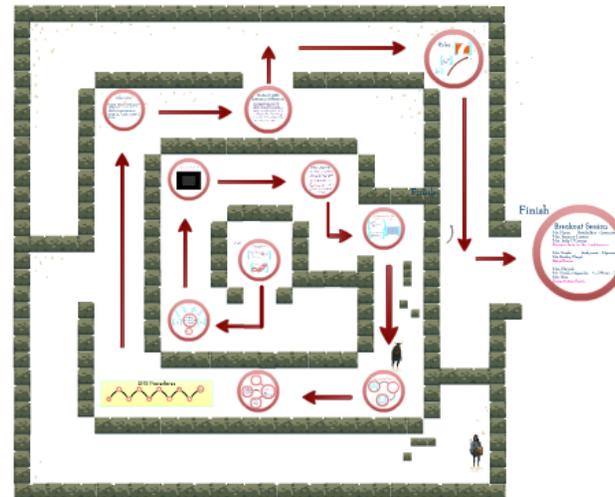


# Nuts and Bolts Night 2014

## SHS School Counseling Department

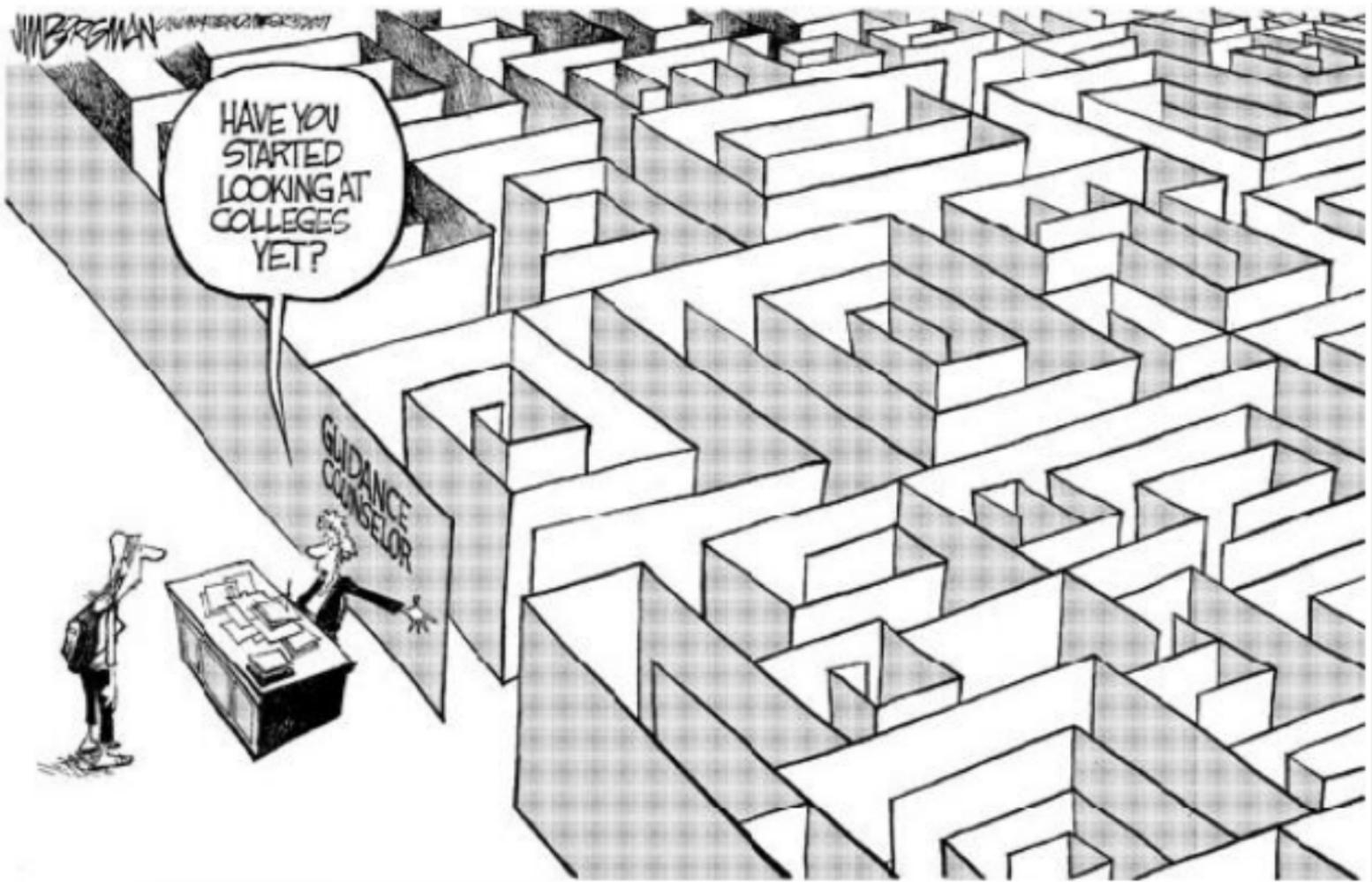
Mr. Frank Piro: School Counselor fpiro@shsweb.org   508.441.8013	Mr. Colin Ersk: Guidance - Lachapelle cerk@shsweb.org   508.441.8030	Miss Lash Black: Social - 2 lblack@shsweb.org   508.441.8034
Mrs. Jawsia Gustin: Guidance - Chin jgustin@shsweb.org   508.441.8027	Ms. Kelly Floyd: Life - Symon kfloyd@shsweb.org   508.441.8018	Director: Mrs. Rip Ersk: A - B rersk@shsweb.org   508.441.8024
Mrs. Judy O'Connor: Clerk - Gorman joconnor@shsweb.org   508.441.8029	Mr. Lou DiDonato: Office - Ersk lodonato@shsweb.org   508.441.8012	Registrar: Mrs. Cal King cking@shsweb.org   508.441.8013



WILBERGSMAN

HAVE YOU  
STARTED  
LOOKING AT  
COLLEGES  
YET?

GUIDANCE  
COUNSELOR



# Nuts and Bolts Night 2014

## SHS School Counseling Department

Mr. Frank Flynn: Selected Students  
fflynn@shrewsbury.k12.ma.us  
508.841.8851

Mrs. Jammie Lussier: Batchelder - Chin  
jlussier@shrewsbury.k12.ma.us  
508.841.8827

Mrs. Judy O'Connor: Clark - Geromini  
joconnor@shrewsbury.k12.ma.us  
508.841.8829

Ms. Susie Eriole: Giedymin - Lachapelle  
seriole@shrewsbury.k12.ma.us  
508.841.8830

Ms. Kathy Floyd: Lade - Nyman  
kfloyd@shrewsbury.k12.ma.us  
508.841.8818

Mr. Lee Diamantopoulos: O'Brien - Singh  
ldiamantopoulos@shrewsbury.k12.ma.us  
508.841.8852

Miss Leah Bloch: Smith - Z  
jrice@shrewsbury.k12.ma.us  
508.841.8834

Director: Mrs. Nga Huynh A - Be  
nhuynh@shrewsbury.k12.ma.us  
508.841.8824

Registrar: Mrs. Gail King  
gking@shrewsbury.k12.ma.us  
508.841.8813

Mr. Frank Flynn: Selected Students

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508.841.8813



START

# Communication

Going Green ...

## School Counseling Department Website

- School Counseling List Serve →
- SAT/ACT
- Calendar
- Contact your child's school counselor



## Naviance

**Naviance Family Connection**  
Named one of the School Counseling Department's top 100 programs.  
With award-winning College Search, College Applications Process, and more, it's the only one that connects you to your future.



