SHREWSBURY HIGH SCHOOL

| MAY 2024 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 4/29 <br> Cheese Burgers <br> Buffalo Chicken Patty or Gardenburger w/Carrot Sticks and <br> Blue Cheese Dip <br> Popcorn Chicken Or Black Bean Burger Wrap <br> Brunch Bag <br> Steamed Carrots <br> Potato Salad <br> Garden Salad <br> Apples | 4/30 <br> Mozzarella Sticks w/Marinara Sauce and Steamed Zucchini <br> Chicken Patty w/ Potato Salad <br> Turkey Hummus Veggie or Veggie Hummus Wrap <br> Brunch Bag <br> Garden Salad <br> Garlic Stick <br> Berry Cups | 5/1 <br> Monti's Pizza and Steamed Broccoli Hamburger/Cheeseburger/Steamed Broccoli Turkey and Swiss or Vegetarian Swiss Sub Brunch Bag Tortellini Salad Spring Mix Salad Rice Salad Rolls Peaches | 5/2 <br> Taco Salad-Beef or Vegetarian w/ Corn Muffin Buffalo Chicken Patty /Celery Sticks and Hummus Italian or Vegetarian Subs <br> Brunch Bags <br> Steamed Corn <br> Potato Salad <br> Tossed Salad <br> Rolls <br> Grapefruit | 5/3 <br> Pizza Bites and Marinara Sauce <br> Bacon Cheese Burger or Gardenburger and Steamed <br> Carrots <br> Ham and Cheddar or Vegetarian and Cheddar Sub <br> Brunch Bag <br> Macaroni Salad <br> Pea Salad <br> Garden Salad <br> Oranges |
| 5/6 <br> Chicken Parmesan Sub with Fresh Garlic Green Beans Garden Burger with Fresh Garlic Green Beans Turkey and Cheese or Vegetarian and Cheese Sub Brunch Bags <br> Tri Bean Salad <br> Pasta Salad <br> Caesar Salad <br> Pears | 5/7 <br> Baked Potato Bar and Toppings <br> Buffalo Chicken Patty w/Carrot Sticks and Blue Cheese <br> Italian or Veggie Subs <br> Brunch Bags <br> Steamed Carrots <br> Potato Salad <br> Oriental Salad <br> Apples | 5/8 <br> Monti's Pizza and Steamed Broccoli <br> Hamburger/Cheeseburger w Steamed Broccoli Turkey and Swiss or Vegetarian and Swiss Sub <br> Brunch Bag <br> Pasta Salad <br> Corn Salad <br> Spring Mix Salad <br> Peaches | 5/9 <br> Chicken/vegetarian Caesar Salad and Garlic Bread Stick Chicken Patty/Celery Sticks and Ranch Dip Roast Beef or Vegetarian with Herb Spread on Brioche Bread <br> Brunch bag <br> Steamed Corn <br> Spinach Salad <br> Potato Salad <br> Mixed Fruit | 5/10 <br> Orange Chicken, Rice, Oriental Vegetables, Egg Roll and Fortune Cookie Black Bean Burger <br> Turkey and Swiss Sub <br> Brunch Bags <br> Celery Sticks and Hummus <br> Pea Salad <br> Garden Salad <br> Pineapple Chunks |
| 5/13 <br> Nacho's (Beef or Bean) w/Toppings and Corn Muffin Buffalo Chicken Patty or Gardenburger w/Carrot Sticks and Blue Cheese Dip <br> Popcorn Chicken Wrap <br> Brunch Bag <br> Steamed carrots <br> Potato Salad <br> Garden Salad <br> Apples | 5/14 <br> Pasta w/Meat or Marinara Sauce and Steamed Zucchini <br> Chicken Patty and Steamed Zucchini <br> Turkey Hummus Veggie or Veggie Hummus Wrap Brunch Bag <br> Garden Salad <br> Rice Salad <br> Garlick Knot <br> Berries | 5/15 <br> Monti's Pizza w/Fresh Mixed Vegetables Hamburger /Cheeseburger w/Fresh Mixed Vegetables Turkey and Cheese or Vegetarian and Cheese on wheat <br> Brunch Bag <br> Spring mix Salad <br> Pasta Salad <br> Tri Bean Salad <br> Pears | 5/16 <br> Taco Salad-Beef or Vegetarian w/ Corn Muffin Buffalo Chicken Patty /Celery Sticks and Hummus Italian or Vegetarian Subs <br> Brunch Bags <br> Steamed Corn <br> Potato Salad <br> Tossed Salad <br> Tomato Onion salad <br> Rolls <br> Grapefruit | 5/17 <br> Pizza Bites and Marinara Sauce <br> Bacon Cheese Burger or Gardenburger and Steamed carrots <br> Ham and Cheddar or Vegetarian and Cheddar Sub <br> Brunch Bag <br> Macaroni Salad <br> Pea Salad <br> Garden Salad <br> Oranges |
| 5/20 <br> Mozzarella Sticks w/Marinara Sauce and Squash Medley <br> Twin Hot Dogs and Baked Beans <br> Italian or Veggie Subs <br> Brunch Bags <br> Carrot Raisin Salad <br> Macaroni Salad <br> Caesar Salad <br> Rolls <br> Melon | 5/21 <br> Popcorn Chicken Bowl <br> Buffalo Chicken Patty w/Carrot Sticks and Blue <br> Cheese <br> Turkey or Vegetarian Wrap <br> Brunch Bags <br> Corn <br> Potato Salad <br> Garden Salad <br> Tabouleh Salad <br> Apples | 5/22 <br> Monti's Pizza and Steamed Broccoli <br> Hamburger/Cheeseburger w Steamed Broccoli Turkey and Swiss or Vegetarian and Swiss Sub Brunch Bag Pasta Salad Tri Bean Salad Spring Mix Salad Peaches | 5/23 <br> Chicken/Vegetarian Caesar Salad and Garlic Bread Stick <br> Chicken Patty/Celery Sticks and Ranch Dip Roast Beef or Vegetarian with Herb Spread on Brioche Bread Brunch bag Steamed Corn Spinach Salad Potato Salad Mixed Fruit | 5/24 <br> Italian Grill Cheese w/Marinara Sauce Chicken Fajita /Veggie Fajita Bomb Ham and Cheese or Veggie Cheese Croissant Brunch Bag Celery Sticks and Hummus Pea Salad Garden Salad Pears |
| $5 / 27$ <br> Memorial Day No School | 5/28 <br> Pasta w/Meat or Marinara Sauce and Steamed Zucchini <br> Chicken Patty and Steamed Zucchini <br> Turkey Hummus Veggie or Veggie Hummus Wrap Brunch Bag <br> Garden Salad <br> Broccoli Salad <br> Carrot Sticks and Ranch Dip <br> Garlick Knot <br> Berries | 5/29 <br> Monti's Pizza and Steamed Broccoli Hamburger/Cheeseburger/Steamed Broccoli Turkey and Swiss or Vegetarian Swiss Sub Brunch Bag Pasta Salad Spring Mix Salad Rice Salad Rolls Peaches | 5/30 <br> Taco Salad-Beef or Vegetarian w/ Corn Muffin Buffalo Chicken Patty /Celery Sticks and Hummus Italian or Vegetarian Subs <br> Brunch Bags <br> Steamed Corn <br> Potato Salad <br> Tossed Salad <br> Tri Bean Salad <br> Rolls <br> Grapefruit | 5/31 <br> Pizza Bites and Marinara Sauce <br> Bacon Cheese Burger or Gardenburger and Steamed carrots <br> Ham and Cheddar or Vegetarian and Cheddar Sub <br> Brunch Bag <br> Macaroni Salad <br> Pea Salad <br> Garden Salad <br> Oranges |
| Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens. Menus are subject to change. <br> Breakfast is served daily. |  | Brunch Bag Include: A Grain: Bagel, Muffin or Cereal, Milk, Fruit and Protein: Yogurt, Cheese or Hard- <br> Boiled Egg <br> All Lunches Include: Protein, Grain, Milk, Fruit and Vegetable ComponentsMeals are free for all students <br> through June $30,2024$. |  |  |
| USDA is an equal opportunity provider and employer |  |  |  |  |

