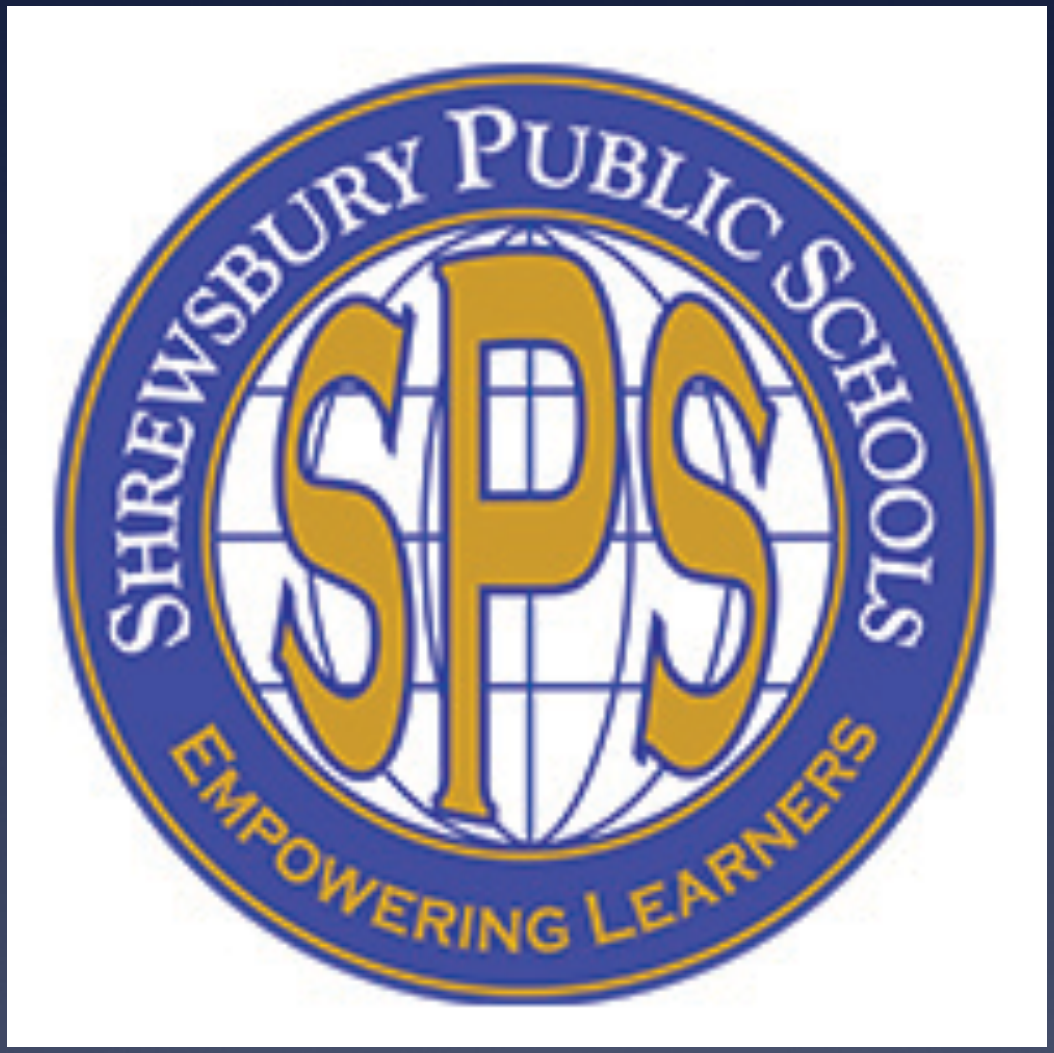


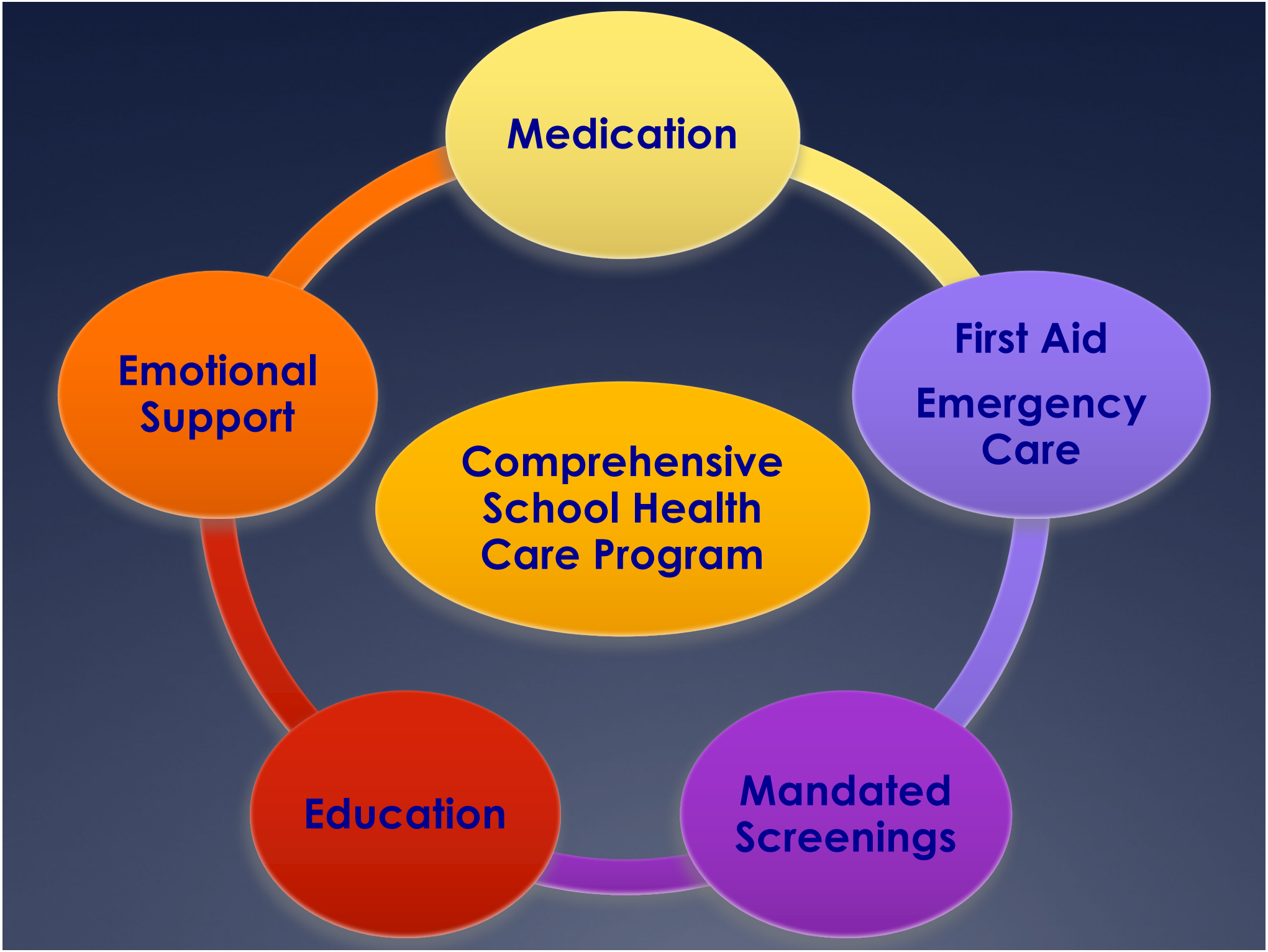
Department of Nursing
Report to School Committee
October 5, 2016

Department of Nursing

- Parker Rd Preschool: Kristin Stewich, BSN, RN, NCSN
- Beal School: Jill Wensky, BSN, RN, NSCN
- Coolidge School: Katie Zimmermann, BSN, RN, NCSN
- Floral St School: Sandy Sorenson, BSN, RN
  Stacy Ravindranathan, BSN, RN
  Jill Magarro, BSN, RN
- Paton School: Lisa Smith, BSN, RN, NCSN
- Spring St School: Becky Carle, BSN, RN
  Maureen Pellizzari, BSN, RN (Long Tem Substitute)

Department of Nursing

- Sherwood Middle School: Kristin Franger, BSN, RN, NCSN
  Linda Berard, BSN, RN
- Oak Middle School: Lisa Arteca, BSN, RN
  Tara Francis, BS, RN
- Shrewsbury High School: Pam Johnson, BSN, RN, NCSN
  Brenda Filiere, BSN, RN, NCSN
- Director of Nursing: Noelle Freeman, BSN, RN, NCSN
- Administrative Assistant: Sheila Dallarosa
- School Physician: Timothy Gibson, MD


Medication
First Aid
Emergency Care
Mandated Screenings
Education
Emotional Support
Comprehensive School Health Care Program