# Going Green ...

## School Counseling Department Website

School Counseling List Serve



SAT/ACT

Calendar

Contact your child's school counselor

**Join our List Serv** back

**Date of Record:** September 9, 2012

Thank you for your interest in subscribing to the Shrewsbury High School Guidance Department ListServ, which is like an electronic newsletter delivered via an email. The moderator is Nga Huynh, Director of Guidance and is the only person approved to send messages to the list. Members will only be able to receive and read archived messages. They are not able to respond or reply to any message sent to them via the list serv.



Subscribers should note that individual email clients and services might tag incoming mail as SPAM. If you do not receive a confirmation message from the LIST SERV, please check your SPAM FOLDER.

The town and school department are committed to keeping these lists confidential and are used to distribute information from the specific forums.

To join our list serv the mailbox logo to the upper right.

## Join our List Serv

[back](#)

**Date of Record:** September 9, 2012

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# Naviance

## Naviance Family Connection

Accessed from the School Counseling Department site.

- Web-based program
- College Search Process
- College Application Process
- Great place to start researching schools

### Track Deadlines in Naviance "Colleges I'm thinking about" List

College Name	Start Date	End Date	Status
University of California, Berkeley	11/1/19	11/15/19	Applied
University of Michigan	11/1/19	11/15/19	Applied
Yale University	11/1/19	11/15/19	Applied
Harvard University	11/1/19	11/15/19	Applied
Stanford University	11/1/19	11/15/19	Applied

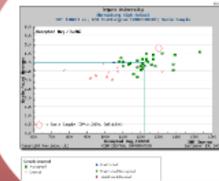
### College Visit Schedule

College Name	Date	Location	Registration	Phone
University of California, Berkeley	11/1/19	San Francisco	Free	415.495.9494
University of Michigan	11/1/19	Ann Arbor	Free	734.763.2800
Yale University	11/1/19	New Haven, CT	Free	203.432.2000
Harvard University	11/1/19	Cambridge, MA	Free	617.495.6000
Stanford University	11/1/19	Stanford, CA	Free	650.495.5000

### College Visit Schedule

Nearly 100 colleges and universities visit SHS  
 Schedule:  
 Listed in Naviance/Family Connection  
 Daily Announcements  
 Posted in Senior English classes  
 Must sign up a day in advance—Guidance Dept.

### Naviance Scattergrams



# Naviance Family Connection

Accessed from the School Counseling  
Department site.

Web-based program

College Search Process

College Application Process

Great place to start researching schools

# Track Deadlines in Naviance "Colleges I'm thinking about" List

## My Colleges :: [compare me](#)

Colleges that I'm considering ([add to this list](#))

College	Common App	Added By	Expected Difficulty*	My Interest	Application Deadlines†				Actions		
					Early Decision	Early Action	Priority	Regular Decision	CONTACT	GRAPH	WWW
<input type="checkbox"/> Boston Coll	Yes	counselor	N/A	N/A	-	11/1	-	1/1			
<input type="checkbox"/> Boston Univ	Yes	counselor	N/A	N/A	11/1	-	-	1/1			
<input type="checkbox"/> Fairfield Univ	Yes	counselor	N/A	N/A	-	11/15	-	1/15			
<input type="checkbox"/> James Madison Univ	-	counselor	N/A	N/A	-	11/1	-	1/15			
<input type="checkbox"/> UMD College Park	-	counselor	N/A	N/A	-	-	11/1	1/20			
<input type="checkbox"/> New York Univ	Yes	counselor	N/A	N/A	11/1	-	-	1/1			
<input type="checkbox"/> U of Rochester	Yes	counselor	N/A	N/A	11/1	-	-	1/1			
<input type="checkbox"/> Washington Univ in St Louis	Yes	counselor	N/A	N/A	11/15	-	-	1/15			

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Nearly 100 colleges and universities visit SHS  
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ist



## Graph Legend

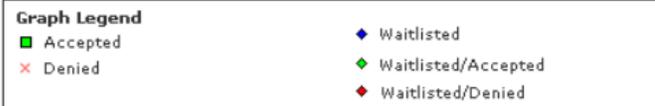
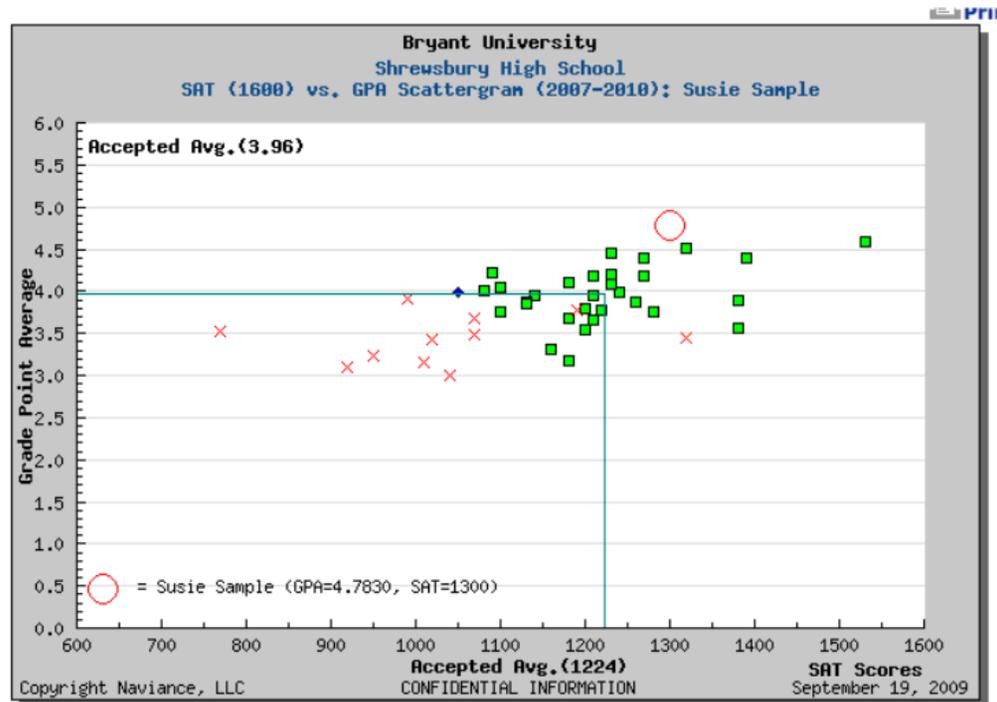
- Accepted
- ✗ Denied

# College Visit Schedule

## college visits

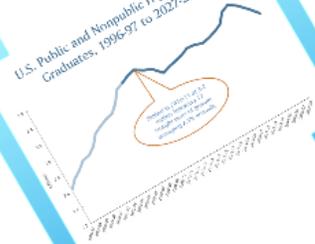
	College	Date	Location	Registrations	Registration Deadline
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">Worcester State University</a>	9/17/12 9:00 AM		5	9/16/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">Plymouth State University</a>	9/17/12 10:00 AM		2	9/16/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">University at Buffalo The State University of New York</a>	9/17/12 11:00 AM		-	9/16/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">Stonehill College</a>	9/17/12 1:00 PM		1	9/16/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">Sacred Heart University</a>	9/18/12 8:00 AM		-	9/17/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">Salve Regina University</a>	9/18/12 9:00 AM		3	9/17/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">George Mason University</a>	9/18/12 11:00 AM		1	9/17/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">Stony Brook University</a>	9/18/12 1:00 PM		1	9/17/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">Western New England University</a>	9/19/12 8:00 AM		-	9/18/12
<a href="#">information</a> <a href="#">  sign up</a>	<a href="#">Sweet Briar College</a>	9/19/12 9:00 AM		-	9/18/12

