

Oak Middle School



WHY ARE WE WEARING ORANGE?

Written by Trisha Madamsetty

On Wednesday, October 20 -all students were encouraged to wear Orange in honor of National Gun Violence Awareness Week, to show that we are against school violence and are unified for kindness and peace. Since the color Orange symbolizes fighting for a future free of gun violence, we as Student Council members have distributed Orange wristbands to all the students. Each wristband contained positive and motivational messages to make the students feel less isolated and to help them feel like that they belong. Throughout the day, we have noticed exceedingly great acts of kindness accomplished by students, and are proud to have a positive and understanding school community!

Did you know?? You can submit an anonymous school safety tip to this [link](#). This can also be found on the Oak Middle school homepage.

Tips to Reduce Social Isolation in School

Do you know someone that is lacking social connections? Well here are some things to reduce social isolation across our school community:

- **Come up with an activity to help strengthen existing relationships**
- **Reach out to someone, be a model for social inclusion**
- **Take care of yourself by pursuing activities you enjoy to help manage stress**
- **Eat healthy and maintain your health**
- **Get enough sleep**
- **Talk to a school counselor**

All of these things are very important as teenagers to protect yourself from loneliness. If you are aware that someone is in need of help, then talk to them and support them and talk to a trusted adult. The Student Council wants to promote self love, well-being, and positivity throughout our school community.

Written by: Paisley Hathaway

Our Mission Statement

As Student Council members we hope to make Oak a strong and inclusive community that encourages student voice and helps students learn and grow.

We help students by hosting events that unite the school.

We are an organization that is open minded and accepting that has representatives from all teams.

We will create a legacy for Oak that shows that we are an inclusive community where students will make positive memories.

Written by: Student Council Members 2021-2022

WHAT IS THE COLOR CUP?

Written by Nora Kurtz

The Color Cup is a series of various events where each color competes to win! At the end of the year, one color takes the top prize! The team colors in both eighth and seventh grade combine into one overall. For example, 7 Teal and 8 Teal will be competing in these competitions as the Teal color. 7 Blue and 8 Blue will be competing as the Blue color. Teachers that are not directly associated with a team and not biased to a certain color will vote. For example, allied arts and foreign language teachers. The Student Council is encouraging every team to participate in this very fun and exciting activity Oak is bringing back!

Team	Student Council Representatives
7 Red	Suhrit Ghosh and Prisha Nair
7 Teal	Ayla Faris and Nora Kurtz
7 Blue	Jackson Morgan and Shamini Biju
7 Green	Anna Marderosian, Diya Sankar
7 Gold	Destiny Agaptus- Anaele, Emily Heske, Richard Kimball, Ronnit Sharma, Adil Siddiqui
8 Red	Trisha Madamsetty, Joseph Wu
8 Teal	Violet Goodchild, Sohini Saini
8 Blue	Paisley Hathaway and Ravena Arun
8 Green	Sabrina Welch, Grace Yu
8 Gold	Saketh Madhusudhan, Cristian Salvan

FALL DOOR DECORATING COMPETITION

To kickstart the Color Cup, we are hosting a door decorating event where students decorate their core classroom doors around fall themes. One door should additionally exemplify “belonging in our school community” which also stays true to the fall theme. Doors will be judged by allied arts, foreign language teachers and administrators. Doors must be completed by **Friday, Nov 5th.**

-Sabrina W