Shrewsbury Students and Staff 2015-16 School Year

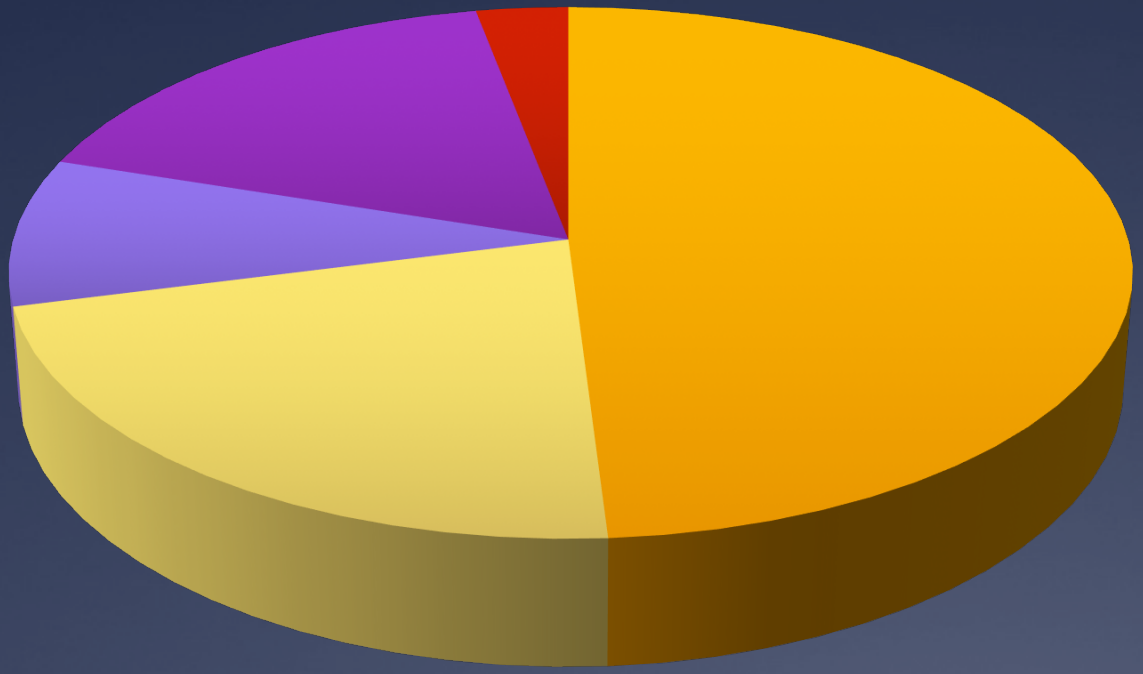
Students	Staff
6,045	814

Total visits = 60,118

Students = 58,978

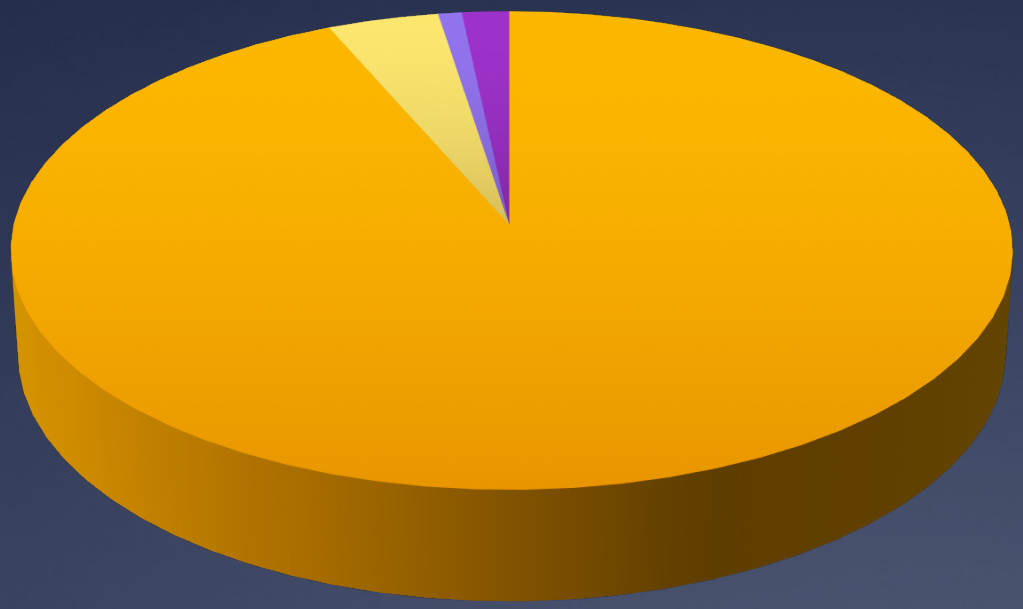
Staff = 1,140

Student Visits to the Nurse



- Illness = 49%
- Injury = 22%
- Management = 9%
- Other Health = 17%
- Mental/Behavioral Health = 3%