# Naviance Scattergrams



# College Admissions Trends

## U.S. Public and Nonpublic High School Graduates, 1996-97 to 2027-28



## Application Process

- Research 10-20 schools
- Apply to approximately 3-9
- Couple of reach schools
- Couple of target schools
- Couple of likely schools
- Couple of safety schools
- Keep an open mind
- Look for the best fit, not necessarily the best brand name

## College Admissions

### Opportunities

- Shrewsbury's visibility and reputation
- Your son or daughter's academic preparation
- Diversity: gender, geography, socio-economic status, ethnicity

### Challenges

- Number of students attending college
- The Economy
  - Impact on community colleges, state colleges, and private colleges

## Everyone's Reach

Harvard, Dartmouth, Princeton, Yale, Brown, Columbia, Georgetown, Bowdoin, MIT, Swarthmore, Cornell, U/Penn, Stanford

UVA, University of Michigan, Cal Berkeley

### Nearly Everyone's Reach

Boston College (even with a 3.8)

Williams, NYU, Middlebury, Amherst, Brandeis, Bowdoin, Colby, Hamilton, Tufts, Connecticut College, Vassar, others



# College Admissions Trends

st brand na

Harvar  
Col  
Sw  
UVA

# College Admissions

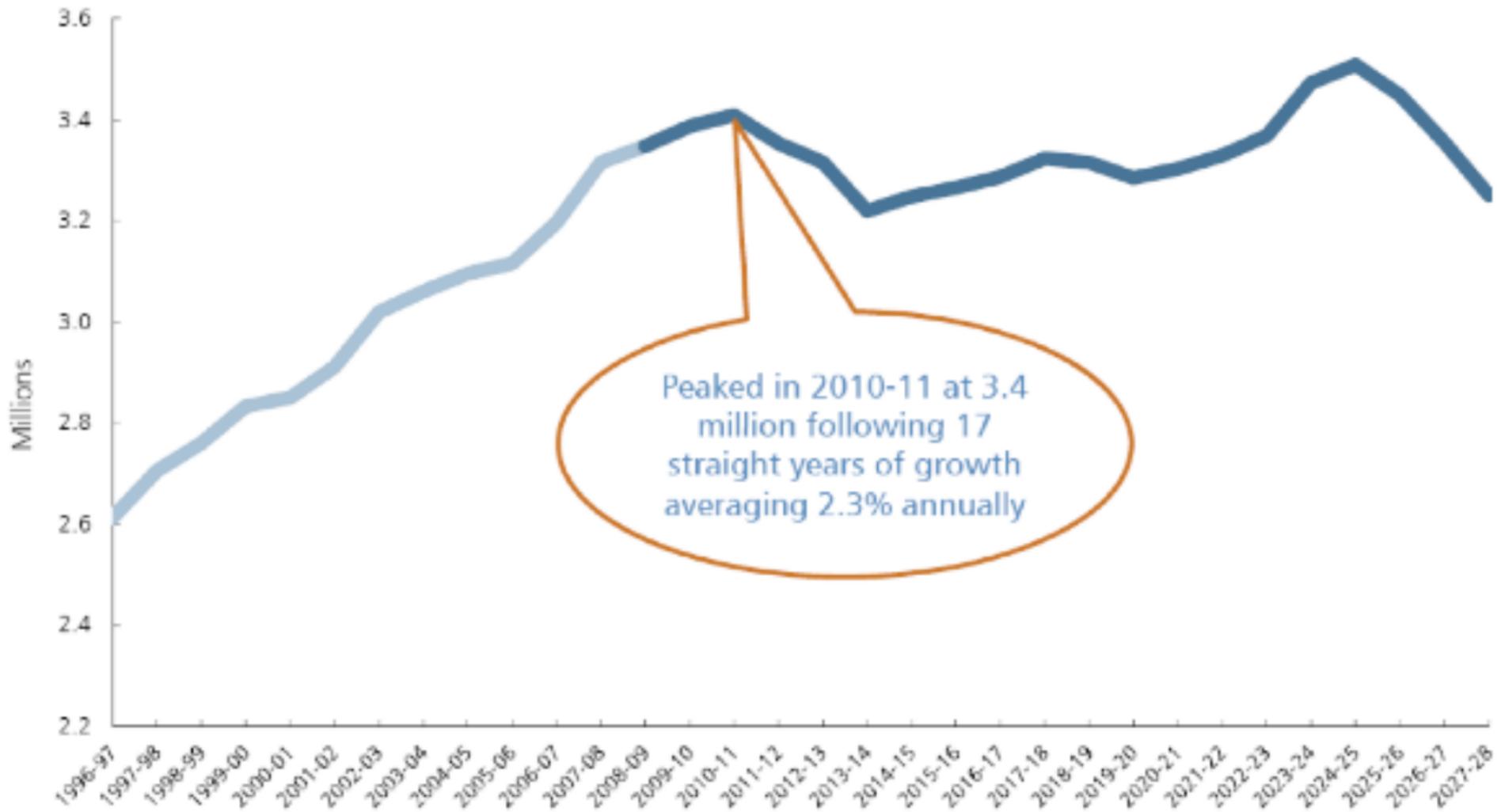
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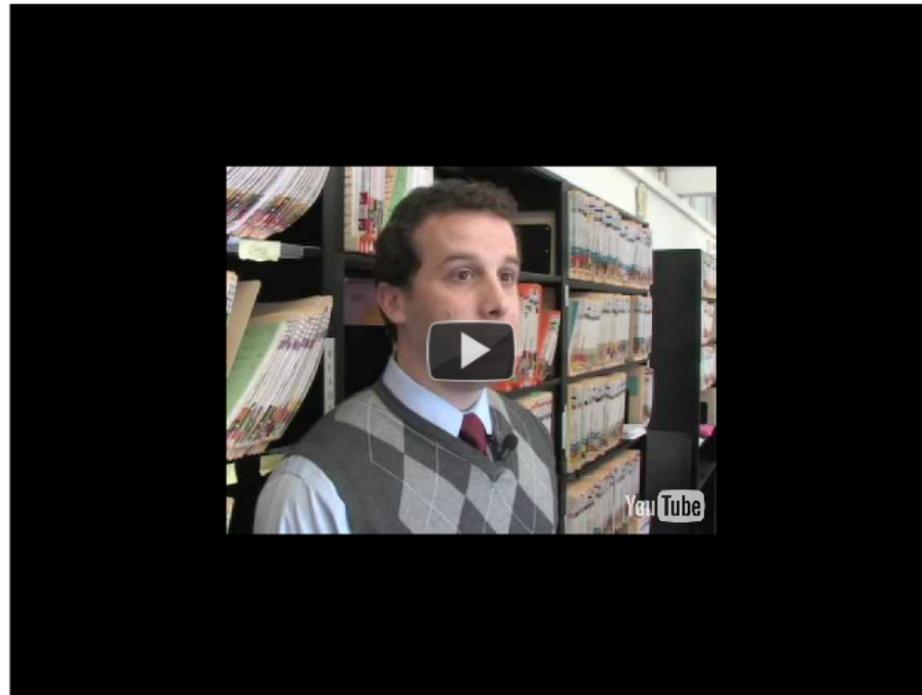


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Brandeis, Bowdoin, Colby, Hamilton,  
Tufts, Connecticut College,  
Vassar, others

# *Admissions Committee*



## What is Best Fit?

- \* Offers the **course of study** you want to pursue—and will **provide opportunities** for you to explore if you are undecided.
- \* Provides instruction and learning opportunities in a manner that is **compatible** with the way you like to learn.
- \* Is a **good match** for your level of ability and academic preparation.
- \* Provides a **community** that feels like home.

