

Shrewsbury High School

Date: OCTOBER 19-23

<p>MONDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>Papa Gino Pizza w/Crinkle Cut Fries w/Oranges (P/V/F) "SHS" Mashed Potato Bowl (P/G/V) Made to order Deli (P/G/F) Made to Order Taco Bar (P/V/F) Chicken Caesar Salad Plate (P/G/V)/ Assorted Sandwich w/Fruit (G/P/F)</p>
<p>TUESDAY</p> <p>Station:1-2 Station:3-4 Station:5- 6-7 Station:8-9 Grab and Go</p>	<p>Chicken Patty Sandwich served w/Chips and Apples (P/G/F) Pasta Bar w/ Marinara Sauce or Meat Sauce served Garlic Knots (G/V/P) Made to order Deli (P/G/F) Made to Order Taco Salad Bar (P/V/F) Chicken Caesar Salad Plate (P/G/V) / Assorted Sandwich served w/Fruit (G/P/F)</p>
<p>WEDNESDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>Papa Gino Pizza w/ Crinkle Cut Fries & Oranges ((P/V/F) "SHS" Mashed Potato Bowl (P/G/V) Made to order Deli (P/G/F) Made to Order Taco Salad Bar (P/V/F) Chicken Caesar Salad Plate(P/G/V) / Assorted Sandwich served w/Fruit (G/P/F)</p>
<p>THURSDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>Domino Pizza served w/ Crinkle Cut Fries & Apples ((P/V/F) Chicken Nuggets served w/ Mashed Potatoes , Corn & Wheat Rolls (P/V/G) Toasted Ham & Cheese on a Whole Wheat Croissant served w/Potato Salad (P/G/V) Made to Order Taco Salad Bar (P/V/F) Chicken Caesar Salad Plates P/G/V) / Assorted Sandwich served w/ Fruit (G/P/F)</p>
<p>FRIDAY</p> <p>Station:1-2 Station:3-4 Station:5-6-7 Station:8-9 Grab and Go</p>	<p>Spicy Chicken Patty served w/ Chips , Celery Stick w/ Blue Cheese Dressing (G/P/V) Burger Bar w/Lettuce , Tomato, & Cheese served w/ Chips (G/P/V) Made to order Deli (P/G/F) Made to Order Taco Salad Bar (P/V/F) Assorted Salad Plates (P/G/V)/ Assorted Sandwich served w/ Fruit (G/P/F)</p>
<p>Reduced Lunch\$.40 Lunch \$3.75</p>	<p>MEALS INCLUDE ASSORTED MILK, FRUIT(F) and VEGETABLE BAR(V)Assorted Fruits(F) Juices (F) and Vegetables(V),Grain(G) and Proteins(P) ALL LUNCHESES MUST INCLUDE A FRUIT(F) OR VEGETABLE (V) Check our Soup Du Jour Selections</p>
<p>USDA is an equal opportunity provider and employer.</p>	<p>High School menu posted at schools.shrewsburyma.gov/foodsvc Email Comments and Suggestions to: mricker@shrewsbury.k12.ma.us Please call the cafeteria Manager at your school if you have questions about food ingredients or allergens Allergens or gluten free choices</p>



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