

Shrewsbury High School

Date: October 24-28

<p>MONDAY</p> <p>Station:1-2 Station:3-4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Papa Gino Pizza w/ Crinkle Cut Fries and Oranges Wedges "SHS" Mashed Potato Bowl Made to Order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p>TUESDAY</p> <p>Station:1-2 Station: 3- 4 Station:6-7 Station:8-9 Grab and Go</p>	<p>Hot Carved Turkey Sandwich w/ Lettuce, Tomato , Cheese served w/ Cranberry Mayo & Fries Chicken Parmesan over Pasta served w/Wheat Rolls Premade Deli Sandwiches Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p>WEDNESDAY</p> <p>Station:1-2 Station: 3-4-5 Station:6-7 Station:8-9 Grab and Go</p>	<p>Chicken Patty Sandwich served w/Lettuce, Tomato, Chips and Apples Monti's Pizza served w/ Crinkle Cut Fries and Pears Made to Order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwiches w/Fruit</p>
<p>THURSDAY</p> <p>Station:1-2 Station:3-4-5 Station:6-7 Station:8-9 Grab and Go</p>	<p>Dominos Pizza served w/ Fries and Apples Hot Pocket Bar w/ Buffalo or Crispy Chicken served w/Fries, Lettuce, Tomato and Ranch Dressing Premade Deli Sandwiches served w/ Potato Salad Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plates / Assorted Sandwiches w/Fruit</p>
<p>FRIDAY</p> <p>Station:1-2 Station:3-4-5 Station:6-7 Station:8-9 Grab and Go</p>	<p>Grilled Chicken Sandwich served w/ Lettuce, Tomato and Cheese w/ Chips Burger Bar w/Lettuce, Tomato and Cheese served w/ Fries Roast Beef Sandwich w/Herb Spread and Potato Salad/Made to Order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Assorted Salad Plates / Assorted Sandwiches w/Fruit</p>
<p>Reduced Lunch\$.40 Lunch \$3.75</p>	<p>MEALS INCLUDE: ASSORTED MILKS, FRUIT and VEGETABLE BAR Juices , VEGETABLE ,FRUIT,GRAIN and PROTEINS ALL LUNCHESES MUST INCLUDE A FRUIT OR VEGETABLE Check our Soup Du Jour Selections Soup and Salad Bar Combo \$3.75</p>
<p>USDA is an equal opportunity provider and employer.</p>	<p>High School menu posted at schools.shrewsbury.ma.gov/foodsvc Email Comments and Suggestions to: mricker@shrewsbury.k12.ma.us <u>Please call the Cafeteria Manager at your school if you have questions about food ingredients or allergens</u> <u>Allergens or gluten free choices</u></p>