- Peter Van Buskirk



# Components of the Application Process

- Type of Application (ED, EA, rolling, regular, etc.)
- Deadlines
- Standardized Tests—SATs, ACTs, Subject Tests
- The Application Itself—Common App, School-Specific Applications, etc.
- Letters of Recommendation
- School Counselor Packet

## College Application Deadlines

- Early Action and Early Decision Usually November 1st or November 15th
- State & Private Colleges and Universities Deadlines usually begin January 1st through mid-April
- California State Universities Available late September . . . Submit Oct - Nov 30th only!

## Admissions Options

NON-RESTRICTIVE APPLICATION PLANS			RESTRICTIVE APPLICATION PLANS	
REGULAR DECISION	ROLLING ADMISSION	EARLY ACTION (EA)	EARLY DECISION (ED)	RESTRICTIVE EARLY ACTION
Students submit an application by a specified date and receive a decision in a clearly stated period of time.	Colleges review applications as they are submitted and render an admissions decision throughout the admissions cycle.	Students apply early and receive a decision well in advance of the institution's regular response date.	Students make a commitment to a first-choice institution where, if admitted, they will definitely enroll.	Students apply to an institution of preference and receive a decision early. They may be restricted from applying ED, EA, or REA to other institutions.
Non-Binding	Non-Binding	Non-Binding	Binding	Non-Binding



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# Standardized Testing

**What is ACT Writing?**

ACT Writing is a 40-minute, 1-on-1 writing test. It is a required component of the ACT for students who are applying to colleges that require writing scores.

**Score Details for ACT Writing**

ACT Writing scores range from 1 to 35. A score of 1 is the lowest possible score, and a score of 35 is the highest possible score.

**SAT Calendar**  
collegeboard.com

Test Date	ACT	Regular Deadline	Final Registration Deadline
September 13, 2014	ACT or ACT with Writing	August 6, 2014	August 22, 2014
October 15, 2014	ACT or ACT with Writing	September 19, 2014	October 3, 2014
December 13, 2014	ACT or ACT with Writing	November 7, 2014	November 21, 2014
February 7, 2015	ACT or ACT with Writing	January 9, 2015	January 16, 2015
April 16, 2015	ACT or ACT with Writing	March 13, 2015	March 27, 2015
June 13, 2015	ACT or ACT with Writing	May 8, 2015	May 22, 2015

**ACT Calendar**

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**SAT Official Schedule**  
collegeboard.com

**For a Test**

Students are responsible for sending SAT, ACT, and SAT Subject Test scores to the colleges to which they apply. They should also send scores to the scholarship agencies, the NCAA, and other institutions as required.

**Sending Test Scores**

Students are responsible for sending SAT, ACT, and SAT Subject Test scores to the colleges to which they apply. They should also send scores to the scholarship agencies, the NCAA, and other institutions as required.

Students should check with the colleges to which they are applying to determine if they require scores from all tests or if they accept scores from only one test.

### Score Choice—SATs & Subject Tests

Score Choice gives students the option to choose which scores they send for the SAT and by individual test for SAT Subject Tests™ you send to colleges—in accordance with an institution's stated score-use practice. You can choose scores from one, several, or all SAT test dates.

For more information on Score Choice, visit the College Board's website.  
[www.collegeboard.com](http://www.collegeboard.com)

### Score Choice—SATs & Subject Tests

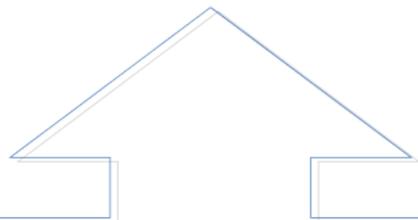
Test Date	Critical Reading	Math	Writing
May 2010	450	510	530
June 2010	440	550	570
October 2010	500	530	560

**\*\*In this example, the student should submit his or her June and October 2010 SATs**

## SAT Calendar collegeboard.com

Test Date	SAT Reasoning Test and SAT Subject Tests	Registration Deadlines*		Offered at Shrewsbury High School?
		Regular Deadline	Late Registration Deadline	
October 11, 2014	SAT or Subject Tests	September 12, 2014	September 30, 2014	Yes
November 8, 2014	SAT or Subject Tests	October 9, 2014	October 28, 2014	Yes
December 6, 2014	SAT or Subject Tests	November 6, 2014	November 24, 2014	No—St. John's
January 24, 2015	SAT or Subject Tests	December 29, 2014	January 13, 2015	No
March 14, 2015	SAT Reasoning Test Only	February 13, 2015	March 3, 2015	No—St. John's
May 2, 2015	SAT or Subject Tests	April 6, 2015	April 21, 2015	Yes
June 6, 2015	SAT or Subject Tests	May 8, 2015	May 27, 2015	No—St. John's