Following a visit to the nurse



- Return to Class = 93%
- Dismissed due to illness = 4%
- Dismissed due to injury = 1%
- Other = 2%

Health and Wellness Initiatives

- Preschool
  - Taking Root at Parker Rd Preschool
- Elementary Schools
  - Paton Healthy Snacks Challenge
- Middle Schools
  - Strategies for Building Emotional Resilience – Sharing Our Practice
- High School
  - From "Drug Task Force" to Community Outreach

Taking Root at Parker Road

Project Leaders: Kristin Stewich, BSN, RN, NCSN,
and Jennifer Vangel, Teacher

Taking Root at Parker Road

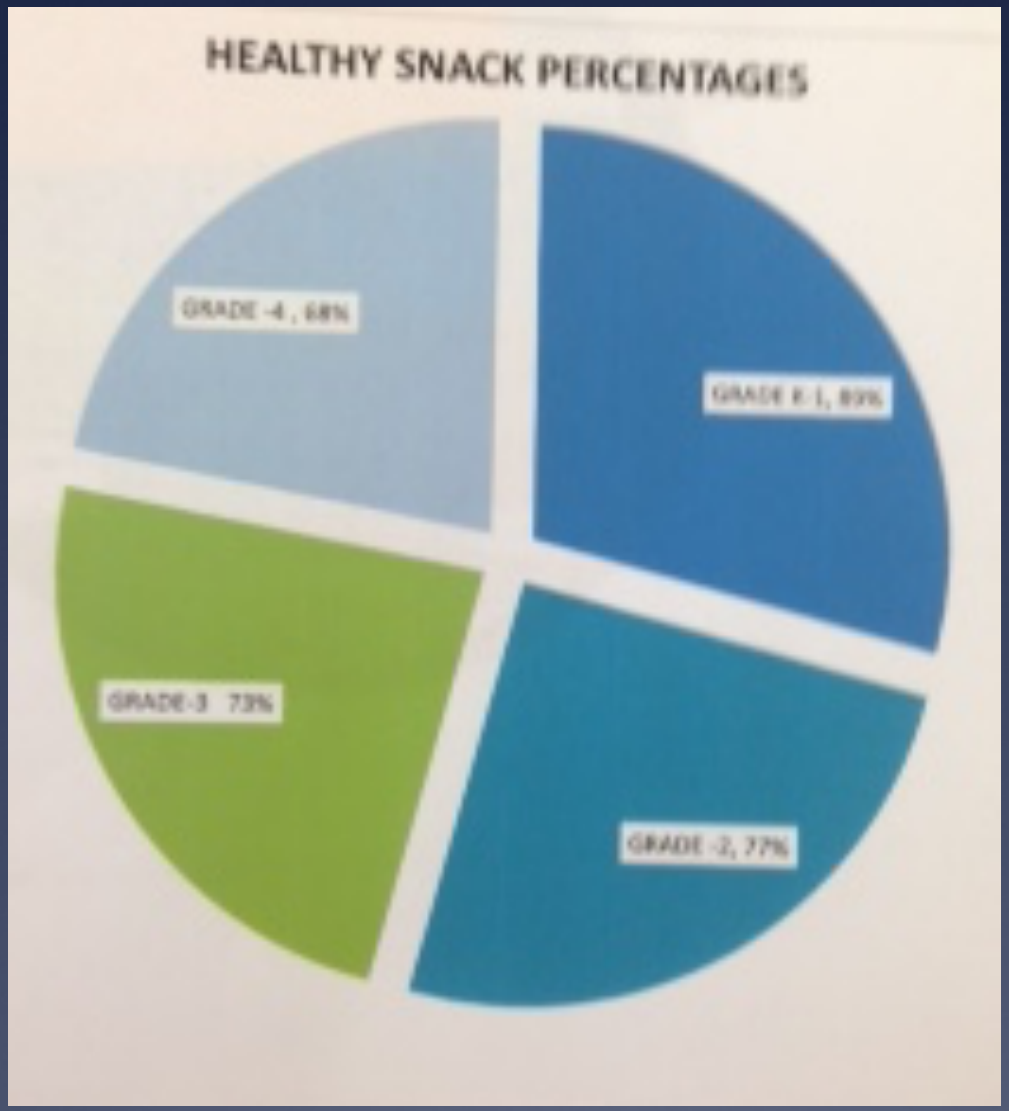
Paton Healthy Snack Challenge

Facilitated by Lisa Smith, BSN, RN, NCSN

Paton Healthy Snack Challenge

Grade 4: 68%

Grade 3: 72%



Grade 1: 87%

Grade 2: 77%

Participation per grade level

Strategies for Building Resilience

Facilitated by Noelle Freeman, BSN, RN, NCSN; Kristin Minio, LMHC; and Jenni Lencioni, LMHC, OMS School Adjustment Counselors

