Shrewsbury High School

Date: October 10-14

MONDAY	Columbus Day No School
TUESDAY Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	Buffalo Chicken Sandwich served w/ Chips & Celery Sticks w/Blue Cheese Chicken Parmesan over Pasta served w/Wheat Rolls Made to order Deli Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plate / Assorted Sandwich Boxes
WEDNESDAY Station: 1-2 Station: 3-4-5 Station:5-6-7 Station:8-9 Grab and Go	Chicken Patty Sandwich served w/Lettuce, Tomato, Cheese & Baked Chips Monti"s Pizza w/ Crinkle Cut Fries & Fresh Apples Made to order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Chicken Caesar Salad Plate / Assorted Sandwich Boxes
THURSDAY Station:1-2 Station:3-4-5 Station: 6-7 Station:8-9 Grab and Go	Dominos Pizza served w/ Crinkle Cut Fries & Fresh Oranges Assorted Toasted Croissants (Ham and Cheese, Tuna ,Veggie or Turkey and Cheese) served w/ Fries Premade Deli Sandwiches served w/ Potato Salad ,Pickles & Fruit Made to Order Chicken Caesar Salad served w/ Garlic Knots Chicken Caesar Salad Plates / Assorted Sandwich Boxes
FRIDAY Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go	Meatball Sub w/ Spicy Fries & Pears "SHS" Mashed Potato Bowl Made to order Deli Made to Order Chicken Caesar Salad served w/ Wheat Rolls Chicken Caesar Salad Plates Assorted Sandwich Boxes
Reduced Lunch$.40 Lunch $3.75 	**MEALS INCLUDE ASSORTED MILKS, FRUIT VEGETABLE BAR,** **Juices and Vegetables, Grains and Proteins** **ALL LUNCHES MUST INCLUDE A FRUIT OR VEGETABLE** **Check our Soup Du Jour Selections** **SOUP AND SALAD COMBO $3.75**
USDA is an equal opportunity provider and employer.	**High School menu posted at school.shrewsburyma.gov/foodsvc** **Email Comments and Suggestions to:** **mricker@shrewsbury.k12.ma.us** **Please call the Cafeteria Manager at your school if you have questions about food ingredients or allergens** **Allergens or gluten free choices**

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