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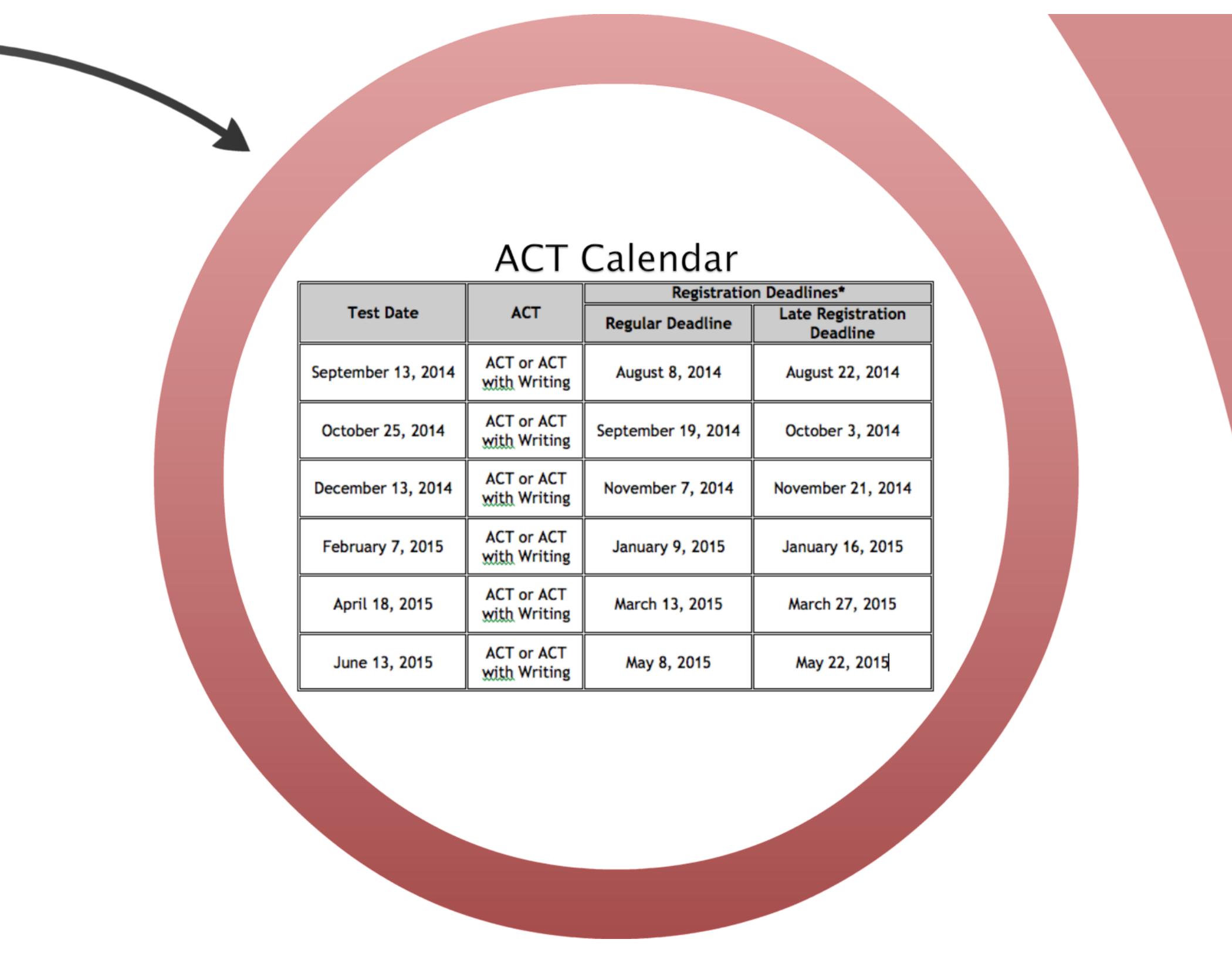
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January 24, 2015	<u>SAT</u> or Subject Tests	December 29, 2014	January 13, 2015	No
March 14, 2015	<u>SAT Reasoning Test Only</u>	February 13, 2015	March 3, 2015	No—St. John's
May 2, 2015	<u>SAT</u> or Subject Tests	April 6, 2015	April 21, 2015	Yes
June 6, 2015	<u>SAT</u> or Subject Tests	May 8, 2015	May 27, 2015	No—St. John's



## ACT Calendar

Test Date	ACT	Registration Deadlines*	
		Regular Deadline	Late Registration Deadline
September 13, 2014	ACT or ACT <u>with Writing</u>	August 8, 2014	August 22, 2014
October 25, 2014	ACT or ACT <u>with Writing</u>	September 19, 2014	October 3, 2014
December 13, 2014	ACT or ACT <u>with Writing</u>	November 7, 2014	November 21, 2014
February 7, 2015	ACT or ACT <u>with Writing</u>	January 9, 2015	January 16, 2015
April 18, 2015	ACT or ACT <u>with Writing</u>	March 13, 2015	March 27, 2015
June 13, 2015	ACT or ACT <u>with Writing</u>	May 8, 2015	May 22, 2015

## SAT-Optional Schools

www.fairtest.org



The screenshot shows the FairTest website interface. At the top, it says "FairTest The National Center for Fair and Open Testing". Below this is a navigation menu with links for Home, K-12 Testing, University Testing, Newsletter, Fact Sheets, Get Involved, News, and Other Resources. A search bar and a "Donate to FairTest" button are also visible. The main content area features a sidebar with "SAT/ACT Optional Test Score Options" and a main section titled "Schools That Do Not Use SAT/ACT Scores for Admitting Substantial Numbers of Students Into Bachelor Degree Programs". A blue box highlights the "ACT/SAT" option. Below the main text, there are sections for "FairTest counts on the support of individuals like you!" and "What's New at FairTest" with a list of recent news items.

## Sending Test Scores

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Shrewsbury School Counselors / Registrar are not allowed to send test scores to any organization at any time.



# SAT-Optional Schools

www.fairtest.org

## FairTest

The National Center for Fair and Open Testing

[Signup E-Newsletter](#) | [About FairTest](#) | [Contact Us](#)

[Donate to FairTest](#)

[Home](#) [K-12 Testing](#) [University Testing](#) [Newsletter](#) [Fact Sheets](#) [Get Involved](#) [News](#) [Other Resources](#)

[Optional List](#)

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[SAT/ACT Optional Schools](#)

[Test Score Options](#)

[Schools That Do Not Use SAT/ACT Scores for Admitting Substantial Numbers of Students Into Bachelor Degree Programs](#)

[ACT/SAT](#)

[Grad School](#)

[News](#)

[Fact Sheets](#)

*Current as of Summer 2012*

**FairTest counts on the support of individuals like you!**

**Please Donate NOW So We Can Keep this List Up-to-Date**

This list includes colleges and universities that deemphasize the use of standardized tests by making admissions decisions about substantial numbers of applicants who recently graduated from U.S. high schools without using the SAT or ACT.

As the internal school listing notes indicate, some schools exempt students who meet grade-point average or class rank criteria while others require SAT or ACT scores but use them only for placement purposes or to conduct research studies. Please check with the school's admissions office to learn more about specific admissions requirements, particularly for international or non-traditional students.

FairTest finds that nearly 850 four-year colleges do not use the SAT I or ACT to admit substantial numbers of bachelor degree applicants.

[See the searchable listing of schools.](#)

[Find out how and why colleges go Test Optional](#)

### What's New at FairTest

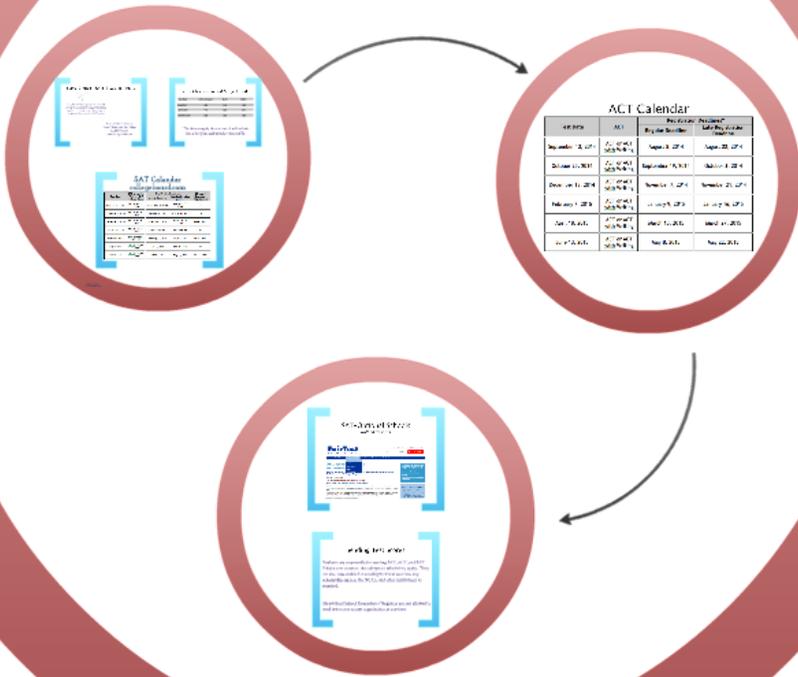
- FairTest Commentary: Chicago Strike Echoes High-Stakes Testing Resistance
- Common Core Assessments: More Tests, But Not Much Better