Strategies for Building Resilience

Sharing our practice

Nurses and Counselors Professional Development

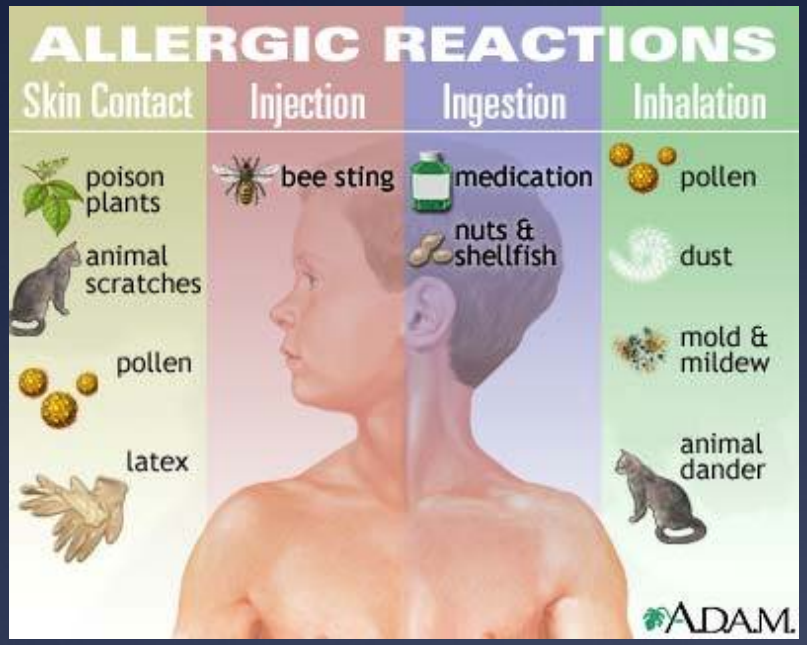
Annual Conference

ESHS nurse leaders: Promising Practices Conference

From Drug Task Force to Community Outreach

Pam Johnson, BSN, RN, NCSN, Brenda Filiere, BSN, RN, NCSN in collaboration with Jessica Rice. MEd, NCC, SHS Guidance Counselor

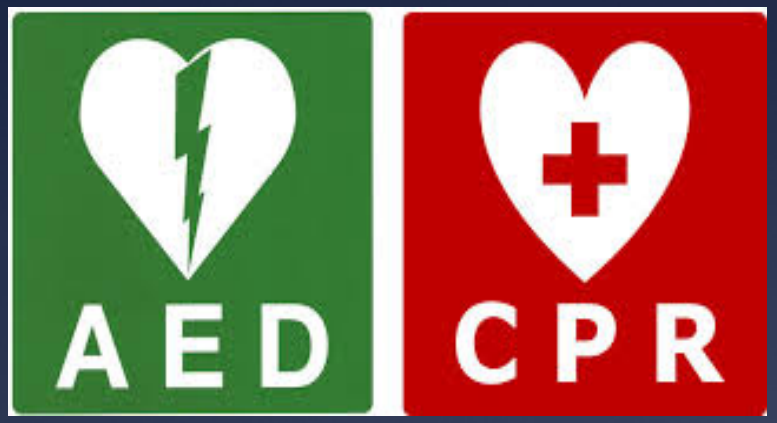
District Wide Updates



Anaphylaxis and EpiPen trainings for teaching staff and administrators were completed at all schools

EpiPens are now stocked in all Health Offices in the district, giving parents the option to not send their own supply in to school

District Wide Updates



58 staff members across the district were certified in American Heart Association Heartsaver CPR and AED skills

2 doses of Narcan (naloxone) are now stocked in every health office for use in suspected opioid overdose

Future Plans

Screening, Brief Intervention and Referral to Treatment (SBIRT) training for staff

- Screening quickly assesses the severity of substance use and identifies the appropriate level of treatment.

- Brief intervention focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.

- Referral to treatment provides those identified as needing more extensive treatment with access to specialty care.

(SAMHSA, 2014)

Future plans

Coloring pages:
for students,
by students

In collaboration with the Department of Visual Arts and National Art Honor Society

Remember:
Nurses are like icebergs.
At any one time you are only seeing about 1/5 of what they are *actually* doing.
thenursepath.com

Questions?