

LUNCH

OCTOBER 2016

Shrewsbury Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
3 <i>*Monti's Pizza</i> <i>*Assorted Sandwiches</i> <i>Sweet Potato Fries</i> <i>Garden Salad</i> <i>Hummus and Celery Sticks</i> <i>Apple Sauce</i>	4 <i>Hamburger and Toppings</i> <i>*Grilled Cheese</i> <i>Baked Fries</i> <i>Broccoli</i> <i>Tossed Salad</i> <i>Peaches</i>	5 <i>Chicken Tenders</i> <i>* Breakfast Bag</i> <i>Mashed Potato</i> <i>Corn</i> <i>Roll</i> <i>Dipping Sauces</i> <i>Strawberries</i>	6 <i>Chicken Patty Sandwich</i> <i>*Grilled Cheese</i> <i>Baked Fries</i> <i>Broccoli</i> <i>Tossed Salad</i> <i>Peaches</i>	7 No School Professional Day
10 No School Columbus Day	11 <i>Popcorn Chicken</i> <i>* Breakfast Bag</i> <i>Mashed Potato</i> <i>Corn</i> <i>Roll</i> <i>Dipping Sauces</i> <i>Mixed Fruit</i>	12 <i>Fenway Frank</i> <i>Assorted Sandwiches</i> <i>Baked Smiley Fries</i> <i>Baked Maple Beans</i> <i>Tossed Salad</i> <i>Strawberries</i>	13 <i>Nachos with Toppings</i> <i>*Grilled Cheese</i> <i>Baked Chips</i> <i>Celery Sticks and Dip</i> <i>Soup</i> <i>Pears</i>	14 <i>*Papa Gino Pizza</i> <i>Assorted Sandwiches</i> <i>Baked Fries</i> <i>Steamed Broccoli</i> <i>Apple Sauce</i>
17 <i>Monti's Pizza</i> <i>* Assorted Sandwiches</i> <i>Sweet Potato Fries</i> <i>Peas</i> <i>Hummus and Celery Sticks</i> <i>Apple Sauce</i>	18 <i>* Breakfast for Lunch</i> <i>Mini Pancakes, Bacon and Scrambled Eggs</i> <i>*Assorted Sandwiches/Chips</i> <i>Broccoli Cuts and Dip</i> <i>Blueberries</i>	19 <i>Chicken Nuggets</i> <i>*Assorted Sandwiches</i> <i>Mashed Potato</i> <i>Corn</i> <i>Roll</i> <i>Dipping Sauces</i> <i>Apple</i>	20 <i>Chicken Patty Sandwich</i> <i>*Grilled Cheese</i> <i>Baked Fries</i> <i>Steamed Carrots</i> <i>Tossed Salad</i> <i>Peaches</i>	21 <i>*Papa Gino Pizza</i> <i>* Chef's Choice</i> <i>Rigatoni Pasta Salad</i> <i>Green Beans</i> <i>Roll</i> <i>Diced Pears</i>
24 <i>*Monti's Pizza</i> <i>* Breakfast Bag</i> <i>Baked Fries</i> <i>Caesar Salad</i> <i>Hummus and Celery Sticks</i> <i>Apple Sauce</i>	25 <i>Twin Taco/Toppings</i> <i>Assorted Sandwiches/Chips</i> <i>Mexican Rice</i> <i>Corn</i> <i>Mixed Fruit</i> <i>Chocolate Chip Cookie</i>	26 <i>Chicken Tenders</i> <i>* Breakfast Bag</i> <i>Mashed Potato</i> <i>Carrots</i> <i>Roll</i> <i>Dipping Sauces</i> <i>Strawberries</i>	27 <i>Pasta with Meat or</i> <i>*Marinara sauce</i> <i>*Grilled Cheese</i> <i>Baked Fries</i> <i>Broccoli</i> <i>Soup</i> <i>Peaches</i>	28 <i>* Papa Gino Pizza</i> <i>Turkey & Cheese Wrap</i> <i>Macaroni Salad</i> <i>Green Beans</i> <i>Pears</i>

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<p>31 Monti's Pizza * Assorted Sandwiches Sweet Potato Fries Peas Hummus and Celery Sticks Apple Sauce</p>				
<p>All Lunches include: Milk, Juices, Grains, Protein Selections and Fruit and Vegetable Bars</p>	<p>Please call the Cafeteria Manager at your child's school if you have questions about food ingredients or allergens.</p>		<p>Lunch \$3.25 Reduced Lunch \$.40 Milk/Bottled Water/Juice \$.65 Cookie \$.65 Snacks \$.65 Check - <u>What's on the Menu</u> for monthly promos</p>	

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