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# Standardized Testing



commonapp.org



### Teacher Recommendations

**Teacher Recommendation:** follow the directions of the college—usually 1 – 2 teacher recommendations required

**Supplemental recommendations:** okay, but no more than 4 total including the school counselor recommendation

### Teacher Recommendations (cont.)

- Will be mailed electronically with the guidance counselor packet
- Teachers complete all forms online—no need to provide teachers with envelopes, stamps, college forms
- Student asks teacher at least one month prior to deadline
- Student then formally requests the teacher through Naviance
- Send thank you notes to staff who have written letters of recommendations

### Types of Applications

#### Common Application

- 450+ schools accept the Common Application
- Completed online
- Supplements

#### School-Specific Applications

- Completed online or paper (online STRONGLY preferred)
- Keep track of usernames and passwords for each account

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- 450+ schools accept the Common Application
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- Supplements

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- Completed online or paper  
(online **STRONGLY** preferred)
- Keep track of usernames and passwords for each account

# commonapp.org

THE COMMON APPLICATION  
For Undergraduate College Admission

<a href="#">About Us</a>	<a href="#">Member Colleges &amp; Universities</a>	<a href="#">Common Questions</a>	<a href="#">Download Forms</a>	<a href="#">Other Resources</a>	<a href="#">Contact Us</a>
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INTEGRITY

EQUITY

RELIABILITY

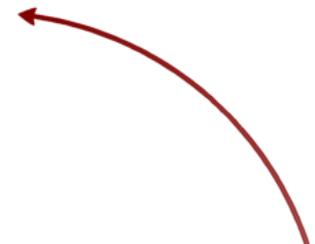
ACCESS

SERVICE

# THE COMMON APPLICATION

For Undergraduate College Admission

NEWS	APPLY!	FEATURED
<p><b>04/16/2012</b></p> <p><b>Common App Welcomes New Members</b></p> <p>We're pleased to announce our 37 new members who were admitted to the membership</p>	<p>User Name: <input type="text"/></p> <p>Password: <input type="password"/></p> <p><input type="button" value="Login"/></p> <p>Never Registered? <a href="#">Go here</a></p> <p>Forgot Login? <a href="#">Go here</a></p> <p><a href="#">Go here for instructions</a></p>	 <p><a href="http://www.go.maine.edu">http://www.go.maine.edu</a></p>

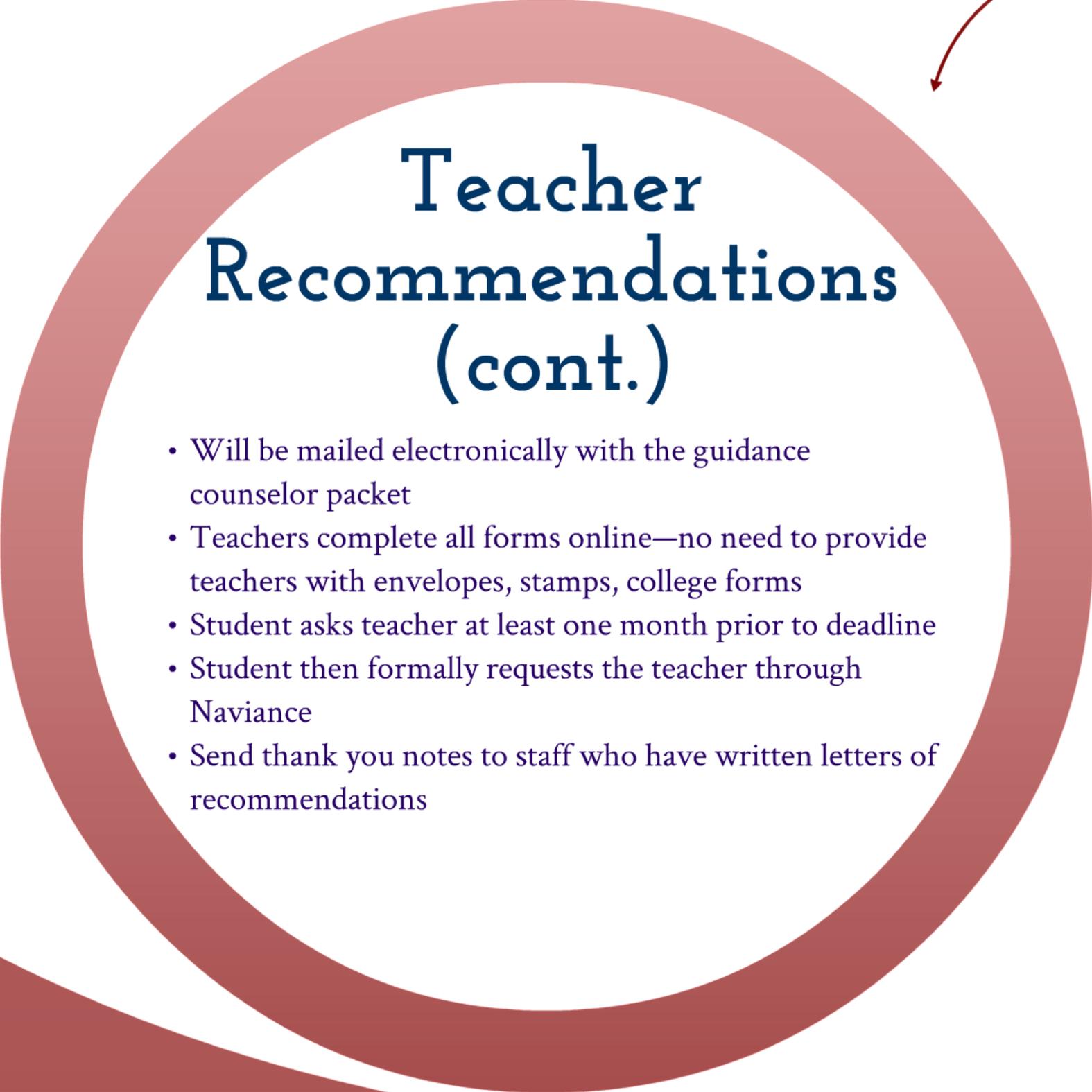


# Teacher Recommendations

**Teacher Recommendation:** follow the directions of the college—usually 1 – 2 teacher recommendations required

**Supplemental recommendations:** okay, but no more than 4 total including the school counselor recommendation





# Teacher Recommendations (cont.)

- Will be mailed electronically with the guidance counselor packet
- Teachers complete all forms online—no need to provide teachers with envelopes, stamps, college forms
- Student asks teacher at least one month prior to deadline
- Student then formally requests the teacher through Naviance
- Send thank you notes to staff who have written letters of recommendations

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### Types of Applications

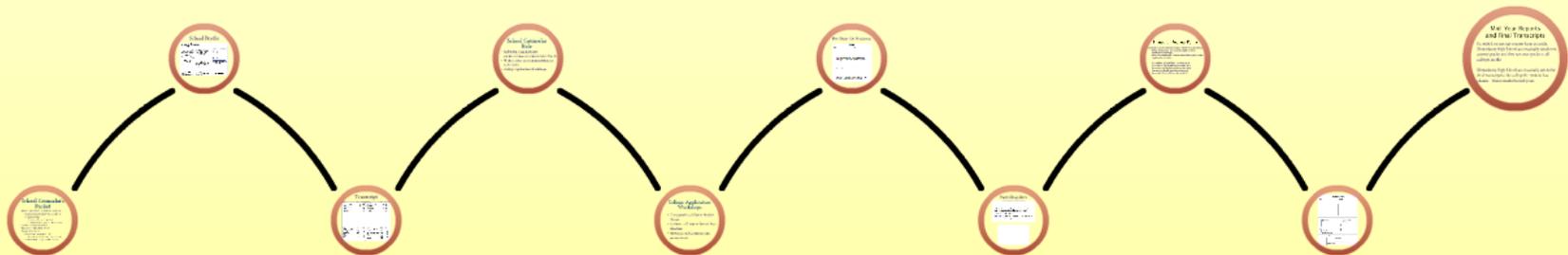
#### Common Application

- 450+ schools accept the Common Application
- Completed online
- Supplements

#### School-Specific Applications

- Completed online or paper (online STRONGLY preferred)
- Keep track of usernames and passwords for each account

# SHS Procedures



## Mid-Year Reports and Final Transcripts

Provided a transcript request form is on file, Shrewsbury High School automatically sends first quarter grades and first semester grades to all colleges on file.

