

Shrewsbury High School

Date: OCTOBER 26-30

<p>MONDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>*Papa Gino Pizza w/ Crinkle Cut Fries & Oranges (P/V/F) "SHS" Mashed Potato Bowl (P/G/V) Made to order Deli (G/P/F) Made to Order Chicken Caesar Salad served w/Wheat Rolls (G/P/V) Chicken Caesar Salad Plate(P/G/V) / Assorted Sandwiches w/Fruit (G/P/F)</p>
<p>TUESDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>Chicken Patty Sandwich served w/Chips and Apples (P/G/F) Pasta Bar w/Marinara Sauce or Meat Sauce served w/Garlic Rolls (G/V/P) Made to order Deli (G/P/F) Made to Order Chicken Caesar Salad served w/ Garlic Knots (P/V/G) Chicken Caesar Salad Plate (P/G/V)/ Assorted Sandwiches w/Fruit (G/P/F)</p>
<p>WEDNESDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>*Papa Gino's Pizza served w/ Crinkle Cut Fries & Pears (P/V/F) "SHS" Mashed Potato Bowl (P/G/V) Roast Beef Sandwich w/Herb Spread & Potato Salad (G/P/V) Made to Order Chicken Caesar Salad served w/Wheat Rolls (P/V/G) Chicken Caesar Salad Plate (P/G/V)/ Assorted Sandwiches w/Fruit (G/P/F)</p>
<p>THURSDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>Dominos Pizza served w/ Fries & Apples (P/V/F) Burger Bar w/ Lettuce ,Tomato, & Cheese served w/ Fries (G/P/V) Toasted Turkey & Cheese on a Whole Wheat Croissant served w/ Potato Salad (G/P/V) Made to Order Chicken Caesar Salad served w/Garlic Knots (P/V/G) Chicken Caesar Salad Plates(P/G/V) / Assorted Sandwiches w/Fruit (G/P/F)</p>
<p>FRIDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>Spicy Chicken Patty served w/ Chips, Celery Sticks w/Blue Cheese Dressing (G/P/V) Fish & Chips(Spicy Fries) served w/ Cole Slaw (G/P/V) Made to order Deli (G/P/F) Made to Order Chicken Caesar Salad served w/ Wheat Rolls (P/V/G) Assorted Salad Plates (P/G/V) Assorted Sandwiches w/Fruit (G/P/F)</p>
<p>Reduced Lunch\$.40 Lunch \$3.75</p>	<p>MEALS INCLUDE ASSORTED MILK, FRUIT(F) and VEGETABLE BAR(V)Assorted Fruits (F) Juices(F) and Vegetables(V),Grain(G) and Proteins (P) ALL LUNCHESES MUST INCLUDE A FRUIT (F) OR VEGETABLE(V) Check our Soup Du Jour Selections</p>
<p>USDA is an equal opportunity provider and employer.</p>	<p>High School menu posted at www.shrewsburyma.gov/foodsvc Email Comments and Suggestions to: mricker@shrewsbury.k12.ma.us <u>Please call the Cafeteria Manager at your school if you have questions about food ingredients or allergens</u> <u>Allergens or gluten free choices</u></p>

