high school. We could not do this without you!



## Rise Up Together Virtual 5k

Join the entire SPS community for the *Rise Up Together Virtual 5K* over May 1-3. Complete 3 miles doing any activity over the course of the weekend. Then send us a picture and tell us what you did. Be sure to tell us you are an alum and what year you graduated.

This virtual 5k was the brainchild of staff at Oak Middle School and is the perfect way for our school community - including alumni - to feel connected right now. It's also a great way to take care of both our physical and emotional health, each of which is critically important as we continue to navigate the challenges of this pandemic.

Click [here](#) for more information about the 5k and to sign up.

**Thank you for re-connecting with Shrewsbury Public Schools!**



**Michelle Biscotti & Kathleen Keohane**

**Coordinators of Development and Volunteer Activities, Shrewsbury Public Schools**

**[alumni@shrewsbury.k12.ma.us](mailto:alumni@shrewsbury.k12.ma.us)**

**508-841-8470**

**<https://schools.shrewsburyma.gov/alumni>**