Shrewsbury High School automatically sends the final transcript to the college the student has chosen. This is mailed in mid-June.

**SHREWSBURY HIGH SCHOOL  
TRANSCRIPT REQUEST FORM**

Name: \_\_\_\_\_ Counselor: \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date of Request: \_\_\_\_\_

College/University	Application Deadline	Teacher Rec's to be sent

<p><b>Guidance Use:</b></p> <p><input type="checkbox"/> BIO sheet to Counselor</p> <p><input type="checkbox"/> Discussed Sending Test Scores</p> <p><input type="checkbox"/> Processing fee (\$5.00)</p> <p><input type="checkbox"/> Discussed NCAA Process/Paperwork</p> <p><input type="checkbox"/> IEP/504 Plan requested (date) _____</p> <p><input type="checkbox"/> Verify Credits</p>	<p><b>Naviance:</b></p> <p><input type="checkbox"/> Registered for Common App</p> <p><input type="checkbox"/> FERPA Completed in Naviance</p> <p><input type="checkbox"/> Prospective List Updated</p> <p><input type="checkbox"/> Requested Teacher Rec in Person</p> <p><input type="checkbox"/> Updated/Requested Teacher Rec in Naviance</p>
<p><b>App Type:</b></p> <p><input type="checkbox"/> School App/VIP</p> <p><input type="checkbox"/> Common App <i>Deadline before Q1 must be mailed</i></p>	<p><input type="checkbox"/> Early Decision</p> <p><input type="checkbox"/> Early Action</p>

**Please allow 10 school days processing time**

Guidance Use Only	
Date received: _____	By: _____
Date Mailed: _____	By: _____
<input type="checkbox"/> Entered in database	

# Transcript Request Forms

**Complete one Transcript Request Form for each college**

- **\$5 per transcript—no need to supply us with envelopes or postage**
- **Must be submitted at least 10 school days prior to the application deadline:**

**November 1st Deadlines: October 20th**

**November 15th Deadlines: October 31st**

**December 1st Deadlines: November 12th**

**January 1st Deadlines: December 6th**

**January 15th Deadlines: January 5th**

# Parent Brag Sheet

## Shrewsbury High School - Guidance Department Parent/Guardian Questionnaire

Early planning and preparation are essential ingredients to a successful college planning process. As a parent/guardian, your responses and insights can add a very important dimension to your student's college/career search and planning. Your responses to this questionnaire will inform your son's/daughter's counselor to write a more substantive evaluation of your child. You will be most helpful when you are specific with your descriptive statements and when you give examples or anecdotal information.

**Be serious; be funny; be honest; be proud.**

Please feel free to use a separate sheet if your comments do not fit in the space provided. We will assume that you have shared your responses with your son/daughter unless you tell us otherwise. Your responses are greatly appreciated. You may email your responses directly to your son's/daughter's school counselor or mail them to the high school. **Please return the forms by May 1.**

1. What do you consider to be his/her outstanding personality traits? Please use specific examples or illustrations of these personality traits.
2. What are some of the most outstanding accomplishments of your child during the past four years?
3. In what areas have your child shown the most development and growth during the past four years?

# Bio Sheet On Naviance

## Bio Sheet

Name: \_\_\_\_\_ email: \_\_\_\_\_

1. Please list your school activities (i.e. Band 9,10,11); include offices held:
  
  
  
  
  
  
  
  
  
  
2. Please list out-of-school activities and give details (i.e. Scouting, volunteer work/community service, Sunday School teaching/other church affiliation, internships, etc.):
  
  
  
  
  
  
  
  
  
  
3. Please list work experiences and explain job responsibilities:
  
  
  
  
  
  
  
  
  
  
4. Please list any significant summer activities while in high school (i.e. Internships, academic summer programs, sports camps, travel, volunteering.):

# College Application Workshops

- Conducted in all Senior English classes.
- Students will receive Senior Year time line.
- Naviance and Common App preparations.

# School Counselor Role

- Individual Appointments:  
students makes an appointment directly
- Write a letter of recommendation for  
each senior
- College Application Workshops

# Transcript

Grade 9	Sem 1	Sem 2	Grade 10	Sem 1	Sem 2
<b>06-07 Shrewsbury High School</b>			<b>07-08 Shrewsbury High School</b>		
Algebra & Geometry II Honors	B 2.50	A- 2.50	Advanced Math I Honors	A 2.50	B+ 2.50
Ceramics	C+ 2.50		American History	B 2.50	A- 2.50
English 9 Honors	B 2.50	A 2.50	Biology Honors	A- 2.50	A- 2.50
Introductory Physics Honors	B 2.50	B 2.50	Child Development I	A+ 2.50	
PE- Team		A- 1.25	English 10 Honors	A- 2.50	B 2.50
PE-Movement	A- 1.25		Focus on Foods		A+ 2.50
Spanish II	A- 2.50	A 2.50	FE-Adventure	A- 1.25	
Wellness Health		A+ 2.50	PE-Movement		A- 1.25
World Civilization	B 2.50	A- 2.50	Spanish III Honors	B+ 2.50	A 2.50
Cr: 32.50			Cr: 32.50		
Grade 11	Sem 1	Sem 2	Grade 12	Sem 1	Sem 2
<b>08-09 Shrewsbury High School</b>			<b>09-10 Shrewsbury High School</b>		
Advanced Math II Honors	A- 2.50	A 2.50	AP Calculus AB	B 2.50	B+ 2.50
AP English Language	B 2.50	B+ 2.50	AP Chemistry	C+ 2.50	A 2.50
Chemistry Honors	A- 2.50	A- 2.50	Bioethics		A- 2.50
Health Education 11	A+ 2.50		English 12 Honors: Social Iss/World Lit.	A 2.50	A- 2.50
Intercultural Foods		A+ 2.50	FE- Team	A- 1.25	
PE- Team	A- 1.25		FE-Movement		B+ 1.25
PE-Lifetime		B+ 1.25	Psychology	A- 2.50	
Spanish IV Honors	B+ 2.50	B 2.50	Sociology		B+ 2.50
US History I Honors	A- 2.50	B+ 2.50	Spanish V	A 2.50	A 2.50
			Web Design	A+ 2.50	

# School Profile

## Shrewsbury High School Profile information for college admissions officers

### Community

Population: 33,622  
Shrewsbury is located in Central Massachusetts, five miles east of Worcester and thirty miles west of Boston. Shrewsbury is a residential town with a significant amount of industry and businesses in the community. The public school system consists of one early childhood center, four elementary schools, two middle schools (one for grades 5 & 6 and one for grades 7 & 8), and one high school (grades 9-12).

### Mission Statement

The Shrewsbury High School community provides challenging, diverse learning opportunities, promotes creativity and independent thinking, and empowers students to become capable, caring, active contributors to the world in which they live.

### Guidance Department

Phone: 508 841-8813  
Fax: 508 841-8853

Email: [name]@shrewsbury.k12.ma.us

Gregory Nevader	gnevader@	508 841-8824
Kathy Floyd	kfloyd@	508 841-8818
Gerald O'Connell	gocconnell@	508 841-8852
Judith O'Connor	jocconnor@	508 841-8829
Jessica Reagey	jreagey@	508 841-8834
Jammie Luzzier	jluzzier@	508 841-8827
Susan Ercole	sercole@	508 841-8830
Career Center		
Lee Diamantopoulos	ldiamantopoulos@	508 841-8776
Registrar/Guidance Secretary		
Karen Hixon	khixon@	508 841-8813

### School Information

CEEB Code: 221-930  
Grades: 9-12  
Enrollment 2008-2009: 1639 students (426 seniors)

### Graduation Requirements

Shrewsbury High School has established fundamental guidelines that are essential for a well-educated Shrewsbury High School graduate. To graduate from Shrewsbury High School, a student must complete a minimum of 105 credits. A semester of work in a course that meets daily gives 2.5 credits. A full year's work in a course gives 5 credits. The minimum graduation requirements are as follows:

English	20 credits
Social Sciences	15 credits
Math	15 credits
Science	15 credits
Health/Physical Ed.	15 credits
Arts	2.5 credits
Electives	22.5 credits

Additionally, students must pass the Massachusetts Comprehensive Assessment System (MCAS) in order to graduate.

### Course Levels

Advanced Placement: AP courses are designed for maximum challenge of the most intellectually curious students. Very substantial initiative and independent work is the norm.

The following AP courses are typically offered:

Art History	French Language
Art Studio	Latin
Biology	Physics
Calculus AB	Psychology
Calculus BC	Spanish Language
Chemistry	Statistics
English Language	U.S. History
English Literature	

Honors: Honors courses involve a high level of intellectual challenge. Substantial initiative and independent work is the norm.

### Class Deciles/Grade Point Average

An official percentile rank is calculated at the end of grade 11 and at the end of the first and second semesters of grade 12. All leveled courses are included in the weighted GPA which is calculated as follows:

Grade	AP	Honors	A Level
A+	5.7	5.2	4.7
A	5.3	4.8	4.3
A-	5.0	4.5	4.0
B+	4.7	4.2	3.7
B	4.3	3.8	3.3
B-	4.0	3.5	3.0
C+	3.7	3.2	2.7
C	3.3	2.8	2.3
C-	3.0	2.5	2.0
D+	2.7	2.2	1.7
D	2.3	1.5	1.3
D-	2.0	1.5	1.0
F	0.0	0.0	0.0

### Class of 2009 Future Plans

Four hundred eleven (411) students in the Class of 2009 entered 109 post-secondary institutions in 20 states, the District of Columbia, and Canada.

Percentage continuing full-time: 90%

4-year college	76%
2-year college	14%
Military	1%
Other	9%

### AP Exam Scores

One hundred forty-two students in the Class of 2009 (35% of the class) took at least one AP Exam. Overall, 453 exams were administered to students in 2009 with the following results:

### 2009 AP Exam Scores



# School Counselor's Packet

- School Counselor Letter of Recommendation
  - Counselors automatically write a letter of recommendation
    - Bio Sheet, Parent Brag Sheet
    - Individual meeting with their counselor
- Teacher Recommendation(s)
- Shrewsbury High School Profile
- Student's Transcript
  - List of classes in grades 9 – 12
    - Semester 1 and Semester 2 grades only
  - Student's GPA and percentile class rank

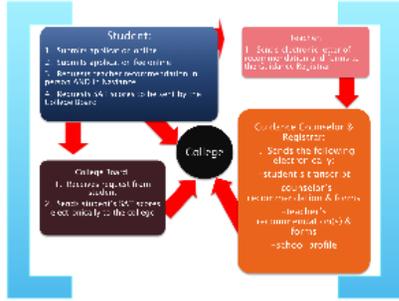
## Student Athletes

- Potential Division I or Division II Athletes **must** register with the NCAA at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net)
- Inform Mrs. King for transcripts to be sent after registering with the NCAA

# Students with Learning Differences

- Before applying, plan to meet with support services during your college visit to assess quality of services offered
- Students must self identify after arriving at college (even though documentation has been sent) and go through an intake interview, discuss accommodations and learn procedures at the college.

# Roles



**Parents in the Process**

How You Can Help

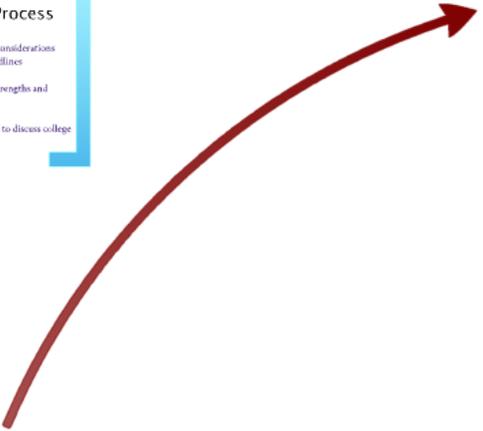
- Talk about options ... Family considerations
- Review college choices and deadlines
- Visit colleges ... schedule visits
- Know your son or daughter's strengths and weaknesses
- Talk through any changes
- Schedule one evening per week to discuss college "stuff" —NOT every day

**Students in the Process**

Call Your School Guidance Counselor

- Request a meeting to discuss college choices and deadlines
- Review your transcript and test scores
- Discuss the application process with your counselor
- Request applications

Call your school counselor to get a copy of the college list or application list to see which college you should visit.



# Students in the Process

## Tasks Your Student Should Be Completing

Schedule an individual appointment with their school counselor

Register for SATs, ACTs, and sending scores

Obtain letters of recommendations from teachers

Complete the applications, essays, supplements

Submit applications

**\*\*EACH SENIOR WAS GIVEN A COLLEGE AND CAREER PLANNING BINDER IN THE SPRING OF JUNIOR YEAR**

# Parents in the Process

## How You Can Help

Talk about options . . . Family considerations

Review college choices and deadlines

Visit colleges...schedule visits

Know your son or daughter's strengths and weaknesses

Talk through any changes

Schedule one evening per week to discuss college "stuff" —NOT every day

## Student:

1. Submits application online
2. Submits application fee online
3. Requests teacher recommendation in person AND in Naviance
4. Requests SAT scores to be sent by the College Board

## Teacher:

1. Sends electronic letter of recommendation and forms to the Guidance Registrar

## College

## College Board:

1. Receives request from student
2. Sends student's SAT scores electronically to the college

## Guidance Counselor & Registrar:

1. Sends the following electronically:
  - student's transcript
  - counselor's recommendation & forms
  - teacher's recommendation(s) & forms
  - school profile



# Finish

## Breakout Session

Mr. Flynn      Batchelder - Geromini

Mrs. Jammie Lussier

Mrs. Judy O'Connor

Remain here in the Auditorium

Mrs. Eriole      Geidymin - Nyman

Ms. Kathy Floyd

Band Room

Mrs. Huynh

Mr. Diamantopoulos      A, O'Brien - Z

Mrs. Rice

Presentation Room